



# Oregon Swimming News

*Oregon Swimming is organized for the purpose of fostering swimming competition for the benefit of swimmers of all ages and abilities, in accordance with the standards and rules prescribed by USA Swimming. Visit our web site: [www.oregonswim.org](http://www.oregonswim.org)*

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Oregon Swimming newsletter is an open forum. Oregon Swimming encourages contributions to the newsletter. All content of these letters reflect the views and opinions of the author and may not reflect those of Oregon Swimming

**Oregon Swimming, 1750 SW Skyline Blvd #103, Portland OR 97221**

## **COMMENTS FROM THE CHAIR** **JEFF GUDMAN**

In the most recent American Swimming Magazine there was a short article by Genadijus Sokolovakas about early maturation and long term success in swimming. He did a study of the All-Time Top 100 at ages 17 – 18 from the ages of 10 & under, 11 – 12, 13 – 14 and 15 – 16. The results showed that most of the Top 100 at age 17 – 18 is new swimmers that were never in the Top 100 at any age. Only 2% of the boys and girls who were in the Top 100 at age 10 & Under were still in the Top 100 at age 17 – 18. This led to a conclusion about losing many talented swimmers during long term career training. The reasons for high performance at an early age were early biological maturation, inappropriate workload at young ages and talent. The study also shows that probably swimmers don't need to swim very fast at young ages. Most of the elite level swimmers were unknown at young ages. Probably the most important goal for young swimmers is fun and learning of technique.

What does this mean with respect to swim programs? First and foremost, listen to the coach. Coaches have seen cycle after cycle of swimmers over all ages. Yes, there are the 2% of swimmers who start out in the Top 100 and stay there but that is an after the fact result. Being able to predict those 2% is an entirely different question. Each swimmer regardless of age will respond differently and the coach is the one who sees it every day in and out of the water.

### **2002 Oregon Swimming Board of Directors**

General Chair..... Jeff Gudman  
Admin Chair .....Sean Hutchison  
Senior Chair.....Andy Carlisle  
Age Group Chair ..... Gary Leach  
Coaches Rep ..... Beth Winkowski  
Sr. Athlete Rep ..... Haley Koss  
Jr. Athlete Rep..... Mason Amick  
Secretary ..... Tim Stevenson  
Treasurer.....Marilyn Loitz  
TPC..... Eric Camus  
Registration.....Coby van Andel

### **Subscribe to Oregon Swimming News!!**

For only \$12.00 per year you will receive all the latest information, along with reminders of what is coming in the near future for All OSI members. Just complete the form, enclose \$12.00 and send to the office.

Name: \_\_\_\_\_

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City, State, Zip: \_\_\_\_\_

This leads to another important point. Coach stability in program is probably the single best predictor of a successful and thriving program. Successful and thriving does not have to mean sending swimmer(s) to national level competitions (although that is always great to see). It does mean providing an opportunity for all swimmers to achieve what they can achieve. And that goal is best served when coaches are in place for more than one year. This does not mean that clubs will not ever change coaches. There are a variety of reasons why coaches leave programs. But the simple act of continuity provides a great benefit to the swimmers, the parents and the volunteers.

In a recent 12 day period in late June and early July the Oregon Swimming web site had over 3,200 visits. For an LSC our size that is great. I believe there are three reasons for the number of visits. First, the website is continuously improved, not just once in a while. Second, the immediate responsiveness of our webmaster regardless of whether the answer received is agreed with or not. Third, the content and the layout of the website are friendly to all the elements of Oregon Swimming.

At a recent meet I was asked about the possibility of combining the men's and women's events so as to provide not only for a shorter time in the running of the meet but also for greater competition by time rather than by gender. The answer is that events can be combined and there are rules to provide for this combining. The rules for this are in Article 102 of the Rule Book. It is a different way of running a meet and could make the meet different and fun. In any event check with a meet referee and/or area official chair or the Chief Oregon Official before you send out your meet information.

Another question which recently came up was the possibility of sanctioning a time trial once a meet has started. The answer from our sanction chair is that sanctions for time trials will not be granted once a meet has started. The reason is to keep the meet fair to everyone. If sanctioned time trials are not in the meet information the time trials will not be sanctioned.

Once again a nominating committee has been named for Oregon Swimming elected positions at the October House of Delegates meeting. The members of the nominating committee are:

Skip Runkle Coach - Last General Chair  
Tom Weltcheck Coach -Last Administrative Chair  
Rich Birky Official -Parent and Volunteer

If you are interested in being a candidate for one of the Oregon Swimming elected positions contact any of the above people. Thanks to Skip, Tom and Rich for agreeing to serve.

See you at the next meet.

## ***AUGUST NOTICES***

**Athlete Rep. elections.** Zachary Niles was elected as the junior athlete rep. at the 11&over championships in Eugene. Zachary is a member of the Columbia Willamette Y swim team and a student at Cleveland High School. His e-mail address is zswimmer@starband.net. Congratulation Zachary.

**September Board of Directors meeting.** The meeting will be on Tuesday September 3 at 7:30 in the Multnomah Athletic Club.

**Coach membership requirement.** A revised list of approved courses that USA Swimming coaches can take to obtain/maintain their coach membership is available and will be distributed at the 2002 House of Delegates meeting. There is only one significant difference - effective immediately, coaches can take the American Red Cross Lifeguard Training Course IN LIEU OF Safety Training for Swim Coaches. The lifeguard certification also meets the requirements for first aid and CPR, so now this one course meets ALL the necessary safety requirements for coach membership. (The CPR certification, however, must be renewed annually.)

**Athlete Membership Requirements.** According to Oregon Swimming Standing Rules the Membership Requirements are: All athletes competing in an OSI sanctioned or approved competition are to be athlete members in good standing of USA Swimming or FINA affiliated organization.

Athletes competing in OSI Championships must be USA Swimming athlete members registered in OSI.

**Registration forms and fees must arrive in the OSI office prior to an athlete's participation in an OSI Sanctioned or Approved meet.**

Athletes competing in Region XII Senior Championships, Western Zone Championships, or any USA Swimming Championship level competition shall be full year athlete members. (i.e., not Seasonal)

**Enforcement** - The person signing the entry form will be required to verify that all athletes entered are members (in the appropriate category) of USA Swimming.

**Penalties** - per Article 302.4, USA Swimming Rules and Regulations, OSI may impose a fine of up to \$100.00 per event against the person signing the entry form.

## ***JOB OPPORTUNITIES***

**Parkrose Swim Club** in Portland, OR is seeking a person to fill the position as the Head Coach (Age Group Program) beginning April 1, 2002. The training facility is a 25 yard 8 lane indoor pool for year round training, as well as Mt. Hood Community College 50 meter outdoor

pool for summer practice. PRSC has 80 swimmers ranging from Novice to High School age group. Position requirements include but not limited to the following:

ASCA level 2 minimum certification; four years of USA Swimming age group coaching experience; current CPR, First Aid and Safety Training for Swim Coaches; 18-22 hours deck coaching per week; 1 team meet per month; 1 league meet per month, usually during practice time. Working knowledge of Hy-Tek Team Manager and Meet Manager a must; participate in monthly board meetings; strong background in stroke mechanics and training techniques; ability to communicate effectively with swimmers, coaching staff and parents.

We are looking for an enthusiastic person who has the ability to challenge and encourage the swimmers, and who can help set achievable goals with direction by an endurance base workout.

For more information contact Kevin Nagle at 503-252-9079 or [kdnagle@aol.com](mailto:kdnagle@aol.com); John Billings 503-252-7547 or [johntopbills@aol.com](mailto:johntopbills@aol.com); Lisa Schaefer 503-252-5577.

Please send cover letter, resume along with references to: ParkRose Swim Club,  
Attn. Lisa Schaefer (club president)  
PO Box 301605  
Portland OR 97294-9605

**Forest Grove Swim Club** is seeking a Head Swim Coach. Please prepare a resume and references to FGSCPO Box 242, Forest Grove, OR97116

## ***GREETINGS FROM THE WEB***

***Robbert van Andel***

First off, I would like to express my appreciation for all the great and constructive comments I have received from everyone who has taken the time to email me about the website. I encourage anyone with ideas they would like to see on the website to email me ([robber.tv@oregonswim.org](mailto:robber.tv@oregonswim.org)).

One comment I receive often is why the top times and qualifiers database are updated more often. I use Hy-Tek's Team Manager to store the results and then use another program to create the top times and qualifiers to put on the OSI website. The process to create the reports currently takes several hours to complete. This is why the website is updated only once a week. I hope to improve this process in the near future to make updating as needed more feasible.

Another comment I receive often is that a swimmer is listed with one team, yet hasn't swum with that team since last season, or the season before. Team Manager has two locations that it stores the team an athlete swims for. One is the primary team and another is the team for which the athlete swam at a meet. Currently, the

program uses the primary team for creating top times. If a swimmer switches teams, please let me know so that I can change the swimmer's team in Team Manager and therefore get him or her listed on the website properly.

Now, on to a concern with meet results that has come up in recent weeks. Many meet results come to me with incomplete information. To verify that an athlete has qualified for the OSI Championships, it is important that we have the athlete's correct USA Swimming number, as it is given to Oregon Swimming. To make sure that we get the right information, please make sure that your team's Team Manager program has the swimmers full name (as given to Oregon Swimming). If an athlete uses a nickname or shortened name, put that information in the preferred name field.

One new feature on the website that I would like to tell you about is the new real time results website. Several people may have already seen it with the 10 & Under Championships, which unfortunately we were not able to put together. The new site is <http://results.oregonswim.org>. Any team's meet director wishing to post real time results from their meets should contact me on instructions and login information to the website.

Again, thank you for the positive feedback and always feel free to send me suggestions for future improvements on the website.

## **Minutes – Oregon Swimming, Inc., Board of Directors' Meeting**

Wednesday, July 10, 2002, 7:30 PM  
Multnomah Athletic Club, Portland, Oregon

**In Attendance:** Jeff Gudman, Sean Hutchison, Tim Stevenson, Coby van Andel, Jacki Allender, Gene Mielke, Howard Jones, Stan Benson, Skip Runkle, Linda Postma, Mark Maxwell, Judy L'Roy, Marilyn Loitz, Mark Rienients, Beth Winkowski, Haley Koss, Valerie Koss, Bruce Ludwig, Geoff Tiffany, Tom Weltchek, Robbert van Andel, Mason Amick, Alexandra Amick, Susan Krammer Field, Dan Field, Lauren Field, Martin Reichgott, Karim Bouferrache, Jane Coombes, Steph Turner, Gary Leach, Laurie Kilbourn

**General Chair Report** – Jeff Gudman. Jeff called the meeting to order at 7:36 PM.

The minutes from the last meeting were approved as submitted.

**Treasurer's Report:** Marilyn Loitz. Marilyn presented the Treasurer's report, which was approved as submitted.

**Administrative Report** – Sean Hutchison.

**Age Group:** Gary Leach. Gary commented that the OSI Swim Guide needs to be correct before it is printed. It is difficult to determine what is correct when the Swim Guide has obvious errors. He also feels that meet entries should be accepted on the Monday before the championship. Jacki

Allender said that it is difficult for many meet directors to meet printer deadlines on Monday when the last of the entries are still being received.

**Senior Report** – Andy Carlisle. No report.

**Coach's Report** – Beth Winkowski. Beth reported that there would be a level 2 clinic at the OSCA meeting. Pat Hogan will be the main speaker. She is working on an additional speaker. Beth also mentioned that there might be a requirement at Sectionals to prove swimmer registration. Coaches should be prepared.

**Championship Coordination** – Tom Weltchek. No report.

**Site Selection** – Tom Weltchek. No report.

**Athlete Representatives** – Mason Amick and Haley Koss. No report.

**Scheduling** – Skip Runkle. No report.

**Time Standards** – Andy Carlisle. No report.

**Technical Planning** – Eric Camus. No report.

**Web Site** – Robbert van Anandel. Completed Top Times and Qualifiers pages. He mentioned that the biggest issue with the database is the incorrect US Swimming ID's being used at meets. Coaches need to make sure their databases and meet entries are correct.

**Safety Chair** – Jeanine Serrano. No report.

**Camp Coordinator** – Geoff Tiffany. No report.

**Officials Committee** – Gene Mielke. Gene reported that Jacki Allender has just joined the ranks of Referee. Gene also mentioned that the new B+ time standards might have affected what meets new officials attend. The B+ meets seem to be attended by very few new officials.

**Adaptive** – Gene Mielke. Gene reported that the National Disability Championships had 65 US records and 25 world records set. Gene also submitted some wording for the bylaws that clarifies how reimbursements are actually distributed.

**Registration** – Coby van Anandel. Coby reported that the Salem YMCA Sharks have applied for OSI membership.

**Motion:** To accept the Salem YMCA Sharks.

**Passed unanimously.**

**Sanctions Chair** – Mark Rienets. Mark reported that as of the meeting, the State Games meet had not been issued a sanction. He was given a contact point to try to resolve the issue.

**Awards** – Lise Thom. Long course awards are ready.

**Awards Ceremony** – Marianne Gunderson. No report.

**STAR Chair** – Jacki Allender. No report.

**Records** – Marni Henrickson. Marni reported that Top 5 should be complete by mid month. The National Recordable times were submitted in May.

**All Star Team (Zone Team)** - Lissa Parker/Suha Tokman. A report was submitted in the form of a letter to the Board.

**Office Manager** – Coby van Anandel. Newsletter material must be in by July 15.

### *Old Business*

OSAA High School Meet – There is a conflict between the OSAA High School meet and the 11-14 OSI Championship at the Corvallis pool. After some discussion, it was decided to let the Corvallis organization decide on which meet they wish to host. If they choose the High School meet, the 11-14 meet may be moved to the T-Hills facility. If they choose to host the 11-14 meet, OSAA will move their meet to Mt Hood.

### *New Business*

Nominating Committee – Nominations for General Chair and Secretary should be directed to Skip Runkle or Tom Weltchek.

120-day rule – A discussion was raised about the possibility of waiving the 120-day rule for a swimmer attending the 10&Under Championship meet. The request was refused.

Adjourned at 9:50 PM.

Next meeting:

Executive Committee – No call in August

Board Meeting – Tuesday, September 3, 2002, 7:30 PM at the Multnomah Athletic Club

Officials' Meeting – Tuesday, September 3, 2002, 6:00 PM at the Multnomah Athletic Club

Next TPC Meeting – TBD

Respectfully submitted,  
Tim Stevenson, Secretary

## **COACHES CORNER**

*Beth Winkowski*

Hello Coaches! Good luck on our upcoming summer championship meets! Just a couple notes for you as we head into the close of the summer season.

First, please keep an eye on the Oregon Swimming calendar. Currently, high school state and the 11-14 championships are scheduled for the same weekend. After many discussions, the board currently expects to keep the Oregon Swimming schedule as is and 14 year old high school students who are qualified for both meets will need to make a choice - or compete in 11-14 only on the days not in conflict with high school state. I support this decision after looking at the swimming calendar and realizing the enormous amount of headaches shifting the entire schedule creates for swimming folks. That being said, please know that potentially, a shortage of officials could create a situation where times verification at high school state might only happen for US Open cuts and above. Please encourage all the officials to help out this particular weekend - even if they do not have swimmers participating.

Second, as many of you know this is an election year. While I have enjoyed by tenure as OSCA President, the time has come for me to step down. I plan to step away from all Oregon Swimming business for the next year to focus on my (soon to be larger) family and my team.

We need a new President. If you are interested, please contact me and I am happy to discuss this with you.

Third, and finally, the OSI Mini Expo is approaching. This means coaches clinics - which I encourage everyone to attend. The format is a little different this year so please check the information in the newsletter carefully. It also means the OSCA business meeting - where we select our Oregon Age Group and Senior Coach of the Year and our Male and Female Athlete of the Year. IF you have a nomination for any of these important awards, please get them to me ASAP. I hear time and time again, that the same people are nominated each year. Please take the time to think over this past year and determine who you think made a difference in these areas and send their names to me!

See you at the pool! Beth beth@ppst.org

## **OFFICIALS CORNER**

*Gene Mielke*

**Officials Chair Ballots:** The advisory ballot to the General Chairman for the Officials Chair position is underway. If you haven't returned your ballot yet, please do so. You have until the end of July.

**Backstroke Start Rule Change:** The USA Swimming Rules and Regulations Committee has issued new wording for the backstroke start to conform to language in the FINA Technical Rules. Article 103.1 A and B have been combined to read: "1. Start - the swimmers shall line up in the water facing the starting end, with both hands placed on the gutter or on the starting grips. Prior to the starting signal, the swimmer's feet, including the toes, shall be placed under the surface of the water. Standing in or on the gutter or curling the toes over the lip of the gutter is not permitted at any time. A backstroke starting block may not be used."

This change is consistent with a prior Committee interpretation, dated May 30, 1998. This change is considered minor. The toes or foot may come out of the water while moving up the wall **after** the starting signal, provided the toes do not curl over the lip of the gutter, and no part of the foot stands in the gutter. There is no change in guttered pools in which the water level is right at the lip of the gutter. This change has potential application in flat wall pools with no gutters or in guttered pools in which the water level is below the lip of the gutter.

### **Comments from Meet and Referee's Reports and E-mails:**

I do read each and every Meet and Referee's report that I receive. A number of items have come out of these documents over the past eight months that deserve comments. I will address these in the next several newsletters.

**Where Have All the Trainees (Trainers) Gone:** For the past several years, Referee's reports have been stressing that there have been a shortage of officials at meets, particularly the 12 & Under Meets. Our Area Officials Chairs and other volunteers have held a large number of clinics around the state. The result of this is a large number of Stroke and Turn Trainees are currently undergoing training. This is not to say

that we now have an overabundant number of officials and the shortage is no longer a problem. What has developed is we now have meets where we have two to eight trainees and only two or three certified Stroke and Turn officials to do the training. These reports are coming mostly from the 12 & Under meets, BC meets, or ABC meets with large numbers relatively new swimmers. At the other end of the spectrum are the 13 & Over meets which have minimal, if any, trainees and at least a minimally sufficient number of certified officials. The best mix of trainees and trainers has shown up in meets combining all age groups and levels of swimmers. An interesting comment in a recent Referee's report adds a new dimension to the problem. The Referee stated: "We had a small, but highly qualified group of Stroke and Turn officials, but where are all the trainees that will be on deck in the future." This popular, 50-meter meet, which in the past has been difficult for many teams to enter, went to a B+ time standard this year.

For several years we have blamed the shortage of officials at the 12 & Under meets (that resulted from the split-format meets that developed as a result of the four hour rule) on the fact that we had separated older swimmers whose parents were officials from the younger swimmers whose parents had not as yet become officials. While we are attracting a large number of new trainees, it appears that the split-format meets are keeping the most of the trainees and trainers apart. Is the development of the B+ time standard meets going to further separate trainers from trainees?

We need high quality competition for our swimmers. We need to have fair and equitable competition for all our swimmers. To do this we need well-trained officials at all meets. As we develop our meet schedule we need to keep in mind the entire swimming program. Do we need to rethink our meet formats and scheduling?

### **Long Pants or Skirts for Finals at Championship Meets:**

Why do Referees ask for long pants or skirts for finals at championship meets (and in some cases blazers or light blue shirts and ties for Starters, Chief Judges, and Deck Referees)? The answer is simple, we are showing honor for the achievements of our athletes. By wearing long pants or skirts, and in some cases blazers and ties, we are saying that we feel that championship finals are special, not the everyday invitational meet. It's a small thing, but the least we can do for all their hard work.

**Talking with Swimmers at Meets:** To a large extent swimming is like an extended family, and officials know swimmers almost as well as their own children, and vice versa. In some ways meets are like reunions in that we are continually updating one another on our lives. This is one of the highly desirably aspects of swimming. When then does talking with swimmers become a problem? Two recent events point out that conversations can become a problem. The first occurred at the 10 & Under Championships. According to a parent, their daughter swam very well on the first day of the meet with several best times. On the second day of the meet, the swimmer was approached by an official she knew who asked here how she was feeling and told her she looked tired. The swimmer went on to have a bad day, not making the qualifying standard in one event. While the official was acting

out of concern for someone he knew, this points out how a simple statement can affect a swimmer psychologically. The second event occurred at State Games. An official approached a swimmer on the blocks in an 11-12 event and asked when his birthday was and what was his age. He stated that his birthday was a few days prior to the meet, and he was actually 13 on the day in question. She also questioned if he was not therefore swimming in the wrong event. According to his parents, he went on to swim a best time, but not as well as he could have because the official distracted him.

Additionally the swimmer in an adjacent lane overheard the conversation. The second swimmer was upset because he felt he was unfairly competing against an older swimmer. While the official was concerned that swimmer was in the wrong event, she had incomplete information (she didn't know that State Games uses a different age-up date than USA Swimming), and had a conversation where other ears could hear.

Does this mean that we should stop talking with swimmers? Definitely not, just be careful in what you say and where you say it.

## ADAPTIVE SWIMMING

Columbia-Willamette YMCA swim team will be hosting an Adaptive swim clinic at the Metro Family YMCA on September 14<sup>th</sup> from 9 am to 12 pm. Youth between the ages of 6 and 18 with a physical disability are welcome to participate. The clinic will be free. For more information contact Bryan Butcher at 503-294-3366 vm 163. (bbutcher@iGlide.net)

## PRELIMINARY SHORT COURSE TOP 5 LIST

Listed below are athletes achieving short course (25 yards) TOP 5 times from September 2001 thru August 2002. Please review the list carefully. Report corrections to the Oregon Swimming Office, phone 503-297-6027, FAX 503-297-8498, or email [swim@oregonswim.org](mailto:swim@oregonswim.org). Please be prepared to provide the location and date of the meet, the event and the official time. Times from meets outside of Oregon Swimming must be verified by copies of official meet results. At the time of printing not all meet results have been received. (High School Times are not eligible for top 5). Corrections must be received by October 25, 2002. Athletes achieving TOP 5 times will be invited to attend the Awards Ceremony to be held on November 17, 2002. \* = New OSI Record, ! = Top 16 reportable time.

### 8 & u Girls 25 yd Free

OSI Record 13.50*			
Megan McCarroll	8	THSC	14.87
Erin Nobach	8	TDPS	15.20
Amber Parker	8	RAYS	15.40
Kamri Tapani	8	KWSC	15.43
Annette Marinello	8	CAT	15.56

### 8 & u Girls 50 yd Free

OSI Record 29.51 *			
Sharon Rooker	8	FGSC	33.68
Annette Marinello	8	CAT	33.85
Erin Nobach	8	TDPS	34.28
Amber Parker	8	CAT	34.49
Taylor Scroggy	8	LOSC	34.49

### 8 & u Girls 100 yd Free

OSI Record 1:07.34*			
Ali Brauer	8	BEND	1:18.37
Taylor Lakey	8	LOSC	1:18.39
Kamri Tapani	8	KWSC	1:18.47
Annette Marinello	8	CAT	1:19.70
Jessica Patterson	8	KWSC	1:20.87

### 8 & u Girls 25 yd Back

OSI Record 16.91*			
Megan McCarroll	8	THSC	17.33
Kamri Tapani	8	KWSC	17.83
Erin Nobach	8	TDPS	18.35
Erin Bergman	8	MAC	18.45
Ali Brauer	7	BEND	18.50

### 8 & u Girls 50 yd Back

OSI Record 36.34*			
Kamri Tapani	8	KWSC	38.45
Megan McCarroll	8	THSC	38.48
Ali Brauer	8	BEND	38.81
Erin Bergman	8	MAC	39.41
Erin Nobach	8	TDPS	39.61

### 8 & u Girls 25 yd Breast

OSI Record 18.22*			
Megan McCarroll	8	THSC	19.20
Claire Stach	8	TTSC	19.76
Amber Parker	8	RAYS	19.93
Melissa Lund	8	RST	21.00
Erin Nobach	8	TDPS	21.16

### 8 & u Girls 50 yd Breast

OSI Record 39.88*			
Megan McCarroll	8	THSC	42.22
Claire Stach	8	TTSC	45.45
Erin Nobach	8	TDPS	45.85
Ali Brauer	8	BEND	46.63
Amber Parker	8	RAYS	46.87

### 8 & u Girls 25 yd Fly

OSI Record 15.38 *			
Taylor Scroggy	8	LOSC	16.75
Gabe Deen	8	SCAT	17.17
Erin Nobach	8	TDPS	17.24
Annette Marinello	8	CAT	17.25
Kamri Tapani	8	KWSC	17.36

### 8 & u Girls 50 yd Fly

OSI Record 34.28*			
Megan McCarroll	8	THSC	38.10
Sharon Rooker	8	FGSC	40.08
Morgan Nobach	7	TDPS	40.10
Kaitlyn Deckard	8	BEND	41.21
Taylor Scroggy	8	LOSC	41.55

### 8 & u Girls 100 yd IM

OSI Record 1:16.65 *			
Megan McCarroll	8	THSC	1:24.55
Ali Brauer	8	BEND	1:26.14
Sharon Rooker	8	FGSC	1:27.29
Erin Bergman	8	MAC	1:28.39
Kamri Tapani	8	KWSC	1:29.61

### 9-10 Girls 50 yd Free

OSI Record 26.86 * NRT 27.59!			
Jamie Buckley	10	SA	27.97
Carissa Poeschel	10	PRSC	28.77
Johanna Crisman	10	CST	29.26
Mackenzie Luick	10	LOSC	29.43
Lauren Zehner	10	WHAT	29.45

### 9-10 Girls 100 yd Free

OSI Record 57.96* NRT 59.99!			
Jamie Buckley	10	SA	1:00.45
Sloan Storie	10	CAT	1:02.57
Anya Martinez	10	SA	1:03.52
Johanna Crisman	10	CST	1:04.42
Lauren Zehner	10	WHAT	1:04.80

### 9-10 Girls 200 yd Free

OSI Record 2:06.86 * NRT 2:10.29 !			
Jamie Buckley	10	SA	2:14.57
Sloan Storie	10	CAT	2:15.42
Mackenzie Luick	10	LOSC	2:17.89
Larissa Giuliano	10	THSC	2:20.61
Johanna Crisman	10	CST	2:21.36

### 9-10 Girls 50 yd Back

OSI Record 31.74 * NRT 31.69 !			
Kinsey Parker	10	RAYS	32.41
Kaila Lee	10	EY	33.47
Larissa Giuliano	10	THSC	33.57
Kaylin Harder	10	RAC	33.96
Victoria De Negri	10	MAC	34.23

### 9-10 Girls 100 yd Back

OSI Record 1:07.80 * NRT 1:08.09 !			
Victoria De Negri	10	MAC	1:11.71
Larissa Giuliano	10	THSC	1:12.35
Sloan Storie	10	CAT	1:13.02
Kaila Lee	10	EY	1:13.32
Lauren Zehner	10	WHAT	1:14.79

### 9-10 Girls 50 yd Breast

OSI Record 34.67 * NRT 35.39 !			
Brittany Anderson	10	LOSC	35.69
Melissa Ghiglieri	10	RAYS	36.73
Mackenzie Luick	10	LOSC	37.30
Alyssa Martin	10	THSC	37.57
Anya Martinez	10	SA	38.04

**9-10 Girls 100 yd Breast**

OSI Record 1:14.48 * NRT 1:17.69 !
Brittany Anderson 10 LOSC 1:19.21
Melissa Ghiglieri 10 RAYS 1:20.06
Mackenzie Luick 10 LOSC 1:20.16
Victoria De Negri 10 MAC 1:21.82
Meeghan Bergman 10 MAC 1:22.46

**9-10 Girls 50 yd Fly**

OSI Record 28.90* NRT 30.29!
Sloan Storie 10 CAT 31.54
Johanna Crisman 10 CST 31.67
Carissa Poeschel 10 PRSC 31.70
Larissa Giuliano 10 THSC 32.63
Kaylin Harder 10 RAC 32.82

**9-10 Girls 100 yd Fly**

OSI Record 1:04.20* NRT 1:08.19!
Larissa Giuliano 10 THSC 1:09.99
Sloan Storie 10 CAT 1:10.13
Carissa Poeschel 10 PRSC 1:11.14
Johanna Crisman 10 CST 1:11.51
Victoria De Negri 10 MAC 1:13.33

**9-10 Girls 100 yd IM**

OSI Record 1:07.86 * NRT 1:09.09 !
Sloan Storie 10 CAT 1:12.64
Victoria De Negri 10 MAC 1:12.70
Johanna Crisman 10 CST 1:13.18
Carissa Poeschel 10 PRSC 1:13.41
Mackenzie Luick 10 LOSC 1:14.10

**9-10 Girls 200 yd IM**

OSI Record 2:22.91 * NRT 2:27.69 !
Sloan Storie 10 CAT 2:33.73
Victoria De Negri 10 MAC 2:34.47
Mackenzie Luick 10 LOSC 2:34.90
Larissa Giuliano 10 THSC 2:35.50
Brittany Anderson 10 LOSC 2:38.20

**11-12 Girls 50 yd Free**

OSI Record 24.96 * NRT 25.39 !
Alesha Trattner 12 LOSC 25.29!
Falissa Smith 12 TTSC 25.36!
Micaela Boyd 12 EA 25.88
Krystle Haugen 12 SA 26.04
Denise Green 12 SCAT 26.35

**11-12 Girls 100 yd Free**

OSI Record 53.65 * NRT 55.09 !
Alesha Trattner 12 LOSC 54.36!
Falissa Smith 12 TTSC 55.49
Kayley Oka 12 LOSC 55.88
Krystle Haugen 12 SA 56.48
Micaela Boyd 12 EA 56.49

**11-12 Girls 200 yd Free**

OSI Record 1:55.26 * NRT 1:58.79 !
Kayley Oka 12 LOSC 2:00.69
Falissa Smith 12 TTSC 2:00.75
Alesha Trattner 12 LOSC 2:02.34
Maggie Alexander 11 TTSC 2:02.68
Krystle Haugen 12 SA 2:04.07

**11-12 Girls 500 yd Free**

OSI Record 5:04.90 * NRT 5:15.89 !
Maggie Alexander 11 TTSC 5:25.21
Krystle Haugen 12 SA 5:25.83
Amber Wahlstrom 12 LOSC 5:29.21
Hannah Points 11 TTSC 5:31.26
Alesha Trattner 12 LOSC 5:33.63

**11-12 Girls 1000 yd Free**

OSI Record 11:48.54 * NRT 11:21.29 !
Jaime Fordyce 12 LOSC 11:48.54*

**11-12 Girls 1650 yd Free**

OSI Record 19:24.35 * NRT 18:56.19 !
Kayley Oka 12 LOSC 19:24.35*
Jaime Fordyce 12 LOSC 20:05.98

**11-12 Girls 50 yd Back**

OSI Record 28.55 * NRT 28.99 !
Denise Green 12 SCAT 29.18
Micaela Boyd 12 EA 29.25
Ellen Bradley 12 TTSC 29.27
Falissa Smith 12 TTSC 30.14
Natalie Walker 12 THSC 30.30

**11-12 Girls 100 yd Back**

OSI Record 1:00.53 * NRT 1:01.69 !
Ellen Bradley 12 TTSC 1:01.57!
Micaela Boyd 12 EA 1:03.18
Denise Green 12 SCAT 1:03.37
Jordan King 11 THSC 1:04.12
Natalie Walker 12 THSC 1:05.33

**11-12 Girls 200 yd Back**

OSI Record 2:19.48 * NRT 2:20.19 !
Ellen Bradley 12 TTSC 2:19.48!*
Jordan King 11 THSC 2:20.97
Michelle Needham 12 THSC 2:21.52
Denise Green 12 SCAT 2:22.49
Jaime Fordyce 12 LOSC 2:24.12

**11-12 Girls 50 yd Breast**

OSI Record 31.67 * NRT 32.29 !
Ellen Bradley 12 TTSC 31.80
Rachel Lee 12 CAT 32.65
Erin Kilroy 12 THSC 32.97
Elica Sharifnia 12 THSC 33.14
Natasha Mangan 12 SAC 33.60

**11-12 Girls 100 yd Breast**

OSI Record 1:07.36 * NRT 1:09.29 !
Ellen Bradley 12 TTSC 1:06.85!*
Rachel Lee 12 CAT 1:10.42
Erin Kilroy 12 THSC 1:12.38
Natasha Mangan 12 SAC 1:12.62
Kayley Oka 12 LOSC 1:12.75

**11-12 Girls 200 yd Breast**

OSI Record 2:27.54 * NRT 2:37.49 !
Ellen Bradley 12 TTSC 2:27.54!
Rachel Lee 12 CAT 2:33.37!
Hannah Points 11 TTSC 2:37.37!
Erin Kilroy 12 THSC 2:40.39
Jordan King 11 THSC 2:42.18

**11-12 Girls 50 yd Fly**

OSI Record 27.35 * NRT 27.69 !
Falissa Smith 12 TTSC 27.37!
Jordan King 11 THSC 27.41!
Micaela Boyd 12 EA 28.06
Kayley Oka 12 LOSC 28.23
Kristy Adams 12 DDSC 28.93

**11-12 Girls 100 yd Fly**

OSI Record 1:00.21 * NRT 1:01.19 !
Jordan King 11 THSC 1:00.62!
Kayley Oka 12 LOSC 1:01.25
Falissa Smith 12 TTSC 1:01.55
Kristy Adams 12 DDSC 1:03.38
Rachel Lee 12 CAT 1:05.47

**11-12 Girls 200 yd Fly**

OSI Record 2:16.68 * NRT 2:19.29 !
Jordan King 11 THSC 2:16.68!*
Rachel Lee 12 CAT 2:21.61
Kristy Adams 12 DDSC 2:29.90
Jackie Leung 12 MHST 2:30.29
Hannah Points 12 TTSC 2:32.46

**11-12 Girls 100 yd IM**

OSI Record 1:01.75 * NRT 1:02.89 !
Ellen Bradley 12 TTSC 1:01.12!*
Jordan King 11 THSC 1:03.30
Kayley Oka 12 LOSC 1:03.71
Erin Kilroy 12 THSC 1:05.10
Micaela Boyd 12 EA 1:06.00

**11-12 Girls 200 yd IM**

OSI Record 2:11.99 * NRT 2:14.99 !
Ellen Bradley 12 TTSC 2:13.77!
Kayley Oka 12 LOSC 2:15.16
Jordan King 11 THSC 2:17.93
Hannah Points 12 TTSC 2:20.67
Rachel Lee 12 CAT 2:21.64

**11-12 Girls 400 yd IM**

OSI Record 4:54.06 * NRT 4:59.99 !
Jordan King 11 THSC 4:54.06*!
Anna Humphrey 12 DDSC 5:11.50
Michelle Needham 11 THSC 5:14.29
Jenny Hertzberg 12 CB 5:15.02
Kristy Adams 12 DDSC 5:16.82

**13-14 Girls 50 yd Free**

OSI Record 24.05 * NRT 24.39 !
Morgan Scroggy 13 LOSC 24.62
Amanda Neubig 14 MSC 24.74
Susan Lou 14 THSC 24.75
Kim Jasmer 14 SCAT 24.77
Sarah Fausel 14 THSC 25.12

**13-14 Girls 100 yd Free**

OSI Record 50.72 * NRT 52.79 !
Morgan Scroggy 13 LOSC 52.27!
Kim Jasmer 14 SCAT 53.43
Kara Nelson 14 THSC 53.61
Susan Lou 14 THSC 53.72
Sarah Fausel 14 THSC 53.83

**13-14 Women 200 yd Free**

OSI Record 1:49.71 * NRT 1:53.89 !
Morgan Scroggy 13 LOSC 1:50.93!
Kim Jasmer 14 SCAT 1:53.50!
Kara Nelson 14 THSC 1:55.01
Sarah Fausel 14 THSC 1:55.66
R Alexander 14 TTSC 1:56.93

**13-14 Girls 500 yd Free**

OSI Record 4:50.02 * NRT 5:00.09 !
Morgan Scroggy 13 LOSC 4:57.50!
Sarah Fausel 14 THSC 5:02.23
Kim Jasmer 14 SCAT 5:04.52
Ginny Connell 14 MAC 5:09.65
Sam McCracken 14 THSC 5:13.76

**13-14 Girls 1000 yd Free**

OSI Record 10:06.19 * NRT 10:15.49 !
Morgan Scroggy 13 LOSC 10:25.50
Sarah Fausel 14 THSC 10:31.51
Kelly Becker 14 TTSC 10:45.16
Sam McCracken 14 THSC 10:45.45
Ginny Connell 14 MAC 10:48.21

**13-14 Girls 1650 yd Free**

OSI Record 16:47.88 * NRT 17:14.19 !
Morgan Scroggy 13 LOSC 17:19.35
Sarah Fausel 14 THSC 17:23.05
Kim Jasmer 14 SCAT 17:28.17
Kelly Becker 14 TTSC 17:41.46
Sam McCracken 14 THSC 17:50.75

**13-14 Girls 100 yd Back**

OSI Record 57.44 * NRT 58.99 !
Lindsey King 13 THSC 59.07
Beth Gunderson 13 MAC 59.15
R Alexander 14 TTSC 1:00.79
K Thompson 14 RST 1:08.91
Morgan Scroggy 13 LOSC 1:01.51

**13-14 Girls 200 yd Back**

OSI Record 2:02.32 * NRT 2:06.89 !
Lindsey King 13 THSC 2:05.85!
Beth Gunderson 13 MAC 2:06.07!
Morgan Scroggy 13 LOSC 2:07.42
K Thompson 14 RST 2:08.14
Sarah Fausel 14 THSC 2:11.60

**13-14 Girls 100 yd Breast**

OSI Record 1:02.43 * NRT 1:06.09 !
Signe Larson 14 MAC 1:05.03!
Jessica Embick 14 PPST 1:07.13
Renee' Rother 14 OCST 1:07.85
Junyi Xie 14 THSC 1:08.01
Libby Brooks 14 OCST 1:08.90

**13-14 Girls 200 yd Breast**

OSI Record 2:16.16 * NRT 2:22.39 !
Signe Larson 14 MAC 2:20.77!
Libby Brooks 14 OCST 2:25.84
Renee' Rother 14 OCST 2:27.23
Jessica Embick 14 PPST 2:29.31
Junyi Xie 14 THSC 2:29.44

**13-14 Girls 100 yd Fly**

OSI Record 56.28 * NRT 58.39 !
Kara Nelson 14 THSC 56.25!*
Morgan Scroggy 13 LOSC 58.65
Sarah Boam 14 EA 1:00.06
R Alexander 14 TTSC 1:00.33
Susan Lou 14 THSC 1:00.48

**13-14 Girls 200 yd Fly**

OSI Record 2:05.16 * NRT 2:07.39 !
Kara Nelson 14 THSC 2:04.78*!
Morgan Scroggy 13 LOSC 2:09.08
Sarah Fausel 14 THSC 2:12.80
Sarah Boam 14 EA 2:13.30
Sam McCracken 14 THSC 2:13.84

**13-14 Girls 200 yd IM**

OSI Record 2:04.06 * NRT 2:08.59 !
Morgan Scroggy 13 LOSC 2:09.06
Katie Peterson 14 MHST 2:11.14
Libby Brooks 13 OCST 2:12.56
Lindsey King 13 THSC 2:13.04
Sam McCracken 14 THSC 2:13.38

**13-14 Girls 400 yd IM**

OSI Record 4:23.80 * NRT 4:30.19 !
Morgan Scroggy 13 LOSC 4:33.67
Beth Gunderson 13 MAC 4:37.24
Sarah Boam 14 EA 4:38.26
Katie Peterson 14 MHST 4:38.76
K Thompson 14 RST 4:39.05

**15-16 Women 50 yd Free**

OSI Record 23.50 * NRT 24.09 !
Anne Liggett 15 THSC 23.91!
Adriana Quirke 16 ECSC 24.41
Casey Bradshaw 15 MSC 24.73
Briana Willia 15 NST 24.76
Heather Jones 16 MAC 25.05

**15-16 Women 100 yd Free**

OSI Record 51.05 \* NRT 51.89 !  
 Anne Liggett 15 THSC 51.33!  
 Majanke Miller 16 THSC 51.71!  
 Jenni Stratton 15 DDSC 52.32  
 Haley Koss 16 MAC 52.36  
 Adriana Quirke 16 ECSC 52.48

**15-16 Women 200 yd Free**

OSI Record 1:49.26 \* NRT 1:51.29 !  
 Anne Liggett 15 THSC 1:51.67  
 Julie McCauley 16 LOSC 1:52.67  
 Adriana Quirke 16 ECSC 1:53.07  
 Emily Wilson 16 LOSC 1:53.39  
 Jenni Stratton 15 DDSC 1:53.40

**15-16 Women 500 yd Free**

OSI Record 4:49.07 \* NRT 4:56.89 !  
 Emily Wilson 16 LOSC 4:56.24!  
 Caitlin Summers 15 THSC 4:58.59  
 Jane Kestner 16 MAC 4:58.63  
 Adriana Quirke 16 ECSC 5:00.14  
 Mary Sherman 15 TTSC 5:01.57

**15-16 Women 1000 yd Free**

OSI Record 9:53.24 \* NRT 10:09.99 !  
 Jane Kestner 16 MAC 10:21.19  
 Mary Sherman 16 TTSC 10:22.13  
 Ginny Connell 15 MAC 10:31.07  
 Katie Crim 15 TTSC 10:44.67  
 Rozie Janik 15 THSC 10:48.44

**15-16 Women 1650 yd Free**

OSI Record 16:42.66 \* NRT 16:59.19 !  
 Emily Wilson 16 LOSC 17:10.55  
 Mary Sherman 16 TTSC 17:18.19  
 Adriana Quirke 16 ECSC 17:31.65  
 Ginny Connell 15 MAC 17:50.49  
 Katie Crim 15 TTSC 17:59.93

**15-16 Women 100 yd Back**

OSI Record 55.81 \* NRT 57.59 !  
 Mary Patterson 15 THSC 58.09  
 Adriana Quirke 16 ECSC 58.35  
 Caitlyn Shortt 15 MHST 58.68  
 Alison Davis 15 MAC 59.67  
 Keli Sproat 16 THSC 59.45

**15-16 Women 200 yd Back**

OSI Record 1:59.83 \* NRT 2:03.89 !  
 Kathryn Thompson 15 RST 2:05.34  
 Mary Patterson 15 THSC 2:05.70  
 Emily Wilson 16 LOSC 2:06.60  
 Caitlin Summers 15 THSC 2:07.79  
 Adriana Quirke 16 ECSC 2:08.71

**15-16 Women 100 yd Breast**

OSI Record 1:03.23 \* NRT 1:05.39 !  
 Genna Patterson 15 THSC 1:01.81!  
 Felicia Casteneda 15 MHST 1:03.35!  
 Caitlyn Shortt 15 MHST 1:04.46!  
 Jenni Stratton 15 DDSC 1:05.16!  
 Chelsea Hahn 16 THSC 1:07.23

**15-16 Women 200 yd Breast**

OSI Record 2:17.13 \* NRT 2:21.19 !  
 Genna Patterson 15 THSC 2:13.32!  
 Jenni Stratton 15 DDSC 2:17.88!  
 Caitlyn Shortt 15 MHST 2:18.20!  
 Felicia Casteneda 15 MHST 2:19.49!  
 Chelsea Hahn 16 THSC 2:23.53

**15-16 Women 100 yd Fly**

OSI Record 54.56 \* NRT 57.29 !  
 Chelsea Hahn 16 THSC 57.59  
 Julie McCauley 16 LOSC 57.83  
 Kelli Sproat 16 THSC 58.33  
 Adriana Quirke 16 ECSC 58.47  
 Anne Liggett 15 THSC 59.54

**15-16 Women 200 yd Fly**

OSI Record 2:01.83 \* NRT 2:04.79 !  
 Chelsea Hahn 16 THSC 2:03.87!  
 Julie McCauley 16 LOSC 2:06.32  
 Caitlin Summers 15 THSC 2:06.93  
 Mary Sherman 16 THSC 2:08.78  
 Mary Sherman 15 TTSC 2:10.82

**15-16 Women 200 yd IM**

OSI Record 2:04.07 \* NRT 2:06.19 !  
 Genna Patterson 15 THSC 2:02.62!  
 Jenni Stratton 16 DDSC 2:05.52!  
 Caitlin Summers 15 THSC 2:07.14  
 Adriana Quirke 16 ECSC 2:07.28  
 Caitlyn Shortt 15 MHST 2:07.62

**15-16 Women 400 yd IM**

OSI Record 4:20.05 \* NRT 4:25.69 !  
 Caitlin Summers 15 THSC 4:23.27!  
 Jenni Stratton 16 DDSC 4:24.22!  
 Genna Patterson 15 THSC 4:28.13  
 Caitlyn Shortt 15 MHST 4:34.15  
 Adriana Quirke 16 ECSC 4:34.17

**17-18 Women 50 yd Free**

OSI Record 23.15 \* NRT 23.99 !  
 Kristen Kilroy 17 THSC 23.72!  
 Majanke Miller 17 THSC 23.99!  
 Anna Grant 17 VSC 24.33  
 Liya Liu 17 MHST 24.45  
 Sarah Nicholson 17 LOSC 24.98

**17-18 Women 100 yd Free**

OSI Record 50.13 \* NRT 51.29 !  
 Kristen Kilroy 17 THSC 51.45  
 Majanke Miller 17 THSC 51.63  
 Liya Liu 17 MHST 51.71  
 Anna Grant 17 VSC 51.81  
 Michelle Mosier 18 BEND 52.50

**17-18 Women 200 yd Free**

OSI Record 1:47.96 \* NRT 1:51.09 !  
 Anna Grant 17 VSC 1:51.37  
 Emily Wilson 17 LOSC 1:51.42  
 Majanke Miller 17 THSC 1:51.47  
 Liya Liu 17 MHST 1:52.06  
 Danielle Erickson 17 THSC 1:53.41

**17-18 Women 500 yd Free**

OSI Record 4:46.53 \* NRT 4:56.59 !  
 Emily Wilson 17 LOSC 4:52.85!  
 Majanke Miller 17 THSC 5:00.12  
 Anna Grant 17 VSC 5:03.91  
 Danielle Kinney 17 MHST 5:05.52  
 Liya Liu 17 MHST 5:06.20

**17-18 Women 1000 yd Free**

OSI Record 10:00.04 \* NRT 10:08.89 !  
 Emily Wilson 17 LOSC 10:06.40!  
 Danielle Kinney 17 MHST 10:26.41  
 Lauren Clark 17 CAT 10:36.59  
 Christina Kinney 17 MHST 10:38.21  
 Liya Liu 17 MHST 10:38.48

**17-18 Women 1650 yd Free**

OSI Record 16:31.82 \* NRT 16:55.99 !  
 Emily Wilson 17 LOSC 16:48.76!  
 Lauren Clark 17 CAT 17:28.07  
 Danielle Kinney 17 MHST 17:34.46  
 Nan Janik 17 THSC 17:42.41  
 Liya Liu 17 MHST 17:52.82

**17-18 Women 100 yd Back**

OSI Record 55.18 \* NRT 59.99 !  
 anielle Erickson 17 THSC 56.68!  
 Anna Grant 17 VSC 57.52!  
 Liya Liu 17 MHST 57.62!  
 Emily Wilson 17 LOSC 59.25!  
 Sarah Nicholson 17 LOSC 1:00.20

**17-18 Women 200 yd Back**

OSI Record 1:58.14 \* NRT 2:03.09 !  
 Danielle Erickson 17 THSC 2:02.81!  
 Emily Wilson 17 LOSC 2:04.35  
 Anna Grant 17 VSC 2:05.37  
 Lauren Clark 17 CAT 2:06.35  
 Liya Liu 17 MHST 2:07.54

**17-18 Women 100 yd Breast**

OSI Record 1:03.45 \* NRT 1:04.99 !  
 Sierra Lewis 17 BEND 1:03.76!  
 Elsa Larson 18 MAC 1:06.51  
 Lauren Clark 17 CAT 1:08.06  
 Christina Stratton 17 CAT 1:08.17  
 Elise Roberts 17 SAC 1:08.35

**17-18 Women 200 yd Breast**

OSI Record 2:15.94 \* NRT 2:20.99 !  
 Elsa Larson 18 MAC 2:19.08!  
 Lauren Clark 17 CAT 2:22.96  
 Sierra Lewis 17 BEND 2:23.09  
 Elise Roberts 17 SAC 2:29.33  
 Kate Fuller 17 THSC 2:29.64

**17-18 Women 100 yd Fly**

OSI Record 55.27 \* NRT 56.99 !  
 Kristen Kilroy 17 THSC 54.41\*  
 Christina Kinney 17 MHST 57.06  
 Liya Liu 17 MHST 57.39  
 Majanke Miller 17 THSC 57.67  
 Anna Grant 17 VSC 58.19

**17-18 Women 200 yd Fly**

OSI Record 2:03.07 \* NRT 2:03.89 !  
 Kristen Kilroy 17 THSC 2:00.07\*!  
 Christina Kinney 17 MHST 2:05.58  
 Majanke Miller 17 THSC 2:07.18  
 Sierra Lewis 17 BEND 2:11.89  
 Nan Janik 17 THSC 2:11.94

**17-18 Women 200 yd IM**

OSI Record 2:02.14 \* NRT 2:05.29 !  
 Lauren Clark 17 CAT 2:05.07!  
 Anna Grant 17 VSC 2:06.86  
 Sierra Lewis 17 BEND 2:08.29  
 Christina Kinney 17 MHST 2:08.94  
 Kristen Kilroy 17 THSC 2:09.96

**17-18 Women 400 yd IM**

OSI Record 4:16.20 \* NRT 4:24.59 !  
 Christina Kinney 17 MHST 4:29.31  
 Lauren Clark 17 CAT 4:30.46  
 Emily Wilson 17 LOSC 4:33.23  
 Sierra Lewis 17 BEND 4:33.45  
 Elsa Larson 18 MAC 4:38.56

**8 & under Boys 25 yd Free**

OSI Record 13.16 \*  
 Kyle Wicks 8 WBST 14.45  
 Gabriel Rooker 8 FGSC 14.99  
 Michael Wood 8 BEND 15.10  
 Austin Lepley 8 HEAT 15.55  
 Connor McDonald 8 THSC 15.69

**8 & under Boys 50 yd Free OSI**

Record 29.81 \*  
 Kyle Wicks 8 WBST 31.63  
 Gabriel Rooker 8 FGSC 34.00  
 Connor McDonald 8 THSC 34.31  
 Doug North 8 BASN 34.38  
 Aaron Ghiglieri 8 RAYS 34.79

**8 & under Boys 100 yd Free**

OSI Record 1:05.21 \*  
 Doug North 8 BASN 1:12.64  
 Kyle Wicks 8 WBST 1:14.82  
 Connor McDonald 8 THSC 1:17.84  
 Aaron Ghiglieri 8 RAYS 1:18.69  
 Michael Wood 8 BEND 1:19.16

**8 & under Boys 25 yd Back**

OSI Record 16.08 \*  
 Kyle Wicks 8 WBST 17.73  
 Jacob Pebley 8 AAA 18.40  
 Garrett Swafford 8 SCAT 18.53  
 Tame Latu 8 EY 18.62  
 Connor McDonald 8 THSC 18.68

**8 & under Boys 50 yd Back**

OSI Record 34.20 \*  
 Kyle Wicks 8 WBST 37.47  
 Jacob Pebley 8 AAA 39.72  
 Connor McDonald 8 THSC 40.44  
 Carson Brindle 8 CWY 40.47  
 Tame Latu 8 EY 41.57

**8 & under Boys 25 yd Breast**

OSI Record 17.95 \*  
 Kyle Wicks 8 WBST 18.62  
 Austin Lepley 8 HEAT 20.62  
 Gabriel Rooker 8 FGSC 21.06  
 Kai Stufflebean 8 SCAT 21.43  
 Alex Byers 8 HEAT 21.53

**8 & under Boys 50 yd Breast**

OSI Record 38.81 \*  
 Kyle Wicks 8 WBST 41.70  
 Tom Graves 8 LCSC 46.54  
 Gabriel Rooker 7 FGSC 47.28  
 Neil O'Halloran 8 THSC 47.41  
 Alex Byers 8 HEAT 47.44

**8 & under Boys 25 yd Fly**

OSI Record 14.72 \*  
 Gabriel Rooker 8 FGSC 17.17  
 Neil O'Halloran 8 THSC 17.21  
 Kyle Wicks 8 WBST 17.78  
 Kai Stufflebean 8 SCAT 18.25  
 Jacob Pebley 8 SCAT 18.49

**8 & under Boys 50 yd Fly**

OSI Record 32.96 \*  
 Neil O'Halloran 8 THSC 39.09  
 Connor McDonald 8 THSC 40.68  
 Kai Stufflebean 8 SCAT 40.85  
 Austin Lepley 8 HEAT 41.51  
 Tim Casey 8 RRSC 41.74

**8 & under Boys 100 yd IM**

OSI Record 1:17.24 *		
Kyle Wicks	8	WBST 1:24.68
Jacob Pebley	8	AAA 1:27.41
Neil O'Halloran	8	THSC 1:28.74
Tom Graves	8	LCSC 1:29.19
Connor McDonald	8	THSC 1:29.59

**9-10 Boys 50 yd Free**

OSI Record 26.29 *	NRT 27.49 !	
Connor McCarroll	10	THSC 27.35!
Jonathan Rooker	10	FGSC 28.58
James Gilmore	10	SA 28.78
Kenny Marsh	10	PPST 28.92
Jordan Anderson	10	CST 29.23

**9-10 Boys 100 yd Free**

OSI Record 57.01 *	NRT 59.89 !	
Connor McCarroll	10	THSC 59.35!
Jayce Calhoun	10	CAT 1:03.32
Jonathan Rooker	10	FGSC 1:03.59
Austin Arguello	10	THSC 1:04.54
Kenny Marsh	10	PPST 1:05.40

**9-10 Boys 200 yd Free**

OSI Record 2:02.24 *	NRT 2:10.19 !	
Connor McCarroll	10	THSC 2:05.14!
Jayce Calhoun	10	CAT 2:16.11
Brendan Liu	10	LOSC 2:19.14
Jonathan Rooker	10	FGSC 2:20.35
Corey Williams	10	RST 2:21.29

**9-10 Boys 50 yd Back**

OSI Record 29.65 *	NRT 31.99 !	
Connor McCarroll	10	THSC 30.26!
Jayce Calhoun	10	CAT 32.53
Nathan Krettler	9	CB 32.68
Sam Rowan	10	ECSC 33.00
Brian Stocks	10	THSC 33.89

**9-10 Boys 100 yd Back**

OSI Record 1:05.45 *	NRT 1:08.29 !	
Connor McCarroll	10	THSC 1:04.96!*
Jayce Calhoun	10	CAT 1:08.35
Sam Rowan	10	ECSC 1:11.68
Brendan Liu	10	LOSC 1:12.14
Aaron Bishow	10	EY 1:12.90

**9-10 Boys 50 yd Breast**

OSI Record 33.01 *	NRT 35.59 !	
Corey Williams	10	RST 36.18
Peter Parisi	10	MAC 36.91
Erik Myers	10	HEAT 37.89
Connor McCarroll	10	THSC 38.15
Jonathan Rooker	10	FGSC 40.10

**9-10 Boys 100 yd Breast**

OSI Record 1:13.61 *	NRT 1:17.99 !	
Corey Williams	10	RST 1:17.89!
Jayce Calhoun	10	CAT 1:20.58
Peter Parisi	10	MAC 1:20.88
Austin Ringquist	10	HEAT 1:25.87
Matthew Haynes	10	EY 1:26.16

**9-10 Boys 50 yd Fly**

OSI Record 29.07 *	NRT 30.39 !	
Connor McCarroll	10	THSC 29.26!
Peter Parisi	10	MAC 29.70!
Jonathan Rooker	10	FGSC 32.59
James Gilmore	10	SA 32.75
Brian Stocks	10	THSC 32.83

**9-10 Boys 100 yd Fly**

OSI Record 1:04.20 *	NRT 1:07.69 !	
Connor McCarroll	10	THSC 1:05.05!
Peter Parisi	10	MAC 1:05.64!
Dana Emerson	10	PPST 1:13.39
Austin Arguello	10	THSC 1:13.52
Jayce Calhoun	10	CAT 1:13.61

**9-10 Boys 100 yd IM**

OSI Record 1:05.90 *	NRT 1:09.09 !	
Connor McCarroll	10	THSC 1:08.63!
Jayce Calhoun	10	CAT 1:10.56
Peter Parisi	10	MAC 1:10.95
Corey Williams	10	RST 1:11.81
Jonathan Rooker	10	FGSC 1:13.69

**9-10 Boys 200 yd IM**

OSI Record 2:21.50 *	NRT 2:27.69 !	
Connor McCarroll	10	THSC 2:26.43!
Jayce Calhoun	10	CAT 2:28.77
Corey Williams	10	RST 2:31.83
Peter Parisi	10	MAC 2:33.09
Jonathan Rooker	10	FGSC 2:37.77

**11-12 Boys 50 yd Free**

OSI Record 23.92 *	NRT 24.49 !	
Danny Recordon	12	LOSC 24.59
Jason Lou	11	THSC 24.90
Jared Maricle	12	MHST 24.91
John Gotti	12	MSC 25.13
Michael Mpitsos	12	NST 25.16

**11-12 Boys 100 yd Free**

OSI Record 51.88 *	NRT 53.29 !	
Jared Maricle	12	MHST 53.82
Jason Lou	11	THSC 54.65
Danny Recordon	12	LOSC 54.92
Matthew Blasa	12	THSC 54.97
Logan Storie	12	CAT 54.97

**11-12 Boys 200 yd Free**

OSI Record 1:51.59 *	NRT 1:55.99 !	
Jared Maricle	12	MHST 1:56.48
Logan Storie	12	CAT 1:57.89
Matthew Blasa	12	THSC 1:59.73
Jason Lou	11	THSC 2:01.27
Andy Viglione	12	THSC 2:01.63

**11-12 Boys 500 yd Free**

OSI Record 4:55.25 *	NRT 5:10.49 !	
Logan Storie	12	CAT 5:08.65!
Jared Maricle	12	MHST 5:16.59
Danny Recordon	12	LOSC 5:24.53
Andy Viglione	12	THSC 5:27.13
Brett Nagle	11	PRSC 5:28.70

**11-12 Boys 1000 yd Free**

OSI Record 10:36.77 *	NRT 11:00.29 !	
Logan Storie	12	CAT 10:36.77*!

**11-12 Boys 1650 yd Free**

OSI Record 17:35.28 *	NRT 18:26.19 !	
Logan Storie	12	CAT 17:35.28*!
Will Gordon	12	OCST 18:28.20
Eric Lagerstrom	12	MHST 19:56.18

**11-12 Boys 50 yd Back**

OSI Record 27.15 *	NRT 28.39 !	
Andy Viglione	12	THSC 27.96!
Michael Mpitsos	12	NST 28.44
Jared Maricle	12	MHST 29.55
Justin Krettler	12	CB 29.62
Eric Saylor	12	RST 29.84

**11-12 Boys 100 yd Back**

OSI Record 57.43 *	NRT 1:00.69 !	
Andy Viglione	12	THSC 59.35!
Michael Mpitsos	12	NST 1:01.81
Logan Storie	12	CAT 1:01.85
Justin Krettler	12	CB 1:02.22
Jared Maricle	12	MHST 1:02.66

**11-12 Boys 200 yd Back**

OSI Record 2:06.77 *	NRT 2:10.09 !	
Jared Maricle	12	MHST 2:06.77!
Andy Viglione	12	THSC 2:09.92!
Logan Storie	12	CAT 2:13.04
Justin Krettler	12	CB 2:17.33
Jason Lou	11	LOSC 2:20.70

**11-12 Boys 50 yd Breast**

OSI Record 29.79 *	NRT 31.19 !	
John Gotti	12	MSC 32.54
James Hanson	12	MHST 32.94
Brandan Mantei	12	CB 33.53
Ben Leiber	12	DDSC 33.73
Joe Madden	12	BEND 33.79

**11-12 Boys 100 yd Breast**

OSI Record 1:03.92 *	NRT 1:08.09 !	
James Hanson	12	MHST 1:10.28
Andy Ottolia	11	WBST 1:12.02
Brandan Mantei	12	CB 1:12.19
Sho Kosugi	12	MHST 1:13.05
Sean Sweet	12	SAC 1:14.26

**11-12 Boys 200 yd Breast**

OSI Record 2:34.95 *	NRT 2:26.29 !	
Brandan Mantei	12	CB 2:34.95!*
Sho Kosugi	12	MHST 2:41.29
Sean Sweet	12	SAC 2:42.04
Gary Roberson	12	THSC 2:43.91

**11-12 Boys 50 yd Fly**

OSI Record 26.05 *	NRT 26.99 !	
Michael Mpitsos	12	NST 26.33!
Jason Lou	12	THSC 27.12
Matthew Blasa	12	THSC 27.82
David Scherer	11	SCAT 28.04
Quincy Lee	12	MAC 28.92

**11-12 Boys 100 yd Fly**

OSI Record 57.11 *	NRT 59.79 !	
Michael Mpitsos	12	NST 59.98
Jason Lou	12	THSC 1:01.20
Jared Maricle	12	MHST 1:02.76
Brett Nagle	11	PRSC 1:04.33
Kyle Carpenter	12	MAC 1:04.50

**11-12 Boys 200 yd Fly**

OSI Record 2:14.48 *	NRT 2:13.89 !	
Jared Maricle	12	MHST 2:14.48
Justin Krettler	12	CB 2:17.86
Brett Nagle	11	PRSC 2:20.98
Jason Lou	12	THSC 2:30.91
Tristan Briggs	12	HEAT 2:34.21

**11-12 Boys 100 yd IM**

OSI Record 58.53 *	NRT 1:01.09 !	
Michael Mpitsos	12	NST 1:03.06
James Hanson	12	MHST 1:04.25
Danny Recordon	12	LOSC 1:04.53
Logan Storie	12	CAT 1:04.93
Jason Lou	12	THSC 1:05.09

**11-12 Boys 200 yd IM**

OSI Record 2:05.55 *	NRT 2:11.59 !	
Logan Storie	12	CAT 2:15.76
Jared Maricle	12	MHST 2:16.77
Michael Mpitsos	12	NST 2:18.72
Brandon Lei	12	LOSC 2:19.41
Justin Krettler	12	CB 2:20.31

**11-12 Boys 400 yd IM**

OSI Record 4:44.61 *	NRT 4:59.99 !	
Logan Storie	12	CAT 4:44.61!*
Gary Roberson	12	THSC 5:04.25
Andy Viglione	12	THSC 5:06.83
Will Gordon	12	OCST 5:11.99
Matthew Blasa	12	THSC 5:14.87

**13-14 Boys 50 yd Free**

OSI Record 22.05 *	NRT 22.69 !	
Austan Mason	14	MHST 22.62!
Kyle Maese	13	MHST 22.75
David Vaschenko	14	WBST 23.35
Nolan Morrell	14	BEND 23.53
John Huynh	14	HEAT 23.54

**13-14 Boys 100 yd Free**

OSI Record 48.07 *	NRT 48.99 !	
Austan Mason	14	MHST 49.00
Nolan Morrell	14	BEND 49.34
Garth Summers	13	THSC 50.32
David Vaschenko	14	WBST 50.48
Kyle Maese	13	MHST 50.94

**13-14 Boys 200 yd Free**

OSI Record 1:44.27 *	NRT 1:46.89 !	
Nolan Morrell	14	BEND 1:46.37!
Kyle Maese	13	MHST 1:48.45
Austan Mason	14	MHST 1:49.70
Garth Summers	13	THSC 1:49.38
Sam Peterson	14	MHST 1:50.23

**13-14 Boys 500 yd Free**

OSI Record 4:38.25 *	NRT 4:46.99 !	
Nolan Morrell	14	BEND 4:49.50
Sam Busby	14	THSC 4:51.49
Kyle Maese	13	MHST 4:52.34
Sam Peterson	14	MHST 4:52.44
Garth Summers	13	THSC 4:56.19

**13-14 Boys 1000 yd Free**

OSI Record 9:33.05 *	NRT 9:55.39 !	
Sam Busby	14	THSC 9:56.02
Sam Peterson	14	MHST 9:56.99
Justin Heath	14	SA 10:43.79
Jackson Kowalski	13	SAC 10:46.36
Blaine Kisler	14	CAT 10:51.16

**13-14 Boys 1650 yd Free**

OSI Record 15:47.71 *	NRT 16:36.39 !	
Sam Busby	14	THSC 16:33.94!
Sam Peterson	14	MHST 16:38.12
Nolan Morrell	14	BEND 16:39.31
Daniel Nyaradi	13	BEND 17:00.10
Andrew Rothrock	14	THSC 17:12.22

**13-14 Boys 100 yd Back**

OSI Record 53.34 *	NRT 55.09 !	
Blaine Kisler	14	CAT 55.61
Nolan Morrell	14	BEND 56.22
Andrew Rothrock	14	THSC 56.79
Kyle Maese	13	MHST 57.52
Ian Boyd	14	EA 57.88

**13-14 Boys 200 yd Back**

OSI Record 1:54.81 * NRT 2:02.09 !
Andrew Rothrock14 THSC 1:59.77!
Blaine Kisler 14 CAT 1:59.79!
Jacob Keil 13 CB 2:06.00
Jared Maricle 13 MHST 2:07.33
Ian Boyd 14 EA 2:08.30

**13-14 Boys 100 yd Breast**

OSI Record 59.30 * NRT 1:01.19 !
Ricky Rogers 13 CST 1:03.91
Christian Breeden14 EA 1:04.30
Austan Mason 14 MHST 1:04.97
Alex Larkin 14 BEND 1:05.07
David Reynolds 13 MAC 1:05.64

**13-14 Boys 200 yd Breast**

OSI Record 2:07.49 * NRT 2:12.99 !
David Reynolds 13 MAC 2:20.73
Ricky Rogers 13 CST 2:20.91
Alex Larkin 14 BEND 2:22.16
Daniel Nyaradi 14 BEND 2:22.38
Christian Breeden14 EA 2:22.55

**13-14 Boys 100 yd Fly**

OSI Record 52.34 * NRT 54.09 !
Garth Summers 13 THSC 53.74!
Kyle Maese 13 MHST 55.11
Albert Cho 14 HEAT 55.38
Austan Mason 14 MHST 55.72
Blaine Kisler 14 CAT 55.85

**13-14 Boys 200 yd Fly**

OSI Record 1:53.12 * NRT 2:00.29 !
Garth Summers 13 THSC 1:58.56!
Albert Cho 14 HEAT 1:59.24!
Nolan Morrell 14 BEND 2:01.52
Blaine Kisler 14 CAT 2:02.55
Andrew Rothrock14 THSC 2:04.96

**13-14 Boys 200 yd IM**

OSI Record 1:54.65 * NRT 2:00.69 !
Nolan Morrell 14 BEND 2:00.64!
Garth Summers 13 THSC 2:01.39
Sam Busby 14 THSC 2:05.56
Blaine Kisler 14 CAT 2:05.76
Daniel Nyaradi 14 BEND 2:06.02

**13-14 Boys 400 yd IM**

OSI Record 4:03.18 * NRT 4:16.49 !
Nolan Morrell 14 BEND 4:15.71!
Garth Summers 13 THSC 4:19.07
Sam Busby 14 THSC 4:22.13
Blaine Kisler 14 CAT 4:24.85
Sam Peterson 14 MHST 4:26.74

**15-16 Men 50 yd Free**

OSI Record 21.06 * NRT 21.49 !
Ben Malcolm 16 RRSC 21.85
Colin O'Brady 16 PPST 22.45
Mason Amick 16 VSC 22.56
Sean Wells 16 RAYS 22.63
Tim Wagner 16 MHST 22.76

**15-16 Men 100 yd Free**

OSI Record 46.24 * NRT 46.79 !
Ben Malcolm 16 RRSC 47.87
Mason Amick 16 VSC 48.08
Sean Wells 16 RAYS 48.49
Logan Madson 15 BEND 48.58
Patrick Fausel 15 THSC 48.58

**15-16 Men 200 yd Free**

OSI Record 1:40.92 * NRT 1:42.09 !
Mason Amick 16 VSC 1:43.16
Patrick Fausel 16 THSC 1:44.05
Matt Morton 16 THSC 1:44.12
Henry Holmberg 16 BEND 1:45.08
Chris Spriggs 15 MHST 1:45.71

**15-16 Men 500 yd Free**

OSI Record 4:26.27 * NRT 4:35.19 !
Matt Morton 16 THSC 4:34.50!
Henry Holmberg 16 BEND 4:35.61
Mason Amick 16 VSC 4:38.32
Logan Madson 15 BEND 4:40.32
Chris Spriggs 15 MHST 4:43.89

**15-16 Men 1000 yd Free**

OSI Record 9:10.20 * NRT 9:30.79 !
Henry Holmberg 16 BEND 9:28.31!
Chris Spriggs 15 MHST 9:40.91
Mason Amick 16 VSC 9:42.61
Joey Nannini 15 TTSC 9:42.62
Matt Morton 15 THSC 9:46.76

**15-16 Men 1650 yd Free**

OSI Record 15:22.90 * NRT 15:57.99 !
Henry Holmberg 16 BEND 15:55.35!
Matt Morton 15 THSC 16:03.76
Chris Spriggs 15 MHST 16:11.00
Joe Peterson 16 MHST 16:32.44
Mason Amick 16 VSC 16:32.90

**15-16 Men 100 yd Back**

OSI Record 51.16 * NRT 52.29 !
Ben Malcolm 16 RRSC 53.51
Joe Peterson 16 MHST 54.48
Connor Hall 16 MHST 55.62
Henry Holmberg 16 BEND 56.30
Matt Hibbert 15 LGSC 56.46

**15-16 Men 200 yd Back**

OSI Record 1:50.25 * NRT 1:53.39 !
Henry Holmberg 16 BEND 1:54.50
Joe Peterson 16 MHST 1:56.97
BenMalcolm 16 RRSC 1:57.51
Connor Hall 16 MHST 1:58.53
Matt Morton 16 THSC 1:59.80

**15-16 Men 100 yd Breast**

OSI Record 57.47 * NRT 58.89 !
Colin O'Brady 16 PPST 58.93
Matt Viglione 15 THSC 59.07
Pat Fausel 16 THSC 1:00.19
Andrew Reynolds16 MAC 1:00.29
Ben Malcolm 16 RRSC 1:02.70

**15-16 Men 200 yd Breast**

OSI Record 2:03.53 * NRT 2:08.39 !
Andrew Reynolds16 MAC 2:06.46!
Colin O'Brady 16 PPST 2:07.47!
Matt Viglione 15 THSC 2:08.83
Pat Fausel 16 THSC 2:10.43
Mason Amick 16 VSC 2:13.31

**15-16 Men 100 yd Fly**

OSI Record 50.15 * NRT 51.39 !
Mason Amick 16 VSC 51.19!
Patrick Fausel 16 THSC 52.40
Ben malcolm 16 RRSC 52.94
Joe Peterson 16 MHST 53.57
Logan Madson 15 BEND 53.63

**15-16 Men 200 yd Fly**

OSI Record 1:47.52 * NRT 1:53.89 !
Matt Morton 16 THSC 1:53.82!
Mason Amick 16 VSC 1:54.22
Logan Madson 15 BEND 1:56.44
Patrick Fausel 16 THSC 1:56.81
Brett Greene 16 THSC 1:56.95

**15-16 Men 200 yd IM**

OSI Record 1:52.31 * NRT 1:54.89 !
Mason Amick 16 VSC 1:55.34
Patrick Fausel 15 THSC 1:55.54
Ben Malcolm 16 RRSC 1:57.85
Logan Madson 15 BEND 1:58.33
Henry Holmberg 16 BEND 1:58.81

**15-16 Men 400 yd IM**

OSI Record 3:58.93 * NRT 4:04.19 !
Patrick Fausel 16 THSC 4:06.42
Mason Amick 16 VSC 4:06.76
Andrew Reynolds15 MAC 4:07.68
Connor Hall 16 MHST 4:12.05
Joe Peterson 16 MHST 4:13.49

**17-18 Men 50 yd Free**

OSI Record 20.38 * NRT 21.09 !
Ethan McCoy 17 MSC 21.34
Jeff Dixon 17 PPST 22.02
Matt Schmidt 17 HEAT 22.06
Sean Wells 17 RAYS 22.18
Rhys Birky 17 SHSC 22.21

**17-18 Men 100 yd Free**

OSI Record 45.29 * NRT 45.99 !
Ethan McCoy 17 MSC 47.16
Nathan Cook 18 MAC 48.21
Rhys Birky 17 SHSC 48.25
Brad Scoles 18 SA 48.31
Sean Wells 17 RAYS 48.49

**17-18 Men 200 yd Free**

OSI Record 1:38.60 * NRT 1:40.49 !
Loren Killgore 18 MHST 1:43.97
Colin Douglas 18 MAC 1:44.03
Jeff Dixon 17 PPST 1:44.43
Ethan McCoy 17 MSC 1:45.34
Jon Madden 18 LOSC 1:46.49

**17-18 Men 500 yd Free**

OSI Record 4:21.16 * NRT 4:32.19 !
Loren Killgore 18 MHST 4:39.17
Colin Douglas 18 MAC 4:41.67
Tyler Storie 17 CAT 4:45.37
Kyle Anderson 18 MHST 4:50.27
Ethan McCoy 17 MSC 4:51.38

**17-18 Men 1000 yd Free**

OSI Record 9:02.69 * NRT 9:24.99 !
Tyler Storie 17 CAT 9:31.91
Colin Douglas 18 MAC 9:41.83
Loren Killgore 18 MHST 9:46.31
Kyle Anderson 18 MHST 9:52.34
Dennis McMillan17 TTSC 9:58.54

**17-18 Men 1650 yd Free**

OSI Record 14:59.30 * NRT 15:57.99 !
Tyler Storie 17 CAT 15:43.92!
Loren Killgore 18 MHST 16:19.13
Kyle Anderson 18 MHST 16:37.62
Dennis McMillan17 TTSC 16:39.88
Jon Wisniewski 17 LOSC 16:40.05

**17-18 Men 100 yd Back**

OSI Record 49.63 * NRT 51.49 !
Eric Swinn 17 RST 52.76
Patrick O'Neil 17 RST 52.78
Tyler Storie 18 CAT 53.01
Joe Peterson 17 MHST 53.57
Elijah Dickson 17 UN 55.44

**17-18 Men 200 yd Back**

OSI Record 1:45.92 * NRT 1:51.09 !
Tyler Storie 17 CAT 1:54.07
Joe Peterson 17 MHST 1:54.43
Patrick O'Neil 17 RST 1:55.02
Loren Killgore 18 MHST 1:55.33
Jeremy Dam 17 LOSC 1:57.55

**17-18 Men 100 yd Breast**

OSI Record 55.35 * NRT 57.69 !
Nick Wolfe 18 CAT 57.41!
Ethan McCoy 17 MSC 58.97
Andy Hintz 18 TTSC 59.22
Andrew Reynolds17 MAC 59.64
Rhys Birky 17 SHSC 1:01.16

**17-18 Men 200 yd Breast**

OSI Record 1:59.99 * NRT 2:05.19 !
Nick Wolfe 18 CAT 2:01.55!
Andrew Reynolds17 MAC 2:04.42!
Andy Hintz 18 TTSC 2:08.28
Rob Anderson 18 DDSC 2:14.15
Jon Wisniewski 17 LOSC 2:17.53

**17-18 Men 100 yd Fly**

OSI Record 49.67 * NRT 50.49 !
Patrick O'Neil 17 RST 51.09
Jon Madden 18 LOSC 51.40
Joe Peterson 17 MHST 52.08
Brett Greene 17 THSC 52.89
Matt Schmidt 17 HEAT 53.08

**17-18 Men 200 yd Fly**

OSI Record 1:47.09 * NRT 1:52.99 !
Patrick O'Neil 17 RST 1:50.51!
Brett Greene 17 THSC 1:55.24
Joe Peterson 17 MHST 1:56.77
Jon Madden 18 LOSC 1:57.01
Matt Schmidt 17 HEAT 1:57.16

**17-18 Men 200 yd IM**

OSI Record 1:48.39 * NRT 1:53.29 !
Loren Killgore 18 MHST 1:54.85
Nick Wolfe 18 CAT 1:56.35
Andrew Reynolds17 MAC 1:57.22
Ethan McCoy 17 MSC 1:57.95
Andy Hintz 18 TTSC 1:58.43

**17-18 Men 400 yd IM**

OSI Record 3:49.14 * NRT 4:01.39 !
Loren Killgore 18 MHST 4:03.97
Andrew Reynolds17 MAC 4:04.14
Nick Wolfe 18 CAT 4:04.72
Tyler Storie 18 CAT 4:04.87
Jon Wisniewski 17 LOSC 4:11.45

**2002 OREGON SWIMMING MINI-EXPO**  
**OCTOBER 4-6, 2002 COOS BAY, OR**

Red Lion Hotel, 1313 Bayshore Drive, Coos Bay, 1 800-547-8010

**Friday, October 4**

**2:00PM – 6PM -- Golf**

**5:00PM - 9:00PM -- Safety Training for Swim Coaches**

Red Lion Hotel pool

**7:00PM – 9:00PM -- OSCA Meeting**

**Saturday, October 5**

***Coaches Clinics –Tentative line-up***

Featuring

8:30AM - 9:00AM - Check in & late registration

9:00AM - 10:30AM – Pat Hogan – Stages of Training Development at Mecklenberg Aquatic Club

10:30AM – 11:00 AM - break

11:00AM - 12:30 PM – Pat Hogan – To be Announced

***1:30PM - 9:00 PM – ASCA Level II Clinic***  
***Registration for the ASCA clinic is separate.***  
***Details will be announced as soon as possible***

7:00PM - 9:00 PM – Coaches Social

***Officials Clinics***

Schedule

**12:45PM -1:30PM** General meeting for all clinic attendees

**1:30PM - 4:00PM** Breakout to Separate Clinics

- Stroke & Turn - for the beginning deck official
- Starter – for officials who have been certified as S & T for one year or more
- Referee – for officials who have been certified as Starter for one year or more
- Meet Director – no prerequisites
- Electronic Timing – no prerequisites

**Note:** There is no charge or membership requirement for the clinics. Attendees not already members of USA Swimming must join prior to beginning on-deck training. Clinics run concurrently, therefore you may attend only one clinic.

***Athlete Swim Camp***

9:00AM – 2:00PM – Mingus Park Pool

**Details will be announced as soon as possible.**

Cost is \$20.00 per athlete. Camp is open to the first 50 athletes. Athletes have to be registered with Oregon Swimming.

**Sunday, October 6**

***Oregon Swimming House of Delegates meeting***

**8:30-9:00AM:** House of Delegates check-in

**9:00AM-3:00PM: Oregon Swimming House of Delegates meeting**

Each member club of OSI is required to send a representative to this meeting. Eastern Oregon District and Cascade East League may elect one delegate to represent their respective clubs.

The Chair will determine the timing of a lunch break, if needed.

If you have legislation items for this meeting, please submit them to the OSI office 30 days prior to the meeting.

***CBSL Meeting following the House of Delegates meeting***

Each CBSL member club must be represented

***Hotels in Coos Bay, North Bend***

Best Western – 541-629-5111

Edgewater Inn – 541-267-0423

Mill Casino Hotel – 541-756-8800

Ramada Inn – 541-756-3191

Red Lion Inn – 1-800-547-8010

**REGISTRATION FORM**  
**2002 Oregon Swimming Mini-Expo**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Club: \_\_\_\_\_

Email: \_\_\_\_\_

Athlete Registration number \_\_\_\_\_

- I wish to attend the Safety Training for Swim Coaches, \$25.00 fee is included
- I am a coach member of Oregon Swimming and will be attending the clinics on Saturday, October 5, 2002. I have enclosed a check for \$25.00 to cover the pre-registration fee.
- I am not a coach member of Oregon Swimming and will be attending the Coaches clinics on Saturday, October 5, 2002. I have enclosed a check for \$30.00 to cover the pre-registration fee.

**NOTE: Pre-registrations must be received at the OSI office by Thursday, October 3, 2002. Registrations at the door are \$30.00 for OSCA Members and \$35.00 for non-members**

- Athlete Swim Camp – \$20.00 fee is included.
- As an official or prospective official I wish to attend the clinic checked below. No fee
- Stroke & Turn
- Starter
- Referee
- Meet Director
- Electronic Timing

Send this form to: Oregon Swimming, 1750 SW Skyline Blvd. Suite 103, Portland, OR 97221  
\* Officials may FAX the form to 503-297-8498

**AWARD NOMINATIONS**

Nominations will be accepted for the following Awards. The awards will be presented at the 2002 Oregon Swimming Awards Ceremony on November 17.

Nomination can be mailed to Oregon Swimming, 1750 SW Skyline Blvd. #103, Portland OR 97221, or e-mail to *swim@oregonswim.org*.

**James J Richardson Award** awarded to outstanding long term contributor to the sport of swimming in Oregon Swimming.

**Female Athlete of the year**

\_\_\_\_\_

**Male Athlete of the year**

\_\_\_\_\_

**United States Swimming Outstanding Service Award**

**Age Group Coach of the year**

\_\_\_\_\_

**John Arlin Adaptive Swimming Award**

**Senior Coach of the year**

\_\_\_\_\_

**Media Award** for Outstanding Support to Oregon Competitive Swimming

**BOARD OF DIRECTORS NOMINATION FORM**

OSI is taking nominations for the 2003 Board of Directors.

Nomination can be mailed to the Oregon Swimming Office for the following OSI Board Positions.

Elections will be held at the House of Delegates Meeting in Coos Bay, October 6, 2002.

**General Chair:** \_\_\_\_\_

**TPC:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**1<sup>st</sup> Vice President :** \_\_\_\_\_

**Treasurer:** \_\_\_\_\_

**Admin. Chair**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**2<sup>nd</sup> Vice President:** \_\_\_\_\_

**Secretary:** \_\_\_\_\_

**Senior Chair**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**3<sup>rd</sup> Vice President:** \_\_\_\_\_

**Coaches Rep:** \_\_\_\_\_

**Age Groups Chair**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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