



Oregon Swimming News

Oregon Swimming is organized for the purpose of fostering swimming competition for the benefit of swimmers of all ages and abilities, in accordance with the standards and rules prescribed by USA Swimming.
Visit our web site: www.oregonswim.org

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Oregon Swimming newsletter is an open forum. Oregon Swimming encourages contributions to the newsletter. All content of these letters reflect the views and opinions of the author and may not reflect those of Oregon Swimming

Oregon Swimming, 1750 SW Skyline Blvd #103, Portland OR 97221

COMMENTS FROM THE CHAIR TIM STEVENSON

The scheduling meeting will be held Saturday April 12 at 3:00PM immediately following the Club Leadership Seminar at the Multnomah Athletic Club.

Clubs intending to host meets in 2004 are required to be represented at this meeting. The purpose of the April 12 scheduling meeting will be to establish the 2004 meet schedule. The championship meet dates and locations will be decided. Meet host applications must be returned to the office no later than March 21. Please note that hosts are required to submit a second choice for meet dates. Priority will be given to clubs that (1) submit applications before March 17, (2) give alternative dates, (3) host open competitions, and (4) request meet dates that are more conducive to progressive development of Oregon swimmers.

Please call the office if you have questions.

COACHES CORNER SCOTT ALLEN

As we finish off the short course season, I congratulate coaches on their work with the swimmers on their club. From the Senior Sectional Championships, it was decided in the Sectional meeting to eliminate B standards. Swimmers must have an A time to compete in the meet. Those

2003 Oregon Swimming Board of Directors

General Chair	Tim Stevenson
Admin Chair	Gary Leach
Senior Chair.....	Mark Bennett
Age Group Chair	Amy Emmett
Coaches Rep.....	Scott Allen
Sr. Athlete Rep	Mason Amick
Jr. Athlete Rep.....	Zach Niles
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TPC	Eric Camus
Registration	Coby van Andel

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For only \$12.00 per year you will receive all the latest information, along with reminders of what is coming in the near future for All OSI members. Just complete the form, enclose \$12.00 and send to the office.

2003 Swim Guide

The 2003 Swim Guide is available by sending in this form with payment to Oregon Swimming. They cost \$5.00 each.

Name: _____

Address: _____

City, State, Zip: _____

swimmers with one A time may swim one other event. Swimmers with two A times may swim in two other events. The maximum number of non-qualifying swims allowed with a qualifying time(s) is two events. Those swimmers with six A times may not swim any other events. Next spring, the swim meet is scheduled for 10-14 March in Federal Way. The long course meet date has not been scheduled as of yet.

Kicking off the long course season is our scheduling meeting, coaches please be in attendance at this meeting. Our house of delegates meeting is not until October, but it is not too early to consider policy changes. One such item for consideration is being put forth by Martin Reichgott from Mittleman JCC. Martin is asking OSI to consider adding the 500 Free to the 10 and Under Championships, as well as recognition for Top 5. Coach Reichgott is asking for feedback from coaches about adding this event.

APRIL NOTICES

New Oregon Swimming Records.

Records set at the OSI 11-14 short course championships in Corvallis.

11-12 Girls:

Jordan King, 12, THSC, 100 fly, 57.92, 200 IM, 2:09.63,

Michelle Needham, 12, THSC, 200 back 2:11.66

13-14 Girls

Morgan Scroggy, 14, LOSC, 1000 free, 10:05.63

13-14 Boys

Andrew Ottolia, 13, LOSC 200 breast 2:26.86

Relays: 11-12 girls 200 free relay **THSC** (Jordan King, Kath Liggett, Elica Sharifnia, Michelle Needham) 1:44.01

11-12 girls 200 medley relay **THSC** (Michelle Needham, Elica Sharifnia, Jordan King, Kath Liggett) 1:55.07.

New records established at the American Short Course Championships in Austin, Texas. All are THSC swimmers:

15-16 Women and Open

Genna Patterson, 16, 100 yd breaststroke 1:01.63 in prelims, then 1:01.27 in finals. This is also an open record. 200 yd breaststroke 2:12.71. This is also an open record.

13-14 boys

Garth Summers, 14, 100 yd fly, 51.00. 200 yd butterfly, 1:52.05 in prelims, then 1:51.95 in finals.

Relays

15-16 women 400 yd medley relay **THSC** (Mary Patterson, Genna Patterson, Kara Nelson, Anne Liggett) 3:43.81. This is (unofficially) a national record.

New records established at Senior Sectionals in Federal Way.

17-18 women

Caitlyn Shortt, 17, MHST, 200 yd. breaststroke, 2:15.24

15-16 men

Logan Madson, 16, BEND, 200 yd freestyle, in prelims, 1:40.51, in finals, 1:40.03

Open men

Josh Jordan, ECSC, 100 yd butterfly, 48.26
Congratulations swimmers and coaches.

2003 College Bound Swimmers. Please help recognize our graduating seniors. If you have athletes who graduate this year fax to 503-297-8498, or email swim@oregonswim.org their name, club, High School they attended and the college they will go to. Good luck and congratulations to our swimmers moving on to college in the fall.

Safety Marshals. Safety marshals should be highly visible on the pool deck. USA Swimming rule 102.18. USA Swimming donated 5 vests and they can be used at your meet. Contact the office for pick up if you wish to borrow them. They can also be ordered by contacting Kiefer Sports at 1-800-323-4071. The cost is \$9.50 per vest.

AGE GROUP CHAIR REPORT **AMY EMMETT**

Congratulations to all the swimmers for their great performances at the Oregon Swimming 11 -14 Age Group Championships in Corvallis! And a BIG thank you to the Corvallis Aquatic Team and the Osborn Aquatic Center Staff for a well run meet and facility! What a treat to have the new score board and electronic timing system in place for the meet.

After reviewing the meet time lines for the Oregon Swimming 11-14 Championship Meet, the Technically Planning Committee, will be making some recommendations for changing the meet event format for next year. Teams bidding for the 2004 meet should be advised that the meet may be a three and half day format, with the 1650 and the 800 free relays to be swum as timed finals on Thursday evening. There are other changes that have been proposed and a formal proposal will be forthcoming from Technical Planning. The intent of the proposed changes is to shorten Saturday's preliminary time

line, and to give the swimmers more rest between prelims and finals, without eliminating any events from the meet. Adjusting time standards, which is done every year, would have a nominal effect on the number of heats per event as they are now.

A COLLEGE CAREER AND CLUB SWIMMING GARY LEACH

Ryan L'Roy swam with the Tualatin Hills Swim Club for about 12 years. He achieved his first 'A' time when he was 12 years old in the 400M free. That is just stuff that I thought you'd like to know him. THSC had a long running dual meet with Bellevue Club Swim Team. In fact, it was a very long running dual meet for over 20 years. Alternating home team each year, this meet was often billed as the 'largest Age Group Dual Meet in the West Coast'. The stakes were high with bragging rights, fast pool and great times. Ryan swam his first dual meet about 14 years age against another swimmer from BCST Erik Gordon. Flash ahead 14 years and both swimmers are seniors in college. Ryan swims for Minnesota and Erik swims for Penn State. Both teams are in the Big 10 Conference. This past February Ryan and Erik swam head to head in the 1650 yd. free in the conference championships in Michigan. They were stroke for stroke the entire race with the eventual winner Ryan by .03 hundredths of a second. 15:22.15 to 15:22.18.

Ryan reminded me that as an age grouper at THSC the battle cry every time we swam against BCST was 'beat an orange capper'. Well Ryan did just that after many years of those great dual meets. It kept him going and again he 'beat an orange capper' in his final swim of his career. Ryan's career at Minnesota included 3 ninth place finishes in the 1,650 and senior national cuts in the 500/1,000/1,650 free. An outstanding career, not by Ryan standards because that's how he is, but his age group swimming with his home club really helped his bring back the old times.

You can always get motivated just focus on the basics. Ryan you will be a success in life. Being a swimmer you've got a lot going for you with a strong belief in what got you to college, hard work and fun. Don't forget and don't ever give up. Your former and very proud coach Gary Leach.

P.S. Ryan is scheduled to graduate from Minnesota after fall term of 2003.

ADAPTED SWIMMING EUGENE MIELKE

Mike Troy to Lead Paralympic Swimmers.

U.S. Paralympics, a division of the USOC, has named double Olympic gold medalist Mike Troy from Chandler, AZ as Swimming National Team Director. U.S.

Paralympics is now the organization that conducts programs for elite-level athletes with physical disabilities such as amputations, visual impairments, dwarfism, cerebral palsy and spinal cord injuries in order to prepare these athletes to represent the United States in international competition, including the Paralympic Games, which are September 17-28, 2004, in Athens, Greece. Julie O'Neill, who was named as Swimming National Program Manager, will join Troy on the U.S. Paralympics Swimming Program staff. O'Neill will assist Troy in developing 2003-04 performance strategies and will provide support to team athletes and their coaches from the U.S. Paralympics headquarters in Colorado Springs, Colo., starting April 1. Visit the U.S. Paralympics Web site at www.usparalympics.org.

Disability Championships.

The USA Swimming Championships will be held in Minneapolis, MN June 12-14, 2003. For meet information open the Events topic in the upper left corner. There is a heading for the Disability Championships and meet information will be listed as soon as it is available (probably by the third week of March). Applications to officiate at the meet are available at the USA Swimming web site. Click on the Program and Services area in the upper left corner (don't rely on the pull down menu). Once inside click and open the officials and volunteers section. Then open the complete guide for officials. Opening the last item under section III will take you to the applications for the National meets.

OFFICIALS CORNER BRUCE LUDWIG

Uniforms

It's almost traditional to offer an annual reminder to everyone regarding the appropriate attire for officials while officiating at swim meets. A reminder is incomplete without discussing the reasons for having uniform etiquette. Why do we care how we look on deck? Professionalism. Our jobs on deck combine to provide a fair competitive venue. If we don't look and act like we know what we're doing, then athletes, coaches, and parents won't have confidence in our calls or non-calls. When that trust or confidence is eroded so is our credibility. Uniform attire is a *simple* way to help sell us to our customers. It's certainly not the whole picture, but it's an easy way to create a solid foundation.

Our attire is also a subtle reminder to athletes and coaches that appropriate attire is important in our sport. For example, the Referee has the authority to bar from competition any athlete wearing a swimsuit that is transparent or does not *conform to the current concept of the appropriate*. Furthermore it is illegal for a swimmer to wear attire that advertises tobacco

or alcoholic beverage products. If we as officials are attempting to model the standard, then we too should be wearing attire that conforms *to the current concept of the appropriate*. In this context this means appropriate in a business world sense. In other words we should not be wearing rags or attire that is too revealing. Think about the youth for which we are examples, and the organization for which we are representatives.

Ok, so... (stepping down off of my soap box)... Here's the real deal:

- 1) Referees: Blue collared polo style shirt with white shorts, pants, or – for women – skirt;
- 2) Starters, Stroke and Turn Judges, Electronic Timers, and all trainees for these positions: White collared polo style shirt with navy blue shorts, pants, or – for women – skirt;
- 3) White shoes with no other splash or swoosh colors;
- 4) Pants or skirts are usually expected when working finals at championship meets;
- 5) Certification badges are always required when working meets within our LSC (Oregon). The engraved plastic name tags are primarily for when working outside our LSC and usually in conjunction with displaying current USA Swimming credential. They may be worn at meets within our LSC, but not in place of OSI certification badges.

Please don't wear:

- 1) blue jeans;
- 2) tank tops;
- 3) t-shirts;
- 4) short shorts;
- 5) revealing or too-tight clothing that might shock your mother;
- 6) tobacco or alcoholic beverage advertising;
- 7) club logos (Note: use your discretion, but please do not wear at OSI, regional, or national championship meets. Supporting one's club is encouraged, but we also need to think about how others might perceive us as biased).

Recognition

On behalf of Oregon Swimming, and its cadre of officials, I'd like to thank the following people for achieving certifications so far in 2003:

Name	Club
<i>Stroke & Turn</i>	
Daniel Bonham	WBST
Dan Bushnell	YSC
Julie Carpenter	MAC (She is also ET Chair)

Jeannette Elliott	MAC
Sharon Foley	MAC
Roger Hamm	KWSC
James Hayden	LOSC
Bev Heller	SLST
Deby Maus	CGAL
Alan Wells	CAT
Karen Woolbright	PAC

Electronic Timer

Neal Cox	LOSC
Stacey Lund	RST (She is also S&T)

Starter

Jim Bauer	RRSC
Dennis Iverson	CAT
Jeanne Lansing	RAYS
Bill Rother	LOSC

Referee

Stephen Gould	MAC
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If I've missed anyone newly certified in any position since January 1, 2003 please let me know. I plan on making this recognition a monthly feature.

Miscellaneous

Previously I mentioned you should mark your calendar for December 4 – 6, 2003 for the US Open to be held in Federal Way. There will also be officials' clinics, for all certification levels, open to everyone. Highly qualified officials from USA Swimming will conduct these clinics. These would be great as refresher clinics as well as for new people with interest in becoming officials, or for those wishing to advance to new certification levels.

A huge thanks to all of you who turned out for the OSI Championship meets and the State High School Championship meet over the past month. The weekend of the 11-14 and HS meet in particular demonstrated that officials in this state *step up* when called upon to do so. The meet conflict was recognized as a potential problem in terms of having sufficient officials for the two major meets. What happened was almost unbelievable – the 11-14 meet had way more than enough officials, and the HS meet was quite adequately staffed. A huge thanks to all of you!

**Minutes – Oregon Swimming, Inc.
Board of Directors' Meeting
March 5, 2003**

The Regular Meeting of the Board of Directors of Oregon Swimming Inc., was called to order by General Chair, Tim Stevenson, at the Multnomah Athletic Club at 7:30 p.m.

The following individuals were present: Tim Stevenson, Valarie Koss, Marilyn Loitz, Gary Leach, Gene Mielke, Suha Tokman, Amy Emmett, Bruce Ludwig, Howard Jones, Stan Benson, Coby van Andel, Jeff Gudman, Scott Allen, Mark Rienets, Zach Niles, Jacki Allender, Robbert van Andel, Geoff Tiffany, Tom Weltchek

A. Approval of Minutes: The board took action to accept the minutes of January 8, 2003 as presented.

B. Treasurer's Report: The year end and year to date reports were approved as presented.

C. Reports:

Administrative Chair Gary Leach: Gary began the meeting by advising each committee that they would be **allowed five minutes for their committee presentation** and discussion. He advised he was implementing this Ground Rule to ensure that business could be covered and the meetings would be held to two hours, if possible, to assist those members and attendees that travel a great distance. **Gary also reminded the Board that future meetings will begin promptly at 7:00 p.m. as approved at the January 2003 Board Meeting.**

Age Group Report-Amy Emmett: Amy advised that the 10-U meet was not scored. She advised that discussions were underway regarding improvements to the 11-14 Championship meet and that the recommendations would be presented to TPC for adoption at the House of Delegates Meeting. Gary asked that the minutes be reflected to indicate Mark liked the ideas being discussed.

Senior Report-Mark Bernett: None.

Coaches Report-Scott Allen: Scott reported that Championship Meet concerns are being addressed in an effort to streamline the meets for consistency.

Athletes Representatives-Mason & Zach: No Report

Scheduling/Championship Site Selection-Skip Runkle : Gary reported on behalf of Skip that all 2004 Championship meets would be discussed at the 2003 Scheduling Meeting in April at the MAC. Coby advised that all meet requests are due by March 14th.

Time Standards-Andy Carlisle: No report.

Technical Planning-Eric Camus: Eric advised that the TPC meeting had been held with coaches at the 11-14 Championship Meet. He asked that comments be addressed to any of the TPC members:

1. Zone Coach Selection
2. Time Standards
3. Championship Meet Order
4. Oregon Swimming Mission Statement
5. Open Water Swimming

The e-mail in it's entirety will be included in the April newsletter.

Web site-Robbert van Andel: Robert advised that an Athlete section is being developed and suggestions should be forward to the Webmaster for inclusion. A line to

"Masters" swimming was requested. Robert reported that there had been 90,000 visits to the website since June 23rd.

Safety Chair-Jeanine Serrano: Coby advised that no cards are issued for Safety Training, however completion records are kept in the OSI office files.

Camp Coordinator-Jeanine Serrano: No report

Officials Committee-Bruce Ludwig: Bruce thanked all the officials who made the 11-14 and High School Championship Meets successful due to the tremendous turnout. He encouraged officials to continue to attend local meets so the times would be official. Discussion occurred regarding listing alternates on relays. Tim Stevenson appointed Bruce, Gene Mielke, and Scott Allen to meet and provide a recommendation to clarify this rule at the May meeting.

Adapted-Gene Mielke: Gene advised that we have two athletes named to the US Para-Olympics team, Mike Troy and Julie O'Neill. He advised that there are some concerns regarding Title 9 Quotas resulting in the cancellation of programs and considerable discussion is occurring on that. Two swimmers from Oregon attended World Champs. They did very well in representing US and the Pacific Northwest.

Office Manager/Registration-Coby van Andel: Coby advised 64 people are signed up for the Club Leadership Meeting. She reminded Clubs to make sure all athletes are registered prior to swimming in a meet as she is finding many that are not. Considerable discussion occurred. The Board concluded that it is the Team's responsibility to make sure all swimmers are appropriately registered and the accountability falls on the Clubs. Host Clubs should also check to make sure all athletes are registered as they are liable for everyone on deck.

Sanctions Chair-Mark Rienets: The question from the January meeting was discussed: Should single teams be allowed to host a closed meet under an official sanction? Considerable discussion occurred.

MOTION: A motion was made to amend Article II, Section II D. to allow a maximum of one meet per season per team for closed intersquad meets following all applicable rules for sanctioned meets. Motion carried unanimously.

MOTION: A motion was made to amend Article II, Section IV C. to insert "not later than seven days for dual meets and closed intersquad meets". Motion carried unanimously.

Awards-Lise Thom: No Report

Awards Ceremony-Marianne Gunderson: No Report

Star Chair-Jacki Allender: Jacki reported that times from High School State Senior "A" times and above were submitted to the times database. She reported that some very fast swims at the High School Championships were non-conforming times.

Records-Marni Henrickson: No report

All-Star Team-Suha Tokman: Suha reported that the Edmonton trip is ready, however it is more expensive than originally anticipated.

D. Old Business:

- 1. **Legislative process:** Discussion occurred on the process that is followed for changes proposed at the House of Delegates Annual Meeting. Considerable discussion occurred. Tim appointed Scott Allen to form a committee to recommend a procedure for legislative changes and requested that the proposal be submitted for Board consideration at the next board meeting.
- 2. **Hall of Fame:** Gary reported that the committee had met, criteria was developed and names are being considered. He indicated that he would provide the criteria in writing for inclusion in a future newsletter.
- 3. **Officials/Sanctions:** Discussion occurred on blanket sanctions. Tim appointed Bruce Ludwig to form a committee to look at the issue and make a recommendation at a future board meeting.
- 4. **Travel Funds:** Discussion occurred on the travel endowment. Jeff Gudman advised that Jr. Nationals would be reinstated by USA Swimming in 2005 with one summer meet only.

MOTION: The Board took action to approve funding for the US Open beginning with Fall 2003 and the USA Swimming sponsored Jr. Nationals beginning in Summer

2005 at 50% of the Sr. National allocation, subject to geographic location.

5. **Background checks:** Jeff Gudman advised that he will have a policy and procedure drafted for review prior to submission at the House of Delegates.

E. New Business

1. **Timeline for Championship Meets:** Discussion occurred on publishing timelines for Championship Meets.

MOTION: To move add "not earlier than" statement to the rules on page 71 to ensure that the Administrative Referee approves the timeline prior to it being published.

2. **OSI Records for Adaptive Swimmers:** Gene reported that he will have a column in the newsletter on this topic. Considerable discussion occurred. Gene will be a recommendation that addresses adoption a policy to recognize OSI Records for Adaptive Swimmers to the Board at the May meeting for consideration.

All Board members were reminded again that the Board Meetings will begin at 7:00 p.m.

There being no further business to come before the Board, the meeting was adjourned at 9:45 p.m.

Oregon Swimming, Inc.
By Valarie L. Koss

2003 WESTERN ZONE CHAMPIONSHIPS CHAPERONE APPLICATION

The 2003 Western Zone Championships will be held August 5-9th in Tempe, Arizona. We will be gone from 8-4-03 thru 8-10-03. Persons interested in serving as chaperones (expenses paid) are encouraged to complete the application, FAX to 503-297-8498 or mail, by June 15, to: Oregon Swimming, 1750 SW Skyline Blvd. Suite 103, Portland, OR 97221.

Qualifications:

- Current First Aid & CPR
- Must be Oregon Swimming parent or coach
- Enjoy working with age group athletes
- Experience with group dynamics, teaching
- Knowledgeable of the sport
- Organized, adaptable, flexible, not easily stressed
- Current Driver's License

Best time/place to contact you _____

Occupation: _____

Employer: _____

NAME: _____

ADDRESS: _____

CITY, STATE, ZIP: _____

PH: (W) _____ (H) _____

EMAIL: _____

AGE: ___ GENDER: ___

Shirt Size S M L XL XXL

Short Size, Waist (specify) _____

Please include copies of:

- Valid Drivers License # _____
- Current Automobile Insurance
- Current CPR Certification
- Current First Aid Certification
- Other , If Applicable (specify) _____

Note: If you do not have current certifications, but are willing to obtain them as a condition of your participation, please check here

Do you have children that expect to attend Zones?

- Yes
- No

Will this affect your decision to serve as chaperone?

- Yes
- No

What is your current or past involvement with Oregon Swimming? _____

Have you previously been involved with Zones? Y N

If yes, what year and in what capacity? _____

Questions, please call 503 297 6027. Thank you!



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