

2025-2026 OSI Time Standards

Girls									8 & Under	Boys								
SCY A	SCY B+	SCY B	SCM A	SCM B+	SCM B	LCM A	LCM B+	LCM B	Event	SCY A	SCY B+	SCY B	SCM A	SCM B+	SCM B	LCM A	LCM B+	LCM B
20.59	21.69	22.69	22.69	23.89	24.99				25 Free	20.09	21.09	22.09	22.09	23.19	24.29			
47.19	49.59	51.99	51.99	54.59	57.19	50.69	53.29	55.79	50 Free	51.79	54.39	56.99	56.99	59.89	1:02.69	49.09	51.59	53.99
1:48.49	1:53.99	1:59.39	1:59.39	2:05.39	2:11.39	1:52.79	1:58.49	2:04.09	100 Free	1:45.09	1:50.39	1:55.59	1:55.59	2:01.39	2:07.19	1:51.39	1:56.99	2:02.59
23.39	24.59	25.79	25.79	27.09	28.39				25 Back	23.49	24.69	25.89	25.89	27.19	28.49			
50.29	52.89	55.39	55.39	58.19	1:00.99	56.29	59.19	1:01.99	50 Back	52.49	55.19	57.79	57.79	1:00.69	1:03.59	54.29	57.09	59.79
30.19	31.79	33.29	33.29	34.99	36.69				25 Breast	30.49	32.09	33.59	33.59	35.29	36.99			
1:05.49	1:08.79	1:12.09	1:12.09	1:15.69	1:19.29	1:09.89	1:13.39	1:16.89	50 Breast	1:08.79	1:12.29	1:15.69	1:15.69	1:19.49	1:23.29	1:08.69	1:12.19	1:15.59
28.19	29.69	31.09	31.09	32.69	34.19				25 Fly	28.09	29.49	30.89	30.89	32.49	33.99			
1:05.09	1:08.39	1:11.59	1:11.59	1:15.19	1:18.79	1:13.19	1:16.89	1:20.59	50 Fly	1:04.19	1:07.49	1:10.69	1:10.69	1:14.29	1:17.79	1:10.69	1:14.29	1:17.79
2:05.79	2:12.09	2:18.39	2:18.39	2:25.39	2:32.29				100 IM	2:09.19	2:15.69	2:22.19	2:22.19	2:29.39	2:36.49			
1:48.59	1:54.09	1:59.49	1:59.49	2:05.49	2:11.49				100 F.R.	1:42.59	1:47.79	1:52.89	1:52.89	1:58.59	2:04.19			
2:10.09	2:16.59	2:23.09	2:23.09	2:30.29	2:37.39				100 M.R.	2:15.79	2:22.59	2:29.39	2:29.39	2:36.89	2:44.39			

Girls									9	Boys								
SCY A	SCY B+	SCY B	SCM A	SCM B+	SCM B	LCM A	LCM B+	LCM B	Event	SCY A	SCY B+	SCY B	SCM A	SCM B+	SCM B	LCM A	LCM B+	LCM B
40.69	42.79	44.79	44.79	47.09	49.29	43.69	45.89	48.09	50 Free	39.39	41.39	43.39	43.39	45.59	47.79	47.09	49.49	51.79
1:30.89	1:35.49	1:39.99	1:39.99	1:44.99	1:49.99	1:40.89	1:45.99	1:50.99	100 Free	1:29.69	1:34.19	1:38.69	1:38.69	1:43.69	1:48.59	1:43.09	1:48.29	1:53.39
3:29.09	3:39.59	3:49.99	3:49.99	4:01.49	4:12.99	3:53.59	4:05.29	4:16.99	200 Free	3:26.59	3:36.99	3:47.29	3:47.29	3:58.69	4:10.09	4:03.59	4:15.79	4:27.99
47.19	49.59	51.99	51.99	54.59	57.19	51.19	53.79	56.39	50 Back	46.69	49.09	51.39	51.39	53.99	56.59	53.59	56.29	58.99
1:42.89	1:48.09	1:53.19	1:53.19	1:58.89	2:04.59	1:52.29	1:57.99	2:03.59	100 Back	1:44.29	1:49.59	1:54.79	1:54.79	2:00.59	2:06.29	1:55.49	2:01.29	2:07.09
54.59	57.39	1:00.09	1:00.09	1:03.09	1:06.09	59.79	1:02.79	1:05.79	50 Breast	54.79	57.59	1:00.29	1:00.29	1:03.39	1:06.39	1:01.79	1:04.89	1:07.99
1:59.19	2:05.19	2:11.19	2:11.19	2:17.79	2:24.39	2:18.59	2:25.59	2:32.49	100 Breast	2:05.99	2:12.29	2:18.59	2:18.59	2:25.59	2:32.49	2:16.19	2:23.09	2:29.89
54.79	57.59	1:00.29	1:00.29	1:03.39	1:06.39	58.49	1:01.49	1:04.39	50 Fly	53.29	55.99	58.69	58.69	1:01.69	1:04.59	56.99	59.89	1:02.69
2:03.29	2:09.49	2:15.69	2:15.69	2:22.49	2:29.29	2:29.79	2:37.29	2:44.79	100 Fly	1:59.39	2:05.39	2:11.39	2:11.39	2:17.99	2:24.59	2:12.79	2:19.49	2:26.09
1:43.99	1:49.19	1:54.39	1:54.39	2:00.19	2:05.89				100 IM	1:44.69	1:49.99	1:55.19	1:55.19	2:00.99	2:06.79			
4:02.39	4:14.59	4:26.69	4:26.69	4:40.09	4:53.39	4:34.29	4:48.09	5:01.79	200 IM	3:39.49	3:50.49	4:01.49	4:01.49	4:13.59	4:25.69	4:23.19	4:36.39	4:49.59

Girls									10	Boys								
SCY A	SCY B+	SCY B	SCM A	SCM B+	SCM B	LCM A	LCM B+	LCM B	Event	SCY A	SCY B+	SCY B	SCM A	SCM B+	SCM B	LCM A	LCM B+	LCM B
35.29	37.09	38.89	38.89	40.89	42.79	39.99	41.99	43.99	50 Free	35.49	37.29	39.09	39.09	41.09	42.99	41.59	43.69	45.79
1:20.19	1:24.29	1:28.29	1:28.29	1:32.79	1:37.19	1:30.19	1:34.79	1:39.29	100 Free	1:17.69	1:21.59	1:25.49	1:25.49	1:29.79	1:34.09	1:34.69	1:39.49	1:44.19
3:10.29	3:19.89	3:29.39	3:29.39	3:39.89	3:50.39	3:18.99	3:28.99	3:38.89	200 Free	2:56.59	3:05.49	3:14.29	3:14.29	3:24.09	3:33.79	3:16.99	3:26.89	3:36.69
40.39	42.49	44.49	44.49	46.79	48.99	47.89	50.29	52.69	50 Back	41.19	43.29	45.39	45.39	47.69	49.99	45.79	48.09	50.39
1:33.09	1:37.79	1:42.39	1:42.39	1:47.59	1:52.69	1:42.49	1:47.69	1:52.79	100 Back	1:33.09	1:37.79	1:42.39	1:42.39	1:47.59	1:52.69	1:47.89	1:53.29	1:58.69
47.29	49.69	52.09	52.09	54.69	57.29	55.99	58.79	1:01.59	50 Breast	47.69	50.09	52.49	52.49	55.19	57.79	56.19	59.09	1:01.89
1:45.49	1:50.79	1:56.09	1:56.09	2:01.89	2:07.69	1:59.39	2:05.39	2:11.39	100 Breast	1:46.59	1:51.99	1:57.29	1:57.29	2:03.19	2:09.09	2:03.09	2:09.29	2:15.39
43.89	46.09	48.29	48.29	50.79	53.19	52.09	54.69	57.29	50 Fly	43.99	46.19	48.39	48.39	50.89	53.29	49.59	52.09	54.59
1:46.79	1:52.19	1:57.49	1:57.49	2:03.39	2:09.29	2:05.89	2:12.19	2:18.49	100 Fly	1:44.49	1:49.79	1:54.99	1:54.99	2:00.79	2:06.49	2:06.19	2:12.59	2:18.89
1:31.09	1:35.69	1:40.19	1:40.19	1:45.29	1:50.29				100 IM	1:33.79	1:38.49	1:43.19	1:43.19	1:48.39	1:53.59			
3:20.39	3:30.49	3:40.49	3:40.49	3:51.59	4:02.59	3:42.69	3:53.89	4:04.99	200 IM	3:18.79	3:28.79	3:38.69	3:38.69	3:49.69	4:00.59	3:46.89	3:58.29	4:09.59

Girls									10 & Under	Boys								
SCY A	SCY B+	SCY B	SCM A	SCM B+	SCM B	LCM A	LCM B+	LCM B	Event	SCY A	SCY B+	SCY B	SCM A	SCM B+	SCM B	LCM A	LCM B+	LCM B
2:35.19	2:42.99	2:50.79	2:50.79	2:59.39	3:07.89	3:08.59	3:18.09	3:27.49	200 F.R.	2:43.99	2:52.19	3:00.39	3:00.39	3:09.49	3:18.49	3:11.59	3:21.19	3:30.79
3:01.89	3:10.99	3:20.09	3:20.09	3:30.09	3:40.09	3:40.59	3:51.69	4:02.69	200 M.R.	3:01.89	3:10.99	3:20.09	3:20.09	3:30.09	3:40.09	3:47.49	3:58.89	4:10.29

2025-2026 OSI Time Standards

Girls									11	Boys								
SCY A	SCY B+	SCY B	SCM A	SCM B+	SCM B	LCM A	LCM B+	LCM B	Event	SCY A	SCY B+	SCY B	SCM A	SCM B+	SCM B	LCM A	LCM B+	LCM B
32.89	34.59	36.19	36.19	38.09	39.89	36.09	37.89	39.69	50 Free	32.39	34.09	35.69	35.69	37.49	39.29	36.99	38.89	40.69
1:11.69	1:15.29	1:18.89	1:18.89	1:22.89	1:26.79	1:24.49	1:28.79	1:32.99	100 Free	1:11.99	1:15.59	1:19.19	1:19.19	1:23.19	1:27.19	1:23.49	1:27.69	1:31.89
2:41.39	2:49.49	2:57.59	2:57.59	3:06.49	3:15.39	2:51.29	2:59.89	3:08.49	200 Free	2:43.19	2:51.39	2:59.59	2:59.59	3:08.59	3:17.59	3:03.69	3:12.89	3:22.09
7:19.49	7:41.49	8:03.49							500 Free	7:07.69	7:29.09	7:50.49						
			6:25.94	6:45.29	7:04.59	6:24.09	6:43.29	7:02.49	400 Free				6:15.53	6:34.39	6:53.09	6:27.69	6:47.09	7:06.49
13:22.49	14:02.69	14:42.79							1000 Free	13:17.69	13:57.59	14:37.49						
			11:36.25	12:11.09	12:45.89	11:15.39	11:49.19	12:22.99	800 Free				11:32.12	12:06.79	12:41.39	12:05.29	12:41.59	13:17.89
22:34.09	23:41.79	24:49.49							1650 Free	21:07.49	22:10.89	23:14.29						
			23:01.76	24:10.89	25:19.99	22:05.79	23:12.09	24:38.39	1500 Free				21:33.47	22:38.19	23:42.89	22:11.09	23:17.69	24:24.19
37.99	39.89	41.79	41.79	43.89	45.99	43.49	45.69	47.89	50 Back	37.99	39.89	41.79	41.79	43.89	45.99	44.69	46.99	49.19
1:22.89	1:27.09	1:31.19	1:31.19	1:35.79	1:40.39	1:33.19	1:37.89	1:42.59	100 Back	1:22.19	1:26.39	1:30.49	1:30.49	1:35.09	1:39.59	1:37.89	1:42.79	1:47.69
2:39.19	2:47.19	2:55.19	2:55.19	3:03.99	3:12.79	2:58.19	3:07.19	3:16.09	200 Back	2:37.59	2:45.49	2:53.39	2:53.39	3:02.09	3:10.79	3:02.49	3:11.69	3:20.79
44.19	46.49	48.69	48.69	51.19	53.59	48.89	51.39	53.79	50 Breast	44.29	46.59	48.79	48.79	51.29	53.69	51.89	54.49	57.09
1:35.29	1:40.09	1:44.89	1:44.89	1:50.19	1:55.39	1:46.29	1:51.69	1:56.99	100 Breast	1:36.19	1:41.09	1:45.89	1:45.89	1:51.19	1:56.49	1:51.59	1:57.19	2:02.79
2:56.49	3:05.39	3:14.19	3:14.19	3:23.99	3:33.69	3:21.39	3:31.49	3:41.59	200 Breast	2:51.59	3:00.19	3:08.79	3:08.79	3:18.29	3:27.69	3:15.19	3:24.99	3:34.79
37.29	39.19	41.09	41.09	43.19	45.19	41.79	43.89	45.99	50 Fly	38.49	40.49	42.39	42.39	44.59	46.69	44.09	46.29	48.49
1:28.49	1:32.99	1:37.39	1:37.39	1:42.29	1:47.19	1:39.09	1:44.09	1:48.99	100 Fly	1:28.59	1:33.09	1:37.49	1:37.49	1:42.39	1:47.29	1:40.49	1:45.59	1:50.59
2:48.99	2:57.49	3:05.89	3:05.89	3:15.19	3:24.49	3:13.69	3:23.39	3:33.09	200 Fly	2:37.89	2:45.79	2:53.69	2:53.69	3:02.39	3:11.09	3:08.69	3:18.19	3:27.59
1:25.19	1:29.49	1:33.79	1:33.79	1:38.49	1:43.19				100 IM	1:25.29	1:29.59	1:33.89	1:33.89	1:38.59	1:43.29			
3:04.99	3:14.29	3:23.49	3:23.49	3:33.69	3:43.89	3:22.69	3:32.89	3:42.99	200 IM	3:06.99	3:16.39	3:25.69	3:25.69	3:35.99	3:46.29	3:31.29	3:41.89	3:52.49
5:38.49	5:55.49	6:12.39	6:12.39	6:31.09	6:49.69	6:20.89	6:39.99	6:58.99	400 IM	5:48.39	6:05.89	6:23.29	6:23.29	6:42.49	7:01.69	6:38.89	6:58.89	7:18.79

Girls									12	Boys								
SCY A	SCY B+	SCY B	SCM A	SCM B+	SCM B	LCM A	LCM B+	LCM B	Event	SCY A	SCY B+	SCY B	SCM A	SCM B+	SCM B	LCM A	LCM B+	LCM B
29.89	31.39	32.89	32.89	34.59	36.19	33.19	34.89	36.59	50 Free	29.99	31.49	32.99	32.99	34.69	36.29	32.89	34.59	36.19
1:04.79	1:08.09	1:11.29	1:11.29	1:14.89	1:18.49	1:13.99	1:17.69	1:21.39	100 Free	1:05.29	1:08.59	1:11.89	1:11.89	1:15.49	1:19.09	1:15.19	1:18.99	1:22.79
2:28.89	2:36.39	2:43.79	2:43.79	2:51.99	3:00.19	2:42.49	2:50.69	2:58.79	200 Free	2:31.09	2:38.69	2:46.19	2:46.19	2:54.59	3:02.89	2:44.79	2:53.09	3:01.29
6:52.19	7:12.89	7:33.49							500 Free	6:46.49	7:06.89	7:27.19						
			6:01.98	6:20.09	6:38.19	6:00.69	6:18.79	6:36.79	400 Free				5:56.91	6:14.79	6:32.59	5:50.49	6:08.09	6:25.59
13:22.49	14:02.69	14:42.79							1000 Free	13:17.69	13:57.59	14:37.49						
			11:36.25	12:11.09	12:45.89	11:15.39	11:49.19	12:22.99	800 Free				11:32.12	12:06.79	12:41.39	12:05.29	12:41.59	13:17.89
22:34.09	23:41.79	24:49.49							1650 Free	21:07.49	22:10.89	23:14.29						
			23:01.76	24:10.89	25:19.99	22:05.79	23:12.09	24:38.39	1500 Free				21:33.47	22:38.19	23:42.89	22:11.09	23:17.69	24:24.19
34.29	36.09	37.79	37.79	39.69	41.59	40.69	42.79	44.79	50 Back	35.69	37.49	39.29	39.29	41.29	43.29	42.09	44.19	46.29
1:15.69	1:19.49	1:23.29	1:23.29	1:27.49	1:31.69	1:29.39	1:33.89	1:38.39	100 Back	1:15.29	1:19.09	1:22.89	1:22.89	1:27.09	1:31.19	1:30.49	1:35.09	1:39.59
2:39.19	2:47.19	2:55.19	2:55.19	3:03.99	3:12.79	2:58.19	3:07.19	3:16.09	200 Back	2:37.59	2:45.49	2:53.39	2:53.39	3:02.09	3:10.79	3:02.49	3:11.69	3:20.79
39.99	41.99	43.99	43.99	46.19	48.39	46.49	48.89	51.19	50 Breast	40.09	42.09	44.09	44.09	46.29	48.49	45.69	47.99	50.29
1:25.69	1:29.99	1:34.29	1:34.29	1:39.09	1:43.79	1:41.99	1:47.09	1:52.19	100 Breast	1:27.69	1:32.09	1:36.49	1:36.49	1:41.39	1:46.19	1:39.99	1:44.99	1:49.99
2:56.49	3:05.39	3:14.19	3:14.19	3:23.99	3:33.69	3:21.39	3:31.49	3:41.59	200 Breast	2:51.59	3:00.19	3:08.79	3:08.79	3:18.29	3:27.69	3:15.19	3:24.99	3:34.79
33.39	35.09	36.79	36.79	38.69	40.49	37.39	39.29	41.19	50 Fly	33.49	35.19	36.89	36.89	38.79	40.59	40.09	42.09	44.09
1:20.79	1:24.89	1:28.89	1:28.89	1:33.39	1:37.79	1:33.39	1:38.09	1:42.79	100 Fly	1:21.89	1:25.99	1:30.09	1:30.09	1:34.59	1:39.09	1:32.49	1:37.19	1:41.79
2:48.99	2:57.49	3:05.89	3:05.89	3:15.19	3:24.49	3:13.69	3:23.39	3:33.09	200 Fly	2:37.89	2:45.79	2:53.69	2:53.69	3:02.39	3:11.09	3:08.69	3:18.19	3:27.59
1:16.49	1:20.39	1:24.19	1:24.19	1:28.49	1:32.69				100 IM	1:15.49	1:19.29	1:23.09	1:23.09	1:27.29	1:31.39			
2:53.39	3:02.09	3:10.79	3:10.79	3:20.39	3:29.89	3:08.69	3:18.19	3:27.59	200 IM	2:52.29	3:00.99	3:09.59	3:09.59	3:19.09	3:28.59	3:10.89	3:20.49	3:29.99
5:38.49	5:55.49	6:12.39	6:12.39	6:31.09	6:49.69	6:20.89	6:39.99	6:58.99	400 IM	5:48.39	6:05.89	6:23.29	6:23.29	6:42.49	7:01.69	6:38.89	6:58.89	7:18.79

Girls									11 - 12	Boys								
SCY A	SCY B+	SCY B	SCM A	SCM B+	SCM B	LCM A	LCM B+	LCM B	Event	SCY A	SCY B+	SCY B	SCM A	SCM B+	SCM B	LCM A	LCM B+	LCM B
2:10.49	2:17.09	2:23.59	2:23.59	2:30.79	2:37.99	2:29.09	2:36.59	2:43.99	200 F.R.	2:13.39	2:20.09	2:26.79	2:26.79	2:34.19	2:41.49	2:32.59	2:40.29	2:47.89
4:54.99	5:09.79	5:24.49	5:24.49	5:40.79	5:56.99	5:46.09	6:03.39	6:20.69	400 F.R.	4:55.39	5:10.19	5:24.99	5:24.99	5:41.29	5:57.49	5:44.39	6:01.69	6:18.89
2:34.29	2:42.09	2:49.79	2:49.79	2:58.29	3:06.79	2:51.99	3:00.59	3:09.19	200 M.R.	2:31.19	2:38.79	2:46.39	2:46.39	2:54.79	3:03.09	2:49.69	2:58.19	3:06.69
5:21.69	5:37.79	5:53.89	5:53.89	6:11.59	6:29.29	6:20.39	6:39.49	6:58.49	400 M.R.	5:38.09	5:54.99	6:11.89	6:11.89	6:30.49	6:49.09	6:34.29	6:54.09	7:13.79

2025-2026 OSI Time Standards

Girls									13	Boys								
SCY A	SCY B+	SCY B	SCM A	SCM B+	SCM B	LCM A	LCM B+	LCM B	Event	SCY A	SCY B+	SCY B	SCM A	SCM B+	SCM B	LCM A	LCM B+	LCM B
28.19	29.69	31.09	31.09	32.69	34.19	31.59	33.19	34.79	50 Free	27.29	28.69	30.09	30.09	31.59	33.09	32.09	33.69	35.29
59.79	1:02.79	1:05.79	1:05.79	1:09.09	1:12.39	1:09.29	1:12.79	1:16.29	100 Free	59.29	1:02.29	1:05.29	1:05.29	1:08.59	1:11.89	1:12.29	1:15.99	1:19.59
2:17.89	2:24.79	2:31.69	2:31.69	2:39.29	2:46.89	2:36.29	2:44.19	2:51.99	200 Free	2:14.19	2:20.99	2:27.69	2:27.69	2:35.09	2:42.49	2:35.79	2:43.59	2:51.39
6:21.99	6:41.09	7:00.19							500 Free	6:20.09	6:39.09	6:58.09						
			5:35.44	5:52.29	6:08.99	5:40.39	5:57.49	6:14.49	400 Free				5:33.75	5:50.49	6:07.19	5:38.79	5:55.79	6:12.69
13:22.49	14:02.69	14:42.79							1000 Free	13:17.69	13:57.59	14:37.49						
			11:36.25	12:11.09	12:45.89	11:15.39	11:49.19	12:22.99	800 Free				11:32.12	12:06.79	12:41.39	12:05.29	12:41.59	13:17.89
22:34.09	23:41.79	24:49.49							1650 Free	21:07.49	22:10.89	23:14.29						
			23:01.76	24:10.89	25:19.99	22:05.79	23:12.09	24:38.39	1500 Free				21:33.47	22:38.19	23:42.89	22:11.09	23:17.69	24:24.19
1:11.39	1:14.99	1:18.59	1:18.59	1:22.59	1:26.49	1:23.99	1:28.19	1:32.39	100 Back	1:11.49	1:15.09	1:18.69	1:18.69	1:22.69	1:26.59	1:24.39	1:28.69	1:32.89
2:39.19	2:47.19	2:55.19	2:55.19	3:03.99	3:12.79	2:58.19	3:07.19	3:16.09	200 Back	2:37.59	2:45.49	2:53.39	2:53.39	3:02.09	3:10.79	3:02.49	3:11.69	3:20.79
1:21.89	1:25.99	1:30.09	1:30.09	1:34.59	1:39.09	1:36.29	1:41.19	1:45.99	100 Breast	1:17.09	1:20.99	1:24.79	1:24.79	1:29.09	1:33.29	1:30.89	1:35.49	1:39.99
2:56.49	3:05.39	3:14.19	3:14.19	3:23.99	3:33.69	3:21.39	3:31.49	3:41.59	200 Breast	2:51.59	3:00.19	3:08.79	3:08.79	3:18.29	3:27.69	3:15.19	3:24.99	3:34.79
1:13.69	1:17.39	1:21.09	1:21.09	1:25.19	1:29.19	1:24.89	1:29.19	1:33.39	100 Fly	1:10.89	1:14.49	1:17.99	1:17.99	1:21.89	1:25.79	1:22.69	1:26.89	1:30.99
2:48.99	2:57.49	3:05.89	3:05.89	3:15.19	3:24.49	3:13.69	3:23.39	3:33.09	200 Fly	2:37.89	2:45.79	2:53.69	2:53.69	3:02.39	3:11.09	3:08.69	3:18.19	3:27.59
2:36.99	2:44.89	2:52.69	2:52.69	3:01.39	3:09.99	2:56.59	3:05.49	3:14.29	200 IM	2:34.19	2:41.99	2:49.69	2:49.69	2:58.19	3:06.69	2:56.89	3:05.79	3:14.59
5:38.49	5:55.49	6:12.39	6:12.39	6:31.09	6:49.69	6:20.89	6:39.99	6:58.99	400 IM	5:48.39	6:05.89	6:23.29	6:23.29	6:42.49	7:01.69	6:38.89	6:58.89	7:18.79

Girls									14	Boys								
SCY A	SCY B+	SCY B	SCM A	SCM B+	SCM B	LCM A	LCM B+	LCM B	Event	SCY A	SCY B+	SCY B	SCM A	SCM B+	SCM B	LCM A	LCM B+	LCM B
27.79	29.19	30.59	30.59	32.19	33.69	31.39	32.99	34.59	50 Free	25.99	27.29	28.59	28.59	30.09	31.49	29.39	30.89	32.39
59.69	1:02.69	1:05.69	1:05.69	1:08.99	1:12.29	1:07.29	1:10.69	1:14.09	100 Free	54.29	57.09	59.79	59.79	1:02.79	1:05.79	1:03.49	1:06.69	1:09.89
2:12.49	2:19.19	2:25.79	2:25.79	2:33.09	2:40.39	2:35.29	2:43.09	2:50.89	200 Free	2:05.49	2:11.79	2:18.09	2:18.09	2:24.99	2:31.89	2:24.59	2:31.89	2:39.09
6:03.09	6:21.29	6:39.39							500 Free	5:41.99	5:59.09	6:16.19						
			5:18.79	5:34.79	5:50.69	5:29.99	5:46.49	6:02.99	400 Free				5:00.31	5:15.39	5:30.39	5:14.99	5:30.79	5:46.49
12:58.09	13:36.99	14:15.89							1000 Free	11:56.49	12:32.39	13:08.19						
			11:15.02	11:48.89	12:22.59	11:11.69	11:45.29	12:18.89	800 Free				10:21.69	10:52.79	11:23.89	11:23.19	11:57.39	12:31.59
21:40.29	22:45.39	23:50.39							1650 Free	20:10.79	21:11.39	22:11.89						
			22:06.94	23:13.39	24:19.69	21:28.79	22:33.29	23:37.69	1500 Free				20:35.59	21:37.39	22:39.19	21:26.49	22:30.89	23:35.19
1:10.59	1:14.19	1:17.69	1:17.69	1:21.59	1:25.49	1:20.29	1:24.39	1:28.39	100 Back	1:07.19	1:10.59	1:13.99	1:13.99	1:17.69	1:21.39	1:17.89	1:21.79	1:25.69
2:35.39	2:43.19	2:50.99	2:50.99	2:59.59	3:08.09	2:55.79	3:04.59	3:13.39	200 Back	2:26.09	2:33.39	2:40.69	2:40.69	2:48.79	2:56.79	2:55.39	3:04.19	3:12.99
1:21.69	1:25.79	1:29.89	1:29.89	1:34.39	1:38.89	1:29.79	1:34.29	1:38.79	100 Breast	1:15.89	1:19.69	1:23.49	1:23.49	1:27.69	1:31.89	1:26.29	1:30.69	1:34.99
2:53.39	3:02.09	3:10.79	3:10.79	3:20.39	3:29.89	3:10.49	3:20.09	3:29.59	200 Breast	2:49.79	2:58.29	3:06.79	3:06.79	3:16.19	3:25.49	3:11.59	3:21.19	3:30.79
1:12.29	1:15.99	1:19.59	1:19.59	1:23.59	1:27.59	1:23.79	1:27.99	1:32.19	100 Fly	1:04.69	1:07.99	1:11.19	1:11.19	1:14.79	1:18.39	1:17.19	1:21.09	1:24.99
2:46.59	2:54.99	3:03.29	3:03.29	3:12.49	3:21.69	3:13.29	3:22.99	3:32.69	200 Fly	2:36.19	2:44.09	2:51.89	2:51.89	3:00.49	3:09.09	3:00.19	3:09.29	3:18.29
2:33.49	2:41.19	2:48.89	2:48.89	2:57.39	3:05.79	2:55.89	3:04.69	3:13.49	200 IM	2:23.19	2:30.39	2:37.59	2:37.59	2:45.49	2:53.39	2:46.59	2:54.99	3:03.29
5:35.79	5:52.59	6:09.39	6:09.39	6:27.89	6:46.39	6:10.19	6:28.79	6:47.29	400 IM	5:07.09	5:22.49	5:37.79	5:37.79	5:54.69	6:11.59	6:25.69	6:44.99	7:04.29

Girls									13-14	Boys								
SCY A	SCY B+	SCY B	SCM A	SCM B+	SCM B	LCM A	LCM B+	LCM B	Event	SCY A	SCY B+	SCY B	SCM A	SCM B+	SCM B	LCM A	LCM B+	LCM B
1:54.79	2:00.59	2:06.29	2:06.29	2:12.69	2:18.99	2:12.29	2:18.99	2:25.59	200 F.R.	1:50.89	1:56.49	2:01.99	2:01.99	2:08.09	2:14.19	2:09.29	2:15.79	2:22.29
4:15.19	4:27.99	4:40.79	4:40.79	4:54.89	5:08.89	4:56.19	5:11.09	5:25.89	400 F.R.	4:05.79	4:18.09	4:30.39	4:30.39	4:43.99	4:57.49	4:43.79	4:57.99	5:12.19
9:12.49	9:40.19	10:07.79	10:07.79	10:38.19	11:08.59	11:12.89	11:46.59	12:20.19	800 F.R.	9:09.77	9:37.29	10:04.79	10:04.79	10:35.09	11:05.29	10:48.79	11:21.29	11:53.69
2:14.09	2:20.79	2:27.49	2:27.49	2:34.89	2:42.29	2:31.29	2:38.89	2:46.49	200 M.R.	2:05.39	2:11.69	2:17.99	2:17.99	2:24.89	2:31.79	2:26.89	2:34.29	2:41.59
4:54.79	5:09.59	5:24.29	5:24.29	5:40.59	5:56.79	5:39.49	5:56.49	6:13.49	400 M.R.	4:35.19	4:48.99	5:02.79	5:02.79	5:17.99	5:33.09	5:33.19	5:49.89	6:06.59

2025-2026 OSI Time Standards

Girls									15 & Over*	Boys								
SCY A	SCY B+	SCY B	SCM A	SCM B+	SCM B	LCM A	LCM B+	LCM B	Event	SCY A	SCY B+	SCY B	SCM A	SCM B+	SCM B	LCM A	LCM B+	LCM B
26.59	27.99	29.29	29.29	30.79	32.29	30.19	31.79	33.29	50 Free	23.69	24.89	26.09	26.09	27.39	28.69	26.89	28.29	29.59
56.79	59.69	1:02.49	1:02.49	1:05.69	1:08.79	1:05.09	1:08.39	1:11.59	100 Free	51.39	53.99	56.59	56.59	59.49	1:02.29	59.59	1:02.59	1:05.59
2:04.19	2:10.49	2:16.69	2:16.69	2:23.59	2:30.39	2:25.79	2:33.09	2:40.39	200 Free	1:52.59	1:58.29	2:03.89	2:03.89	2:10.09	2:16.29	2:13.09	2:19.79	2:26.39
5:43.89	6:01.09	6:18.29							500 Free	5:17.59	5:33.49	5:49.39						
			5:01.99	5:17.09	5:32.19	5:01.79	5:16.89	5:31.99	400 Free				4:38.88	4:52.89	5:06.79	4:43.09	4:57.29	5:11.39
12:06.19	12:42.59	13:18.89							1000 Free	11:46.39	12:21.79	12:57.09						
			10:30.12	11:01.69	11:33.19	10:49.99	11:22.49	11:54.99	800 Free				10:12.94	10:43.69	11:14.29	9:43.19	10:12.39	10:41.59
21:07.49	22:10.89	23:14.29							1650 Free	19:35.09	20:33.89	21:32.59						
			21:33.43	22:38.19	23:42.79	20:20.69	21:21.79	22:22.79	1500 Free				19:59.14	20:59.19	21:59.09	18:54.49	19:51.29	20:47.99
1:04.79	1:08.09	1:11.29	1:11.29	1:14.89	1:18.49	1:15.59	1:19.39	1:23.19	100 Back	58.09	1:00.99	1:03.89	1:03.89	1:07.09	1:10.29	1:09.29	1:12.79	1:16.29
2:21.79	2:28.89	2:35.99	2:35.99	2:43.79	2:51.59	2:42.29	2:50.49	2:58.59	200 Back	2:12.49	2:19.19	2:25.79	2:25.79	2:33.09	2:40.39	2:31.79	2:39.39	2:46.99
1:13.29	1:16.99	1:20.69	1:20.69	1:24.79	1:28.79	1:26.59	1:30.99	1:35.29	100 Breast	1:03.79	1:06.99	1:10.19	1:10.19	1:13.79	1:17.29	1:16.49	1:20.39	1:24.19
2:47.49	2:55.89	3:04.29	3:04.29	3:13.59	3:22.79	3:04.39	3:13.69	3:22.89	200 Breast	2:28.79	2:36.29	2:43.69	2:43.69	2:51.89	3:00.09	3:02.39	3:11.59	3:20.69
1:04.69	1:07.99	1:11.19	1:11.19	1:14.79	1:18.39	1:14.89	1:18.69	1:22.39	100 Fly	56.89	59.79	1:02.59	1:02.59	1:05.79	1:08.89	1:04.19	1:07.49	1:10.69
2:31.59	2:39.19	2:46.79	2:46.79	2:55.19	3:03.49	2:52.39	3:01.09	3:09.69	200 Fly	2:20.89	2:27.99	2:34.99	2:34.99	2:42.79	2:50.49	2:32.69	2:40.39	2:47.99
2:22.49	2:29.69	2:36.79	2:36.79	2:44.69	2:52.49	2:44.89	2:53.19	3:01.39	200 IM	2:07.19	2:13.59	2:19.99	2:19.99	2:26.99	2:33.99	2:30.29	2:37.89	2:45.39
5:32.69	5:49.39	6:05.99	6:05.99	6:24.29	6:42.59	5:59.99	6:17.99	6:35.99	400 IM	4:59.79	5:14.79	5:29.79	5:29.79	5:46.29	6:02.79	5:15.79	5:31.59	5:47.39
1:49.59	1:55.09	2:00.59	2:00.59	2:06.69	2:12.69	2:02.49	2:08.69	2:14.79	200 F.R.	1:38.19	1:43.19	1:48.09	1:48.09	1:53.49	1:58.89	1:55.09	2:00.89	2:06.59
3:57.99	4:09.89	4:21.79	4:21.79	4:34.89	4:47.99	4:33.89	4:47.59	5:01.29	400 F.R.	3:37.59	3:48.49	3:59.39	3:59.39	4:11.39	4:23.39	4:16.19	4:29.09	4:41.89
9:02.29	9:29.49	9:56.59	9:56.59	10:26.49	10:56.29	10:18.59	10:49.59	11:20.49	800 F.R.	8:01.09	8:25.19	8:49.19	8:49.19	9:15.69	9:42.19	9:58.69	10:28.69	10:58.59
2:00.09	2:06.09	2:12.09	2:12.09	2:18.69	2:25.29	2:17.49	2:24.39	2:31.29	200 M.R.	1:50.79	1:56.39	2:01.89	2:01.89	2:07.99	2:14.09	2:11.99	2:18.59	2:25.19
4:27.29	4:40.69	4:54.09	4:54.09	5:08.79	5:23.49	5:08.89	5:24.39	5:39.79	400 M.R.	4:04.09	4:16.29	4:28.49	4:28.49	4:41.99	4:55.39	4:48.69	5:03.19	5:17.59

*15 & Over Standards for **Short Course** Championships equal to 14 YO