

2022 Harvest of Gold Invitational

October 15, 2022

Held under the sanction of USA Swimming, Inc. through Oregon Swimming, Inc.
Sanction #22-084

Sanction:

In applying for this sanction, the Hood River Valley Swim Team agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Oregon Swimming, the State of Oregon, and the City of Hood River.

In granting this sanction, it is understood and agreed that USA Swimming, Oregon Swimming, and the Hood River Valley Swim Team shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

COVID-19:

We have taken enhanced health and safety measures for the protection of all visitors to the Hood River Valley Aquatic Center. All posted, written, and other instructions must be followed while visiting the facility, including wearing of masks.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND OREGON SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

Host:

Hood River Valley Swim Team

Host Facility:

Hood River Aquatic Center, 1601 May Street, Hood River, OR 97031

Invited Teams:

Hood River Valley Swim Team, Mt Hood Swim Team, Redmond Aquatic Club Eels, any others tbd

Eligibility:

Swimmers must currently be registered with USA Swimming. Swimmers must be within entered age brackets as of October 15, 2022. Only swimmers from invited teams are eligible.

Entry Deadline: Entries must be received no later than **7pm Thursday October 6th, 2022**. No on-deck registration will be permitted.

Entry Limit: Swimmers may enter a maximum of three events and one relay in the first session, and one distance event in the 2nd session.

Meet Format & Specifics: All events will be pre-seeded and swum mixed gender, slow to fast, as timed finals. No deck entries will be allowed. Age limits/guidelines are designated on Order of Events page

Entry Fees: \$6/swimmer (\$3 OSI surcharge, \$3 facility use fee)
\$4.50 Individual entry fee per event and \$12 per relay.

Please make check payable to HRVST.

Entries: Please submit a Hytek entry file to hrvst.coach@gmail.com With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming.

Awards: Ribbons 1-10th place, boys and girls are swam together but scored separately. Events will be scored 8 & Under for the 25's, 10 & Under for all other events, 11-12, 13-14, and 15 & Over.

Facility: Competition Pool: 10 lane 25yd by 25m pool with flush-deck gutters and 6" non-turbulent lane lines. Pool depth varies from four feet to seven feet. This meet will be held yards using up to 10 lanes. The competition course has not been certified in accordance with 104.2.2 C(4).
Electronic Timing system consists of strobe start, touchpads with buttons & manual backup. Facility is accessible to adaptive swimmers.

Seating: There is bleacher space and deck space available for folding chairs.

Timing: Colorado Electronic timing system, horn start, and finish touch pads. Results via electronic scoreboard.

Pool Hours: The facility will be open to the public during the competition. Participants may enter the facility 15 minutes prior to the scheduled warm-up time.

Times: Timeline is below. If a second session is needed, times will be updated.

	<u>Warm-ups</u>	<u>Competition</u>
Saturday am	10:00am	11:00 a.m.
Saturday Distance		will begin 15 minutes after the relays end

Rules: Current USA Swimming and Oregon Swimming Inc., rules, will govern this meet.

MAAPP: All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP") and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Tech Suits: As of September 1, 2020, no Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.

Safety: Current Oregon Swimming Safety Guidelines and Warm-up Procedures will be in effect and strictly enforced. Please see Appendix A for specific guidelines and procedures regarding COVID-19 safety.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Restrictions: No glass containers, tobacco products, or alcoholic beverages are allowed in the pool facility. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Photography is not allowed behind the blocks during the start of a race or relay exchange. Deck changing is prohibited. Operations of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Meet Referee: Dan Rawding drfishes@gmail.com

Admin Official: Lisa Sandoval lesandoval96@gmail.com

Meet Director: Shelly Rawding hvst.coach@gmail.com

Officials: Please contact the meet referee 1 week prior to the meet start date to declare your intention to officiate. The officials meeting will be held in person at 10:15am. The uniform for officials will be white over black, with black shoes and socks. Officials and coaches shall display USA Swimming credentials with current certification when on deck.

Timers: The meet will be operated with two timers per lane. Each team will be responsible for assisting with timing.

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Order of Events – All events swam mixed, scored separately

Event #	Event Name
1	8 & Under 25yd Free
2	Open 50yd free
3	Open 100yd free
4	8 & Under 25yd butterfly
5	Open 50yd butterfly
6	Open 100yd butterfly
7	8 & Under 25yd backstroke
8	Open 50yd backstroke
9	Open 100yd backstroke
10	8 & Under 25yd breaststroke
11	Open 50yd breaststroke
12	Open 100 yd breaststroke
13	Mixed 10 & Under 100 yd Freestyle Relay
14	Mixed Open 200 yd Freestyle Relay
	15 Min Break
15	Open 200 yd IM
16	11 & Over 400 yd IM
17	11 & Over 500 yd free