

NORTHWEST AGE GROUP REGIONALS

MARCH 30-31, APRIL 1, 2012

QUALIFYING PERIOD – FEBRUARY 1, 2011 – MARCH 21, 2012

G10U	SCY	SCM	LCM	B10U	SCY	SCM	LCM
50 FR	30.59	33.59	34.59	50 FR	30.49	33.59	34.59
100 FR	1:07.59	1:14.29	1:16.29	100 FR	1:08.09	1:14.89	1:16.89
200 FR	2:27.29	2:41.99	2:45.99	200 FR	2:28.69	2:43.59	2:47.59
500/400 FR	6:10.89	5:24.49	5:32.49	500/400 FR	6:15.99	5:28.99	5:36.99
50 BA	35.79	39.39	40.39	50 BA	35.89	39.49	40.49
100 BA	1:16.89	1:24.59	1:26.59	100 BA	1:18.19	1:26.09	1:28.09
50 BR	40.59	44.69	45.69	50 BR	41.49	45.59	46.59
100 BR	1:28.49	1:37.39	1:39.39	100 BR	1:30.89	1:39.99	1:41.99
50 FL	34.49	37.99	38.99	50 FL	34.79	38.29	39.29
100 FL	1:19.59	1:27.49	1:29.49	100 FL	1:21.59	1:29.79	1:31.79
100 IM	1:17.19	1:24.99	N/A	100 IM	1:18.79	1:26.69	N/A
200 IM	2:46.09	3:02.69	3:06.69	200 IM	2:48.99	3:05.89	3:09.89
200 FR R	2:12.39	2:25.69	2:29.69	200 FR R	2:11.49	2:24.69	2:28.69
200 M.R.	2:29.09	2:43.99	2:47.99	200 M.R.	2:28.29	2:43.19	2:47.19
G11	SCY	SCM	LCM	B11	SCY	SCM	LCM
50 FR	28.69	31.59	32.59	50 FR	28.99	31.89	32.89
100 FR	1:03.09	1:09.39	1:11.39	100 FR	1:03.99	1:10.39	1:12.39
200 FR	2:18.19	2:31.99	2:35.99	200 FR	2:19.29	2:33.29	2:37.29
500/400 FR	6:10.89	5:24.49	5:32.49	500/400 FR	6:15.99	5:28.99	5:36.99
1650/1500 FR	20:16.69	20:13.09	20:43.89	1650/1500 FR	20:20.59	20:16.99	20:46.99
50 BA	33.39	36.79	37.79	50 BA	34.09	37.49	38.49
100 BA	1:12.59	1:17.79	1:19.79	100 BA	1:13.59	1:20.99	1:22.99
200 BA	2:26.69	2:41.39	2:45.39	200 BA	2:30.29	2:45.29	2:49.29
50 BR	37.99	41.79	42.79	50 BR	38.99	42.89	43.89
100 BR	1:22.99	1:31.29	1:33.29	100 BR	1:25.29	1:33.79	1:35.79
200 BR	2:47.79	3:04.59	3:08.59	200 BR	2:52.19	3:09.49	3:13.49
50 FL	31.99	35.19	36.19	50 FL	32.99	36.29	37.29
100 FL	1:13.69	1:21.09	1:23.09	100 FL	1:15.79	1:23.39	1:25.39
200 FL	2:34.09	2:49.49	2:53.49	200 FL	2:39.49	2:55.49	2:59.49
100 IM	1:12.69	1:19.99	N/A	100 IM	1:13.89	1:21.29	N/A
200 IM	2:36.19	2:51.79	2:55.79	200 IM	2:39.29	2:55.19	2:59.19
400 IM	5:14.59	5:51.19	5:55.49	400 IM	5:20.69	5:52.79	6:00.79
200 FR R	1:52.09	2:03.29	2:07.29	200 FR R	1:54.49	2:05.99	2:09.99
400 FR R	4:07.59	4:32.39	4:40.39	400 FR R	4:16.19	4:41.89	4:49.89
200 M.R.	2:05.69	2:18.29	2:22.29	200 M.R.	2:07.99	2:20.79	2:24.79
400 M.R.	4:37.29	5:05.09	5:13.09	400 M.R.	4:43.09	5:11.39	5:19.39

NORTHWEST AGE GROUP REGIONALS

MARCH 30-31, APRIL 1, 2012

QUALIFYING PERIOD – FEBRUARY 1, 2011 – MARCH 21, 2012

G12	SCY	SCM	LCM	B12	SCY	SCM	LCM
50 FR	27.09	29.79	30.79	50 FR	27.19	29.89	30.89
100 FR	59.29	1:05.29	1:07.29	100 FR	59.29	1:05.19	1:07.19
200 FR	2:09.79	2:22.79	2:26.79	200 FR	2:09.79	2:22.79	2:26.79
500/400 FR	5:46.79	5:03.49	5:11.49	500/400 FR	5:48.79	5:05.19	5:13.19
1650/1500 FR	20:16.69	20:13.09	20:43.89	1650/1500 FR	20:20.59	20:16.99	20:46.99
50 BA	31.69	34.89	35.89	50 BA	31.99	35.09	36.09
100 BA	1:07.49	1:14.19	1:16.19	100 BA	1:08.39	1:15.19	1:17.19
200 BA	2:26.69	2:41.39	2:45.39	200 BA	2:30.29	2:45.29	2:49.29
50 BR	35.59	39.09	40.09	50 BR	35.89	39.49	40.49
100 BR	1:16.89	1:24.49	1:26.49	100 BR	1:18.39	1:26.29	1:28.29
200 BR	2:47.79	3:04.59	3:08.59	200 BR	2:52.19	3:09.49	3:13.49
50 FL	30.09	33.19	34.19	50 FL	30.29	33.29	34.29
100 FL	1:07.89	1:14.69	1:16.69	100 FL	1:08.49	1:15.39	1:17.39
200 FL	2:34.09	2:49.49	2:53.49	200 FL	2:39.49	2:55.49	2:59.49
100 IM	1:08.39	1:15.29	N/A	100 IM	1:08.89	1:15.69	N/A
200 IM	2:26.39	2:41.09	2:45.09	200 IM	2:27.29	2:42.09	2:46.09
400 IM	5:14.59	5:46.09	5:54.09	400 IM	5:20.69	5:52.79	6:00.79
200 FR R	1:52.09	2:03.29	2:07.29	200 FR R	1:54.49	2:05.99	2:09.99
400 FR R	4:07.59	4:32.39	4:40.39	400 FR R	4:16.19	4:41.89	4:49.89
200 M.R.	2:05.69	2:18.29	2:22.29	200 M.R.	2:07.99	2:20.79	2:24.79
400 M.R.	4:37.29	5:05.09	5:13.09	400 M.R.	4:43.09	5:11.39	5:19.39
G13	SCY	SCM	LCM	B13	SCY	SCM	LCM
50 FR	26.49	29.09	30.09	50 FR	25.39	27.89	28.89
100 FR	57.29	1:03.09	1:05.09	100 FR	55.39	1:00.89	1:02.89
200 FR	2:04.19	2:16.69	2:20.69	200 FR	2:00.89	2:12.99	2:16.99
500/400 FR	5:34.09	4:52.29	5:00.29	500/400 FR	5:28.19	4:47.19	4:55.19
1650/1500 FR	19:11.29	19:07.89	19:37.89	1650/1500 FR	18:42.49	18:38.89	19:08.89
100 BA	1:04.89	1:11.39	1:13.39	100 BA	1:04.19	1:10.59	1:12.59
200 BA	2:19.69	2:33.69	2:37.69	200 BA	2:18.09	2:31.89	2:35.89
100 BR	1:14.29	1:21.69	1:23.69	100 BR	1:12.59	1:19.79	1:21.79
200 BR	2:41.19	2:57.29	3:01.29	200 BR	2:37.39	2:53.19	2:57.19
100 FL	1:04.39	1:10.89	1:12.89	100 FL	1:03.09	1:09.39	1:11.39
200 FL	2:26.89	2:41.49	2:45.49	200 FL	2:26.79	2:41.39	2:45.39
200 IM	2:20.69	2:34.79	2:38.79	200 IM	2:16.99	2:30.69	2:34.69
400 IM	5:01.79	5:31.89	5:39.89	400 IM	4:55.49	5:25.09	5:33.09
200 FR R	1:45.39	1:55.99	1:59.99	200 FR R	1:40.29	1:50.39	1:54.39
400 FR R	3:50.89	4:13.99	4:21.99	400 FR R	3:40.69	4:02.79	4:10.79
200 M.R.	1:57.39	2:09.19	2:13.19	200 M.R.	1:53.39	2:04.79	2:08.79
400 M.R.	4:17.19	4:42.99	4:50.99	400 M.R.	4:05.39	4:29.99	4:37.99

NORTHWEST AGE GROUP REGIONALS

MARCH 30-31, APRIL 1, 2012

QUALIFYING PERIOD – FEBRUARY 1, 2011 – MARCH 21, 2012

G14	SCY	SCM	LCM	B14	SCY	SCM	LCM
50 FR	25.89	28.49	29.49	50 FR	24.39	26.79	27.79
100 FR	55.99	1:01.59	1:03.59	100 FR	52.59	57.89	59.89
200 FR	2:01.29	2:13.49	2:17.49	200 FR	1:55.19	2:06.69	2:10.69
500/400 FR	5:28.59	4:47.49	4:55.49	500/400 FR	5:13.09	4:33.99	4:41.99
1650/1500 FR	18:58.59	18:55.19	19:25.19	1650/1500 FR	18:04.69	18:01.49	18:31.49
100 BA	1:03.09	1:09.39	1:11.39	100 BA	1:00.29	1:06.29	1:08.29
200 BA	2:16.39	2:29.99	2:33.99	200 BA	2:11.29	2:24.49	2:28.49
100 BR	1:12.79	1:20.09	1:22.09	100 BR	1:08.49	1:15.39	1:17.39
200 BR	2:37.69	2:53.49	2:57.49	200 BR	2:30.59	2:45.69	2:49.69
100 FL	1:02.29	1:08.59	1:10.59	100 FL	59.39	1:05.39	1:07.39
200 FL	2:21.89	2:35.99	2:39.99	200 FL	2:16.59	2:30.19	2:34.19
200 IM	2:17.09	2:30.79	2:34.79	200 IM	2:10.39	2:23.39	2:27.39
400 IM	4:53.89	5:23.29	5:31.29	400 IM	4:41.89	5:10.09	5:18.09
200 FR R	1:45.39	1:55.99	1:59.99	200 FR R	1:40.29	1:50.39	1:54.39
400 FR R	3:50.89	4:13.99	4:21.99	400 FR R	3:40.69	4:02.79	4:10.79
200 M.R.	1:57.39	2:09.19	2:13.19	200 M.R.	1:53.39	2:04.79	2:08.79
400 M.R.	4:17.19	4:42.99	4:50.99	400 M.R.	4:05.39	4:29.99	4:37.99
G15-18	SCY	SCM	LCM	B15-18	SCY	SCM	LCM
50 FR	25.89	28.49	29.49	50 FR	23.29	25.69	26.69
100 FR	56.29	1:01.99	1:03.99	100 FR	50.79	55.89	57.89
200 FR	2:02.39	2:14.69	2:18.69	200 FR	1:52.09	2:03.29	2:07.29
500/400 FR	5:27.59	4:46.69	4:54.59	500/400 FR	5:01.89	4:24.19	4:32.19
1650/1500 FR	18:56.99	18:53.19	19:23.19	1650/1500 FR	17:40.79	17:37.69	18:07.69
100 BA	1:03.39	1:09.79	1:11.79	100 BA	58.19	1:04.09	1:06.09
200 BA	2:17.79	2:31.59	2:35.59	200 BA	2:07.89	2:20.69	2:24.69
100 BR	1:12.59	1:19.89	1:21.89	100 BR	1:05.59	1:12.19	1:14.19
200 BR	2:37.29	2:53.09	2:57.09	200 BR	2:26.49	2:41.19	2:45.19
100 FL	1:01.89	1:08.09	1:10.09	100 FL	56.99	1:02.69	1:04.69
200 FL	2:21.39	2:35.59	2:39.59	200 FL	2:10.49	2:23.59	2:27.59
200 IM	2:18.39	2:32.29	2:36.29	200 IM	2:08.39	2:21.29	2:25.29
400 IM	4:57.69	5:27.49	5:35.49	400 IM	4:37.99	5:05.79	5:13.79
200 FR R	1:46.69	1:57.39	2:01.39	200 FR R	1:38.79	1:48.69	1:52.69
400 FR R	3:54.19	4:17.69	4:25.69	400 FR R	3:34.99	3:56.49	4:04.49
200 M.R.	2:00.69	2:12.79	2:16.79	200 M.R.	1:50.89	2:01.99	2:05.99
400 M.R.	4:22.39	4:48.69	4:56.69	400 M.R.	4:00.59	4:24.69	4:32.69