

# 2012 USA SWIMMING/SPEEDO CHAMPIONS SERIES WESTERN REGION LONGCOURSE SECTION CHAMPIONSHIP

Hosted by Valley Aquatics



**Weyerhaeuser King County Aquatic Center**

**March 8-11, 2012**

**Held Under the Sanction of Pacific Northwest Swimming and USA Swimming, Inc.**

**Sanction No.: 1203-WRLC**

**Time Trial Sanction No.: 1203-WRTT**

**Location:** Weyerhaeuser King County Aquatic Center, Federal Way, Washington

**Facility:** World class aquatic facility, site of the 1990 Goodwill Games and 1991, 1994, 1997, 2000, 2006 Spring USA Swimming Nationals, 2008 and 2012 NCAA Men's Division 1 Championships, 2009 U.S. Open, 2009 Junior Nationals, and 2009 USA Swimming Short Course Nationals.  
Indoor 50-meter, 9 feet deep, 8-lane competitive pool divided into two 25-yard courses by bulkheads. The Omega "OSB11" Track-Start starting platforms will be used for this competition. Diving tank will be available for continual warm-up. OMEGA electronic timing system with an 8-lane alphanumeric readout scoreboard. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

**Personnel:**

|               | <b>Meet Referee</b>  | <b>Admin. Referee</b>                                      | <b>Meet Director</b>   |
|---------------|--|--|--|
| Name          | Linda Eaton  | JackiAllender  | Suzanne Rychlik  |
| Phone #1      | 303-699-2015   | 541-990-5144   | 253-241-4827   |
| Phone #2      | 303-324-9874 (cell)  |  |  |
| Email address | <a href="mailto:linda_eaton@email.msn.com">linda_eaton@email.msn.com</a> | <a href="mailto:seewun@proaxis.com">seewun@proaxis.com</a> | <a href="mailto:swimvast@hotmail.com">swimvast@hotmail.com</a> |

**Websites:** [www.pns.org](http://www.pns.org) [www.swimvast.org](http://www.swimvast.org)

**Hotel Information:** [www.nswimminghotels.com](http://www.nswimminghotels.com)

**Schedule:**

| PRE-MEET                               | DESCRIPTION  | TIME   |
|--|--|--|
| <b>Wednesday, March 7</b>              | <b>Supervised warm-up</b><br>(no marshals); coach must be on deck) | <b>4:30 PM – 7:30 PM</b>                                       |
|  | <b>General Meeting</b>   | <b>7:00 PM</b>   |
| <b>OFFICIALS MEETINGS</b>              | <b>1 hour before each session each day</b>                         |  |
| <b>MEET SCHEDULE</b>                   | <b>PRELIMS</b>   | <b>FINALS</b>  |
| <b>Friday, March 9</b>                 | <b>Section Business Meeting</b>                                    | <b>30 minutes after prelims</b>                                |
| <b>Thursday-Sunday,<br/>March 8-11</b> | <b>Warm-Up: 7:00AM – 8:50AM</b><br><b>Competition: 9:00 AM</b>     | <b>Warm-Up: 4:00PM – 5:20PM</b><br><b>Competition: 5:30 PM</b> |

Additional warm-up time may be available. Teams should contact WKCAC directly (206-296-4444).  
In case of inclement weather, call the KCAC number above or toll free 1-800-325-6165 ext 64444.

## 2012 USA Swimming/Speedo Champions Series Order of Events

| <b>Women's Event #</b> | <b>Thursday</b>       | <b>March 8, 2012</b>  | <b>Men's Event #</b> |
|------------------------|-----------------------|-----------------------|----------------------|
| 1                      | 100-Meter             | Freestyle             | 2                    |
| 3                      | 200-Meter             | Breaststroke          | 4                    |
| 5                      | 200-Meter             | Backstroke            | 6                    |
| 7                      | 200-Meter             | Butterfly             | 8                    |
| 9                      | 800-Meter <b>(A)</b>  | Freestyle Relay       | 10                   |
| <b>Women's Event #</b> | <b>Friday</b>         | <b>March 9, 2012</b>  | <b>Men's Event #</b> |
| 11                     | 200-Meter             | Freestyle             | 12                   |
| 13                     | 400-Meter             | Individual Medley     | 14                   |
| 15                     | 200-Meter <b>(A)</b>  | Freestyle Relay       | 16                   |
| 17                     | 200-Meter <b>(A)</b>  | Medley Relay          | 18                   |
| <b>Women's Event #</b> | <b>Saturday</b>       | <b>March 10, 2012</b> | <b>Men's Event #</b> |
| 19                     | 100-Meter             | Backstroke            | 20                   |
| 21                     | 400-Meter             | Freestyle             | 22                   |
| 23                     | 100-Meter             | Breaststroke          | 24                   |
| 25                     | 100-Meter             | Butterfly             | 26                   |
| 27                     | 400-Meter <b>(A)</b>  | Freestyle Relay       | 28                   |
| <b>Women's Event #</b> | <b>Sunday</b>         | <b>March 11, 2012</b> | <b>Men's Event #</b> |
| 29                     | 200-Meter             | Individual Medley     | 30                   |
| 31                     | 800-Meter <b>(B)</b>  | Freestyle             |                      |
|                        | 1500-Meter <b>(B)</b> | Freestyle             | 32                   |
| 33                     | 50-Meter              | Freestyle             | 34                   |
| 35                     | 400-Meter <b>(A)</b>  | Medley Relay          | 36                   |

- (A)** All relay events will be conducted as timed finals. The fastest two heats of each relay event will swim during finals in event number order. All other heats will swim during preliminaries, alternating women's and men's heats.
- (B)** The 800 meter freestyle (women) and 1500 meter freestyle (men) will be conducted as timed finals. The fastest heat of women and men will be swum in finals in event number order. All other heats will be swum at the end of preliminaries, alternating women and men's heats, slowest to fastest. The starting time for each preliminary heat shall be scheduled so that the second fastest heat of men's is concluded 90 minutes before the evening final's session is scheduled to begin. For more information, see chart on p. 4.

**2012 USA Swimming/Speedo Champions Series  
Western Region Section LongCourse Championships  
March 8-11, 2012  
Qualifying Times**

| WOMEN    |          |          |                     | MEN      |          |          |
|----------|----------|----------|---------------------|----------|----------|----------|
| SCY      | SCM      | LCM      | EVENT               | SCY      | SCM      | LCM      |
| 24.80    | 27.59    | 28.14    | <b>50 Fr</b>        | 22.19    | 24.50    | 25.51    |
| 53.30    | 58.65    | 1:00.66  | <b>100 Fr</b>       | 48.12    | 53.07    | 55.61    |
| 1:55.45  | 2:07.19  | 2:11.74  | <b>200 Fr</b>       | 1:45.41  | 1:56.69  | 2:02.11  |
| 5:09.61  | 4:27.32  | 4:39.69  | <b>4/500 Fr</b>     | 4:48.20  | 4:09.47  | 4:22.26  |
| 10:46.09 | 9:22.55  | 9:42.19  | <b>8/1000 Fr</b>    | 10:04.58 | 8:48.94  | 9:12.79  |
| 18:09.88 | 17:58.11 | 18:44.59 | <b>1500/1650 Fr</b> | 17:03.26 | 16:44.43 | 17:36.59 |
| 59.06    | 1:05.91  | 1:09.10  | <b>100 Bk</b>       | 54.16    | 1:00.14  | 1:04.20  |
| 2:07.18  | 2:22.23  | 2:28.83  | <b>200 Bk</b>       | 1:57.89  | 2:12.17  | 2:19.96  |
| 1:08.35  | 1:15.09  | 1:19.63  | <b>100 Br</b>       | 1:01.32  | 1:07.18  | 1:13.19  |
| 2:28.69  | 2:43.38  | 2:53.49  | <b>200 Br</b>       | 2:14.73  | 2:27.41  | 2:40.79  |
| 58.44    | 1:04.15  | 1:06.27  | <b>100 Fly</b>      | 52.97    | 58.96    | 1:00.37  |
| 2:11.39  | 2:25.59  | 2:31.16  | <b>200 Fly</b>      | 1:59.97  | 2:13.23  | 2:20.39  |
| 2:11.15  | 2:24.65  | 2:30.53  | <b>200 IM</b>       | 1:59.36  | 2:11.88  | 2:18.69  |
| 4:36.97  | 5:05.39  | 5:18.84  | <b>400 IM</b>       | 4:18.75  | 4:46.44  | 4:57.79  |
| 1:44.69  | 1:56.89  | 1:59.29  | <b>200 FR</b>       | 1:32.99  | 1:43.78  | 1:46.89  |
| 3:49.09  | 4:12.14  | 4:17.29  | <b>400 FR</b>       | 3:25.49  | 3:46.85  | 3:54.59  |
| 8:14.49  | 9:10.46  | 9:21.69  | <b>800 FR</b>       | 7:38.69  | 8:26.70  | 8:43.99  |
| 1:56.29  | 2:10.99  | 2:13.39  | <b>200 MR</b>       | 1:44.69  | 1:55.50  | 1:59.69  |
| 4:09.49  | 4:44.93  | 4:48.39  | <b>400 MR</b>       | 3:47.49  | 4:15.75  | 4:23.39  |

**Rules:** Current USA Swimming rules will govern this meet. Meet format will be Prelims (8 lanes) and Finals (8 lanes). One championship heat (8 lanes) and three consolation heats (8 lanes) will compete in Finals except as noted in Schedule of Events. Seeding for the meet will be Long Course Meters (LCM), Short Course Meters (SCM), Short Course Yards (SCY). Bonus events will be seeded after all of the above.

All USA Swimming athlete members entered in the meet must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Any swimmer without a coach in attendance must report to the Meet Director or Meet Referee who may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement and bring proof of certification to the meet.

- Restrictions:**
1. The use of audio or visual recording devices, including a cell phone, is not allowed in changing areas, restrooms, or locker rooms.
  2. On-deck changing is not allowed.
  3. All swimmers entered in the competition must comply with USA Swimming 2011 Rulebook Section 102.8 regarding swimwear.
  4. **Shaving is not permitted in this facility.**

**PLEASE REVIEW SCRATCH RULES AND CHECK-IN PROCEDURES LISTED ON FOLLOWING PAGES.**

**Eligibility:** Open to all swimmers who:

1. Are currently registered with USA Swimming LSC's within the Western Region Section of the Western Zone as of the day meet entries close [Alaska, Arizona, Colorado, Hawaii, Inland Empire, Montana, New Mexico, Oregon, Pacific Northwest, Snake River, Utah and Wyoming].
2. Are full-year members of USA Swimming. **Note: It is the legal responsibility of each club to ensure that each swimmer listed on the Master Entry Form is USA Swimming Registered for the current year. There will be no on-deck USA Swimming registration.**
3. Have met the appropriate 2012 qualifying times in competition **between February 1, 2011**, and the entry deadline. **(NOTE: Penalties apply for unproven entry times.)** Please note that women who meet the qualifying time standard for the 1500M Freestyle may use that entry time to qualify for the 800M Freestyle. Men who meet the qualifying time standard for the 800M Freestyle may use that entry time to qualify for the 1500M Freestyle. The Womens 800 Free/Mens 1500 Free will be seeded as follows:

| ORDER | Women                  | Men                    |
|-------|------------------------|------------------------|
| 1st   | 800M/1000Y Qual Time   | 1500M/1650Y Qual Time  |
| 2nd   | 1500M/1650Y Qual Time  | 800M/1000Y Qual Time   |
| 3rd   | 800M/1000Y Bonus Time  | 1500M/1650Y Bonus Time |
| 4th   | 1500M/1650Y Bonus Time | 800M/1000Y Bonus Time  |

4. Are disabled athletes who meet the national qualifying standard for their disability to swim in the 50 and 100 Freestyle sectional events. They will also be able to participate in time trials on the same basis.
5. Meet management will produce a psych sheet prior to the start of the meet with markings to indicate times requiring proof as required under #6 below. The psych sheet will be e-mailed to

all who have requested by e-mail and will be posted on the host teams' and PNS Website – see page 1 for URLs.

6. Each entry time used must be from a “Sanctioned” or “Approved” meet, or from an “Observed Swim” in accordance with USA Swimming Rules and Regulations. Entry times which are not in the SWIMS database must be proved to the Admin Referee or designated representative prior to the scratch deadline for the event. Failure to provide such proof of time prior to the scratch deadline for the event will result in the swimmer being removed from that event. There is no requirement to prove relay entry times.
7. An official time can be achieved only in USA Swimming sanctioned or USA Swimming approved competition, or in an observed swim in accordance with all applicable rules. (202.4 and 202.5 in the 2011 USA Swimming Rule Book) NOTE: High school times are generally not acceptable. Please verify times are shown in SWIMS.

**Entries:**

Entries may be submitted online beginning on February 9, 2012 (12:00AM PST) through the USA Swimming website: [www.usaswimming.org/ome](http://www.usaswimming.org/ome) **Entries through the online entry system is required.** Online entries will be accepted until February 29, 2012(11:59PM PST). You will be required to pay for the online entries with Visa, MasterCard, American Express, or Discover. There is an OME option to pay by check.

Please send any checks payable to:

**Valley Aquatics  
c/oSuzanne Rychlik  
27435 Maple Ridge Way SE  
Maple Valley, WA 98038**

Once you complete your online entry you will be sent a confirmation email. Bring all communications with you to the meet in case of problems with entries. You can return to your entry after you have checked out to modify entry times should they improve during the entry period. You can also add events to your entry but you cannot delete events after you have paid for them. If you are entering online, please DO NOT submit a paper entry to USA Swimming. For help with online entry, please contact Susan Woessner at USA Swimming at (719) 866-3589 or (719) 332-0184.

Please enter with an accurate time achieved in the proper course. Converted times will not be accepted.

**Event Limit:**

Each swimmer entered may participate in up to six (6) individual events and up to five (5) relays. No swimmer may participate in more than three (3) individual events per day, including time trials. All swimmers, including relay only swimmers, are limited to three (3) time trials. There is no limit to the number of relays a club enters, but only the top two (2) relay teams per club can score.

**Time Line:**

If the projected length of a preliminary session exceeds 4½ hours, the Meet Referee, in consultation with the meet host and the Western Region Section Officers, reserves the right to divide the preliminary session into “A” and “B” sessions. The “A” session will consist of the fastest 7 heats (5 of the 400 meter events) with the remainder of the heats in the “B” session. The “B” session will be swum fastest to slowest.

If the projected length of Sunday’s 800/1500Freestyle preliminary events does not allow for the scheduled Finals start time, the Meet Referee reserves the right to, first, reduce the warm-up time for the Finals’ session to one hour and, second, to begin the Sunday warm-up period for the preliminary session one hour earlier (6:00 a.m.).

**Bonus Events:**

Swimmers may enter a bonus event for each qualified individual event with a maximum of two bonus swims as follows:

|                         |               |                |
|-------------------------|---------------|----------------|
| One (1) Qualified Event | 1 Bonus Event | 2 Total Events |
|-------------------------|---------------|----------------|



3. Entrants in the 800 and 1500 Freestyles and all relays must check-in and confirm their intention to compete before the scratch deadline in order to be seeded. For the DISTANCE freestyles, seeded heat sheets will be published at the end of finals on Saturday.
4. E-mail or phone check in, in addition to physical check in, will be permitted for the first day only (Thursday). All other days will require physical check in. The same deadline applies to email and phone check in. **Email check-in should be sent to: [seewun@proaxis.com](mailto:seewun@proaxis.com)**
5. Scratch/Check-in Deadlines **Check in for all relays and the 800 and 1500 Freestyles, or place your scratch card in the Scratch Box located at the Clerk of Course according to the following time lines:**

| <b>SCRATCH AND CHECK IN SCHEDULE – INDIVIDUAL &amp; RELAYS</b>           |  |  |
|--|--|--|
| <b>EVENT(S)</b>  | <b>ACTION REQUIRED</b>   | <b>DEADLINE</b>  |
| <b>THURSDAY INDIV EVENTS</b>   | Scratch  | 15 MINUTES AFTER THE CONCLUSION OF THE GENERAL MEETING AT 7 PM                             |
| <b>THURSDAY RELAYS</b>   | Positive Check In or Scratch   |  |
| <b>FRIDAY INDIV EVENTS</b>   | Scratch  | 6 PM THURSDAY  |
| <b>FRIDAY RELAYS</b>   | Positive Check In or Scratch   |  |
| <b>SATURDAY INDIV EVENTS</b>   | Scratch  | 6 PM FRIDAY  |
| <b>SATURDAY RELAYS</b>   | Positive Check In or Scratch   |  |
| <b>SUNDAY INDIV EVENTS (NOT INCL 800/1500)</b>                           | Scratch  | 6 PM SATURDAY  |
| <b>SUNDAY 1500/800 FREE, RELAYS</b>                                      | Positive Check In or Scratch   |  |
| <b>ALL CHECKED IN RELAYS: THURSDAY - SUNDAY</b>                          | Submit Relay Card w/ full names and order of swimmers to Clerk of Course | One hour before scheduled start of relays  |
|  | If necessary, changes to relay line-up                                   | At time of relay swim  |
| <b>ANNOUNCED FINALISTS FOR CHAMPIONSHIP HEAT AND 3 CONSOLATION HEATS</b> | Declare intention to scratch to Admin Referee                            | Within 30 minutes of announcement of championship and consolation qualifiers for that race |

**Scoring:** Scoring will be on a sixteen (16) place basis (must meet time standard).  
Individual Events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1.  
Relay Events receive double these point values.

**Awards:** Medals will be provided for top 8 places for individual and 3 places for relay events.  
Trophies for team awards -- first through third places for men, women and combined.  
Women's and Men's Individual High Point Awards.  
Team scoring will be based on 16 places per event including relays.

**Travel Fund:** Swimmers who participate in this meet and also participated in the Winter National Championship or Junior Championship held in December of 2011, are eligible for a travel

reimbursement. The amount of the reimbursement will be determined based upon total entry fees for this meet and the number of swimmers who qualify and attend. Application for the reimbursement must be made by submitting the attached form within 15 days following the conclusion of the meet (March 26, 2012).

## MEETINGS

**Sectional Business Meeting:** Friday, **March 9**, 30 minutes after the conclusion of prelims.

**General Meeting:** A general meeting will be held Wednesday, March 7 at 7:00 p.m. Teams must have a coach or team representative in attendance. Coaches' packets may be picked up at the Clerk of Course. Current coaching credentials must be shown in order to pick up packet.

Scratch Box and Check-In sheets will be available at the General Meeting

### Officials

**Meetings:** One hour before each session each day.

**Officials:** We appreciate the help of certified officials from other clubs; if you will be attending this meet please return the attached Application to Officiate. In order to be considered for an assigned position, applications must be received by February 18, 2012.

### National Championship

**Certification:** This meet has been designated as a training meet for N2 and N3 Officials Certification. Officials wishing to obtain or renew this level of certification must apply on the attached application form and notify Linda Eaton, Meet Referee, upon arrival at the meet. Instructions for Certification will be provided during the Officials' briefings.

**Hospitality:** A hospitality room will be provided for officials and coaches.

### Warm-Up Procedures:

**General Warm-up** (first half) NO DIVING from the blocks or sides of pool.

**Sprint and Pace Warm-up** (remainder).

**Lanes 1 & 8 pace lanes**—push off, one or two lengths and back. No diving or racing starts.

CIRCLE SWIM ONLY.

**Lanes 2 & 7 sprint lanes**—dive start, swim only one direction (return from adjacent lane).

Backstrokers enter the water feet first in rotation. No diving over persons in the water.

**Lanes 3, 4, 5, & 6 general warm-up**—No diving.

Additional sprint lanes may be made available upon request to the Referee.

**\*\*Warm-up may be modified to accommodate the number of swimmers entered at the discretion of meet management and in agreement with the Referee.**

**Time Trials:** Time Trials will be conducted on a time-available basis, and may be limited, at the discretion of the Meet Referee. Approximately 90 minutes are planned each day. These Time Trials shall be held under a separate sanction of the LSC where the meet is held.

Each time trial swim will count toward the daily event limit, with a combination of time trials and individual meet events not to exceed three (3) per day.

A swimmer is limited to three time trials during the course of the Championships.

Time Trials will be deck entered.

Time Trials entry fee: \$10 individual; \$20 relay.

Time Trials entry deadline: One hour before projected end of preliminaries. Turn in entries to Clerk of Course.

Time Trials will be conducted in long course meters.

**Except as noted below, Time Trials shall be swum in the order listed under the meet program as follows:**

1. **800 Free:** will be offered as the last event for time trial on Thursday
2. **1500 Free:** will be offered for time trial on one day only. The day will be determined by the Meet Referee, depending on the size of the meet, time available, etc., and will be announced at the General Meeting.
3. The **50 Free** is the last event swum in Time Trials, except on the day(s) it is contested in the meet, when it is the first event in Time Trials.

**Timers:** Swimmers/clubs are responsible for providing their own timers for the 800 and 1500 Freestyle swims Sunday afternoon. Swimmers/clubs are also responsible for providing their own timers for any time trial event.

**Teams will be assigned lanes for the Prelim sessions based on number of swimmers entered.** After entries have been processed, timing assignments will be e-mailed to teams and posted on the websites listed on page 1.

**Concessions:** Snack bar is available throughout the competition and is controlled and operated under contract with King County and the Aquatic Center - the host team and PNS receive no benefit.

**Social Events:** Officials/Coaches Social to be held Friday, March 9, after the conclusion of Finals. Details TBA.

**Programs:** Psych Sheets: \$10.00

**Heat Sheets:** Prelims: \$3.00 each session

Finals: \$2.00 each session

**Results:** \$5.00 (Order at the Clerk of Course)

#### Information

**on Web:** Meet information will be posted on the websites listed on page 1.  
Real time results available at [www.pns.org](http://www.pns.org)  
Post meet results available at websites listed on page 1.

**Parking:** Parking is free in the three lots surrounding the venue. An adjacent lot at the Little League Fields will also be available for the duration of the meet.

#### RV's &

**Motor homes:** RV Parking is limited to 5 spaces. Permits must be obtained for RV parking. RV parking only in the north parking lot. Contact the Meet Director for a permit. RV hookups are not permitted.

**Note:** In granting this sanction it is understood and agreed that USA Swimming, Pacific Northwest Swimming, Valley Aquatics shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**2012 USA Swimming/Speedo Champions Series  
Western Region Long Course Championship  
Hosted by Valley Aquatics  
March 8-11, 2012**

**TEAM INFORMATION--SUMMARY ENTRY FORM**

**TEAM NAME:** \_\_\_\_\_ **CLUB CODE:** \_\_\_\_\_

**CONTACT NAME:** \_\_\_\_\_ **PHONE #:** \_\_\_\_\_

**E-MAIL ADDRESS:** \_\_\_\_\_

**TEAM ADDRESS:** \_\_\_\_\_

**CERTIFIED COACH(ES) AND MANAGER(S) ATTENDING MEET:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**While in Federal Way our coach can be reached at:** \_\_\_\_\_

Lodging Name/Phone #

**The following statement must be signed by coach or team representative:**

**I have read the meet information and attest that all swimmers entered are current (2012), full-year members of USA Swimming.**

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

|                       |  |           |
|-----------------------|--|-----------|
| <b>ENTRY SUMMARY:</b> | <b>Total from Master Entry Form(s) =</b> | <b>\$</b> |
|                       | <b>Total from Relay Entry Form =</b>     | <b>\$</b> |
|                       | <b>TEAM TOTAL ENTRY FEES =</b>           | <b>\$</b> |

**ENTRY DEADLINE – 11:59 P.M. Wednesday, February 29, 2012**

**Mail Team Information Form To: VAST c/o Suzanne Rychlik  
27435 Maple Ridge Way SE  
Maple Valley, WA 98038**

## 2012 USA SWIMMING/SPEEDO CHAMPIONS SERIES WESTERN REGION LONG COURSE CHAMPIONSHIP

Hosted by Valley Aquatics  
Weyerhaeuser King County Aquatic Center  
March 8-11, 2012

### E-Mail ENTRY FORM

TEAM NAME: \_\_\_\_\_ CLUB CODE: \_\_\_\_\_

COACH NAME: \_\_\_\_\_ PHONE #: \_\_\_\_\_

COACH'S USA ID#: \_\_\_\_\_ EMAIL ADDRESS: \_\_\_\_\_

HOME ADDRESS: \_\_\_\_\_

\_\_\_\_\_

City

\_\_\_\_\_

State

\_\_\_\_\_

Zip

**E-Mail QUALIFICATION PERIOD – March 1 – March 4, 2012**  
**E-Mail DEADLINE – 11:59PM, Sunday, March 4, 2012 (PST)**  
**PHONE NUMBER 253-241-4827.**  
**Email: swimvast@hotmail.com**

**Only swims achieving the qualifying time standards for the first time from Wednesday February 29, 2012, through Sunday March 4, 2012, may be sent by E-mail.** These E-mail entries must be received no later than 11:59 p.m. (PST) on Sunday, March 4, 2012, and may not be used to improve the seed time of a previously submitted entry. **Relay E-mailed entries will not be accepted after the normal entry deadline. Updating bonus swims to a qualifying time after the entry deadline is not permitted. However, a swimmer who swims a first-time qualifying time in an event in which they had previously entered as a bonus swim, may treat the bonus swim as a qualifying swim in order to allow for additional bonus swims. Adding bonus swims for qualifying times achieved after the entry deadline is permitted.**

We have entered the following events on this FAX entry form:

Women: Individual Events \_\_\_\_\_ x \$10.00 = \_\_\_\_\_ Men: Individual Events \_\_\_\_\_ x \$10.00 = \_\_\_\_\_

Total Faxed Entry Fee \$ \_\_\_\_\_ E-mail entries must be paid at the Registration Desk.

**The undersigned coach or team representative of all swimmers listed on this entry form hereby certifies that all times stated on this entry form are true and correct.**

Coach Signature: \_\_\_\_\_

#### Swimmer Information

Print Name \_\_\_\_\_ Age \_\_\_\_\_

Team Name \_\_\_\_\_

Female \_\_\_\_\_ Male \_\_\_\_\_ Registration # \_\_\_\_\_

Swimmer previously entered in meet? Yes \_\_\_\_\_ No \_\_\_\_\_

Event # \_\_\_\_\_ Event \_\_\_\_\_ Time: \_\_\_\_\_ Date Achieved: \_\_\_\_\_

Event # \_\_\_\_\_ Event \_\_\_\_\_ Time: \_\_\_\_\_ Date Achieved: \_\_\_\_\_

### 2012 WESTERN REGION SECTION CHAMPIONSHIPS

### Application to Officiate

Applicant must be a member of USA Swimming and an LSC certified official.  
(PLEASE TYPE OR PRINT CLEARLY)

Name: \_\_\_\_\_ LSC: \_\_\_\_\_  
 Address: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
 City, State, Zip: \_\_\_\_\_  
 E-mail Address: \_\_\_\_\_  
 Current LSC Certifications: \_\_\_\_\_  
 Current N2 Certifications and Expiration: \_\_\_\_\_  
 Current N3 Certifications and Expiration: \_\_\_\_\_  
 Years/Months at Highest Level \_\_\_\_\_  
 Background Check Expiration Date: \_\_\_\_\_  
 Athlete Protection Expiration Date: \_\_\_\_\_

**ALL APPLICANTS MUST ATTEND MANDATORY OFFICIALS BRIEFINGS BEFORE EACH SESSION WHICH BEGIN ONE HOUR PRIOR TO THE START OF EACH SESSION**

I will serve at all sessions: Yes \_\_\_ No \_\_\_

I can't serve all sessions. My choices for individual sessions are checked below:

|          |      |               |              |
|----------|------|---------------|--------------|
| Thursday | 3/8  | Prelims _____ | Finals _____ |
| Friday   | 3/9  | Prelims _____ | Finals _____ |
| Saturday | 3/10 | Prelims _____ | Finals _____ |
| Sunday   | 3/11 | Prelims _____ | Finals _____ |

Shirt Size: \_\_\_\_\_ (S, M, L, etc.)

**APPLICATION FOR ASSIGNED POSITION: If you would like to be considered for an Assigned Position, please check the appropriate box below. If applying for more than one position, please indicate preference (1,2,3)**

**Assignment request:    \_\_\_ Deck Referee    \_\_\_ Starter    \_\_\_ Chief Judge    \_\_\_ Admin. Ref**

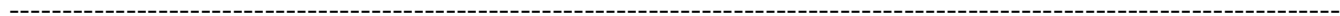
**\*\* If you are not applying for an Assigned Position, please check here:    \_\_\_ Stroke & Turn Only**

**APPLICATION FOR EVALUATION: If you would like to be evaluated during the meet, complete the following:**

I request Evaluation as follows:    \_\_\_ For Advancement to N2    \_\_\_ For Advancement to N3  
   \_\_\_ For Recertification            \_\_\_ For Education

                                  \_\_\_ Referee    \_\_\_ Starter    \_\_\_ Chief Judge    \_\_\_ Admin Ref    \_\_\_ Stroke & Turn

Most Recent Evaluation & Evaluator \_\_\_\_\_



This application must be received by the Meet Referee no later than **February 18, 2012** in order for the applicant to be considered for specific assigned positions (Deck Referee, Starter, Chief Judge, Admin Ref). **Assigned positions will be notified by February 29, 2012.**

Applications for other deck positions will be accepted anytime. **However, only those applying by February 18<sup>th</sup> will be assured of getting a meet shirt.**

**YOU WILL RECEIVE AN E-MAIL CONFIRMATION OF YOUR APPLICATION. IF YOU DO NOT RECEIVE A CONFIRMATION WITHIN 5 DAYS OF SUBMITTING YOUR APPLICATION, EMAIL LINDA\_EATON@EMAIL.MSN.COM**

**WESTERN REGION SECTION SENIOR CHAMPIONSHIP  
REIMBURSEMENT REQUEST**

(Please print neatly)

Coach's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_ Date of Request: \_\_\_\_\_

Coach's Signature: \_\_\_\_\_

Full Team Name: \_\_\_\_\_ LSC: \_\_\_\_\_

Mailing Address for Reimbursement Check: \_\_\_\_\_

Street or P.O. Box

\_\_\_\_\_  
City, State, Zip

**USA SWIMMING CHAMPIONSHIP MEET FOR WHICH REIMBURSEMENT  
IS REQUESTED -- CIRCLE ONE**

**Swimmer must attend both 2012 Spring Sectional and 2011 AT&T Winter National Championships or  
2011 Speedo Short Course Junior National Championships**

(Please complete a separate form for National Championships and Juniors)

National Championships

Junior Nationals

Dates of USA Swimming Championship Meet: \_\_\_\_\_ Location: \_\_\_\_\_

Did Coach Attend Championship Meet? Yes No Name of Attending Coach: \_\_\_\_\_

| Swimmer's Name (Last, First) | Age | Event(s) Competed At Sectionals | Event(s) Competed At Nationals/Juniors (circle 1) |
|------------------------------|-----|---------------------------------|---|
|                              |     |                                 |   |
|                              |     |                                 |   |
|                              |     |                                 |   |
|                              |     |                                 |   |
|                              |     |                                 |   |
|                              |     |                                 |   |
|                              |     |                                 |   |
|                              |     |                                 |   |
|                              |     |                                 |   |
|                              |     |                                 |   |

**Please send completed form within 15 days of the end of the Championship Meet for which reimbursement is requested to:**

**Bruce Stratton, Treasurer  
2017 S. Roosevelt St.  
Boise, ID 83705**

**(208) 376-1135 FAX (208) 342-8962**

**Email: bruce@strattoncpa.com**

**Due March 27, 2012**