



# Oregon Swimming News

*Oregon Swimming is organized for the purpose of fostering swimming competition for the benefit of swimmers of all ages and abilities, in accordance with the standards and rules prescribed by USA Swimming.  
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Oregon Swimming newsletter is an open forum. Oregon Swimming encourages contributions to the newsletter. All content of these letters reflect the views and opinions of the author and may not reflect those of Oregon Swimming

**Oregon Swimming, 1750 SW Skyline Blvd #103, Portland OR 97221**

## **COMMENTS FROM THE CHAIR** **JEFF GUDMAN**

The April 13 scheduling meeting went very well. The 2003 schedule has been established and sites for the championship meets have selected. Thanks to everyone for their work in making the scheduling meeting a success.

Speaking of success I want to take a few lines to talk about the terrific coaching community we have in Oregon and southwest Washington. People who are dedicated to doing the best they can for the swimmers in their programs. We are fortunate to have so many excellent learn to swim, age group and senior level coaches in our LSC. One of the best aspects of the coaching community is the fact that not only are the coaches competitive with one another but they are also cooperative. I have yet to see a coach who was not willing to share coaching ideas and philosophies with their colleagues whether it is on the deck at a meet, during a workout, over the phone, by e-mail or any other way people get together to share ideas. Thank you to all the coaches in Oregon and southwest Washington for your great work.

At the October 2001 Oregon Swimming House of Delegates meeting a motion passed almost

### **2002 Oregon Swimming Board of Directors**

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unanimously to create a dialogue with the Oregon School Activities Association (OSAA) about the possibilities of returning the high school season from the winter to the fall.

The challenge of any high school sport changing seasons is difficult. There are a number of issues involved, not the least of which is the OSAA goal of trying to have at least one no cut sport in the fall, winter and spring.

From the Oregon Swimming perspective a move to the fall had the potential for providing for the availability of the Tualatin Hills Park and Recreation 50 meter by 25 year pool for the state championship competition in addition to the Mt. Hood and Corvallis facilities. In a letter to Tom Welter, Executive Director of OSAA, the possibility of a joint poll between OSAA and Oregon Swimming to determine if there is any support for considering the change was suggested. In addition, Oregon Swimming was prepared to offer financial support to help offset pool rental costs if the swim season could be returned to the fall season.

However, based on conversation with Tom Welter, at this time he is not hearing any groundswell of support for a change from the high school coaching community, the high school athletic directors or high school administrators. It is a case of "the squeaky wheel getting the grease." The only way change will happen is if it comes from the high schools. The OSAA will be having the winter sports meeting during May. If we as an organization want to initiate a change then I urge everyone to contact your high school coaches and ask them to contact their athletic directors and the OSAA. Otherwise, the issue will not even be raised.

In last months column I talked about the new opportunity from USA Swimming for clubs to earn revenue. USA Swimming has partnered with a group called Tournament Gold, Inc. (TGI). The opportunity TGI provides clubs hosting meets is revenue earning for meet host relationships with hotels and minimizing hassles.

The basic function of TGI in partnering with a local meet host is to convert the blocking of hotel rooms for upcoming meets from a headache to a fund

raising opportunity. TGI will do all the leg work of blocking rooms for an event, proactively contacting the participating teams to make them aware of hotel accommodations, and will pay the meet host a commission for each room night booked for the duration of the meet. By leveraging TGI's relationships with hotels nationwide, they are able to provide rooms at low rates and generate fundraising dollars for the meet host.

With TGI's online reservation system swim meets can take on a higher degree of organization. Team hotel reservations, room night tracking, hotel billing and collection are done by TGI which can free up volunteer time for other meet activities.

Check out TGI's website at [www.tournamentgold.com](http://www.tournamentgold.com). Select "swimming" in the sport field and click "go". If you have further questions feel free to contact Paul Gornell  
TournamentGold, Inc.  
[Paul.gornell@tournamentgold.com](mailto:Paul.gornell@tournamentgold.com)  
1-888-477-3803

For other information you can check the Oregon Swimming or USA Swimming website or contact:  
Amanda Sanchez  
Marketing Director  
USA Swimming  
719-578-4578 – phone  
719-578-4761 – fax

See you at the next meet.

## ***MAY NOTICES***

**2002 College Bound Swimmers**. Please help recognize our graduating seniors. If you have athletes who graduate this year call 503-297-6027, Faxing to 503-297-8498, or email [swim@oregonswim.org](mailto:swim@oregonswim.org) with their name, club, High School they attended and the college they will go to. Good luck and congratulations to our swimmers moving on to college in the fall.

**2001-2002 Scholastic All American Application Form** is available on the USA Swimming Web site under Programs and Services or at the Oregon Swimming Office. Athletes who participated at the 2001, 2002 Sectionals or 2002 Nationals and have a 3.50 grade point or above are eligible. The forms are due August 1, 2002.

**New Oregon Swimming records.**

13-14 Women:

Kara Nelson, THSC, 100 yd butterfly 56.25

15-16 Women:

Genna Patterson, THSC, 100 yd breaststroke 1:01.81,  
200 yd breaststroke 2:13.32, 200 yd IM 2:02.62

17-18 Women:

Kristen Kilroy, THSC, 100 yd butterfly 54.41,  
200 yd butterfly 2:00.07

Open women:

Genna Patterson, THSC, 100 yd breaststroke  
1:01.81, 200 yd breaststroke 2:13.32

Kristen Kilroy, THSC, 200 yd butterfly 2:00.07

200yd Medley Relay, THSC (Danielle Erickson, Genna  
Patterson, Kristen Kilroy, Majanke Miller) 1:43.34200yd Freestyle Relay, THSC (Kristen Kilroy, Anne  
Liggett, Majanke Miller, Danielle Erickson) 1:34.13400 yd Medley Relay, THSC (Danielle Erickson, Genna  
Patterson, Kristen Kilroy, Majanke Miller) 3:41.93400 yd Freestyle Relay LOSC (Morgan Scroggy, Julie  
McCauley, Emily Wilson, Sarah Nicholson) 3:30.55

Congratulations athletes and coaches

**Athlete Membership Requirements.** According to Oregon Swimming Standing Rules the Membership Requirements are: All athletes competing in an OSI sanctioned or approved competition are to be athlete members in good standing of USA Swimming or FINA affiliated organization.

Athletes competing in OSI Championships must be USA Swimming athlete members registered in OSI.

**Registration forms and fees must arrive in the OSI office prior to an athlete's participation in an OSI Sanctioned or Approved meet.**

Athletes competing in Region XII Senior Championships, Western Zone Championships, or any USA Swimming Championship level competition shall be full year athlete members. (i.e., not Seasonal)

**Enforcement** - The person signing the entry form will be required to verify that all athletes entered are members (in the appropriate category) of USA Swimming.

**Penalties** - per Article 302.4, USA Swimming Rules and Regulations, OSI may impose a fine of up to \$100.00 per event against the person signing the entry form.

**OFFICIALS CORNER***Gene Mielke*

**Championship Meets:** As mentioned in last month's column, the Referee for the long course 10 & Under championships will be Linda Postma. The Administrative Referee will be Jacki Allender. The Referee for the long course 11 & Over meet will be Dale Lewis, with Kevin Nagle as Head Starter. The long course 11 & Over meet will be a National certification meet. If you are interested in getting, upgrading, or renewing your National certification please contact Dale, Kevin or myself.

**Oregon Swimming Official Trainers:** The list of OSI Official Trainers was presented in last month's newsletter. There were some omissions from the list. Additionally officials previously on the list, but not currently registered at the time the list was printed, were not included. We will continue to publish a list in the newsletter each March. We have placed the list on the OSI WEB page, and it will be updated as changes occur. Contact your Area Officials Chair if you have questions about the list.

**Oregon Swimming Officials Chairman:**

Nominations for the Officials Chairman are due the end of April, so by the time you receive this it will be too late to either turn your own name in, or nominate someone else. I have been informed that at least two names have been submitted for the committee to consider.

**OFFICIATING AT NATIONALS***Rick Wilson*

In mid March I officiated at the Phillips 66 Senior National Championship meet in Minneapolis, MN. It was an exciting experience. On deck you were surrounded by many of the best swimmers in the country including many Olympians. A World record was set in the men's 200m backstroke. As an official you were on deck and in a very small way participated in the historic achievement. I think I will always remember that race.

Many of the officials did not have children swimming at the meet. They are dedicated people who contribute to the sport in many ways. Many started officiating when their children were younger. Now they have grown to enjoy the

camaraderie and friendships of other officials from around the country that attend these high level meets. The protocol for officiating at a Championship meet is much more defined than one would see at local meets. One needs to conform to specific requirements such as when to stand, and when to move into position as a turn official. You are graded on your performance. It is “expected” but not required that you work the entire meet. There is significant peer pressure at the officials’ meeting when they publicly ask you if you’ll be officiating the next day. If you say “no”, the whole group groans in unison.

As a “rookie” official at the National championship level, I and my fellow “rookies” were “asked” to stand up in front of the gathered throng at the officials meeting before the preliminary morning session and sing a song. The first 2 “rookies” were made to sing individually. I and the next 4 officials seriously doubted our ability to carry a tune (in this case Jingle Bells with different words) and therefore we appealed to the Meet Director to allow us to sing a quintet – which sounded a lot better. The next day the “rookies” countered with a slightly risqué song about some of the more senior members of the group – blushing was observed.

All in all it was good fun. You are surrounded by lots of nice folks and feel like you contributed to not just your own child but to a larger group of great kids and a great sport.

## **ADAPTIVE SWIMMING**

*Gene Mielke*

For this month’s column I turn to my counterpart in PNS, Kiko VanZandt. Kiko, as many as you know was once an OSI swimmer. She works with children with disabilities, and has formed a swim team around them. Her comments, both a restatement of USA Swimming Disability Championships at Federal Way is also a call for volunteers to help with swimmers at the meet. OSI has a number of officials going to the meet, but as you can see the meet needs the assistance of coaches and other volunteers as well. Kiko’s comments were originally published in the PNS Newsletter.

## **USA Swimming Disability Championships** *By Kiko VanZandt, PNS Adapted Swimming Chair*

Next time you have a minute of free time in the pool, try swimming a 25 with your eyes closed...or put the rubber band around your ankles with no pull buoy and a couple of pounds of weight attached to your thighs and swim a 50...better yet, make that a 50 fly...or try swimming dragging one arm or one leg... There are swimmers throughout the world who compete at an elite level who face these challenges as routine... and they will be coming to Federal Way!

PNS will host the **2002 USA Swimming Disability Championships June 13-15, 2002** at WKCAC in Federal Way. This event will draw the very best swimmers with a disability in the US and other FINA member delegations to the Pacific Northwest. Last year in Phoenix, there were 187 swimmers from the USA, Argentina, Australia, Italy, Mexico, Peru, Great Britain and Canada.

These elite swimmers will include world record holders and Paralympians who will compete in 15 classes. Swimmers are staged into a class based on their functional ability, level of visual or hearing impairment or mental disability. Physical disabilities represented include Spinal cord injury, spina bifida, cerebral palsy, limb amputations, arthrogryposis, and neuromuscular disorders. All swimmers are required to make a time standard to ensure meet quality.

Put on your calendars to come and watch some inspiring athletes with amazing stories...Better yet, think about volunteering and seeing these swimmers up close! Your help is needed to put on a meet of the highest quality that PNS is known for!

If you are a USA Swimming registered coach and are interested in volunteering to be a coach on the deck for a day for some of these athletes, you are needed. Many of these swimmers either train on their own or their clubs can’t afford to send a coach with them, and they need to be assigned a coach when they get here.

For more information either on the meet, or how you can help, please contact the co-meet directors: Mary Coddington: [mlcoddington@attbi.com](mailto:mlcoddington@attbi.com) or Kiko VanZandt: [cvanzan@attbi.com](mailto:cvanzan@attbi.com) or 206-524-2417. The volunteer form is available on the PNS website at the end of the front page article.

## ***ALL STAR REPORT***

***Lissa Parker***

The Oregon Allstars trip was a successful venture with a first place finish for our Oregon Team! The meet was held on the beautiful campus of Whitworth College in Spokane, and was the same format as our Pacific Quad meet in January. The participating teams were Inland Empire (Eastern Washington), Snake River (Idaho) and Oregon Allstars. After a relaxing bus trip through the beautiful Columbia Gorge in sunny weather we arrived to spend the afternoon with fast paced racing and no let up in applying the pressure to Inland Empire. The scores were very close on Saturday afternoon, within a few points even after the relays. After some sightseeing on the bus we had a hearty buffet dinner and an early to sleep evening.

The next morning the kids were even more prepared to buckle down and finish off the job, increasingly adding points to the lead without being able to let up in the least! An enthusiastic coaching staff, always on the sidelines cheering them on, and parents watching helped boost team spirits. The Oregon swimmers displayed the usual friendly and team spirited behavior characteristic of our Allstar teams. The trip home was complete with an encore presentation of Shrek, newfound friendships and some improved times below our belts!

Our next focus for the Oregon Zone team is the chaperone selection in May for Western Zones at USC in Los Angeles in August 2002. I would strongly encourage you to apply for this trip; parents, coaches and able - bodied individuals with background in the sport of swimming and working with youth. It is a once in a lifetime experience of participating with a talented and committed staff, talented and committed athletes, and you will have some great opportunities to learn and serve. We already have some new ideas and plans for the team spirit skit, sightseeing and theme this year, so we hope it will be an even better team building experience than before!

## ***AGE GROUP REPORT***

***Gary Leach***

It's long course season and summer will be here soon. Long course pools are in short supply and with no easy answers to remedy the situation, get your entries in early to any meet your team plans on attending. Be warned and good luck. Every team has been shut out of a long course meet at least once a season. Best of swimming.

This month I'd like to talk about our athletes and their career. All of the swimmers start out as age group swimmers, at some age. With encouragement, education, motivation on part of the age group coach and parents hopefully the athlete will be successful through the early teenage years. Eric Wilson, a swimmer from Tualatin Hills Swim Club, swam with a single club through his entire club career. A solid but not great age group swimmer, qualified for age group regional, swam his first 100 fly at 12, 200 fly 6 months later. Made his first Junior National standard in the 500 free as a junior in high school. After graduation from Sunset High School, Eric attended University of Michigan. Made his first Senior National, after his freshman year. In 1999, made an Olympic Trials standard for the 400 IM. As his college career continued Eric started to look to the future, beyond swimming, and plan for a life after competitive swimming. To skip a few years ahead, Eric was team captain for U. of M. this past season-his senior year. At Big 10's swam the 200 IM, 400 IM and the 200 butterfly and finaled in the past 2 season, that I observed in all three events. Eric never qualified for NCAA's, never held a team record in the club level or at Michigan, but I think if you ask him, he was very proud of his decisions and his record. By the way, Eric was an excellent student, a talented pianist and soon to be working on the eastern seaboard in the financial sector.

I picked Eric but this could be applied to any swimmer that a coach has worked with over the years. Success comes on many different levels, not just fast swimming, but that sure helps. Good luck to the graduating seniors in college and those high school seniors looking toward the future. For the younger swimmers, keep working hard. Believe in your coach, program but mostly believe in yourself.

## 2002 WESTERN ZONE CHAMPIONSHIPS

### CHAPERONE APPLICATION

The 2002 Western Zone Championships will be held August 6-10th at USC Campus in Los Angeles. We will be gone from 8-5-02 thru 8-11-02. Persons interested in serving as chaperones (expenses paid) are encouraged to complete the application, FAX to 503-297-8498 or mail, by June 15, to: Oregon Swimming, 1750 SW Skyline Blvd. Suite 103, Portland, OR 97221.

**Qualifications:**

- Current First Aid & CPR
- Must be Oregon Swimming parent or coach
- Enjoy working with age group athletes
- Experience with group dynamics, teaching
- Knowledgeable of the sport
- Organized, adaptable, flexible, not easily stressed
- Current Driver's License

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY, STATE, ZIP: \_\_\_\_\_

PH: (W) \_\_\_\_\_ (H) \_\_\_\_\_

EMAIL: \_\_\_\_\_

AGE: \_\_\_ GENDER: \_\_\_

Shirt Size S M L XL XXL

Short Size, Waist (specify) \_\_\_\_\_

Best time/place to contact you \_\_\_\_\_

\_\_\_\_\_

Occupation: \_\_\_\_\_

Employer: \_\_\_\_\_

**Please include copies of:**

- Valid Drivers License # \_\_\_\_\_
- Current Automobile Insurance
- Current CPR Certification
- Current First Aid Certification
- Other , If Applicable (specify)

\_\_\_\_\_  
\_\_\_\_\_

Note: If you do not have current certifications, but are willing to obtain them as a condition of your participation, please check here

Do you have children that expect to attend Zones?  
Yes  No

Will this affect your decision to serve as chaperone?  
Yes  No

What is your current or past involvement with Oregon Swimming? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you previously been involved with Zones? Y N  
If yes, what year and in what capacity?

\_\_\_\_\_

Questions, please call 503 297 6027. Thank you!

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