



Oregon Swimming News

Oregon Swimming is organized for the purpose of fostering swimming competition for the benefit of swimmers of all ages and abilities, in accordance with the standards and rules prescribed by USA Swimming.
Visit our web site: www.oregonswim.org

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Oregon Swimming newsletter is an open forum. Oregon Swimming encourages contributions to the newsletter. All content of these letters reflect the views and opinions of the author and may not reflect those of Oregon Swimming

MAY NOTICES

New Oregon Swimming records. New records were established at Age Group Sectionals, Senior Sectionals in Federal Way, NCSA Junior Nationals and Amsterdam Cup 2004, The Netherlands.

13-14 Boys: Michael Mpitsos, NST, 50Y Free, 21.91

11-12 Boys: Corey Williams, RST, 200Y Breast, 2:25.30.

THSC (Connor McCarroll, Steven Ung, Brendon Liu, Isaac Hayden) 200Y Free Relay, 1:42.11

15-16 Men: Nolan Morrell, BEND, 100Y Back, 51.00, 200Y IM, 1:52.27, 400Y IM, 3:58.92

15-16 Women: Morgan Scroggy, THSC 50M Free 26.93

Open Women: Inky De Bruijn, THSC, 100M Free, 54.09

Open Men: Denis Pimankov, THSC, 50M Free, 23.18, 100M Free, 50.58 and 50.27. Igor Martchenko, THSC, 100M Fly, 53.30.

Congratulations to swimmers and coaches.

2005 OSI Championships. The 2005 Short Course Championships will be for 10&Under, February 19-20 in Springfield, 11-14, February 24-27 in Corvallis, Senior, March 3-6 in McMinnville. The Long Course Championships for 10 & Under, July 16 and 17 in Albany and 11&Over, July 28-31 in Eugene.

Graduating Seniors. Please help recognize our graduating seniors by calling 503-297-6027, Faxing to 503-297-8498, or email swim@oregonswim.org if you have additions to this list. Good luck and congratulations to our swimmers moving on to college in the fall.

NAME	TEAM	HIGH SCHOOL	COLLEGE
Brianna O'Connor	KWSC	Mark Morris	S Connecticut
Sara Peterson	KWSC	Mark Morris	U Idaho
Haley Koss	MAC	St Helens	U Nebraska
Ellie Bieze	THSC	Jesuit	Boston College
Paige Lee	THSC	Jesuit	U of Idaho
Anne Liggett	THSC	Westview	U of Kansas
Ashly Scroggy	THSC	Canby	Whitworth College
Caitlin Dinsmore	WHAT		U San Francisco
Ian George	WHAT	Wilsonville	OSU
Mike Tienken	WHAT	Westview	E Oregon U
Adam Fuller	WHAT	Lakeridge	

Oregon Swimming Board of Directors Meeting

will be Wednesday May 5th in the Eugene Hilton. The officials meeting start at 6PM and the regular meeting at 7PM.

Meet Evaluation forms/verification of membership

All clubs should send a backup (SD3 file) of their meet as soon as you have your entries done for membership verification. Too often, there are athletes in the meet that are not registered. The meet is not insured when this happens!! All teams should use their Hy tek software when sending entries to a meet. All athletes should be entered with their legal names (preferred names added in the appropriate spot) and registration number as it appears on their membership card. This way we don't have problems with membership verification and the times database.

Please make sure when you make copies of the meet evaluation form you have the latest version and they should be mailed to Bruce Ludwig.

They are included in the sanction packet.

Athlete Membership Requirements. According to Oregon Swimming Standing Rules the Membership Requirements are: All athletes competing in an OSI

sanctioned or approved competition are to be athlete members in good standing of USA Swimming or FINA affiliated organization.

Athletes competing in OSI Championships must be USA Swimming athlete members registered in OSI.

Registration forms and fees must arrive in the OSI office prior to an athlete's participation in an OSI Sanctioned or Approved meet.

Athletes competing in Region XII Senior Championships, Western Zone Championships, or any USA Swimming Championship level competition shall be full year athlete members. (i.e., not Seasonal)

Enforcement - The person signing the entry form will be required to verify that all athletes entered are members (in the appropriate category) of USA Swimming.

Penalties - per Article 302.4, USA Swimming Rules and Regulations, OSI may impose a fine of up to \$100.00 per event against the person signing the entry form.

Safety Marshals. Safety marshals should be highly visible on the pool deck. USA Swimming rule 102.18. USA Swimming donated 5 vests and they can be used at your meet. Contact the office for pick up if you wish to borrow them.

JOB OPPORTUNITY

Willamalane Swim Club located in Springfield, OR. is seeking an age group coach to work with our 12&U swimmers. We are looking for a coach with a strong background in stroke mechanics and drills. This group trains Monday-Friday and also takes part in swim meets on the weekends. We have practice at newly renovated Willamalane Swim Center located at G Street in Springfield. We are looking for candidates that have coached USS swim team for at least the last two years, and are enthusiastic with any age swimmer and have good communication skills. Pay will be based on experience.

For more information contact Jialin Hu , (Head Coach) 541-689-6633 or jialinhu1@hotmail.com

Please e-mail resumes with three references to: jialinhu1@hotmail.com or mail to:

Willamalane Swim Club
PO Box 633
Springfield OR

Canby Swim Club is looking for an advanced Age Group Coach to join our year-round competitive swim program and share the responsibility of training approximately 80 swimmers. Job responsibilities include conducting workouts

1 1/2 - 2 1/2 hours a day, Monday through Friday, and participating in 1-2 swim meets each month.
Certifications (First Aid, CPR and Safety training for

Swim Coaches) are required. Salary is based on experience and qualifications.

Please e-mail your resume to Head Coach, Eric Laitinen at eric@canby.com or our Club President, Nancy O'Brien at nancyob@centurytel.net. You may also send your resume to P.O. Box 21, Canby, OR 97013.

Pendleton Swim Association (PSA) is accepting applications for an assistant coach for our summer program. Employment will be June 14th to August 20th. Position will work Monday thru Friday and several weekends for meets.

Applicants must have comprehensive knowledge of current stroke techniques and have the ability to instruct swimmers of various skill levels. The assistant coach will be working with both the competitive and learn-to-swim programs which total over 80 swimmers. Prior coaching experience is preferred.

Send resume and letter of interest to:
Pendleton Swim Association, P.O. Box 431, Pendleton, OR 97801.

SENIOR REPORT ***GARY LEACH***

A GREAT SWIM MEET

Last month I had the privilege of attending NCAA division I men's championships in Long Island New York. It was a very different experience as a coach and as a parent. (I'm sure the same is true for all swimming and Diving Championships for women as well as for men from division II, III and NAIA). I've not had the privilege of attending any other college championships-yet. The 260 men in the meet were some of the fastest swimmers in the world and the meet being billed as 'the fastest meet in the world' holds very true. World (25meters) records were the norm every night in the finals as well as American and NCAA records too. World records in the 50, 100 free, 100, 200 backstroke, 100 fly and 200 I.M. Relays; 200 and 400 Medley Relay, 200 and 400 Free relay, 10 out of 18 swimming events. The meet was multi-national with most of the athletes will be participating in the Olympic Trials for their respective countries. I watched four swimmers from Oregon represent 3 different Universities- Trent Staley (U.S.C.) Luke Ekhoﬀ and Derek Rose (University of Washington) and Matt Leach (Indiana University). All four swimmers were seniors and the last college competition of their career. I had the privilege of working with three of these athletes during their club career. It is very rewarding for me as a coach to have age groupers metamorphose (?) into senior athletes and competitive in the 'Big Dance'.

While watching the meet I was approached by Ethan McCoy (Virginia) a former swimmer from McMinnville, Robby McGinty (post grad at Cornell) a former swimmer from Lake Oswego and Eric Wilson (graduate from Michigan) Thills during his age group days. It was great to see athletes and former athletes walk up and start a conversation, like the 'old' days. To those present, those past and future swimmers at any level, male or female, my sincerest congratulations for an outstanding effort and career. You possess dedication and determination and are an inspiration to the sport of swimming. Regardless of the level of success, it does not go unnoticed. Your peers, parents and coaches appreciate your personal sacrifice and it does pay off. To the graduating class of 2004, wishing you the best of everything. After being a swimmer for many years the rest is easy.

Now on to the local scene, Senior Sectionals this summer will be very interesting being after Olympic Trials and senior Nationals there was discussion about opening up the meet to outside teams, changing time standards, adding 1 more bonus swim and raising fees. After an hour of discussion everything is the same. Some interesting dialogue took place but nothing changed. Doesn't this sound familiar?

Better close for now, next month the 'Altitude Camp' for Oregon Senior athletes to be held October 27-31.

OFFICIALS CORNER

BRUCE LUDWIG

Training Workshop

The training workshop held April 16-18 in Redmond was a huge success. Thanks go out to the 24 officials that attended, rolled up their sleeves, and worked hard all weekend long. We started the weekend with a social Friday evening that included some discussion about what was ahead on Saturday and Sunday. On Saturday, and again on Sunday morning, we split into four groups – one for each certification category of Electronic Timer, Stroke & Turn, Starter, and Referee.

The first assignment for each group was to identify at least five critical tasks or abilities needed to perform at that group's certification level. Each group had an opportunity to present their findings to the large group before continuing in the process. The large group interaction helped each of the smaller groups refine their process.

The second assignment was to identify observable behaviors – both positive and negative – associated with each of the critical tasks or abilities identified in the first step. The purpose of identifying these behaviors was to create a list so that both the trainee and the trainer will know how everyone is to perform their tasks. It is believed that trainers will have the standards necessary to evaluate trainees, and the trainees will have the standards in front of them as performance goals.

The third assignment was to recommend a training process for new trainees in each certification. The process was to include specific assignments or steps to be taken during the training program. It also was to include a rough design for a simple evaluation form. This task proved to be one of the most formidable.

The fourth assignment was to recommend a process for selecting and training trainers. The groups were able to come up with a basic process, but we ran out of time before we could present the ideas to the large group.

Each time the groups completed their small-group work, we came together in a large group to present ideas. The discussions that ensued were invaluable to the overall success of the weekend.

We all spent a lot of time together, but it wasn't all work. In addition to Friday's social, we met back at a large condo for lunch on Saturday. Everyone also attended a Saturday evening pizza feed at a local pizza parlor. Then on Sunday after we wrapped up, quite a few of the attendees met back at the large condo for a bite and a last farewell.

All in all, this was a very productive workshop. The experience represented in the room was awesome. As a facilitator watching the groups work on the issues at hand, I was amazed, impressed, and pleased with the energy and output of each of the groups. I was also struck by the wide range of experience represented in the room. We had officials with anywhere from 1 year of officiating experience to well over 30 years.

So, what's next? We need to keep up the Big Mo! In order to capitalize on the momentum from the weekend, each of the group leaders will summarize their group's work on each of the topics. This information will be distributed back to the workshop attendees. We will also follow up with a one-day session – hopefully sometime in May. Please watch the web site for date and location. I would encourage other officials – not only the ones that attended this workshop – to attend this follow up session.

SPECIAL SWIM CLINIC
FEATURING

SEAN HUTCHISON of KING AQUATIC

SUNDAY, MAY 23rd, 7:45 to 11:45 AM

Sponsored by: PLAY-FISH.COM, J.D. PENCE & TYR

ONE HOUR OF BUTTERFLY:

Pool instruction and pool deck presentation.

ONE HOUR OF STARTS and TURNS.

--Lunch Break--

During the one hour lunch break, PLAY FISH will present Head College Coach Matt Sellman on the topic: "My swimmer and the in's and out of applying to College". This will be an open forum, available to Parents of swimmers who attend the Clinic.

ONE HOUR OF FREESTYLE:

Pool instruction and pool deck presentation.

Throughout the Play-Fish Clinic, Prizes and Awards will be handed out to swimmers, courtesy of TYR Team & Promotions.

COACH SEAN HUTCHISON has accomplished quite a lot since he took the helm of KING AQUATIC. Just a short year and a half ago, Coach Sean started with one Senior National swimmer and three US Open qualifiers. Now King Aquatic has 5 Olympic Trial Qualifiers, 9 Senior National qualifiers and 16 US Open qualifiers. That is quite an accomplishment in just one & half years! It goes without saying that Coach Hutchison is not only one of the premier Coaches of the Northwest but of the whole country as well. It won't be long before Coach Sean's program is ranked among the top Clubs in the United States if they are not already. Fortunately Coach Sean has agreed to come to Oregon to share.

COST: \$100 per SWIMMER

LOCATION: MT. PARK POOL, PORTLAND

TO REGISTER: CALL 503-913-6143

Summer 2004 Application for Assignment

Use this application if you are interested in being assigned for OSI Summer Long Course Championships as Meet Referee, Admin Referee, Starter, or Chief Judge.

Name: _____

Address: _____ Home Phone: _____

City, State, Zip: _____ Work Phone: _____

CURRENT CERTIFICATIONS *(circle and complete the following):*

OSI Certification: Highest Position: _____ Since (year) _____ Current Exp. Date: _____

National Certification: Highest Position: _____ Current Exp. Date: _____

National Championship: Highest Position: _____ Current Exp. Date: _____

Have you been *assigned* a position for past OSI Championship meets? YES/NO

If so, what meet: 10&U-SC 11-14-SC Sr-SC 10&U-LC 11-O-LC YEAR _____

What Position(s)? _____

(answers to the above question neither qualifies you nor disqualifies you, but is helpful in making assignments)

I would appreciate a receipt by e-mail. My e-mail address is: _____

(Please print clearly)

Please indicate below any or all meets and positions for which you would be willing to be assigned:

State Games??? July 10-11 in Gresham (Mt Hood CC)

What: OSI 10&U Championships; **When:** July 17-18; **Where:** Albany

Positions: Meet Referee Admin/Assistant Referee Deck Referee Starter Chief Judge

Please indicate which days and/or sessions you will be available to work _____

What: OSI 11&Over Championships; **When:** July 29-August 1; **Where:** Gresham

Positions: Meet Referee Admin Referee Deck Referee Starter Chief Judge

Referee in Training (needing prelims and finals training)

Please indicate which days and/or sessions you will be available to work _____

(Please note: To be assigned as Meet Referee or Admin Referee you must be available for all sessions.)

Deadlines: For assignment as Meet Referee, the application deadline is April 30, 2004

For other assignments, the application deadline is July 4, 2004.

Please fax, e-mail, or snail-mail to the OSI Office at 1750 SW Skyline Blvd #103, Portland, OR 97221-2545; swim@oregonswim.org; Fax: (503)297-8498

For questions please contact Bruce Ludwig at (541) 548-7507; bludwig@bendcable.com

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