



Oregon Swimming News

Oregon Swimming is organized for the purpose of fostering swimming competition for the benefit of swimmers of all ages and abilities, in accordance with the standards and rules prescribed by USA Swimming.

Visit our web site: www.oregonswimming.org

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Oregon Swimming newsletter is an open forum. Oregon Swimming encourages contributions to the newsletter. All content of these letters reflect the views and opinions of the author and may not reflect those of Oregon Swimming

COMMENTS FROM THE CHAIR - MARK RIENIETS

As we rapidly approach the end of the Long Course Championships season many of our swimming family will be heading into a well earned summer break.

The next few months will be a busy time for the Oregon Swimming Board members as we prepare for the USA Swimming Annual Convention, the Oregon Swimming House of Delegates and the Oregon Swimming Long Term Planning and Goal Setting day.

All the clubs in Oregon should have received a letter informing them of this day and inviting them to attend the Goal Setting Day. If your letter went missing please see the OSI web site of contact Coby for details.

Kim O'Shea from USA Swimming will be leading us in this important discussion as we attempt to review what Oregon Swimming provides today, and then map out what it could or should provide for the next five years. Many of our decisions over the coming years will be bench marked and tested for validity against the goals and vision which we set as we come out of this work shop.

Because of the importance to Oregon Swimming of this Goal Setting and Long Term Vision workshop, I would encourage coaches, club board members, and parents to come along and participate in the discussion.

The workshop will be at Multnomah Athletic Club on Sunday, September 16, 2007, and will go from 8:30 AM – 5:00 PM. Registration is \$15 to cover costs, and a lunch will be provided.

One of the more contentious issues we need to cover at the OSI House of Delegates this year will be the Tier III funding. Since its introduction the payments for Tier III have been a significant and continual drain on the funds which would normally be invested in the Travel Endowment investments. The discussion which needs to take place this year will focus on a number of options:

Do we narrow the focus of Tier III to 2 or 3 meets which are published in advance at the start of each year.

Abolish Tier III now that USA Swimming has reinstated the Junior National meet.

Increase the OSI splash fee and surcharge to cover the increased cost of funding the Tier III .

There may be more options which we will discover during the conversation. Please make sure your coaches and club representatives who will be voting at the OSI House of Delegates are briefed and ready to participate in this conversation.

Hope you enjoy the rest of the summer.

Yours in swimming, Mark Rieniets

JEFF GUDMAN – OREGON SWIMMING AT LARGE BOARD MEMBER

What a great season of swimming. The LSC championships, Sectional Championships, Western Zones, Junior Nationals, Nationals and a number of other meets at the end of the summer season. What a great sport we all have the privilege and opportunity to be a part of. Whether you are a swimmer at the center of the sport, a volunteer official or timer, a volunteer with your club helping put on a meet or a supportive parent, everyone can take pride in the achievements of the athletes.

While we are in the relatively slow time of the swimming year, now is the time to think about what swimming means to each of us who are a part of the sport.

Swimming in particular and sports in general are an important and essential activity that must be preserved for participants and spectators alike. It is widely acknowledged that sports:

1) Helps build character in youth participants.

Participating in sports teaches important social qualities such as leadership, teamwork, discipline, and goal setting.

A study conducted by the Department of Health and Human Services found that students who spend no time in extra-curricular activities are 57% more likely to have dropped out of school by the time they would have been seniors; 49% more likely to have used drugs; 37% more likely to have become teen parents; 35% more likely to have smoked cigarettes; and 27% more likely to have been arrested than those who spend one to four hours per week in extra-curricular and sporting activities.

2) Provides an important outlet for celebrating human achievement.

Sport is an activity where competitors and spectators alike can come together to applaud athletic achievement without regard to politics, race, gender or ethnic origin. At the highest levels of athletic excellence, the Olympic Games bring spectators and athletes together from over 100 countries to witness the performance of the world's best athletes. For 17 days, political and social barriers were broken down to celebrate the achievement of these world class athletes. Similar examples take place on a local and regional and national level every day.

3) Has an important impact on the health of our population.

A report by the Surgeon General Physical Activity and Health said that: "Regular participation in physical activity during childhood and adolescence; helps build and maintain healthy bones, muscles and joints, helps control weight, build lean muscle and reduce fat, Prevents or delays the development of high blood pressure and reduces feeling of depression and anxiety."

Sports contributes to the health and social well being of those people who participate and lifts the spirits of spectators who watch these events.

Athletics in general and swimming in particular is an area where you mold personal characteristics such as fair play, self-discipline, rugged determination and self control in times of stress and joy. These are qualities that are learned. Hence the importance of coaches and parents to teach and reinforce the lesson of winning with dignity and losing with grace. While we are in the slow time of the year, if you have a chance, tell the coach, or better yet, write the coach and thank them for all they do for the athletes.

To everyone who just finished the long course season, enjoy your time off. You have earned it. Good luck to all the swimmers and volunteers during the upcoming short course season.

See you at the next meet.

OREGON SWIMMING RECORDS

2007 Nationals

Logan Storie, (CAT) who won the 1,500M 18 and under national championships, bettered a 27 year old record today. Swimming the 800 freestyle on the last day of the USA Swimming nationals, Logan swam 8:09.89, good enough to better James Lorys 8:10.05. His time was good enough for 11th place.

Swimming in the prelims of the 100 meter freestyle, 16 year old **Morgon Henderson-Kunz** of Tualatin Hills Swim Club lowered his own OSI record by swimming 51.32.

11 and Over Championships.

The **Lake Oswego** girls 11-12 400 free relay team just nicked the old record swimming 4:18.00. The old record stood at 4:18.02 set in 2005. **Grace Carlson, Cassidy Robinson, Brenda Cha and Celia Keany** all swam on the relay.

The **Lake Oswego** 13-14 girls relay team bettered the old record of 2:05.92. The quartet of **Karen Turner, Amy Wiley, Sarah Feil and Kemy Lin** swam 2:02.82, lowering the record by over 3 seconds.

At the meet today, at least one new relay record was established. **The Dolphins** 11-12 boys medley relay team of **Jordan Hurwitz, Cole Hurwitz, Cameron Stitt, and Kasey Kwong** swam 4:48.28. The old record stood at 4:54.95 since 2006.

Day two of the Oregon Swimming 11 and Over Championships saw more fast times and four new Oregon records. **Lake Oswego Swim Club** was responsible for all four records. The team of **Grace Carlson**, who set a new OSI record yesterday in the 50 free, **Cassidy Robinson, Brenda Cha and Celia Keany** swam a new OSI record in the 11-12 200 free relay. The time of 1:55.07 bettered the old record set by LOSC last year, which stood at 1:58.05.

The **LOSC** quartet of **Karen Turner, Sarah Feil, Amy Wiley and Kemy Lin** combined to set a new 13-14 girls 200 free relay record stopping the clock at 1:50.83. The old record was held by Tualatin Hills, set last year at 1:53.63.

The **Lake Oswego** boys played a part in today's record breaking performances. The 13-14 year old boys swam 1:46.86 in the 200 free relay to better the old record of 1:47.73 set in 2006 by Tualatin Hills. The swimmers on the relay are **Daniel Chen, Andrew Heymann, Alex Lyons and Nick Bode**. **Daniel, Nick and Alex** were joined by **Gunnar Wolfe** to break the 13-14 boys medley relay record. Their time of 2:00.80 bettered the 2005 record of 2:01.13.

Day one of the Oregon Swimming 11 and Over Championships started off with some fast swimming. In the prelims of the 11 year old girls 50 free, **Grace Carlson** of LOSC swam 27.49 to lower Tori Simenec's two year old record of 27.64. In the finals, Grace won by 2 seconds, dipping under Tori's record again but not quite fast enough to beat her morning swim.

The **Corvallis** quartet of **Daniel Worden, Rick Mason, Sean Sweet and Logan Storie** combined to break a 22 year old record. Their time of 7:54.88 bettered Multnomah Athletic Club's 1985 record, which had stood at 7:56.91.

2007 USA Swimming/Speedo Champions Series at Mt. Hood Community College

Tori Simenec highlighted another fast night of swimming. Swimming in the B final, Tori broke her own 13-14 50 free record with a time of 27.05, breaking her old record of 27.32 set last summer.

Swimming in the finals of the men's 200 backstroke, **Austin Ringquist** bettered his own Oregon record in the 13-14 boys 200 backstroke. His time of 2:09.30 was good enough to better his old record of 2:09.48 set earlier this summer.

After the first day of the 2007 USA Swimming/Speedo Champions Series, Oregon Swimmers have done very well. The **HEAT** quartet of **Alesha Trattner, Kath Liggett, Christina Nguyen and Jodie Ellis** combined to set a new 17-18 200 free relay record. Their time of 1:50.29 bettered the old record, also held by HEAT of 1:51.98.

Other Meets

Daniel Chen of Lake Oswego Swim Club, spent the last month of his 12th year trying to establish a national record in the 11-12 50 yard freestyle. Daniel traveled to **Marysville, California first to compete at the FRAC Age Group Invitational**. Unfortunately for Daniel, he just fell short, swimming 22.76, good enough for a new Oregon Record but just shy of the 22.54 set in 2000.

Trying for the record one last time at the La Grande Invitational, Daniel swam 22.88, again just missing the record but good enough to be the second fastest time recorded by an Oregon swimmer. At the same meet, he bettered his own 50 backstroke record swimming 26.58.

At the **Texas Senior Circuit Meet, Morgon Henderson-Kunz** of Tualatin Hills Swim Club, lowered one 15-16 boys Oregon Swimming record and tied another. Morgon bettered his own Oregon Record in the 100 freestyle by 5 one-hundredths of a second covering the distance in 51.50. He set the old record a month ago at the Speedo Grand Challenge in California. Morgon also tied his existing Oregon Record in the 50 free, swimming 23.84.

2007 WESTERN ZONE CHAMPIONSHIP TEAM

The Oregon Swimming Team will be traveling to Farmington, New Mexico for the Championship Meet.

Competition is from August 7-11.

Head Coach: Greg Bostrom, Team Manager Jeanine Serrano.

Coaches: Jill Black, Robyn Simons, Greg Amorelli, Eric Smith, Murilo Martins.

Chaperones: Christina Waller, Nancy Jo Myers, Gano Butcher, Doug Souther.

Good Luck athletes and coaches.

Female 11-12

Basada, Ellena (MHST)
Beale, Ada (CRST)
Carlson, Grace (LOSC)
Kronberger, Alex (ECSC)
Miner, Elise (ECSC)
Perkins, Teagan (BEND)
Sanders, Julia (CRST)
Souther, Anne (BEND)

Female 13-14

Allen, Lauren (CAT)
Barkdoll, Hali (CAT)
Bing, Kaylin (RST)
Bottelberghe, Jessica (VSC)
Cannon, Nikki (VSC)
Carpenter, Kori (MAC)
James, Jessie (BEND)
Kidwell, Lindsey (BEND)
Marinello, Annette (CAT)
Murphy, Rachel (RST)
Smith, Samantha (CB)
Viles, Aly (LCSC)

Female 15-16

Deckard, Kristyn (BEND)
Duvall, Kate (VSC)
Hoepfer, Kelsey (SSS)
Leigher, Rachel (ECSC)
Lightcap, Emily (TTSC)
Medvec, Jessica (TTSC)

Female 15-16

Mischkot, Sammi (BRSC)
Myers, Melissa (TTSC)
Neubig, Crystal (MSC)
Osterberg, Aime (ECSC)
Rogers, Christy (BEND)
Sampson, Diana (MSC)
Sampson, Kathryn (MSC)
Smith, Lisha (MSC)
Woelfel, Ingrid (ECSC)

Female 17-18

Bradley, Shannon (YSC)
Brown, Calleigh (EY)
Jones, Emma (EY)
Miller, Courtney (VSC)
Moore, Maggie (ECSC)
Rowan, Carly (ECSC)
Shobaken, Connie Rae (TTSC)

Male 11-12

Allen, Marshall (BEND)
Brindle, Carson (MAC)
Chauvin, Stuart (MSC)
Cook, Matthew (LGSC)
Hurwitz, Cole (TDPS)
Hurwitz, Jordan (TDPS)
Marshall, Luke (LOSC)
Miller, Sam (CGAL)
Ortega, Andrew (MHST)
Pence, Andrew (MAC)
Stitt, Cameron (TDPS)

Male 13-14

Beamer, Johnny (CAT)
Chauvin, Matthew (MSC)
Freeman, Kyle (EY)
Ghiglieri, Aaron (RST)
Nyaradi, Chris (BEND)
Ortega, Anibal (MHST)
Parker, Logan (CAT)
Pebbley, Jacob (CAT)
Polack, Tyson (CB)
Waller, Kevin (SCAT)
Wallin, Kevin (PAC)
Wegehaupt, Tate (YSC)
Weinert, Chris (MHST)
Wong, Liam (EY)

Male 15-16

Butcher, Jack (TTSC)
Cockeram, Jacob (FGSC)
Hartmeier, Paul (BEND)
Johnson, Matthew (SCAT)
MacLean, Alex (TTSC)
Mathews, Eric (RRSC)
Morrell, Nic (BEND)
Tillery, Jonathan (MSC)

Male 17-18

Anderson, Hunter (MSC)
Taylor, Zachary (CGAL)

AUGUST NOTICES

- The next OSI Board of Directors Meeting will be held Wednesday September 5th, 2007, 7:00PM at the Multnomah Athletic Club. An officials meeting will start at 6:00PM.
- Athlete Membership Requirements. According to Oregon Swimming Standing Rules the Membership Requirements are:
- All athletes competing in an OSI sanctioned or approved competition are to be athlete members in good standing of USA Swimming or FINA affiliated organization.
Athletes competing in OSI Championships must be USA Swimming athlete members registered in OSI.

Registration forms and fees must arrive in the OSI office prior to an athlete's participation in an OSI Sanctioned or Approved meet.

Athletes competing in Sectional Championships, Western Zone Championships, or any USA Swimming Championship level competition shall be full year athlete members. (i.e., not Seasonal)

Enforcement - The person signing the entry form will be required to verify that all athletes entered are members (in the appropriate category) of USA Swimming.

Penalties - per Article 302.4, USA Swimming Rules and Regulations, OSI may impose a fine of up to \$100.00 per event against the person signing the entry form.

COACHES CORNER

Senior Chair Report – Kyle Kimball

Sectional Altitude Camp:

Recently I received word from the United States Olympic Training Center in Colorado Springs, CO that we have been approved to host our annual altitude training camp at their facility on October 25-28. Applications are available on the Oregon Swimming website. Applications are due back to me by September 11th. Each swimmer must have at least one Sectional time in order to apply.

The idea of this camp is to bring together some of our best Senior level swimmers from around the state for a weekend of training in an elite atmosphere. The swimmers will experience some of the best facilities and technology in the country. Camp participants will get to see how other swimmers from Oregon train and will also get to experience swimming with other great coaches from our state.

I encourage all of our Senior Sectional level athletes and above to apply for this camp!

11andOver State Meet:

I feel this was the best Long Course State Meet that we have had in a number of years. The four day format is somewhat long, but I think it worked very well. Each session ended at almost the same time, and there was adequate rest in between Prelims and Finals. There might be a few more small changes to make the meet even better, but I think we have a format in place that works now. The officials and Referees did a nice job taking the format and making it work for a great meet. Congratulations to all the swimmers that did an outstanding job at this year's meet! If any coaches have any feedback on the four day format please feel free to email me at kylekimball@hotmail.com.

Senior Level swimming:

From reading the OSI website, any person can see that Oregon Swimming is continuing to improve. Oregon swimmers are breaking many state records each season, qualifying for high level meets, and getting selected to represent the United States in International competitions. I would like to congratulate all of our athletes and coaches for achieving these levels of achievement!

At the same time, I would also like to encourage parents, swimmers, and coaches to look at the whole picture. Focus on the whole career of each athlete not just how they swim when they are 10 or 12 or even 14. Age group swimming is very important in the development of our elite level athletes. Instill a desire and love for the sport at a young age and it will go a long way. Some of our best Senior level swimmers weren't even on the radar at a young age. Many of them have gone on to earn college scholarships, win national titles, and have become very successful people.

Each swimmer will develop at different rates. Remember that and keep working hard! If a swimmer enjoys the sport, the coach continues to teach and train the athlete, and the parents continue to support their child and coach through the good and the bad then every swimmer has a chance to make Sectionals, Nationals, and beyond.

Keep up the good work!

11 & OVER CHAMPIONSHIPS TEAM SCORES AND HIGH POINT WINNERS

At the recently concluded 11 and Over Championships, Tualatin Hills won the team competition with 1303 points. Lake Oswego (666), Bend (625), Mt. Hood (604.5) and Multnomah Athletic Club (456.5) rounded out the top 5 teams. The complete list is available on the Oregon Swimming Website. High point winners based on individual point are as follows: 11 year old girls: Grace Carlson LOSC, 11 year old boys: Andrew Ortega MHST. 12 year old girls: Julia Sanders CRST, 12 year old boys: Cole Hurwitz TDPS, 13 year old girls: Jessie James BEND, 13 year old boys: Jacob Pebley: CAT, 14 year old girls: Tori Simenec BRSC, 14 year old boys: Matthew Chauvin MSC, 15 & Over Girls: Jackie Leung MHST, 15 & Over Boys: Patrick Foley MAC. High point winners receive a Speedo bag, congratulations swimmers and teams

OREGON SWIMMING INC REGULAR MEETING WEDNESDAY, JUNE 6, 2007 MULTNOMAH ATHLETIC CLUB, PORTLAND OR

The meeting was called to order at 7:00 p.m. by Mark Rieniets, General Chair.

Present were: Jacki Allender, Stan Benson, Brandon Drawz, Vicki Gordon, Jeff Gudman, Terry Johnson, Kyle Kimball, Judy L'Roy, Marilyn Loitz, Bruce Ludwig, Gene Mielke, Bud Taylor, Coby van Andel, Robbert van Andel

Minutes: Minutes from the April 4, 2007 meeting were approved as submitted.

Treasurer (Jacki Allender)

M/S/P Motion to accept the Treasurer's written financial report for January 1—May 30, 2007 as submitted. Mention was made that at the moment we are short of available cash because of unexpected expenses. Several bills have been deferred (specifically the legal bill) so as not to have to withdraw funds from investments. Outstanding splash fees are considerable. Tier III was mentioned as being an area that needs review.

M/S/P Motion to appoint a committee to review all of our travel policies and procedures. Mark appointed a Travel Review Committee: Chair--Jeff Gudman; members--Jacki Allender, Gene Mielke, Vicki Gordon, Kyle Kimball, Bud Taylor, Skip Runkle, Jeanine Serrano, Mark Bernett, Mailene Leslie. Mark asked that they not do more than preliminary research until after our planning workshop in September.

REPORTS

Age Group (Vicki Gordon) No report.

Senior Report (Kyle Kimball) The 2007 Altitude Camp has a tentative OK to be held in October at the Olympic Training Center in Colorado Springs.

Coaches Report (Bud Taylor) The 2007 House of Delegates Mini Expo will be held at Mt. Hood Community College due to a conflict with the Eugene location.

Athletes Representatives (April Robinson, Mailene Leslie) No report.

Scheduling/Championship Site Selection (Jason Moore) No report. The 2008 calendar will be posted on the website.

Time Standards (Andy Carlisle) No report.

Technical Planning (Alex Nikitin) No report.

Website (Robbert van Andel) Re-architecting of the website is in progress. Look for new features like maps for finding pools using the new Google search tool, and the introduction of web pages designed specifically for mobile devices. Robbert and Eamon Ford will make two presentations at the USA Swimming convention discussing websites for both beginner and advanced users.

Safety Chair (Jeanine Serrano) No report.

Camp Coordinator (Scott Kerr/Mark Maxwell) No report.

Officials Committee (Bruce Ludwig) The following were named for championship meets. LC 11 & Over: Jacki Allender, Meet Referee; Kathy Coddington, Admin Referee. LC 10 & Under: Gary Arne, Meet Referee. Sectional Meet: Howard Jones, Meet Referee; Tim Stevenson, Admin Referee. Both long course championships and the sectional meets have been approved as Qualifying Meets for officials. Ron Van Pool will be the National Evaluator for the long course championships and Judy L'Roy for the sectional meet.

Bruce will attend the LSC Officials Chairs meeting in San Antonio next weekend. One of his major concerns is "What can we do as an LSC to ensure that we have enough officials on deck to allow times to count?" As an LSC we need to have some specific guidelines in place. He mentioned that some LSCs have punitive things to guarantee that there are enough officials on deck. It was suggested that Bruce make a survey to get ideas of what coaches, officials, etc. think.

Disability (Gene Mielke) No report.

Office Manager/Registration (Coby van Anandel) Interviews are being held for a new Office Assistant as Gwen now has got a fulltime job. Currently registered are 5,267 athletes and 584 non-athletes of which 200 are coaches and 399 are officials. There are 84 Stroke & Turn trainees and 51 ET trainees. Grants Pass Y team has been approved by USA Swimming, and West Hills has merged with the Dolphins.

Sanctions Chair (Terry Johnson) Coby has been given letters to send out to teams that are in arrears on their splash fees.

Awards Ceremony (Cheslah Barkdoll) An Awards Ceremony Chair is still needed. The 2007 Awards Ceremony will be held in Salem as the Corvallis facility is unavailable.

NTV Chair (Jacki Allender) No report.

Records (Cyndi King) Cyndi has resigned. Robbert van Anandel will assume her duties and take care of SWIMS. Three records were set by Morgan Henderson-Kunz.

Robbert received results from a meet with all of the times altered for altitude adjustment. Per a ruling from USA Swimming, times can only be adjusted for altitude when they are to be used as qualifying times to enter a meet. Altitude adjusted times are not official times and cannot be used for anything else.

All-Star Team (Greg Bostrom/Jeanine Serrano) No report. Western Zone Meet information can be found on the website.

OLD BUSINESS

Board of Review A final decision on the issue before the Board of Review will be made tomorrow night and parties involved will be notified. The decision will be posted on the OSI website.

Scratch Rule Committee No report.

11 & O Format Committee Kyle reported that the committee has come up with a final format and have just a few details left to be decided..

Travel Policy Checklist Kyle has the list from the last AllStar meet and will be meeting with Jeanine to tweak and finalize it.

Record Recognition Procedures Committee Work is in progress.

Meet Fee Review Committee No report. Brandon Drawz will replace Jason Moore. Mark Bernett was also added to the committee. The committee was instructed to start their research, but not do more than that until after the September planning workshop.

OSI Role in 2008 Western Zone Meet Brandon was asked to let us know how OSI can partner with and help Mt. Hood make the meet a success. He has also been meeting with the city of Gresham about their role. Brandon

will attend the 2007 meet in Farmington. The facility is almost completed, and Daktronics is installing \$300,000 worth of equipment and will be there to check it out for several meets.

County of Wahiakum - This county is not in an LSC. OSI supports PNS's request for it to be in their LSC.

P4 Legislation from Convention After discussion and specific suggestions, Gene Mielke and Brandon Drawz will rewrite this legislation dealing with equipment for meets.

Pendleton Request to Join Inland Empire Jeff Gudman, representing OSI, met with the Pendleton Board and a representative from LaGrande on April 26 to discuss Pendleton's moving into the Inland Empire LSC. Pendleton plans to pursue this and will seek approval at the next HOD meeting in each LSC. Pendleton would still like to have Oregon teams attend their summer meets. They would also like to stay on the OSI calendar, but the Board felt that once the move is completed this would not be feasible.

Member-at-Large Votes Mark has submitted the names of OSI Board members who are attending convention and who don't have votes.

Nominating Committee Members will be notified that they need to start finding candidates for OSI positions.

NEW BUSINESS

An OSI Long Term Planning and Goal Setting Workshop led by Kim O'Shea from USA-S will be held on Sunday, September 16, 2007 at the Multnomah Athletic Club. All members of Oregon Swimming will be invited to attend via the website. A letter will also be sent to all clubs and coaches will be specifically invited through OSCA. Coby will develop a registration form as we will need to know numbers by the end of July. The focus of the workshop will be on our mission statement, long-term strategic planning and goals. It is expected that a follow-up session will be held about six to nine months from the initial workshop.

Ralph Yates from Mt. Hood Community College, assisted by Brandon Drawz, made a presentation on the history and progress of the new and improved Mt. Hood Community College pool and facility and the need for additional funding and some of the programs they have developed to generate them.

The board discussed that OSI was not in the business of building, repairing or developing facilities, but were prepared to look at other options which would benefit swimming in Oregon.

M/S/P OSI will offer a cash incentive, equal to the travel cost saving for that meet, to any successful bidder who hosts a Western Zone Championship meet or a National Championship meet within the Oregon LSC boundaries. The dollar amount of travel cost saving will be determined by averaging the total travel costs for that meet for the prior four years that it was held outside of Oregon.

Announcements

An Executive Committee conference call will be held on July 11, 2007. The next OSI Board meeting will be September 5, 2007 at the Multnomah Athletic Club.

Adjournment The meeting was adjourned at 9:45 p.m.

Respectfully submitted, Marilyn Loitz, Recording Secretary

AWARD NOMINATIONS

Nominations will be accepted for the following Awards. The awards will be presented at the 2007 Oregon Swimming Awards Ceremony in November.

Nomination can be mailed to Oregon Swimming, 1750 SW Skyline Blvd. #103, Portland OR 97221, or e-mail to *swim@oregonswimming.org*.

James J Richardson Award awarded to outstanding long term contributor to the sport of swimming in Oregon Swimming.

Name: _____ Accomplishments: _____

Name: _____ Accomplishments: _____

United States Swimming Outstanding Service Award

Name: _____ Accomplishments: _____

Name: _____ Accomplishments: _____

John Arlin Adapted Swimming Award

Name: _____ Accomplishments: _____

Name: _____ Accomplishments: _____

Media Award for Outstanding Support to Oregon Competitive Swimming

Name: _____ Accomplishments: Bring scrapbook to General Meeting

Name: _____ Accomplishments: Bring scrapbook to General Meeting

2007 OREGON SWIMMING MINI-EXPO
OCTOBER 12-14, 2007
Mount Hood Community College, Gresham, OR.

Friday, October 12

5:00PM - 9:00PM -- Safety Training for Swim Coaches – contact Jeanine Serrano, 503-431-5455, jserrano@ttsd.k12.or.us

Saturday, October 13

Coaches Clinics

Details will be announced as soon as possible.

7:00PM – 10:00PM - OSCA Meeting

Athletes and coaches of the year are nominated and elected by the Oregon Swim Coaches Association members. Nominations are due by September 30 and should be send to Bud Taylor.

Female Athlete of the year

Male Athlete of the year

Age Group Coach of the year

Senior Coach of the year

Athlete Swim Camp

9:00AM – 2:00PM –

Details will be announced as soon as possible. Cost TBA per athlete. Camp is open to the first 50 athletes. Athletes have to be registered with Oregon Swimming.

2:00PM Meeting for athletes at the Aquatic Center.

Officials Clinics – Site to be announced

Schedule

12:45PM - 1:30PM General meeting for all clinic attendees

1:30PM - 4:00PM Breakout to Separate Clinics

- Stroke & Turn - for the beginning deck official
- Starter – for officials who have been certified as S & T for one year or more
- Referee – for officials who have been certified as Starter for one year or more
- Referee Recertification
- Meet Director – no prerequisites
- Electronic Timing – no prerequisites

Note: There is no charge or membership requirement for the clinics. Attendees not already members of USA Swimming must join prior to beginning on-deck training. Clinics run concurrently, therefore you may attend only one clinic.

Sunday, October 14

Oregon Swimming House of Delegates meeting

8:30AM - 9:00AM: House of Delegates check-in

9:00AM - 3:00PM: Oregon Swimming House of Delegates meeting

Each member club of OSI is required to send a representative to this meeting. Eastern Oregon District and Cascade East League may elect one delegate to represent their respective clubs.

The Chair will determine the timing of a lunch break, if needed.

If you have legislation items for this meeting, please submit them to the OSI office 60 days prior to the meeting.