



Oregon Swimming News

Oregon Swimming is organized for the purpose of fostering swimming competition for the benefit of swimmers of all ages and abilities, in accordance with the standards and rules prescribed by USA Swimming.
Visit our web site: www.oregonswim.org

Volume 22, Number 8

August 2001

Oregon Swimming newsletter is an open forum. Oregon Swimming encourages contributions to the newsletter. All content of these letters reflect the views and opinions of the author and may not reflect those of Oregon Swimming

PLEASE MAKE SURE YOU SEND MAIL TO THE NEW ADDRESS.

1750 SW Skyline Blvd #103, Portland OR 97221

***COMMENTS FROM THE CHAIR
JEFF GUDMAN***

Mark your calendars for the annual Oregon Swimming mini-Expo on October 6 - 7. In addition to the annual House of Delegates meeting on Sunday there will be officials clinics, a clinic for parents, a clinic for swimmers and a terrific OSCA (Oregon Swimming Coaches Association) meeting and clinic. The coaches have arranged for Eddie Reese, head coach of the University of Texas championship men's team and Paul Stafford head age group coach for the Terrapin Swim Team to speak at the OSCA meeting. If everything comes together as planned the mini-Expo will be a great one for everybody. Watch the newsletter and web site for additional information.

OSCA is the local version of the national coaches association which is known as ASCA (American Swim Coaches Association). ASCA is dedicated to leadership, education, certification, cooperation. ASCA provides great service in education of coaches. ASCA will have a table at the mini-Expo.

The Outdoor Life cable network has been running Splash TV, a 13 week half hour program developed by USA Swimming. Copies of the program are available for check out from the Oregon Swimming office. They are terrific programs that are educational and fun to watch and will be enjoyed by all members of your team.

Oregon Swimming Board of Directors

General Chair	Jeff Gudman
Admin Chair	Tom Weltchek
Senior Chair	Dan Cole
Age Group Chair	Amy Emmett
Coaches Rep.....	Beth Winkowski
Sr. Athlete Rep.....	Tyler Storie
Jr. Athlete Rep.....	Haley Koss
Secretary.....	Tim Stevenson
Treasurer.....	Marilyn Loitz
TPC.....	Mark Burnett
Registration	Coby van Andel

OSI Office Contact Information

Email: swim@oregonswim.org
Phone:.....503-297-6027
FAX.....503-297-8498
Website www.oregonswim.org

Regular Office Hours: M-F 10:00 AM - 3:00 PM

Subscribe to Oregon Swimming News!!

For only \$12.00 per year you will receive all the latest information, along with reminders of what is coming in the near future for All OSI members. Just complete the form, enclose \$12.00 and send to the office.

Name: _____

Address: _____

City, State, Zip: _____

As an added feature Oregon Swimming's own Bob & Helen Brown are one of the features in episode 2.

Congratulations to the 16 swimmers (8 male and 8 female) and 4 coaches selected at the Northwest Summer Sectional meet who will be training at the Olympic Training Center in Colorado Springs the first weekend in November. Thanks also to Geoff Tiffany, Tom Weltchek and Beth Winkowski in helping to make the camp possible.

It is that time of the year again for nominations for the Board of Directors. At my request Skip Runkle, immediate past general chair, Rick Guenther, immediate past administrative chair and Rich Birky have agreed to serve on the nominating committee. If you are interested in serving in any of the offices listed below let any member of the committee or the Oregon Swimming office know of your interest. The elected offices are:

General Chairman
Administrative Chairman
Secretary
Treasurer
Senior Chair
Age Group Chair
Registration
Technical Planning

One of the best parts of Oregon Swimming is the willingness of all participants to freely and strongly express their thoughts and opinions. The last board meeting was a great example. Several ideas were brought up during the course of the meeting, vigorously debated and a decision made. The people attending the meeting are separating the opinion expressed from the person expressing the opinion. In short Oregon Swimming is fortunate to have a situation where people can disagree without being disagreeable. Thanks to all who participate.

The committee examining the question of the selection of our head official is continuing to work. Over 40 other LSC's have been contacted for their procedures and policies. The members of the committee (Stan Benson - Official's Chair, Andy Carlisle - Coach, Jess Hickerson - Official (Chair of the Committee), Al Smith - Official and Tim Stevenson - Official.) are doing a thorough and thoughtful examination of the question and will be bring a recommendation to the Board at the August 29 meeting.

The board meeting scheduled for September 5 was moved one week earlier to August 29 to accommodate the number of people who would be at the ASCA convention.

Lastly, congratulation to all the swimmers throughout Oregon and southwest Washington for the successes this past summer long course season. Keep up the good work.

See you at next meet.

JULY NOTICES

Parents Meeting. Swimmers have a swim clinic, officials have updates and meetings on the latest information, coaches have outside speakers come in and talk about the latest. Parents it's your turn to have a meeting. A Parents informational meeting Saturday October 6, 2001, in the Lake Oswego High School Cafeteria.

Session 1: 12 and Under swimming parents 8:30-12

What is USA Swimming
Basic 12 and Under development
Easy way to be a swim parent
Swim parent survival guide

Session 2: 13 and Over Swimming Parents 1-4:30

What is USA Swimming
13 and older issues
Parent tips
Parent Involvement
College

2001 House of Delegates Meeting. The meeting will be held in the Lake Oswego Crowne Plaza Hotel, October 6-7. Hotels that offer discounts that weekend are: Crowne Plaza Hotel, 503-624-8400, Fairfield, 503-670-7557 and the Hilton, 503-684-8900. Please indicate you are attending the OSI mini expo. A packet will be mailed to all the clubs with more information.

2002 West Coast All Star Meet. Oregon Swimming is the host for the 2002 West Coast All Star meet on January 26 and 27, 2002. We are in need of a pool! If your club is interested in helping with this meet contact the office.

Message from Blue Marlin Aquatic Club. Effective June 1, 2001, the Blue Marlin Aquatic Club will dissolve. Our swimmers will be joining (if they choose to) the Mt. Hood Swim Team. We decided the opportunities of becoming part of a larger organization was the best decision for our Club, especially since we have been unsuccessful in obtaining a quality coaching staff.

The BMAC address and contacts will remain the same for the remainder of the year as we, the Board of Directors, conclude financial business for 2001. Sincerely, Mary Grubbs, BMAC Board President

Club Toolbox. USA Swimming offers a free club toolbox to every registered team. This box contains

valuable information for becoming a successful organization. For more information and/or a copy of the application form contact the Oregon Swimming office at 503-297-6027.

Meet Directors Handbook A copy of the USA Swimming Meet director's handbook is available upon request. Contact the office if you are interested in receiving a copy.

Oregon Swimming Pins are available again this year for \$2.00 each. If you are interested please send \$2.00 to the Oregon Swimming Office.

2001 Mini rule books (\$3.00) and 2001 Swim Guides (\$5.00) are available through the Oregon Swimming office. Send payment to 1750 W Skyline Blvd, #103, Portland OR 97221 to order your copy. Swim Guides are also available through JD Pence.

Athlete Membership Requirements. According to Oregon Swimming Standing Rules the Membership Requirements are:

All athletes competing in an OSI sanctioned or approved competition are to be athlete members in good standing of USA Swimming or FINA affiliated organization.

Athletes competing in OSI Championships must be USA Swimming athlete members registered in OSI.

Registration forms and fees must arrive in the OSI office prior to an athlete's participation in an OSI Sanctioned or Approved meet.

Athletes competing in Region XII Senior Championships, Western Zone Championships, or any USA Swimming Championship level competition shall be full year athlete members. (i.e., not Seasonal)

Enforcement - The person signing the entry form will be required to verify that all athletes entered are members (in the appropriate category) of USA Swimming.

Penalties - per Article 302.4, USA Swimming Rules and Regulations, OSI may impose a fine of up to \$100.00 per event against the person signing the entry form.

SPLASH TV can be viewed on the Outdoor Life Network on Monday 8:30PM Eastern Time starting June 4th. Complete schedule can be found on the USA Swimming website. A video of the episodes is available for check out through the Oregon Swimming Office. Call the office for more information.

Oregon Swimming Board of Directors Meeting. The next meeting is August 29, 7:30PM at the Multnomah Athletic Club. The meeting is open to everybody who is interested. An officials meeting is held the same day before the Board meeting. Please call the office for more information.

COACHES CORNER ***BETH WINKOWSKI***

Dear Coaches:

By the time you get this Championship season will be in full swing. The Oregon 11 & Over Championships will be a memory and our Oregon Zone team will already be selected and announced. Likewise, our first long course NW Senior Sectional meet will also be in the record books. 10 & under Championships, Zones, and the Long Course Nationals will be fast approaching. Good luck to all of you. I hope all your hard work paid off.

As the championship season closes, please take the time to watch swimmers and coaches from all over the LSC. When you see someone accomplish something spectacular, take note of it and let me know. I am looking for nominations for the following awards: Oregon Male Swimmer of the Year, Oregon Female Swimmer of the Year, Oregon Age Group Coach of the Year, Oregon Senior Coach of the Year. These awards are selected at the OSCA business meeting on October 6, 2001 awarded at the Oregon Swimming Top Five Awards Ceremony on November 18, 2001 in Corvallis. Nomination information is located in this issue of the Oregon Swimming newsletter.

A great number of exciting things are going on in our LSC. First, the OSCA Coaches' clinic is scheduled for October 6, 2001 in Lake Oswego, OR. I hope all of you will attend. The clinic format will be a little different this year ... we will have two speakers - one to address senior swimming issues and one to address age group swimming issues. Coach Eddie Reese Head Coach of the 2001 NCAA Men's Swimming National Champions at the University of Texas will speak twice. His first talk will cover Seasonal Planning and Set Design. His second talk will cover Taper and Preparing Your Athlete for Championship meets. Tentatively, I have scheduled Paul Stafford, the Head Age Group Coach for Terrapins in California to speak as well. His topics are as of now undetermined. I also tentatively scheduled an ASCA Level 2 Stroke School. This class is ideal for new coaches, novice coaches, and perhaps even high school coaches in your area who are still learning about our sport. Please encourage folks to sign up. They may do so directly through ASCA. As always, a Safety Training course for coaches will be offered this weekend as well. Again, all this information is located in this issue of the Oregon Swimming newsletter.

Another exciting venture is Oregon Swimming's first (and we hope annual) Senior All Star Camp at the Olympic Training Center. This camp will take place on November 1-4, 2001 at the Olympic Training Center in Colorado Springs, CO. The LSC will send 16 athletes (8

boys and 8 girls) and 4 coaches for an altitude training experience. The athletes are selected based upon their sectional performances and the coaches are selected based upon the number of athletes they place on the squad. It is our hope that both the coaches and athletes will have both a phenomenal and valuable experience that will enrich them and likewise enrich our LSC as they return and share their experiences and information.

This past month General Chair Jeff Gudman asked Bert Gottschalk and I to be a members of a Western Zone forum that will meet during the Zone meet in Hawaii. This committee will make recommendations to the Western Zone at USAS regarding the future of the Western Zone meet. The general issues facing the committee concern the overall philosophy of the meet. Should the Zone meet continue to be an age group experience, thus excluding swimmers who achieve swimming performances at the former Junior National level and above? This is a highly charged issue and it is difficult to keep folks on track. Frequently, the e-mail discussion group veers off track discussing the merits of the elimination and possible reinstatement of Juniors and the success of the new sectional format. These issues, while closely related, are not for the Western Zone to decide. If you have any comments, I would appreciate hearing (or seeing in writing) your viewpoint before heading to the Zone meet.

Lastly, I want to take a moment to let coaches know that I received a few letters from parents this past month regarding coach behavior. In all instances, these letters were from parents about coaches from other teams. Specifically, the parents were addressing a common point- a lack of courtesy and respect shown by the coaches they observed. In one instance, a coach arrived to a meet and moved a family out of a spot they had arrived early to obtain. In another instance, an official and parent observed a coach berating a swimmer for 20 minutes regarding the "poor" performance the coach observed. Let's be honest, these are not situations where parents are complaining about a differing coaching philosophy – they are addressing disrespectful behavior of coaches. I know that if anyone acted this way towards any of us coaches, we would be offended. Let's try to remember that we all participate in this sport – as a coach, athlete, parent, official, volunteer, etc. – because we love it. We all have this common bond – let's try to remember that when dealing with one another. See you at the pool! **Beth**

AGE GROUP COACHES REPORT ***AMY EMMETT***

Recently I have had several conversations concerning fairness, or lack of fairness, in the way we in Oregon Swimming determines which teams will be excepted into a meet. This subject keeps coming up each year, especially during the Long Course season, but we really have not come up with a viable solution to the problem. After considerable thought on this subject, I would like to throw out an idea for consideration.

Please note the following: meets are either Invitational Competitions, meaning "for those swimmers, organizations and clubs invited by the host", or Open Competition, meaning "competition which any qualified club, organization or individual may enter". Most of the meets scheduled and sanctioned by Oregon Swimming are, in fact, invitational competitions. However, most of Oregon Swimming treats all meets as if they were Open Competitions and assumes that all teams should have an equal opportunity to enter scheduled meets. Additionally, Oregon Swimming teams "invite" most of the teams in Oregon Swimming to their invitational meets, but they are not required to do so. And while I like the fact that we do not discriminate against small teams or geographically distant teams by doing this, only the fastest, most organized, teams are getting into the meets before they reach their entry limits. It is rare to find a team that has not been "shut out" of a meet that they had planned to attend. The guidelines for which invited teams get into a given meet are not defined either.

Now, this is one option that I think might help teams PLAN their meet schedules. What if each team looked at the meet schedule each season and decided which meets would best suit their team's training schedule (We do this already), and then contacted the hosting team requesting an invitation. The hosting team could then estimate how many teams/swimmers that they could accommodate, and which teams they would like to invite to their meet. The hosting team would notify all interested teams, either positively or negatively, so that they could plan accordingly. If there are not enough meets planned to accommodate teams looking for a meet on a particular weekend, or geographic area, then perhaps additional meets could be scheduled. Another benefit would be that the hosting team would know, in advance, if their meet was too small and would have time to invite additional teams. They could advertise in the OSI Newsletter or invite teams from outside Oregon Swimming. This seems a more friendly way to do

business. It does require that all parties participate and communicate.

An alternative option would be to ask that all OSI sanctioned meets be identified as Open Competition and that the post marks on the entries determine the order in which all teams are excepted into meets. No post mark no entry. This equalizes the process for all teams regardless of their location or size.

JOB OPPORTUNITIES

An aquatics person excited about building a swim team should join the **MITTLEMAN JCC** staff as an ASSISTANT COACH!

You should bring:

*current Red Cross CPR, and First Aid, coaches' safety

Training (ASCA 1 a bonus)

*an urge to work primarily with younger and novice swimmers, but the flexibility to teach all levels.

*a desire to be part of the team for a long time.

We'll provide:

*salary based on experience

*life guarding and teaching opportunities, if desired

If you can be as excited about the potential for our community as we are, please send a cover letter, resume, and references to:

Tina Paul, Aquatics Director

Mittleman Jewish Community Center

6651 SW Capitol Highway

Portland, OR 97219

The Woodburn Barracuda Swim Team is seeking to fill the position of Head Coach. Over the past year the Barracuda's have experienced steady growth. Currently the team has over 60 active members from Woodburn and five neighboring communities. The Barracuda's practice at The Woodburn Memorial Aquatic Center, a ten-lane indoor facility located 30 minutes south of Portland and 25 minutes north of Salem off I-5.

Position Requirements:

Current USA Coaching Certificates

Extensive competitive swimming background

10 to 15 hours Deck coaching per week, 1-3 weekend swim meets per month. Off-deck Time: Paperwork, training schedules, meet entries, team building. Ability to communicate well with children, adults, and coaching staff. Ability to work well with others. Participate in monthly board meetings. Strong organizational skills. Ability to grow with the club. The position offers a competitive salary, and travel expenses for swim meets.

The projected starting date is late August/early September 2001.

For more information or to submit a resume, please contact:

Dave Armstrong

Woodburn Barracuda Swim Team

10174 Wiseacre Lane

Aurora, OR 97002

(503) 678-2765

E-mail: hermarm@aol.com or dave@cudacub.com

Tigard Tualatin Swim Club is seeking a part time year round assistant coach for their team of 130+ swimmers. TTSC practices at two pools - the Tigard Swim Center and Tualatin Swim Center. Both pools are part of the Tigard-Tualatin School District. This position would be primarily at the Tigard location.

Job Responsibilities:

. Coaching the beginning and intermediate level age group swimmers (practices are about 1 1/2 hours in length.

. Coach one invitational or dual meet approximately every 3 weeks

. Attending staff meeting once a month.

Job Requirements:

. The successful candidate must possess current USA swimming certifications (First Aid, CPR and Safety Training for Swim Coaches)

. Candidates must possess a strong knowledge of competitive swimming and excellent teaching skills

. The candidate must be available early evenings and some weekend days.

The salary is competitive and based upon experience and certifications. Please submit a resume and cover letter stating your experience as coach and swimmer to:

Jeanine Serrano, Head Age Group Coach

Tigard Tualatin Swim Club

PO Box 230583

Tigard OR 97281

Albany Aquatic Association is seeking an experienced and motivated head coach for our year-round swim club. Candidate must possess strong recruiting abilities and a capacity to communicate effectively with parents, assistant coaches, board members and swimmers of all ages. Position, now, is part time and will require 10 to 15 hours on deck, plus administrative and meet duties. Team has great potential for growth. Growth will result in salary increases and the position will become full time. Applicant must be OSI and USA Swimming certified. Salary will be based on experience and certification. There will be a probationary period. Additional employment opportunities may be available in the area of Masters, life guarding and swim lesson instruction. Please send resume and references to:

Albany Aquatic Association,

2150 36th Ave SE

Albany, OR 97321.

Questions, please call Keri Hanke at 541-926-7827, e-mail keriore@hotmail.com or leave a message on our team phone 541-917-0158.

Chehalem Valley Aquatics Club, a fast growing club, seeks to fill the position of assistant swim coach. The successful candidate should possess CPR, First Aid and Safety Training for Swim Coaches. Strong communication skills a must.

Responsibilities include the training and development of intermediate level competitive swimmers ranging in age from 7 – 16 (12-15 hours of instruction per week and two weekends per month) and basic team-related administrative duties.

For more information or to submit a resume please contact

Rich Tobergte, Head Coach (503) 757-7424
Chehalem Valley Aquatics Club
PO Box 1173
Newberg OR 97132

Dallas Blue Dolphins are looking for an age group coach for a small but growing team of approximately 50 swimmers. Not salaried stipend offered. Other opportunities possible in area. Beautiful new pool. For

more information please call Vickie Edmonds, Team Coordinator @ 503- 831-0561 or vic1013kid@aol.com

River Place Athletic Club is seeking an enthusiastic reliable assistant coach to help coach a growing team of about 20-25 swimmers. The position entails 7-10 hours on deck a week and about two weekends a month.

Certification requirements are current CPR, First Aid, Safety Training for Swim Coaches, and first year coaches certification. LFT and WSI would be great. Other job opportunities at the RAC include teaching swimming, life guarding, and personal training. This year-round position is available now. Pay scale \$9-12 D.O.E. Please send resume and references to:

River Place Athletic Club
Jeremy Hyatt - Aquatics Director
0150 SW Montgomery
Portland, OR 97201
Ph. (503) 221-1212 ext. 318

The Tualatin Hills Swim Club seeks to fill the position of developmental director. The director is responsible for all aspects of the team's learn to swim and pre-competitive programs. Currently 60+ swimmers.

Responsibilities include 8-10 hours teaching per week, basic administrative duties, recruiting and communication (swimmer, parent and staff). A base salary, dependent on experience, and a bonus incentive package, based on number of participants, will be offered.

Please contact Linck Bergen
Tualatin Hills Swim Club
15707 SW Walker Rd., Beaverton, OR 97006
503.629.5568 linckbergen@swimmail.com

ADAPTED SWIMMING

Eugene Mielke

Disability Championships: The USA Swimming Disability Championships were held in Phoenix, Arizona, June 22-24, 2001. The weather was hot (108 to 112) for the meet. The monsoons arrived early this year, and the humidity was in the 50 to 60% range. The Phoenix Swim Club did a marvelous job of preparing the facility with lots of canopies with portable evaporative coolers and misters. There were also air-conditioned rooms available for the athletes to rest in. Very few of the 180 plus swimmers represented were hearing impaired. This is because the USA team for the Deaf World Games had been previously selected. There were swimmers from eight foreign countries (Argentina, Australia, Brazil, Canada, Great Britain, Korea, Mexico, and Spain) in addition to the United States. The swimming was outstanding. The three-day competition saw at least 41 United States and world records set at the meet, as well as a number of foreign national records. It is remarkable to see this many new records set in so short a time following the Paralympics in Sydney. This meet is becoming the premier worldwide competition for swimmers with disabilities following the only the Paralympics. The USA Swimming Operations Committee is looking into the format for future Disability Championships. Jennifer Butcher and Julie Crisp represented Oregon very well, with some record times. Mark Maxwell, who has previously coached the USA Swimming team at the Paralympics, was on the deck as a technical classifier trainee. Next year the USA Swimming Disability Championships will be at the King County Aquatic Center in Federal Way, Washington.

Regional Swimming: We are still a long way from having any Sectional or Regional championships for swimmers with disabilities. There will be a meet in Federal Way, Washington, at the King County Aquatic Center, on April 14, 2002. Kiko Van Zandt, Children Hospital and Regional Medical Center, Seattle, Washington is organizing it. This would be an excellent opportunity for Oregon swimmers with disabilities to compete on wider scale. Who knows, maybe this will develop into a Regional event. There will be more information in upcoming columns.

Meet Equipment: By the time this column is in print, Oregon Swimming, Inc. will have in its possession two remote strobes and cables. These plug into the standard Colorado Timing System starting console in the other "microphone" slots. The cables are 100' and 150' long so they can be placed anywhere on the deck. While they were originally designed to assist hearing impaired swimmers or visually impaired swimmers who have

difficulty seeing the standard strobe, they can be used at any meet. They are particularly helpful for backstroke swimmers, as they do not have to turn their heads to see the start. These units will be in the Oregon Swimming, Inc. office, and can be checked out for use at any meet.

Improvement in Club Swimming: The response to last month's column has been much greater than I ever expected. I have 36 responses to date, and will summarize them in next month's column. Only 5 of the responses dealt specifically with Adapted Swimming. Any comments received will be sanitized so that no one will recognize where they came from.

OFFICIALS CORNER

STAN BENSON

As championships are upon us, I thought it would be good to present the guidelines for the position of the turn judge within their jurisdiction which were given out at the officials clinic attended in Salt Lake City at the end of May. This is a reproduction of the guidelines which were handed out and discussed at the clinic.

The National Officials Committee has had many inquiries about a preferred or suggested practice of observing turns. Because the Committee has always had the goal of improving consistency from LSC to LSC, the following procedures have been determined. The end result was achieved by polling the Committee members and arriving at a compromise that should satisfy most needs. These procedures may not coincide with what your LSC currently practices but the Committee feels that some aspects are universal with all LSCs. We ask that this recommendation be discussed and shared with others so that some common ground will be established that will work in your LSC.

So to answer the question "Where should I stand to observe the swimmers in my jurisdiction?" you must begin with the basic general answer to "*position yourself where you can best see what you have to for the stroke that you are observing.*" The question as to how much you should move after finding that position is much more complicated. The following should be taken into consideration:

1. If you are watching one to two lanes, you should not have to move at all. The preferred position is over the swimmer if observing one, or over the lane line between two swimmers.
2. If you are watching three, four or five*(**see note**) lanes, and there are NO obstructions between them, you may have to change position slightly to uniformly observe all lanes, but not the word "observe". You

must maintain a calm observant posture on the deck even when changing positions. Running from lane to lane imparts a frantic attitude and creates the perception that you are looking for an infraction rather than just "observing" the swim. The preferred position would be in the middle and slowly move to one side or another for the observation. In freestyle events, the preferred position might be outside of lane 1 or lane 6/8/10 for each half of the pool.

3. If you are watching three, four or five *(**see note**) lanes and there are obstructions between them, i.e. starting platforms, diving board standards, etc., you would be better off finding the optimum position to observe the lanes within your jurisdiction and remaining there. Moving around obstructions distracts your attention from the pool and can lead to inconsistent calls.
4. Outdoor pools can present even more variable conditions, such as the sun glaring on the water. Your positioning then goes back to the basic rule of standing where you can best observe the swims in your jurisdiction, changing the position as physical conditions (such as glare) change.
5. The meet Referee *may* modify the jurisdictions as outlined above, allowing movement of the official, given the lay out of the facilities, obstacles preventing proper observation, weather, lighting, sunlight, etc.

***NOTE – It is important to understand that observing 5 lanes is not recommended but when a 10 lane pool is being used and staffing is short, there may not be a choice. Alternative coverage may want to be established and the use of a judge on 5 lanes should be a last resort.**

There is no "black and white" answer to the question of movement within your jurisdiction. The decision to remain in place or move should be discussed with the referee of the meet with the ultimate objective of maintaining a calm observant demeanor on the deck while providing uniform conditions of competition. To provide consistent an equitable conditions, the Meet Referee should follow the LSC approved practices that have been determine by using these guidelines and implemented procedures that follow the rules of observing, not scrutinizing the swims.

I hope this has provided some useful guidance to our LSC and officials. See you on deck. **Dick Crim**

Minutes – Oregon Swimming, Inc., Board of Directors Meeting

Wednesday, July 11, 2001, 7:30 PM

Multnomah Athletic Club, Portland, Oregon

In Attendance: Tom Weltchek, Jeff Gudman, Tim Stevenson, Skip Runkle, Eugene Mielke, Coby van Anandel, Marilyn Loitz, Sean Hutchison, Amy Emmett, Mark Rieniets, Mark Maxwell, Beth Winkowski, Howard Jones, Valarie Koss, Lissa Parker, Bert Gottschalk, Haley Koss, Geoffrey Tiffany, Marcie Anderson, Judy L’Roy, Gary Leach

General Chair Report – Jeff Gudman. Jeff called the meeting to order at 7:36 PM.

The minutes from the last meeting were approved as submitted.

Treasurer’s Report: Marilyn Loitz. The treasurer’s report was approved as submitted.

Administrative Report – Tom Weltchek.

Age Group: Amy Emmett. Amy discussed a letter from Melinda Bailey concerning 200 events at champs for 11-12 year olds and B+ entry times for long course meets. Amy voiced her concerns about the possibility of a balloon of entries at the OSI Long Course Championship. Because the meet information did not specify 12 & under short course times as a minimum, 11 year old short course times will be accepted and therefore an increased number of entries are likely. She also feels that many seniors will be attending as a last chance for Sectionals.

Senior Report – Dan Cole. Dan sent a written report.

Coach’s Report – Beth Winkowski. Beth reported that she has commitments from the Head Age Group Coach from the Terrapins, Paul Stafford, and Edie Reese from Texas as speakers for the OSCA clinic at Lake Oswego this fall.

Championship Coordination – Gary Leach. Gary asked for a job description for the Championship Coordinator. Jeff Gudman committed to providing Gary with one.

Site Selection – Sean Hutchison. No report.

Athlete Representatives – Tyler Storie and Haley Koss. No report.

Scheduling – Skip Runkle. Skip discussed the need to move toward a meet-scheduling scheme similar to what is used by PNS designating different weekends for different types of meets. The current A-B-C format is not helping our B-C swimmers.

Time Standards – Andy Carlisle. Andy has committed to having next year’s short course time standards published in the newsletter prior to the House of Delegates meeting this fall.

Technical Planning – Mark Barnett. No report.

Safety Chair – Jeanine Serrano. Jeanine plans to hold a Safety Training session during the weekend of the House of Delegates.

Camp Coordinator – Gary Leach. Thirty six swimmers from all over Oregon participated in a great camp. Geoff Tiffany announced that OSI will be holding a camp for 20 swimmers at the Olympic Training Center on November 1 through November 4, 2001. The selection will be based on Sectional performance. Four coaches will also participate.

Officials Committee – Stan Benson. No report.

Adaptive – Eugene Mielke. The US Disability Championship was held in Phoenix, Arizona, June 24 through June 26. Nine foreign countries were represented at the meet.

Registration – Coby van Anandel. Coby reported that she is developing a transfer form for registration as USA Swimming has discontinued the form.

Sanctions Chair – Mark Rieniets. Mark asked for direction from the Board on the policy concerning time trials.

Motion: OSI policy is not to sanction time trials that are not associated with a sanctioned meet.

Passed unanimously.

Mark was asked to develop a definition (clean up what currently exists) of what constitutes a sanctioned meet.

Awards – Lise Thom. No report.

Awards Ceremony – Christi McCauley. No report.

OVC Chair – Christi McCauley. No report.

Records – Marni Henrickson. No report.

All Star Team (Zone Team) - Bert Gottschalk. Bert presented a two page report and discussed his perspective of the All Star meet.

Motion: Oregon Swimming will still participate in an All Star meet with the other LSC's but the format will change to a two-day meet format with no formal clinic. A motivational speaker might be part of the dinner/social on Saturday night. This would allow a more comprehensive list of events and would alleviate the problem of the clinic perhaps not being adequate.

Passed unanimously.

Bert also pointed out that OSI will be hosting the All Star meet on January 26-27, 2002. A site will be needed for this meet. Zone trip planning is coming together. Hawaii is very expensive and it is difficult to find many options.

Office Manager – Coby van Andel. No report.

Old Business

Summer Nationals – Jeff discussed an issue that was brought to his attention about reimbursement policy for National athletes. The question was whether the amount should be reduced because the meet is much closer in California this year. It was determined that the allocated amount would not cover expenses for this year's meet and nothing should be done to reduce the current allocation.

New Business

Judy L'Roy has been appointed to the USA Swimming Education Committee. She was only recently made aware of the appointment and asked the Board to forgive her the attendance at two-thirds of OSI Board meetings and two of the four days of the National convention because of previous commitments.

Motion: OSI waives the requirement for attendance at two-thirds 2/3's of OSI Board meetings and all four days of the National convention for Judy L'Roy to obtain financial support for the National convention.

Passed unanimously.

There was a \$1.00 entry fee charged to spectators at the Mt. Hood meet that the Mt. Hood swim team did not institute the spectator charge. The charge was made by Mt. Hood College. The same charge was attempted at the State Games meet but things were so disorganized that the people responsible for collecting the charge gave up. An arrangement is being made with the college so that the spectator charge is not necessary for Sectionals.

Jeff Gudman announced that he is receiving videotape copies of the SplashTV program. He will make them available for check out through the OSI office.

Amy Emmett voiced concern about the procedures being used by clubs in processing meet entries. The question is really whether teams really are offering an invitational or an open meet. It appears that many clubs are calling their meet an invitational when in fact it is an open meet. The meet directors are not doing their homework by determining which teams should be invited to fill the meet and are inviting more teams than can ever make it into the meet. Amy asked that OSI develop some guidelines for the designation of meets as invitational and open.

Howard Jones announced that Gene Mielke has purchased two strobes for the hearing impaired to be used at OSI meets. Howard suggested that OSI reimburse Gene for the expense.

Motion: OSI will reimburse Gene Mielke \$520.00 for two strobes he purchased.

Passed unanimously.

Adjourned at 9:57 PM.

Next meeting:

Board Meeting – Wednesday, August 29, 2001, 7:30 PM at the Multnomah Athletic Club

Officials' Meeting – Wednesday, August 29, 2001, 6:00 PM at the Multnomah Athletic Club

TPC – TBA

Respectfully submitted,

Tim Stevenson, Secretary

The Following calendar was generated from many Coaches and many meetings. That being said, this calendar is not meant to be the final word. Rather I put all the various discussions into Calendar form, so that you may better see the check and balances of the schedule and possibly come up with some great ideas yourself! If you are like me, I need a calendar so I can take my index finger, point and count days. Hopefully at the October OSI Meeting we can use this Calendar as a tool to come up with the best possibilities . Tom Weltchek

2001 OREGON SWIMMING MINI-EXPO OCTOBER 5-7, 2001 LAKE OSWEGO, OR

Crowne Plaza Hotel, 14811 Kruse Oaks Blvd, Lake Oswego

Friday, October 5

5:00pm - 9:00PM Safety Training for Swim Coaches
Crowne Plaza Hotel pool

Saturday, October 6

Coaches Clinics –Tentative line-up

Featuring

8:00AM - 8:30 AM - Check in & late registration
8:30AM - 10:00 AM – Eddie Reese - Seasonal planning and set design
10:00AM - 10:15 AM - break
10:15AM - 11:30 PM – Eddie Reese - Taper
11:30AM - 1:30 PM - lunch break
1:30PM - 3:00 PM – Paul Stafford
3:00PM - 7:00 PM - break
7:00PM - 9:00 PM - OSCA meeting

Officials Clinics

Schedule

1:00PM -1:30PM General meeting for all clinic attendees

1:30PM - 4:00PM Breakout to Separate Clinics

- Stroke & Turn - for the beginning deck official
- Starter – for officials who have been certified as S & T for one year or more
- Referee – for officials who have been certified as Starter for one year or more
- Meet Director – no prerequisites
- Electronic Timing – no prerequisites

Note: There is no charge or membership requirement for the clinics. Attendees not already members of USA Swimming must join prior to beginning on-deck training. Clinics run concurrently, therefore you may attend only one clinic.

Parents Meeting

8:30AM - 12:00PM Session 1 - 12 and Under swimming parents
1:00PM - 4:30PM Session 2 - 13 and Over swimming Parents

Athlete Swim Camp

9:00 – 2:00PM – Lake Oswego High School Pool
More information in next months newsletter and on the website.

Sunday, October 7

ASCA level II clinic

8:00AM - 4:00 PM – Guy Edson
\$60.00 for ASCA members, \$85.00 for non-members (fee include one year ASCA membership). For Registration call ASCA 1-800-356-2722 or register on line www.swimmingcoach.org

Oregon Swimming House of Delegates meeting

8:30-9:00AM: House of Delegates check-in
9:00AM-3:00PM : Oregon Swimming House of Delegates meeting

Each member club of OSI is required to send a representative to this meeting. Eastern Oregon District and Cascade East League may elect one delegate to represent their respective clubs.

The Chair will determine the timing of a lunch break, if needed.

If you have legislation items for this meeting, please submit them to the OSI office 30 days prior to the meeting.

3:00PM- CBSL Meeting

Each CBSL member club must be represented

REGISTRATION FORM
2001 Oregon Swimming Mini-Expo

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____ Club: _____

Email: _____

Athlete Registration number _____

I wish to attend the Safety Training for Swim Coaches, \$25.00 fee is included

I am a coach member of Oregon Swimming and will be attending the clinics on Saturday, October 5, 2001. I have enclosed a check for \$25.00 to cover the pre-registration fee.

I am not a coach member of Oregon Swimming and will be attending the clinics on Saturday, October 6, 2001. I have enclosed a check for \$30.00 to cover the pre-registration fee.

NOTE: Pre-registrations must be received at the OSI office by Thursday, October 4, 2001. Registrations at the door are \$30.00 for OSCA Members and \$35.00 for non-members

Athlete Swim Camp

Parent Session 1

Parent Session 2

As an official or prospective official I wish to attend the clinic checked below.

Stroke & Turn

Starter

Referee

Meet Director

Electronic Timing

Send this form to: Oregon Swimming, 1750 SW Skyline Blvd. Suite 103, Portland, OR 97221

*Officials may FAX the form to 503-297-8498

AWARD NOMINATIONS

Nominations will be accepted for the following Awards. The awards will be presented at the 2001 Oregon Swimming Awards Ceremony on November 18 at The LaSells Stewart Center in Corvallis.

Nomination can be mailed to Oregon Swimming, 1750 SW Skyline Blvd. #103, Portland OR 97221, or e-mail to *swim@oregonswim.org*.

James J Richardson Award awarded to outstanding long term contributor to the sport of swimming in Oregon Swimming.

United States Swimming Outstanding Service Award

John Arlin Adaptive Swimming Award

Media Award for Outstanding Support to Oregon Competitive Swimming

Female Athlete of the year

Male Athlete of the year

Age Group Coach of the year

Senior Coach of the year

BOARD OF DIRECTORS NOMINATION FORM

OSI is taking nominations for the 2002 Board of Directors.

Nomination can be mailed to the Oregon Swimming Office for the following OSI Board Positions.

Elections will be held at the House of Delegates Meeting in Lake Oswego, October 7, 2001.

General Chair: _____

TPC: _____

1st Vice President : _____
Admin. Chair

Treasurer: _____

2nd Vice President: _____
Senior Chair

Secretary: _____

3rd Vice President: _____
Age Groups Chair

Registration _____

Coaches Rep: _____

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