



# Oregon Swimming News

*Oregon Swimming is organized for the purpose of fostering swimming competition for the benefit of swimmers of all ages and abilities, in accordance with the standards and rules prescribed by USA Swimming.  
Visit our web site: [www.oregonswim.org](http://www.oregonswim.org)*

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Oregon Swimming newsletter is an open forum. Oregon Swimming encourages contributions to the newsletter. All content of these letters reflect the views and opinions of the author and may not reflect those of Oregon Swimming

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## **JEFF GUDMAN VICE PRESIDENT NATIONAL ADMINISTRATION USA SWIMMING**

We all stand on the shoulders of those who come before us. We learn from the past and use it to build a better future. To learn from the past it is beneficial to take time every now and then and review what has been accomplished in the last several years. When you do that with USA Swimming you find a remarkable list of accomplishments that have helped move the sport forward in a positive way. What has occurred over the last 10 years? Below is a partial list.

1) After vigorous debate over an extended period of time, the USA Swimming House of Delegates voted to increase dues over a 10 year period to provide for a variety of programs and services, including but not limited to a series of recommendations from the Programs/Services task force and the Facilities Task Force. These recommendations included the addition of four additional field services staff to better assist the clubs through out the country, new video resources, efforts to improve relation with high school federations across the country, expanded coach education, club mentoring programs, parent education programs and many more. Many of these efforts are just beginning to bear fruit and the benefits will do nothing but grow in the years to come.

2) Creation of the Dual in the Pool, the Golden Goggles Awards Dinner and the USA Swimming Foundation.

3) Creation and launch of Splash Magazine, a wonderful magazine designed to meet the needs of the many swimmers in our sport.

4) Information technology infrastructure spending and the creation of the SWIMS database. The ability of not only the individual swimmer and coach to tap into and see what other swimmers and clubs are doing across the country is nothing short of astonishing. As a motivational tool alone, the SWIMS database is terrific. Not to mention, is for the first time, the USA Swimming has the ability to truly know what is working for different swimmers and clubs and coaches across the country. The IMX Challenge and the mythical club championship are just two additional tools now available to the swimmers, coaches and clubs.

5) As part of the information technology spending, the USA Swimming website has been redesigned to better meet the needs of the users.

6) The widespread knowledge and acceptance of the core objectives of USA Swimming...Build, Promote, Achieve.

7) The reorganization of the USA Swimming office and the creation for the first time of a Club Development Division whose primary focus is to assist clubs to become better and to achieve excellence, however each club chooses to define excellence.

8) The successful return to television of swimming events in non Olympic years.

9) The establishment of a new standard of achievement for the USA Swimming Olympic Trials. What worked

in 2000 would not have been acceptable in 2004 and what worked in 2004 will not be acceptable in 2008.

10) Efforts and some success to reverse a long term trend of a decreasing percentage of boys in the sport.

Who knows where USA Swimming will be in 10 years. There is no question there will be a lot of work and debate and disagreement about what should or should not be done. But out of that debate, there is no question some great things will be accomplished. But, if the record of progress of the last 10 years is repeated, or even accelerated, the results will be wondrous to behold.

I believe, and I freely admit my bias, and without taking anything away from other sports, that swimming is the best sport in the country. What has been accomplished in the last 10 years is terrific. Whether you are involved with your club, locally, with your LSC, regionally, sectionally or nationally, it is a great time to be a part of the swimming community.

See you at the next meet.

## END OF SEASON ISSUES

### MARK RIENIETS

As most of us are aware, USA Swimming has established a national database to capture every time swum by a USA Swimming registered athlete at a meet which is sanctioned for USA Swimming rules.

This is a great facility, which allows the athletes to track their times as they improve, and see how they rank against other athletes their own age around the nation.

This database is only as complete and reliable as the information supplied to it by the meet directors at the conclusion of each swim meet.

As we approached the end of the short course season, a number of the OSI swimmers who had qualified entered into both the Age Group Sectionals and the Senior Sectional meets. Some of them found that attention to detail saves many hours of frustration and hard work for a few dedicated people. In some cases, the erroneous assumption that SWIMS would be complete and accurate actually prevented some swimmers from competing in these sectional meets. This was due to the fact that meet results from some meets had not been submitted to swims, and in one case, the results had been submitted and were incorrect.

I guess the question is "If I swam in a sanctioned meet" why wouldn't the information be in the SWIMS database? There are a number of possible answers to that, so let's walk through the process that gets the information into the SWIMS database.

At the conclusions of a swim meet, or some time afterwards, (depending on how busy and tired the meet director is after the meet, how neglected their family is feeling since they spent the prior week organizing and preparing for the meet, what sort of access they have to the internet and how comfortable they are with Hytek), the meet results will be saved and emailed to Cyndi King (OSI Records chair), Robbert Van Anandel (OSI Web master) or Coby Van Anandel at the OSI office.

Shortly after OSI receive the results, they will be uploaded along with the results from numerous other meets which occurred in Oregon on the same weekend, to the SWIMS database. Simple and not all that time consuming – or so it seems. The first issue is that not all results arrive via email on Sunday night, or Monday, etc so the volunteers continually have to check for the results, and then find the time to log onto SWIMS and do the upload. A simple task until it is repeated 200 – 300 times a year, usually in the evening after work, and on their own time which they volunteer to OSI for the swimmers benefit. Once the results are uploaded to USA Swimming, a validation process is run across the results of every meet submitted to ensure every athlete entered in each meet (i) has a valid USA Swimming Registration number entered, (ii) The name of the swimmer in the meet matches with the name supplied on the registration slip exactly, and (iii) The swimmers are current financial members.

If the validation finds a single error, the results from the entire meet are rejected and placed in a holding tank. The OSI volunteers then have to go to the holding tank and determine what the error is. Once the error is determined, in many cases the coach of the athlete has to be contacted, and the research process begins. This can be labor intensive and time consuming, and holds the entire meet out of the SWIMS database until the correct information can be found and communicated to OSI. Once this information is supplied it does not guarantee instantaneous correction. Our volunteers are exceedingly generous with their time and efforts to ensure the results are all correct and loaded into SWIMS, but they have families and lives as well. They are not always instantaneously available every day of every week, so occasionally the SWIMS database has to wait.

For the swimmers who wish to use their times from the High School District and State meet, the process is even more complex for the people attempting to get the times into the SWIMS database. Unless all the USA Swimming information was supplied on the HyTek entry file (Information that is often not available to High School Athletic Directors and Coaches when they submit the entries), it becomes a huge clerical effort to get the times into the SWIMS database.

## Solution

The solution to this is simple. As a swimming community, we all need to be responsible for all aspects of the accuracy of the information from a meet. The following areas of responsibility fall to each of us in different roles:

Coaches/Registration Chairs/Meet Directors – Be VERY careful when entering your athlete's registration and name into your Hytek system. It must match exactly with what is on the swimmers registration card which USA Swimming sends out. The information you entered into Hytek at your club is what is passed to the SWIMS database when the meet results are submitted.

Meet Directors - Backup and submit your entries in HyTek to the OSI office at least 2-5 days before the meet begins. Coby has a matching routine which she can run which will detect around 95% of the problems mentioned above that will cause the meet results to be rejected after the meet. These errors will be returned to you via email and can be corrected before the first race is swum. (In some cases they must be. If you have swimmers entered who are not registered with USA Swimming, your insurance could be voided if an athlete is injured – not a situation any of us want to be in).

Parents – Check the results which are posted while you are at the meet, and ensure they are what your swimmers actually swam. If they are not, let your coach know immediately. They can then be checked and corrected immediately.

Referees – Perform a reasonability check on the results for accuracy at the end of the meet. Question any times which look like they may be national records, or even look too fast to too slow for the meet.

Parents/Swimmers – A week or two after every meet check the SWIMS database on the internet and see if the correct time appears in the SWIMS database for the events swum at the meet. If it does not appear, or is not the same as what was posted at the meet, let your coach know immediately so they can follow up with the OSI office. They will follow up to see if the results are still in the SWIMS holding tank, or were never submitted by the hosting club.

Right now, the only athletes seriously affected are those qualifying for the Age Group and Sectional meets (or above), but that is only temporary. As the SWIMS database becomes more accurate and the reliability of the information continues to increase, I am sure we will see more entries for meets with qualifying times being validated against it. If we develop the correct habits and procedures now, it will certainly cause less anguish in the future.

Yours in Swimming  
Mark Rienets

## APRIL NOTICES

**2006 Short Course Championships.** High Point award winners at the 11-14 Championships in Corvallis: Rachel Murphy RST (11) 52 points, Daniel Chen LO SC (11) 51 points, Karen Turner LO SC (12) 54 points, Kyle Wicks BRSC (12) 54 points, Tori Simenec BRSC (13) 54 points, Steven Ung THSC (13) 52 points, Crystal Kibby BRSC 47 points, Sam Rowan ECSC 43 points.

Team scores: THSC 752, LO SC 515, BEND 393, BRSC 377, HEAT 310, RST 233, MHST 234, CAT 234, TDPS 226, FSCC 148.50.

Senior Championships in Canby high point award to Cissey Ye THSC 77 points, Andy Viglione THSC 86.50 points,

Team Scores: CRST 798, THSC 552, EY 320, VSC 312, PAC 300.

Congratulations athletes and coaches.

**Hy-Tek Rebate.** Oregon Swimming teams are eligible for a \$50 rebate when they purchase Meet Manager 2. To obtain this rebate, send a copy of the receipt from the purchase of Meet Manager 2 to the OSI office between March 1, 2006 and November 30, 2006.

As funds are available a check will be sent to the team. Receipts must be received (not postmarked) in the OSI office no later than November 30, 2006.

**2006 OSI Swim Guides** are available for \$5.00 at the office or JD Pence. Send \$5.00 to the office to order.

**The next OSI Board of Directors Meeting** will be held Wednesday May 3<sup>rd</sup>, 7:00PM in the Eugene Hilton. An officials meeting will start at 6:00PM.

### Meet Evaluation forms/verification of membership

All clubs should send a backup (SD3 file) of their meet as soon as you have your entries done for membership verification. Too often, there are athletes in the meet that are not registered. The meet is not insured when this happens!! All teams should use their Hy tek software when sending entries to a meet. All athletes should be entered with their legal names (preferred names added in the appropriate spot) and registration number as it appears on their membership card. This way we don't have problems with membership verification and the times database. Please make sure when you make copies of the meet evaluation form you have the latest version and they should be mailed to Bruce Ludwig.

They are included in the sanction packet.

**Athlete Membership Requirements.** According to Oregon Swimming Standing Rules the Membership Requirements are: All athletes competing in an OSI sanctioned or approved competition are to be athlete

members in good standing of USA Swimming or FINA affiliated organization.

Athletes competing in OSI Championships must be USA Swimming athlete members registered in OSI.

**Registration forms and fees must arrive in the OSI office prior to an athlete's participation in an OSI Sanctioned or Approved meet.**

Athletes competing in Sectional Championships, Western Zone Championships, or any USA Swimming Championship level competition shall be full year athlete members. (i.e., not Seasonal)

**Enforcement** - The person signing the entry form will be required to verify that all athletes entered are members (in the appropriate category) of USA Swimming.

**Penalties** - per Article 302.4, USA Swimming Rules and Regulations, OSI may impose a fine of up to \$100.00 per event against the person signing the entry form.

## ***OREGON SWIMMING RECORDS***

**Kyle Wicks**, of BRSC, set the lone OSI record at the 11-14 championships in Corvallis. Kyle swam 29.31 in the 50 breaststroke breaking Brian Allens' 1993 record.

**Morgan Scroggy** of THSC, bettered her own 17-18 and Open records in the 200 freestyle this weekend at the American Short Course Championships in Texas. In prelims, Morgan swam 1:47.67, lowering Lauren Thies' 17-18 record of 1:47.96 set in 1997. Then in finals, Morgan shattered that record, swimming over a second faster to record 1:46.46, bettering her Open record, which she set as a 16 year old, of 1:47.24.

**Congratulations Kyle and Morgan.**

## ***OFFICIALS CORNER*** ***BRUCE LUDWIG***

### **Official's Self-Evaluation**

How did you do at the last meet you helped officiate? Were there any areas of your performance that could have been better? Did you represent the athletes and the organization well? Why do you volunteer as an official? Are you still an asset to the sport? Could you do more? Should you do less? These are just a few questions we should all ask ourselves from time to time. Only you can answer these questions. Unless you're in a training stage, it is highly unlikely that anyone else will offer their opinion about you – at least, not to your face (which is a separate problem not addressed in this discussion).

The USA web site has a helpful paper on self evaluation. It is found at [www.usaswimming.org](http://www.usaswimming.org) | Volunteers | Officials | Training Resources | *The Swimming Official – 10 Points of Self-Evaluation*. I highly recommend you download this paper and keep it on your clipboard or

other location where you can use it as a reminder each time you go on deck. The points of self-evaluation discussed are mainly about your performance as a deck official, and are intended as a review after completing a session. They can also serve as a reminder before going out on deck.

These points don't really address some of the questions I posed above: Why do you volunteer? Are you an asset? Could you do more? Should you do less? These are tough questions that can only be answered through considered self assessment. We all have responsibilities outside of our swim officiating avocation. How you balance swimming responsibilities with the other aspects of your life is complex and deeply personal. I simply want to encourage each of you to evaluate your involvement in swim volunteerism. Make sure you're doing it for the right reasons, and make sure you are an asset. Consider whether you could or should do more. *Doing more* is not a requirement for being a *good official*. *Doing less* does not mean you are a *bad official*.

Please don't read into this discussion more than is at face value. I did not bring this up as a *special message* to anyone in our organization. In my humble opinion, each of us should periodically reevaluate our priorities, our effectiveness, and our accountability. I have a suggestion for your consideration: Identify an officiating *accountability buddy*. Use this person as a sounding board to give and receive feedback for each other's effectiveness as officials in our sport. Make a deal with this person to promise to tell you when you're no longer effective. Conversely, make sure you tell your buddy when he or she is doing well.

It's an interesting human behavioral phenomenon that we all have a tendency to tell people *what we think they want to hear*, or to refrain from telling them *what they need to hear*. Why do we think we know what information is best for the people we care about? I realize Jack Nicholson said (Col Jessep in *A Few Good Men*): *You can't handle the truth!* However, I hope each of you *can* handle the truth, and that you each can dish it out in a constructive way.

What's at stake? Not much, only the integrity of officiating in providing fair competitive venues for our hard-working athletes.

### **Officials Information on Oregon Swimming Web Site**

Please bookmark the officials' page on the Oregon Swimming web site ([www.oregonswimming.org](http://www.oregonswimming.org)). I will be posting timely bits of information onto this site for your benefit. Please visit this site often.

### **Application to officiate: U.S. Paralympics National Swimming Championships**

This year the Paralympic National meet will be held in

San Antonio Texas on August 10th - 12th. This meet will serve as the trials meet to select the USA team to compete in the Paralympic World Championship meet in Durban South Africa in December. Full details can be found on the US Paralympics web site at [http://www.usolympicteam.com/paralympics/swimming\\_teams\\_33648.htm](http://www.usolympicteam.com/paralympics/swimming_teams_33648.htm). Application deadline is 6/1/2006.

### **Seeking Referees/Assigned Positions for Summer LC Championships!**

We're looking for a few good, self-motivated, and energetic men and women willing to work long hours for no pay. Or... we need some Meet Referees, Admin Referees, Deck Referees, Starters, and Chief Judges for the Summer LC Championships. Please see the application form posted to the OSI web site. **EVERYONE WISHING TO BE CONSIDERED FOR MEET OR ADMIN REFEREE MUST SUBMIT AN APPLICATION BY APRIL 1, 2006!** Please do NOT assume that you do not have enough experience to be considered. Anyone interested should apply. Selections will be made **EXCLUSIVELY** from applications received.

### **Breaststroke Clarification \*\*Important\*\***

Regarding the permissive downward butterfly kick during the breaststroke pull out:

There has been an erroneous rules interpretation floating around asserting that if a swimmer takes a downward butterfly kick, then that swimmers feet cannot break the surface of the water. This interpretation has apparently been based upon the phrase "while wholly submerged."

The breaststroke generally requires the swimmers head break the surface of the water during each stroke cycle. However, it is **PERMISSIVE** for the swimmer to take a stroke cycle **WHILE WHOLLY SUBMERGED**. The addition of the downward butterfly kick does not change the **PERMISSIVE NATURE** of this portion of the rule. In other words, the swimmer is not required to execute this first stroke cycle while wholly submerged. A **PERMISSIVE** clause in any rule means that a swimmer **MAY** do it, but is **NOT REQUIRED** to do so.

In this case the swimmer **SHOULD NOT** be disqualified if the feet break the surface of the water while executing an otherwise legal downward butterfly kick. Please immediately cease disqualifications based on the recently used, but erroneous, interpretation. The poorly worded rules language is truly a case of being "lost in translation." It was never the intent of FINA or USA Swimming to require this permissive kick be taken only while wholly submerged... only that it **MAY** be executed while wholly submerged.

You should note a paragraph in the Kick section contains the phrase: "Breaking the surface with the feet

shall not merit disqualification unless followed by a downward butterfly kick." This phrase existed in the rule book before the rule change allowing the downward butterfly kick in the pullout. This phrase has referred, and continues to refer, to the normal kick cycle.

Please go to the Officials section of the USA Swimming page for a recent interpretation by Bruce Stratton. The interpretation is dated 2/21/06 and is found under the Rules sub-menu.

### **National Officials Workshop**

An Officials Workshop is scheduled for May 27-29 at the Doubletree World Arena Hotel and United States Olympic Training Center in Colorado Springs, CO. The workshop will allow officials from across the United States to gather in a group environment and be challenged with a presentation of ideals and philosophies. The format will include individual presentations, small group interactive discussions and large group discussions.

Transportation to and from the airport will be provided by the Doubletree Hotel. There will be a joint reception with the officials committee on Saturday night. The workshop will be all day Sunday (May 28th) at the Olympic Training Center and at the Doubletree Hotel on Monday, May 29th. The workshop will adjourn by 12:00 noon on the 29th.

Two officials from Oregon will be selected to attend this workshop. All expenses will be paid by Oregon Swimming and USA Swimming. Interested officials should have at least one year of experience as a fully certified official. Officials who have previously attended a similar national officials workshop are asked to not apply. Officials who expect to retire from officiating within the next 1 to 2 years are asked to not apply. Only officials who will be able to attend all sessions of the workshop will be considered.

Please accept that selection for this workshop will not be based upon seniority. Interested officials should have a strong desire to help raise the long-term skills, knowledge, and professionalism of Oregon officiating. Those selected will be asked to report on the experience and information gained so that others in our LSC may benefit.

If interested, please email Bruce Ludwig at [bludwig50@charter.net](mailto:bludwig50@charter.net) no later than April 1, 2006. Please use the subject line: National Workshop. Final selection will be made by April 10th.

This is a great opportunity and will be a rewarding experience for those selected.

## **AGE GROUP REPORT**

**LISSA PARKER**

I hope all of our athletes and coaches had a successful short course season! After participating in several of our OSI SC Championships I was impressed with the level of competition, and new records achieved. Enthusiasm was clearly evident at the OSAA High School State meet as well. This last weekend several areas around the state also held end of the season meets for their respective leagues – previously known as CBSL's, several of which focused on including all team members.

At our 11-14 SC Champs members of our Oregon Swimming Board met to talk about protocols for the summer LCM 11 & Over's Champs. Hopefully with some planning ahead this will be a successful experience for swimmers and families as a prelims and finals meet. With the venue at Mt. Hood Community College it should be well run; we will have an extra lane in the competition pool and the indoor pool for warm-up/ cool down.

Now we have a chance to pause for a little while before starting our summer season. Often times it seems to me that we jump from one thing to the next without absorbing our accomplishments. We live in a fast paced society (I know my attention span gets shorter due to information overload). How do we validate and recognize the gains that our swimmers achieve each season? Sometimes the extrinsic rewards seem shallow or irrelevant-ribbons after ribbons. At other times the 'best time' or 'you're doing a good job' is not enough. I suggest we step outside the box and come up with creative ways to celebrate the team and individual accomplishments, without sacrificing our competitive edge. Team activities as simple as relay only practices, games that still require physical hard earned rewards, and fun changes to the routine can be ways to celebrate. Special rewards i.e. pizza party or game day can be something everyone remembers. Fostering teamwork also helps those that compete against each other all season even within a team.

Additionally it's important to communicate with your parents and swimmers that taking a break is really taking a break. Undue pressure from parents is oftentimes the reason for additional swim lessons on the side, taking swimmers to 'lap swim' on their own during a break or other behaviors that indicate too much parental pressure and not enough rest. Cross training and other activities may be appropriate, but parents need to check with their coaches' and let the swimmers have a chance to recover. Their enthusiasm for the sport and their missing practices will fuel the start of LC season!

Signup's are now due for our Allstars trip to British Columbia and the Hyack meet in May. This should be a great and fun trip, and encourage your eligible athletes to participate.

See you on deck- *Lissa*

## **ALL STAR TEAM REPORT**

**GREG BOSTROM**

The 2006 Spring All Star meet has been set. We will be traveling to Vancouver, B.C. to compete in a prelims/finals long course meters meet May 19-22. Any OSI registered athlete with a 12 or 14 year old Age Group Sectional time may apply. Applications are due April 15. Application form is included in this newsletter and available on the OSI Website.

## **ATHLETES REPORT**

**APRIL ROBINSON**

**LOGAN STORIE**

Swim Tip for student athletes---

"There are many strategies to eat well. The No. 1 strategy for your average 13-year-old swimmer is to learn to pack your food and take it with you.

Student-athletes have to balance school and sports, and sometimes proper eating takes a backseat to convenience eating. If you plan and pack your snacks and meals for school, you will have the ability to eat healthy. You can go to [myfoodpyramid.gov](http://myfoodpyramid.gov) and look at the recommendations the USDA has for healthy eating, but remember that due to your activity level, you may need to increase the amounts that you eat to maintain your energy."

Rob Skinner, a member of USA Swimming's Sports Medicine Database

## **SENIOR SWIMMING**

**KYLE KIMBALL**

I have just returned from Phoenix Arizona where the Senior Sectional Championships were held. As many of you have heard, the conditions were not ideal. However, I would like to congratulate the swimmers from Oregon for staying confident, tough, and excited to race. The weather one day was 44 degrees and raining! Many swimmers still stepped up and swam to life time best times at the meet. Way to stay prepared and focused!

I would also like to congratulate all our Senior athletes who competed at the Texas Short Course meet where some amazing times were achieved as well. Also, good luck to all our Oregon athletes competing in the Spring

Senior Championships as well as the NCSA Junior National meet!

On a different subject, the 11&over summer championship meet was discussed at the 11-14 Championships in February. The committee came up with criteria to make the meet manageable even if there are a high number of athletes again this year. These criteria are still being mulled over. My suggestion to the coaches is to get involved. If you have any ideas on this subject than please contact the coaches rep, the age group chair, or myself before the next board meeting.

Swim fast at your last meet! Have a good break! We'll do it all over again this Long Course Season!

## **OREGON SWIMMING INC**

### **Regular Meeting**

Wednesday, March 1, 2006, 7:00 PM  
Multnomah Athletic Club, Portland, OR

The meeting was called to order by General Chair, Mark Rieniets

Present were: Mark Rieniets, Rick Guenther, Kyle Kimball, Bud Taylor, Jacki Allender, April Robinson, Marilyn Loitz, Coby Van Anandel, Alex Nikitin, Robbert van Anandel, Gene Mielke, Terry Johnson, Jeff Gudman, Stan Benson, Judy L'Roy, and Larry Liebowitz

**Minutes:** Minutes from last meeting were approved as presented.

#### **Treasurer (Jacki Allender):**

**M/S/P Motion to accept Treasurer's written financial reports as submitted for Year 2005 and Jan-Feb 17, 2006.**

The yearly transfer to the travel endowment fund will be made. It is intended to make use of the CBSL monies during 2006.

#### **REPORTS -- ADMINISTRATIVE CHAIR-RICK GUENTHER**

**Age Group (Lissa Parker)** A written report was submitted.

Brief discussion was held relative to situations that come up at championship meets and how to handle them. A set of protocols to follow for handling such will be decided at the May meeting.

*M/S/P Motion to add to Article VIII – Meet Descriptions, Section V,c.5. – Long Course 11 & Over Championships (p.45): Add footnote to all 15 & Over events 400 m and shorter (events #'s 17, 18, 27, 28, 37, 38, 47, 48, 59, 60, 69, 70, 79, 80, 89, 90, 99, 100, 121, 122, 131, 132, 141, and 142) to indicate that finals will consist of one (1) heat of 15-16 and one (1) heat of 17 & Over.*

*M/S/P Motion to add to Article IX, Section VIII – Scratch Rule, a.2. Events Seeded on the Deck (pg. 51)*

*a. 2.Events Seeded on the Deck. Any swimmer entered in an individual event (but not relays) that is seeded .....*

*M/S/P Motion to delete all of Article IX, Section VII.b – Relay Scratch Rule.*

**Senior Report (Kyle Kimball)** Plans for the OSI Olympic Training Center Camp in October are moving forward. There is concern about the Senior Championship Meet and the need to re-evaluate it. It is hoped that the OR Senior Open to be held in Corvallis in December will be a big attraction.

**Coaches Report (Bud Taylor)** Bud raised the idea of having a Novice Award for coaches. He also spoke briefly about his concerns re coaching ethics/recruiting violations and standards for coaches. He will do an article for the newsletter about filing formal complaints.

**Athlete Reps (April Robinson & Logan Storie)** April said that they are running out of ideas for the newsletter and isn't sure that the swimmers even read them. They would welcome suggestions.

**Scheduling (Tony Magden)** No Report.

**Time Standards (Andy Carlisle)** No Report. A feeling that the 10/U time standards are soft has been passed on to Andy.

**Technical Planning (Alex Nikitin)** Alex is working on leads and connections to the open water swimming community. He wants to have something ready for summer.

**Web Site (Robbert van Anandel)** No Report.

**Safety Chair (Jeanine Serrano)** No Report

**Camp Coordinator (Scott Kerr/Mark Maxwell)** No Report. Several camps are planned for 2006 including one at MAC, an IM camp, a distance camp with Chris Thompson, and three BC camps. Check the OSI website for more information.

**Officials Chair (Bruce Ludwig)** No Report

**Adapted (Gene Mielke)** Information on swimmers with disabilities is coming in slowly from the coaches. There is a need to know ahead of time when a swimmer is entered in a meet so the correct preparation can be made. There was a deaf swimmer at the 11-14 Championship Meet.

**Office Manager/Registration (Coby van Anandel)** Newsletter articles are due on the 15<sup>th</sup> of March. Coby has been working on the upcoming championship meet. A note was received from Suha about scoring a 12 year old swimming in an 11-13 event. A previous decision that a swimmer will score in the place where he/she finishes was reaffirmed.

**Sanctions Chair (Terry Johnson)** No Report

**Awards Ceremony (Cheslah Barkdoll)** No Report

**NTV Chair (Jacki Allender)** All of the state times are in swims database. District meets are taking a bit longer.

**Records (Cyndi King)** No Report One Oregon Swimming record was set at the at 11-14 Championship by Hal Wicks from the Bearcats. A request from a coach that an 18 year old who swam a state record at college be recognized for an Oregon Swimming record was denied based on the current rule that a swimmer must be representing OSI at the time the record is made.

**All Star Team (Jeanine Serrano, Mgr/Greg Brostrom, Head Coach)** Written report from Greg Brostrom indicated that plans for the All Star travel to Vancouver, B.C. will be finalized this week by Jeanine.

#### OLD BUSINESS

M/S/P Motion to approve the expenditure of approximately \$900 for the HOD mandated April scheduling meeting in Eugene.

M/S/P Motion to flip flop the present schedule of board meetings and teleconferences for 2007.

The general consensus of the board is that we need to “beef up” the awards assembly. Mark appointed a committee of Bud Taylor (Chair), Cheslah Barkdoll, Rick Guenther, Mark Bennett and April Robinson to work on this.

#### NEW BUSINESS

Stan Benson reported on a Board of Review Workshop he attended. Based on the amateur sports act the “right to participate” has gotten stronger. An athlete cannot be deprived from participation by being sent home for misconduct outside the referees jurisdiction without a hearing.

M/S/P Motion to add to Article IX – Conducting A Meet (pg. 53), Section X – Protests

- a. Protests against the judgment decisions of starters, stroke, turn, place and relay takeoff judges can only be considered by the Referee and the Referee’s decision shall be final.
- b. For consideration of all other protests lodged at the meet, the Referee may appoint a meet jury. The jury shall consist of not fewer than three (3) and not more than five (5) persons, at least one of whom shall be a coach and one an athlete.
  1. Protests made prior to the race contesting the eligibility of a swimmer to compete or to represent an organization shall be made to the Referee in writing. If a protest is not resolved, the Referee or the meet jury shall allow the swimmer to compete under protest and it shall be so announced before the race.
  2. All other competition-related protests, including protests concerning eligibility and representation, must be made to the Referee and submitted in writing within 30 minutes after the race in which the alleged infraction occurred.
  3. Written protests must be accompanied by fifty dollars (\$50), which shall be refunded if the protest is upheld.

Larry was congratulated for the OSU team moving up in the rankings at Pac 10. Birthday wishes were extended to Gene.

The next board meeting will be May 3, 2006 at the Hilton in Eugene.

Meeting was adjourned at 8:45 PM.

Respectfully Submitted  
Marilyn Loitz, Secretary

## 2006 Oregon Camps

Starting this April, Oregon Swimming Inc. will be running three Elite Level camps and three B/C camps (TBA) around the state.

### April 8 Elite IM Camp at the MAC in Portland

Camp Coaches include:

Gary Leach (MAC)

Alex Nikitin (MAC) – National Technical Support Team, USA Swimming

Vicki Gordon (VSC)

☺ Also Featuring Olympian Tom Malchow (Gold and Silver Medalist – 200 Fly)

☞ 200 and 400 IM 14 year old “A” Standards required to apply

### April 15 Elite Distance Camp in Corvallis

Camp Coaches include:

Rick Guenther (CAT) – 2005 Oregon Senior Coach of the Year

Larry Liebowitz – Women’s Coach at Oregon State University

Kyle Kimball (MSC)

☺ Also Featuring Olympian Chris Thompson (2000 Bronze Medalist – 1500 Free)

☞ 800/1000 or 1500/1650 Senior Sectional times required to apply

### April 15 Elite Age Group Camp in Salem

Camp Coaches include:

Kate Phifer (BRSC) – 2005 Oregon Age Group Coach of the Year

Greg Bostrom (CAT) – 2006 Oregon Head Zone Coach

Shane Bennett (BEND)

☞ Age Group Sectional times required to apply

☞ A maximum of 24 athletes will be picked for each of the above camps.

You may only attend one camp during the year. Selection will be made by the Oregon Swimming Camp Coordinators in conjunction with the Camp Staff. The cost for each camp is \$20.00, which will also include a T-shirt and lunch. Applications are available through the Oregon Swimming website.

**2006 LONG COURSE ALL STARS MEET**  
**SWIMMER APPLICATION**  
**Hyack Festival Meet**  
**Vancouver, BC, Canada**  
**May 19-22, 2006**

Swimmer's Name: \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone (H) \_\_\_\_\_ (W) \_\_\_\_\_ (Cell) \_\_\_\_\_ (fax) \_\_\_\_\_

Coach's Name: \_\_\_\_\_ Club's Name: \_\_\_\_\_ Club Code: \_\_\_\_\_

USA Swimming # \_\_\_\_\_ T-Shirt Size (Adult sizes): \_\_\_\_\_

Swimmer's Age (on May 19, 2006) \_\_\_\_\_

**PLEASE READ VERY CAREFULLY BEFORE FILLING OUT TIMES**

- Enter best short course yards and long course times for all events listed, not only the Q times you have.
- Now, this is extremely important! For Short Course time standards, 11 yr. olds use 12 yr. old Age Group Sectional Times; 13 yr. olds use 14 yr. old Age Group Sectional Times.
- Times you list below must have been achieved since June 1, 2005.
- Circle the events for which you have achieved qualifying times. (You must have a minimum of one Age Group Sectional Time.)

Event	SCY Time	LCM Time	Date Achieved	Meet at which this time was achieved.
50 Free(relay)				
50 Back(relay)				
50 Brst(relay)				
50 Fly(relay)				
100 Free				
200 Free				
500 Free				
1000/800 Free				
1650/1500 Free				
200 IM				
400IM				
100 Fly				
200 Fly				
100 Breast				
200 Breast				
100 Back				
200 Back				

**IMPORTANT FOR COACHES:** (This form must be signed by the coach.) Coach's signature verifies that the times are accurate and have been achieved in competition since June 1, 2005 and that swimmer's level of conditioning is appropriate for this competition. Coaches please use the space provided for comments you may wish to make regarding the swimmer's events, conditioning, etc.

Coach's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Coach's Comments: \_\_\_\_\_

**APPLICATION MUST BE RECEIVED BY NOON April 15, 2006. LATE APPLICATIONS WILL NOT BE CONSIDERED.**

Fax to Oregon Swimming at 503-297-8498 Phone 503-297-6027 to verify receipt of Fax, or Mail to: Oregon Swimming, Inc. 1750 SW Skyline Blvd. Suite 103 Portland, OR 97221.

**The Estimated Cost of the trip to the athlete is \$250.**  
**DO NOT SEND MONEY WITH THIS APPLICATION!**

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