

2022 Bend Winter invite
Dec, 3-4 2022
Held under the sanction of USA Swimming
Sanction # 22-120

In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

HOST TEAM: Bend Swim Club
LOCATION: Juniper Pool
800 NE 6th St
Bend, OR 97701

MEET REFEREE: Dan Rawding Drfishes@gmail.com

MEET DIRECTOR: Heather Thomas Heather.thomas@bendswimclub.com

ADMIN. OFFICIAL: lisa Sandoval. Lesandoval96@gmail.com

ELIGIBILITY: Swimmers must be currently registered with USA Swimming. NO on-deck USA SWIM REGISTRATION SHALL BE PERMITTED. Swimmers must be within the listed age brackets as of December 3, 2022. Only swimmers of invited teams are eligible.

ENTRY ADDRESS: Heather Thomas
C/O Bend Swim Club
800 NE 6th St
Bend, OR 97701
PLEASE Mail Checks to Pool address

ENTRY DEADLINE: Entries MUST BE RECEIVED by Midnight on Monday, November 21, 2022.

ENTRY LIMITS: Swimmers may enter a maximum 3 individual events Saturday and Sunday. We will adhere to the Four-Hour Rule for 12 & Under Events.

ENTRY FEES: \$15.00 Facility Surcharge per swimmer
\$3.00 Oregon Swimming, Inc. surcharge per swimmer
\$4.50 per Individual event

Make checks payable to Bend Swim Club
Hand deliver at meet or mail to: Bend Swim Club
Juniper Pool
800 NE 6th St
Bend, OR 97701

ENTRIES: 1) Submit **Short Course Yard TIMES** only for seeding. NT's are acceptable
2) Submit entries by email using HYTEK meet management software. Please include a PRINTOUT of your entries, listed by Athlete. Be sure the printout matches the entry file.
3) Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

TIMES: Saturday: Warm-Ups. Noon Starts 1pm
Sunday: Warm-Ups 7am Starts 8am

45 minutes of general warmup. During general warmup procedures, teams may open their own lane for diving at their own discretion. Coach must be present at all times during diving practice.

CHECK-IN: Current credentials will be required. Please show coaching credentials to AO prior to start of meet.

SCRATCHES: All teams will be given scratch sheets at the beginning of warmups, teams are asked to return scratches 20 mins prior to start of day's events. There is No Penalty for a swimmer's no show. Any Scratched athletes given to Meet director prior to entry deadline will not be charged. Scratches after the entry deadline are at the discretion of the meet director.

MEETINGS: OFFICIALS: Held 45 minutes before the start of each session.
COACHES: Held 10 minutes before the start of each session.

OFFICIALS: We always appreciate the help of certified officials from other clubs. If you will be attending this meet, please notify the meet referee. An official's hospitality area will be provided.

TIMERS: Each team will be given lane-timing assignments. Sign-up sheets will be emailed to each team to fill lanes BEFORE the first day of the meet.

AWARDS: 1-8th place ribbons for following age groups; 8U, 9-10, 11-12

BULLPEN: **NONE** – All swimmers report directly to their lanes.

- RULES:** Current USA Swimming and Oregon Swimming Inc., rules will govern this meet.
“All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.”
- SAFETY:** Current Oregon Swimming Safety Guidelines and Warm-up procedures will be in effect and strictly enforced.
No swimmer will be permitted to compete unless the swimmer is a member as provided in article 302.
- FACILITY:** The competition course has not been certified in accordance with 104.2.2C(4). Outdoor 25-yard pool with 8 competition lanes with non-turbulent lane lines. 8 warmup lanes available throughout meet. Automatic timing systems with touch pads and backup buttons. Swim venue includes Men’s & Women’s locker rooms with access onto pool deck. Facility is accessible to adaptive swimmers The pool is 7 feet at the a distance of 3feet 3 ½ inches (1.0 meter) to 16ft 5 inches (5.0meter) from both walls
- VENDORS:** None
- CAMPING:** NO Overnight RV camping in the pool parking lots or parking lots adjacent to the pool. No parking or overnight camping will be allowed at Juniper facility. Tent camping is NOT allowed at or near the venue. There is pop up tent available spots on site that must be removed daily. Pop ups are not allowed to remain outside the pool facilities after the conclusion of the meet daily.
- RESTRICTIONS:** NO ANIMALS ALLOWED INSIDE THE VENUE. TOBACCO PRODUCTS OF ANY KIND, ALCOHOLIC BEVERAGES, AND GLASS CONTAINERS ARE NOT ALLOWED IN THE SWIMMING VENUE. SHAVING IS NOT ALLOWED IN THE VENUE. USE OF AUDIO/VIDEO RECORDING DEVICES, INCLUDING CELL PHONES, IS NOT PERMITTED IN CHANGING AREAS, RESTROOMS, OR LOCKER ROOMS. EXCEPT WHERE VENUE FACILITIES REQUIRE OTHERWISE, CHANGING INTO OR OUT OF SWIMSUITS OTHER THAN IN THE LOCKER ROOM OR OTHER DESIGNATED AREAS IS PROHIBITED. PHOTOGRAPHY IS NOT PERMITTED BEHIND THE BLOCKS DURING STARTS AND RELAY EXCHANGES. OPERATIONS OF A DRONE OR ANY OTHER FLYING APPARATUS IS PROHIBITED OVER THE VENUE (POOL, ATHLETE/COACHES AREAS, SPECTATOR AREAS AND OPEN-CEILING LOCKER ROOMS) ANY TIME ATHLETES, COACHES, OFFICIALS AND/OR SPECTATORS ARE PRESENT.

COVID-19:

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, OREGON SWIMMING INC, CITY OF BEND PARKS AND RECREATION DISTRICT, JUNIPER POOL, BEND SWIM CLUB, AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION. Local Covid Protocols: Currently there are no requirements related to covid 19 for this facility. We ask that individual's distance and mask at their own comfort level and that those decisions are respected by all in attendance.

Bend winter invite

Saturday 12/3

Warmups -noon

Meet Start- 1pm

Event

- 1- 12U 100IM
- 2- 110 200IM
- 3- 8U 25bk
- 4- 9-12 50bk
- 5- 130 100bk
- 6- 8U 25Br
- 7- 9-12 50br
- 8- 130 100br
- 9- 8U 25fly
- 10- 9-12 50fly
- 11- 130 100fly
- 12- 8U 25 fr
- 13- 90 100fr
- 14- 130 400IM

Sunday 12/4

Warmups -noon

Meet Start- 7am

Event

- 15- Open 50Fr
- 16- 90 200fr
- 17- 8U 50 bk
- 18- 9-12 100bk
- 19- 130 200bk
- 20- 8U 50breast
- 21- 9-12 100breast
- 22- 130 200breast
- 23- 8U 50fly
- 24- 9-12 100fly
- 25- 130 200fly
- 26- 130 1000fr*

*timed 500 allowed with prior approval from ref and two additional timers. NT entries not allowed in this event.