



Oregon Swimming News

*Oregon Swimming is organized for the purpose of fostering swimming competition for the benefit of swimmers of all ages and abilities, in accordance with the standards and rules prescribed by USA Swimming.
Visit our web site: www.oregonswim.org*

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Oregon Swimming newsletter is an open forum. Oregon Swimming encourages contributions to the newsletter. All content of these letters reflect the views and opinions of the author and may not reflect those of Oregon Swimming

JEFF GUDMAN VICE PRESIDENT NATIONAL ADMINISTRATION USA SWIMMING

Last month I had the pleasure of attending the American Swim Coaches Association (ASCA) annual convention, which was held in conjunction with the World Short Course Meter Swimming championships in Indianapolis, Indiana. Needless to say, the venue for the World Short Course Meter Championship (Conseco Fieldhouse) was magnificent, the swimming was great and the presentations at the ASCA convention were excellent. One highlight, among many, of the ASCA convention was the American Swim Coaches Association Awards Luncheon where the 2004 ASCA Coaching Hall of Fame inductees were recognized. The 2004 ASCA Coaching Hall of Fame inductees were Bill Rose, Dick Hannula, Don Easterling, Frank Elm, Jon Urbanek, and Dick Jochums. Each of the inductees attending had an opportunity to speak. A common theme among all the speakers was they walked in the footsteps of the giants of the sport, humility and a desire to continue to learn from each other and about swimming. What a great attitude. It is easy to see why each of these coaches was recognized.

The greatness of each of these coaches and their long term contribution to swimming is one reason why each club should have a program for continuing professional development of the

coaching staff. The ASCA convention is but one example and probably the best example of the importance of continuing education for coaches. The coach of your club is a professional with the responsibility for helping each swimmer develop as a person and as a swimmer. Continuing education is a critical part of the responsibility and should be a part of each clubs program of coach support.

Last month I promised to talk about the economic impact to the community of a swim meet. On a big scale you can look to the World Short Course Swimming Championships in Indianapolis in October. Over the course of 5 days over 70,000 people attended the meet. Each and every one of those people were staying in hotels, eating out, and sightseeing, using rental cars and generally enjoying all the city had to offer. It is clear the financial opportunities for teams hosting a meet are present. They are entry fees, advertising sales, local sponsorships, concessions, etc. In addition, most communities have either a sales tax and/or a hotel/room tax. Each host team should go to the city or the county or the parks and recreation district or whoever the taxing authority is and make the case for the incremental revenues coming into the community because of the meet. Then go one step further, ask the taxing authority for some of the incremental tax money that is generated because of the meet being hosted. It can either be a direct contribution to the team or through advertising or some other way. The bottom line is the hosting of

the meet is generating incremental tax dollars and the host team as the group responsible for generating those monies would like a share.

One of the challenges facing swimming is the number of males vs. females in the sport. In 1990 males were slightly more than 47% of all registered swimmers. In 2003 the number had dropped to slightly less than 39% of all registered swimmers. The only good news is that the total number of males has continued to increase and the percentage of males is up from an all time of slightly more than 37%. This trend is not isolated to the sport of swimming. As a result of this trend a males in swimming task force was established. The task force has met several times by phone and is working towards presenting final recommendations. At this point the preliminary recommendations are organized into five categories.

- 1) Marketing and Promotion
- 2) Swim meet structure
- 3) Practices and Training Programs
- 4) Parent Education
- 5) Organizational Relationships

The challenge is an important one and the recommendations of the task force after adoption by the board of USA Swimming will receive a wide distribution.

See you at the next meet.

2003-2004 SHORT COURSE 2004 LONG COURSE TOP 5

The 2003/2004 short course (25 yards) and long course (50 meter) TOP 5 times from September 2003 thru August 2004 are available on the Oregon Swimming Website. If you are unable to access the website and are interested in the final list contact the Oregon Swimming Office at 503-297-6027, Fax 503-297-8498, e-mail swim@oregonswim.org. Athletes achieving TOP 5 times will be invited to attend the Awards Ceremony to be held on November 21, 2004 in Corvallis.

AGE GROUP CHAIR AMY EMMETT

Retaining male swimmers between the ages of eleven and fourteen is a goal of USA Swimming and Oregon Swimming. The late bloomer may have the most

potential to achieve over time. It is essential to keep them swimming until they reach their potential. At the Oregon Swimming House of Delegates meeting in October legislation was adapted to address this aspiration. The 2005 Oregon Swimming Long Course Championships will be contested with single age groups instead of combined 11-12, and 13-14 age groups. Additionally, the 15 and over swimmers will be divided for finals into two groups; 15 -16, and 17 and over. There will be a single final for each age group with no consolation finals at the meet. New long course time standards will be calculated for 11 and 13-year-old swimmers.

Competing in single age groups has been shown to be beneficial in other LSCs, but it is only one mechanism being used. Other avenues need to be explored and developed. Ideas for competitions for boys and girls only, special camps for boys and girls, or a practice organization that helps keep young boys swimming needs to be shared. Lissa Parker will be the Age Group Chair in 2005 and 2006, and Alex Nikitin continues to be Oregon Swimming's Technical Planning Chair. Please communicate your ideas and think outside the box.

2005 OREGON SWIMMING BOARD OF DIRECTORS

At the House of Delegates Meeting in Gresham the 2005 OSI Board of Directors was elected.

General Chair – Tim Stevenson
 Administrative Chair – Rick Guenther
 Senior Chair – Kyle Kimball
 Age Group Chair – Lissa Parker
 Caches Representative – Chris Richmond
 Technical Planning Chair – Alex Nikitin
 Treasurer – Jacki Allender
 Secretary – Mark Rieniets
 Jr Athletes Representative – Logan Storie

NOVEMBER NOTICES

Oregon Swimming Board of Directors Meeting.

The next meeting will in the Eugene Hilton, November 3rd at 7:00PM and an officials meeting at 6:00PM.

Mark Maxwell. Members of the Yawama Swim Team have established an account to help support Mark Maxwell's family and help cover the cost of medical bills. Donations can be made to the "Mark Maxwell Donation Account" at any branch of the US Bank. Mark is home. We wish him a speedy recovery.

Meet Evaluation forms/verification of membership

All clubs should send a backup (SD3 file) of their meet as soon as you have your entries done for membership verification. Too often, there are athletes in the meet that are not registered. The meet is not insured when this happens!! All teams should use their Hy tek software when sending entries to a meet. All athletes should be entered with their legal names (preferred names added in the appropriate spot) and registration number as it appears on their membership card. This way we don't have problems with membership verification and the times database. Please make sure when you make copies of the meet evaluation form you have the latest version and they should be mailed to Bruce Ludwig.

They are included in the sanction packet.

Athlete Membership Requirements. According to Oregon Swimming Standing Rules the Membership Requirements are: All athletes competing in an OSI sanctioned or approved competition are to be athlete members in good standing of USA Swimming or FINA affiliated organization

Athletes competing in OSI Championships must be USA Swimming athlete members registered in OSI.

Registration forms and fees must arrive in the OSI office prior to an athlete's participation in an OSI Sanctioned or Approved meet.

Athletes competing in Region XII Senior Championships, Western Zone Championships, or any USA Swimming Championship level competition shall be full year athlete members. (i.e., not Seasonal)

Enforcement - The person signing the entry form will be required to verify that all athletes entered are members (in the appropriate category) of USA Swimming.

Penalties - per Article 302.4, USA Swimming Rules and Regulations, OSI may impose a fine of up to \$100.00 per event against the person signing the entry form.

Safety Marshals. Safety marshals should be highly visible on the pool deck. USA Swimming rule 102.18. USA Swimming donated 5 vests and they can be used at your meet. Contact the office for pick up if you wish to borrow them.

JOB OPPORTUNITY

Woodburn Swim Team is looking for someone to keep the progress moving forward. Current coach is leaving

for full time work outside swimming. We have lots of new swimmers this season in this group and need someone who can develop and nurture their abilities along.

You would be working with swimmers from 8-15, developing strokes and conditioning. Go to approximately one meet a month and fill in for Head Coach when I am away at meets. Practice times are 4-6pm M-F.

Send resume and references to:

WBST

POB 295

Woodburn, Oregon 97071

For more information call or email John Zell at:

coachzell@cudclub.com

503.982.2302

Parkrose Swim Club is seeking a Age Group/Novice Coach for a year around competitive swimming program. Interested applicants should possess as a minimum either a current lifeguard or safety training for swim coaches certificate, plus CPR/First Aid certificate, and a minimum of 1 year competitive swim coaching experience. Current certification as a USA swimming and/or ASCA certified Swim Coach is desired but not required at time of application. Compensation is negotiable based upon qualifications and experience.

Interested applicants should submit a cover letter and resume to:

Parkrose Swim Club

P.O. Box 301605

Portland, Or 97294-9605

e-mail to johntopbills@comcast.net

Sweet Home Swim Club is seeking a Coach for a year round age group competitive swimming program. Interested applicants should possess as a minimum either a current Lifeguard or Safety Training for Swim Coaches certificate, plus a CPR and First Aid certificate, and a minimum of 1 year competitive swim coaching experience. Current certification as a USA Swimming and/or ASCA certified Swim Coach is desired but not required at time of application. Applicants must be able to pass a satisfactory background check. Compensation is negotiable based upon qualifications and experience.

Interested applicants should submit a cover letter and resume to:

Coach Search

Sweet Home Swim Club

PO Box 593
Sweet Home, Oregon 97386
Or via e-mail to: martin51011@comcast.net

Willamalane Swim Club located in Springfield, OR. is seeking an age group coach to work with our 12&U swimmers. We are looking for a coach with a strong background in stroke mechanics and drills. This group trains Monday-Friday and also takes part in swim meets on the weekends. We have practice at newly renovated Willamalane Swim Center located at G Street in Springfield. We are looking for candidates that have coached USS swim team for at least the last two years, and are enthusiastic with any age swimmer and have good communication skills. Pay will be based on experience.

For more information contact Jialin Hu , (Head Coach) 541-689-6633 or jialinhu1@hotmail.com
Please e-mail resumes with three references to: jialinhu1@hotmail.com or mail to:
Willamalane Swim Club
PO Box 633
Springfield OR

ADAPTED SWIMMING

Eugene A Mielke

Paralympics Games in Athens: The U.S Paralympic team competed in the Paralympics in Athens September 19-27, 2004. Overall the team did well. They tied for second in the gold medal race with Great Britain with 16. China had 19 gold. In the overall medal race, the U.S. team (16 gold, 4 silver, 15 bronze) tied with Australia (6 gold, 14 silver, 15 gold) for fifth with 35 medals. Great Britain was first with 52, China second with 41, Canada and Spain tied for third with 40.

Jennifer Butcher, Julie Crisp, and Mikhaila Rutherford (Columbia-Willamette YMCA, coached by Bryan Butcher) and Aaron Paulson (Yawama, coached by Mark Maxwell) were members of the 29 women and 16 man U.S. team competing. They competed in 10 individual events and on 2 relays. For their efforts they brought home 2 gold, 1 silver, and 1 bronze medal. They also earned two 4th-places, one 5th-place, one 6th-place, and four 9th-places. Their efforts resulted in 6 pending American Records and 9 Oregon records. Jennifer competed in the 50 m Freestyle (5th), 100 m Freestyle (9th), and 100 m Backstroke (Bronze

medal). Julie competed in the 100 m Backstroke (6th) and the 200 m Individual Medley (9th). Mikhaila competed in the 100 m Breaststroke (Silver medal), 100 m Butterfly (4th), 200 m Individual Medley (Gold medal), and swam the backstroke leg of the 4 x 100 m Medley Relay (34 point) which won the Gold medal and broke the existing American record by 22.70. Aaron competed in the 100 m Backstroke (9th), 100 m Breaststroke (4th), and swam the breaststroke leg of 4 x 50 m Medley Relay (20 point) which finished 9th. Congratulations on your performances. New Oregon records set at the meet were:

Jennifer Butcher, S 13, 50 m Freestyle, 29.70, broke Oregon record by 0.24.

Julie Crisp, S 7, 50 m Backstroke, 45.35, broke Oregon and American record by 2.21., 100 m Backstroke, 1:33.49, broke Oregon record by 3.65.

Julie Crisp, SM 7, 50 m Butterfly, 50.80, broke Oregon record by 1.03 in the initial 50 of the 200 m Individual Medley.

Mikhaila Rutherford, S 10, 100 m Breaststroke, 1:27.68, broke Oregon record by 4.21.

Mikhaila Rutherford, S 10, 50 m Butterfly, 35.29, broke Oregon record by 0.93 and American record by 0.93 at the initial distance of the 100 m Butterfly.

Mikhaila Rutherford, S 10, 100 m Butterfly, 35.29, broke Oregon and American records by 1.21.

Mikhaila Rutherford, S 10, 200 m Individual Medley, 2:38.10, broke Oregon record by 10.06 and American record by 8.40.

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