



Oregon Swimming News

*Oregon Swimming is organized for the purpose of fostering swimming competition for the benefit of swimmers of all ages and abilities, in accordance with the standards and rules prescribed by USA Swimming.
Visit our web site: www.oregonswim.org*

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Oregon Swimming newsletter is an open forum. Oregon Swimming encourages contributions to the newsletter. All content of these letters reflect the views and opinions of the author and may not reflect those of Oregon Swimming

JEFF GUDMAN VICE PRESIDENT NATIONAL ADMINISTRATION USA SWIMMING

Four topics for the column this month.

Topic 1 – A Recognition Opportunity at a Portland Trailblazer basketball game. Oregon Swimming has a wonderful opportunity to showcase the swimmers and their families and friends in Oregon and southwest Washington. On Sunday January 1, 2006 at 6:00 p.m. there will be an opportunity to get your team together at the Portland Trailblazer vs. Los Angeles Clippers (who at the time of writing this column are leading the division) basketball game. Although the details are still being worked out, there should be a swimming video shown as well as possible recognition of the male and female swimmers of the year. Swimmers are encouraged to wear their team uniforms and families and friends are welcome. As many people know, Tim Duncan, the National Basketball Association Most Valuable Player has credited much of his success to the years he spent swimming. Tickets are being sold on a discounted basis.

The event came about because of the reputation swimming has in the community and is consistent with the three core objectives of USA Swimming.

Build the Base – We seek to expand our membership in order to share our sport with as many people as possible. We are especially committed to sharing the values of our sport with young people who may discover that swimming is an activity they can enjoy for their entire life.

Promote The Sport – We want swimming to receive as much publicity as possible because we believe that the more people learn about our sport the more inclined they will be to join the ranks of our membership. We are proud of our sport and we seek to celebrate it whenever possible,

Achieve Competitive Success – USA Swimming has been ranked as the number one swimming nation in the world for more than 40 years. We seek to continue this tradition of competitive excellence. When our elite athletes are successful in fulfilling their Olympic dreams our society benefits from the inspiration these athletes give us.

Hope to see you at the game.

Topic 2, the Top 5 awards ceremony. What a terrific Oregon Swimming Top 5 ceremony in November. Once a year it is an opportunity to recognize excellence in our sport. We recognize excellence in volunteer activity, excellence in officiating, excellence in coaching and at the center excellence by the athletes. Once again congratulations to all the athletes who achieved a top 5 swim during the last year. You have done well and set a standard for others to emulate. Thank you to everyone who made the ceremony a success.

Topic 3 – USA Swimming data base. Over the last few years there has been a great deal of work to accumulate and analyze data about all the registered swimmers and coaches in the country. The most apparent of this effort is the SWIMS data base which is proving to be a wonderful teaching and motivational tool for swimmers and coaches. Another area is in the club size. Since

2000, the average club size has increased from 80 to 91 swimmers. In general, it appears a team of 100 swimmers permits the club to have a full time head coach whose only job is coaching. Some other interesting statistics are the facts that over 67% of all clubs have 100 or fewer swimmers, while 31% of all swimmers are on clubs of less than 100 swimmers.

Topic 4 – Male swimmers. Since 2000 not only has the number of swimmers in our sport grown but the percentage of male swimmers has increased from a low of 37.3% to 40.8%. The numbers of male swimmers is too low and over the last several months a USA Swimming Task Force on Males in Swimming has been working diligently in bringing forward a report on how we can do better. The final report is due in January and is planned to be made available to all clubs and LSC's.

See you at the next meet.

OREGON SWIMMING RECORDS

Swimming at the MSC McSwimville meet, **Santo Condorelli**, shattered one of the oldest records on the Oregon Swimming books. He bettered Dennis Baker's 1971 9-10 100 fly record of 1:04.20 with a time of 1:03.15. At the same meet, Santo bettered Brady Child's 1992 record in the 9-10 50 free with a time of 26.14, bettering the old record of 26.29. Santo continues his record breaking performances, bettering two records. In the 100 free, Santo swam 56.65, bettering the old record of 57.01 held by Brady Childs since 1992, and in the 100 IM, where he swam 1:04.13, to better the old record of 1:05.90, formerly held by Lee Leatherman.

Congratulations Santo

NOVEMBER NOTICES

2006 OSI Swim Guides are available for F5.00 at the office or JD Pence. Send \$5.00 to the office to order.

2005 Awards Ceremony. Awards were presented at the ceremony in Corvallis to all the athletes who earned a top 5 time in their age group and event. This year the female athlete of the year award was presented to Kim Jasmer from SCAT, the male athlete of the year to Logan Storie from CAT, Age Group coach of the year to Kate Phifer from BRSC and Senior Coach of the year to Rick Guenther from CAT. The James Richardson Award was presented to Tim Stevenson, OSI General Chair. USA Swimming Award to Robbert van Andel, OSI webmaster, Officials Award to Jacki Allender and the Adapted Award to Mark Rieniets, referee at the Disability National championships.

Congratulations to all.

The next OSI Board of Directors Meeting will be held Wednesday January 4th, 7:00PM in the Multnomah Athletic Club. An officials meeting will start at 6:00PM.

Meet Evaluation forms/verification of membership

All clubs should send a backup (SD3 file) of their meet as soon as you have your entries done for membership verification. Too often, there are athletes in the meet that are not registered. The meet is not insured when this happens!! All teams should use their Hy tek software when sending entries to a meet. All athletes should be entered with their legal names (preferred names added in the appropriate spot) and registration number as it appears on their membership card. This way we don't have problems with membership verification and the times database. Please make sure when you make copies of the meet evaluation form you have the latest version and they should be mailed to Bruce Ludwig.

They are included in the sanction packet.

Athlete Membership Requirements. According to Oregon Swimming Standing Rules the Membership Requirements are: All athletes competing in an OSI sanctioned or approved competition are to be athlete members in good standing of USA Swimming or FINA affiliated organization.

Athletes competing in OSI Championships must be USA Swimming athlete members registered in OSI.

Registration forms and fees must arrive in the OSI office prior to an athlete's participation in an OSI Sanctioned or Approved meet.

Athletes competing in Sectional Championships, Western Zone Championships, or any USA Swimming Championship level competition shall be full year athlete members. (i.e., not Seasonal)

Enforcement - The person signing the entry form will be required to verify that all athletes entered are members (in the appropriate category) of USA Swimming.

Penalties - per Article 302.4, USA Swimming Rules and Regulations, OSI may impose a fine of up to \$100.00 per event against the person signing the entry form.

ATHLETES REPORT

APRIL ROBINSON

LOGAN STORIE

Hi everyone, as you know its November and football is coming to an end, you all know what that means..... high school swim season is starting! We both personally say that the high school swim season is some of the most fun we have all year. Team spirit is at an all time high and you will even see some of you fastest time during this season. High school gives you a chance to interact with

other aspiring swimmers. You can swim other events that you don't always get the chance to. So we encourage all of you that can to at least try high school swimming, meet new people, set records, and most of all have FUN!!!

You will have such great memories.

On another note congratulations to all of you outstanding swimmers who made Top 5 this year! Keep striving for the top!

Talk to you swimmers later in the next news letter.

Swim fast! If you have any questions, comments, or concerns contact us. Our emails are: (April)-
Chimpanzee_swim@hotmail.com or (Logan)-
Quick1500swimmer@aol.com.

COACHES REPORT

BUD TAYLOR

Our goals for 2006 will continue to include building better ways to:

1. Provide the best professional coaching for all skill levels in OSI swimming.
2. Advance more and more OSI swimmers to the highest levels of competition in USA Swimming.
3. Increase the longevity of both athletes and coaches in the sport of swimming.
4. Advance the values of our sport to our athletes, coaches, parents and communities.

One of our first and most important projects will be to install an award to recognize our best developmental coach each year. Oregon's small community and novice coaches are the foundation of OSI. A fun, well skilled, wholesome start in swimming is absolutely fundamental to an athlete's longevity in the sport and to high levels of success as a senior swimmer.

Recognizing our developmental coaches will enhance coaching retention at this critical level.

The Oregon Swim Coaches Association voted to add a Developmental Coach's Award to the OSI Top 5 ceremony. A committee was selected to establish the criteria for the award.

OSI coaches are asked to e-mail their thoughts, on what the criteria for this important award should include, to mhstcoach@aol.com

ALL STAR TEAM REPORT

GREG BOSTROM

As most of you have probably already heard this years All Star meet will be a little different, British Columbia will be bringing a team down. The meet will be on the Nike campus in Beaverton on Jan. 21-22, 2006. Swimmers must have a minimum of one A.G. Sectional

time to qualify for the team. The applications need to be returned to the OSI office by noon December 19, 2005.

This year's coaches are Jason Moore, Nacim Bouferrache, Sheri Bottelberghe, Trevor Hoke, Sean Taylor, and Shane Bennett.

AGE GROUP REPORT

LISSA PARKER

At this time of year from my perspective it seems like season planning, calendars, preparation before the intense competition phase, and recruitment are what we are focusing on. For those of us getting swimmers back from soccer, football and other sports our numbers may be increasing, not to mention high school season starting up for those of us involved in that as well.

For follow up information regarding the 11 & Over Long Course OSI Championship Meet:

From the last meeting at HOD in October 2005 in Lincoln City, and the OSI Board meeting in Eugene (11-2-05) we will create a subcommittee comprised of the Age Group Chair, Senior Chair, Coaches Representative, Technical Planning Chair and Officials Chair to meet as needed before the meet starts to adopt some protocols for what steps to take in the event that this meet is too large. Initially we will meet beforehand in a conference call to discuss strategies. We hope to meet before the end of the year and include our incoming elected coaches representative, and the meet referee for next year.

My focus for the newsletter this issue is to look at the global picture of what we are doing as coaches and teams early in the season. What is the most useful to us? Where does the information, inspiration and ideas come from that are most effective? To me it is remarkable that virtually any given topic can be accessed at the search engine Google within a few seconds. There is a LOT of material out there i.e. for new parents. One example: just type in "information for new swimming parents" and see what you get. Besides the USA Swimming web site there is a lot of material from all over the country to use and network from. Same for season planning, converting swim times from meters to yards, nutrition and dryland, almost anything you might need access to.

Some ideas that I have been exposed to lately as food for thought, from novice, experienced and world-class coaches include:

- Set real objective goals everyday, for workouts, seasons, planning
- Coach from technique to speed and fitness rather than the other way around
- Get real commitment from small things to the larger picture

- Work at getting all the team united in training regimen, team unity, involvement as the group
- As a coach have complete conviction and motivation
- Keep the focus on the individual athlete from being diluted by the commitment to the whole
- Have real and useful ways to involve new parents on your team -educate and communicate
- Educate newer swimmers to team culture & history, common coaching language at practice
- Develop team mentors & helpers, especially for the new to the team (one team uses special helper bracelets)

I also have some workshop notes from two workshops given by University of Texas coach Eddie Reese. Given that his swimmers just 'cleaned up' in awards at the second annual Golden Goggles event held in New York this month, his wisdom may be highly useful. If anyone would like an e-mailed copy of these notes let me know at: lippyb@hotmail.com.

See you on deck, *Lissa Parker*

SENIOR CHAIR REPORT

KYLE KIMBALL

The Short course season is well under way. Many swimmers will be trying to improve on past performances and reach their goals this season. I recently read a quote at the Olympic Training Center about the Olympics and the Olympic experience. "The Olympics- It's not every four years, it's every day". I thought this quote was great! We all must think about our goals everyday, not just at the end of a season. Work hard, get your rest, eat right, do well at school- Every day. You will feel much better about yourself and you will be much more likely to reach your goals.

Speaking of the Olympic Training Center. Rick Guenther, Amy Emmett, and myself took 19 athletes to the Training Center during the last weekend in October. The workouts were challenging, the food was great, and I know that every athlete and coach had a great experience. The Olympic Training Center was very impressed with our athletes and staff. We are welcome back anytime! Thanks to all those that participated in the camp.

OFFICIALS CORNER

BRUCE LUDWIG

Rules Changes

There has been a lot of discussion lately about the recent changes to the breaststroke and backstroke rules. Please go to the USA Swimming web site to retrieve the rule language and interpretation. You can get this by using

the following URL and procedure:

www.usaswimming.org, click on the Volunteers tab at the top of the page. Click on the Officials menu link at the top left of the page, and then click on the Rules & Regulations link below that. The resulting page has the rules interpretation for the breaststroke and backstroke rule changes near the top of the page.

I'd like to answer a few common questions regarding these rule changes.

Backstroke:

Q. Does this mean the swimmer can kick and glide into the wall?

A. No! The backstroke rule change does not affect how we judge the turn. All turning action must be continuous. The rule change simply removes redundant language (kicking action has nothing to do with judging the continuity of the turn).

Q. The rule no longer indicates whether or not the swimmer can be submerged at the finish. Does this mean the swimmer can be wholly submerged beyond 15 meters?

A. No, but it's not that simple. The rule remains that a swimmer may not be submerged beyond the 15 meter mark. What the swimmer is doing *AT THE FINISH* (in terms of being submerged or not) is not as important as whether the swimmer is finishing on his/her back. This language was removed a) because it is unnecessary language, and b) to refocus turn officials on the swimmers upper body at the finish rather than the whole body.

Breaststroke

Q. May the swimmer take a downward butterfly kick after the start or a turn *BEFORE* starting his/her first arm pull?

A. No.

Q. If a swimmer chooses to take a downward butterfly kick after the start or a turn, *MUST* the kick be taken *ONLY DURING* the first arm pull?

A. No. The swimmer may take the downward butterfly kick *AFTER STARTING* the first arm pull, but may choose to take it after the arm pull.

Q. What is the sequence of strokes and kicks if the swimmer chooses to use the downward butterfly kick after the start or a turn?

A. 1) Swimmer *begins* the first arm pull after a start or a turn; 2) Before the second arm pull the swimmer may take a downward butterfly kick followed by a breaststroke kick. In all cases a breaststroke kick must follow the downward butterfly kick. Remember: The

arm recovery is not the second arm pull, therefore the butterfly kick and breaststroke kick may be taken during or after the arms recover from the first arm pull – *AS LONG AS THE KICKS ARE ACCOMPLISHED BEFORE THE SECOND ARM PULL IS TAKEN.*

Q. Is this a difficult rule to judge?

A. No.

New Training Program

Please bear with us as we transition to the new training programs. Many of you have already experienced some of the expected transitional problems. We will continue to work through these issues, so please do not be disturbed or overly concerned.

The new program for ET and S&T uses a system of qualified trainers, behavioral rubrics, and a training log. The behavioral rubrics are fairly self-explanatory when you see them. They are simply a set of observable behaviors ranging from what might be expected from an inexperienced new trainee to a fully qualified and certified official.

The training log is a set of requirements and progressions that are designed to be signed off by qualified trainers. This is where the problems arise. Currently we have about 35 qualified trainers. They know who they are, but we have not yet followed through on a plan to make that information known to others, especially meet referees. We will correct that soon. The other problem with this is that 35 is not enough, and most of our referees have not yet been through the training. We have a plan for correcting that, but it is thus far a slow process. I have some ideas on how to move this along a little faster, but would be open to any suggestions you might have.

For now, Meet Referees are being asked to use discretion and common sense in assigning officials for trainees to work with. Those officials who are asked to train a new trainee – *even though they may not have had the training yet* – are asked to at least go over the rubrics with the trainee before the end of the session. Circle or highlight the specific behaviors that were observed during the session – no matter where in the rubric they may lie. It is possible to have certain selected behaviors circled in each of the competency levels.

None of this will make much sense until you see the rubrics. I will have the rubrics posted to the web site, hopefully by the time you are reading this.

We knew the program would not be perfect *out of the box*, but we will continue to implement the changes. Eventually it will work smoothly, although... who knows... it may never be perfect.

This year's recipient of the Dick Parker Officials Award is a long time member of the OSI officiating team, and is highly respected and acknowledged among the official's community.

She has consistently shown willingness and an ability to work where ever she is required or needed, in order to make any and every swim meet a success for the athletes.

In the past twelve months alone, she has officiated in the position of Meet referee, Admin referee, Chief Judge and Starter at championships level meets. She has also worked in the position of Stroke and Turn whenever a gap exists, at all levels of meets. Her catch cry phrase of "You can use me in what ever capacity you need me" is music to any referee's ears, and both an example and an inspiration for the less experienced officials.

She has consistently demonstrated that she has no preconceived idea of the level of meet which needs her expertise. She has been on the deck at meets ranging from a small two team High School dual meet, up to the OSI State Championships.

During the past summer she worked as an official at the Paralympics National Championship and the USA Swimming Summer National Championships meet. She has also helped to represent Oregon and its officials on the national competition pool decks on a number of other occasions over the years.

At almost every Masters' swim meet held in Oregon, this year's recipient of the award can be found working the deck, and in many cases, arranging for others to help officiate along with her.

This year's recipient has also been heavily involved in the development and publication of the new training guidelines and material for the Oregon swimming officials. She has spent numerous hours in discussions and review sessions to ensure that both the content and the presentation of the new training material is as near to perfect as humanly possible. She has made a significant contribution to the training of fellow volunteers to ensure that the future generations of swimming officials that are trained in Oregon, will be some of the best trained and prepared in the nation.

The challenge for every official is to be impartial, accurate, and fair, while keeping the balance against being over zealous or too precise, with the application of the rules. This year's recipient of this award has clearly and consistently demonstrated a mastery of this balancing act. She has made decisions, both in favor of the athlete, and occasionally against the athlete, with compassion for the athlete concerned. She is recognized among her peers as being knowledgeable and highly proficient in the application of the rules, but she is

always ready to accept advice, and readily seeks alternative points of view before making any decision.

It is this consistent and compassionate dedication to excellence that has earned her the respect of her fellow officials, and many in the wider swimming community in Oregon.

When she is not on the pool deck, she is the Oregon Masters Swimming Officials Chair, and serves on the Board of Oregon Swimming as both the Treasurer and the National Times Verification chair.

This year's recipient could not be here today to accept her award, as she was unaware she had been nominated, and had previously committed to officiate at a masters swim meet in Portland.

I am pleased to announce this year's recipient of the Dick Parker Official's Award: Jackie Allender.

OREGON SWIMMING INC

Regular Meeting

November 2, 2005

The Regular Meeting of the Board of Directors of Oregon Swimming Inc. was called to order by General Chair, Tim Stevenson, at the Eugene Hilton at 7:05 p.m.

The following individuals were present: Tim Stevenson, Coby Van Andel, Robbert van Andel, Craig Martin, Dawn Marie Woodward, Teri Jeffreys, Terry Johnson, Jeff Gudman, Gene Mielke, Rick Guenther, Scott Kerr, Larry Liebowitz, Bruce Ludwig, Tim Stevenson, Jacki Allender, Linda Postma, Lissa Parker, Kyle Kimball, and Mark Rieniets

Minutes: Minutes from last meeting were approved as presented.

Treasurer (Jacki Allender)

Written financial report was submitted.

Motion: Accept report as submitted.

Action: Second and Passed

Reports - Administrative Chair-Rick Guenther

Age Group (Lissa Parker)

Written report submitted. Discussion was held regarding when and how the "committee to decide what the priority criteria" for the 11 & Over champs should meet, and when. The committee will meet at the scheduling meeting in April. Lissa will get together with Gene to discuss approaching USA Swimming regarding mixed sex events in some meets. Three clubs have expressed an interest in hosting these types of meets.

Senior Report (Kyle Kimball)

Just back from sectional camp in Colorado. 19 athletes from Oregon attended. Had 1 girl could not attend due to an injury. Coaching staff worked well together, and swimmers had a great time. Faculties were excellent and athletes got a lot out of the camp. Looking to set the camp up again next year at the same place.

Coaches Report (Chris Richmond) - No report

Athlete Reps (April Robinson & Logan Storie)

Logan spoke to people on his team, and they liked the idea of the IMExtreme meet being hosted through the USA Swimming web site. Got very positive feedback regarding the OSI Sectional camp from the athletes who attended.

Scheduling (Skip Runkle)

No report. Tony Magden will be taking over the scheduling chair.

Time Standards (Andy Carlisle) - Written report submitted.

Technical Planning (Alex Nikitin) - No report

Web Site (Robbert van Andel)

Records recognition was discussed. The current OSI handbook book states that a meet must be sanctioned for a record to be recognized. This excludes teams from Approved meets being recognized for Top 5 and Oregon records.

Motion: A swimmer must be a current registered OSI swimmer, and be representing OSI, one of its clubs, or USA Swimming to be recognized for OSI Top 5 and Records. The swim meet the time is swum must be a sanctioned or approved competition.

Action: Second and Passed

Motion: Remove the requirement for the meet results to be signed by the meet referee before the time is recognized as a record.

Action: Second and Passed

Motion: Remove all reference to hard copy results being submitted to OSI for meet results.

Action: Second and Passed

Safety Chair (Jeanine Serrano)

Will be safety training for coaches around the holidays. Dates have not been finalized yet.

Camp Coordinator (Scott Kerr/Mark Maxwell)

There are no plans for camps until next April due to the High School season, and OSI's meet schedule. There are a number of coaches who have expressed interest in hosting camps. Scott will continue to work with them as ideas are developed. There is potential for an open water camp as well, now that it is an Olympic sport.

Scott contacted USA Swimming regarding what is available from them for camps. Mark Maxwell will pursue this while he is in Colorado Springs this week. There is a \$4,000 budget item for camps and an additional \$4,499 available for development camps. There is an interest in having a coach's development clinic. At this point there are no funds available from OSI for this, but Jacki reported that as the year progresses this may change.

Officials Chair (Bruce Ludwig)

Officials Training program is off to a good start. Next steps are to complete the Referee's training program, and then ensure all the OSI Referees are trained on how this will work. The new national certification process is coming out of USA Swimming. Not clear at this time on how this will affect the National Certification for the OSI spring championship meets.

Bruce intends to change the requirement for meet referees report. They will now be submitted to the area officials' chair. This will be the area chair responsible for the area where the meet occurs, not the chair for the area the referee resides in.

Goal is to always have enough officials on deck to have the swimmers times count. Recruiting is doing well at this point in order to satisfy this requirement. We do still occasionally have a meet where there are enough officials. Discussion was held on how these meet results are reported so the times are not recorded as official. Bruce will put a process in place to allow the referees to notify the OSI office so the web master and the records chair are aware the results from the meet are not sanctioned due to lack of officials.

The following referees have been appointed for the next round of OSI championships meets:

Bob McMillan – Pacific Coast All Star meet
Linda Postma – High School State Championships
Jacki – OSI Senior Championships
Jeanne Lansing - 10 & Under championships
TBA – OSI 11 – 14 Championships

There is still some confusion on the new breaststroke kick rule, and where this kick can take place. The meet referee's are addressing this through the stroke briefings held before each meet.

Adapted (Gene Mielke) - No report

Office Manager/Registration (Coby van Anandel)

Have one new team in Klamath Falls called the Oregon Water Wolves. Superior Aquatics and Sting Rays in Grants Pass are merging and will be called the Superior Sting Rays Swimming. Lebanon Aquatic will be changing the name to Mid Valley Swim team.

Motion: Accept all changes
Action: Second and Passed

Motion: Destroy ballots for the awards from the House of Delegates meeting.
Action: Second and Passed

Oregon Swimming is in needs of a new banner. J.D. Pence have volunteered to provide this new banner at no cost to OSI.

Newsletter articles are due by the 15th of the month.

Sanctions Chair (Mark Rieniets)

Mark reported that the hand over of the sanction chair material to Terry Johnson was now complete, and Terry is the OSI Sanctions Chair effective immediately.

Awards Ceremony (Cheslah Barkdoll)

Everything is ready for the OSI awards ceremony. Awards and food have been ordered. Decorations are being worked on. The Age Group and Senior Coach chairs will present coaches and Athletes of the year awards.

Star Chair (Jacki Allender) - No report

Records (Cyndi King)

Numerous records have been broken this year, and certificates are ready to be presented at the OSI Top 5 banquet.

All Star Team (Greg Bostrom/Jeanine Serrano)

Application for the all star team and coaching staff is on the OSI web site.

Looking for applications from coaches for the Zone staff. Any one interested should contact Greg or Jeanine.

OLD BUISINESS

Standing Rules

Gene Mielke submitted a written amendment to be included in the handbook to clarify the requirements for the OSI championship travel reimbursement. After discussion a number of amendments were made. The following is a summary of the changes to be made:

Article IV - Records:

1. Modified Section I, a, to add that a swimmer must represent OSI, one of its Clubs, or USA Swimming.
Modified Section II, a, to say sanctioned or approved meets.

Article V - Travel Fund

1. Table following Section II, b, 2 to move USA Swimming Disability Championships from a Level II to Level I meet.
2. Modified Section II, c, 1, to indicate that the swimmer must represent OSI, one of its Clubs, or USA Swimming.
3. Modified Section II, c, 3, b, to clarify that a swimmer could only get funding for both Junior and Senior Nationals in the same season was to qualify for the Senior meet at the Junior meet.
4. Modified Section II, c, 3, to add point e, clarified that only one funding was allowed per season, and that Level III funding only applied to the short course season.
5. Deleted Section II, c, 4, as redundant and renumbered the following items accordingly.
6. Modified Section II, c, 6 (now item 5), to eliminate the mention of any specific meet as a requirement for reimbursement.

Motion: Accept changes as submitted and amended for inclusion in the OSI Standing rules.

Action: Second and Passed

Motion: Move disability reimbursement from Tier II to Tier I and amend standing rules.

Action: Second and Passed

Letter received from Down Town Athletic club in Eugene, asking for forgiveness for not attending the House of Delegates. Discussion was conducted around the fact that this was not the first time this club had not attended the House of Delegates.

Motion: Uphold the published penalty.

Action: Second and Passed

NEW BUSINESS

Board members commented that this was the last scheduled OSI Board meeting which Tim Stevenson would chair as the General Chair of OSI. Board members thanked Tim for commitment to the job Tim had given as the General Chair over the past few years.

Next Board Meeting: 7:00 p.m. on January 4, 2006 at the MAC Club in Portland.

Meeting was adjourned at 8:41 p.m.

Respectfully Submitted , Mark Rieniets Secretary

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