

2022 OR HEAT Age Group Jubilee December 16-18, 2022

Hosted by Hillsboro Swim Team SCY – Qualifying Time Standards Included Prelim/Final – Ages 10-14

SANCTION #22-113

Held under the sanction of USA Swimming, Inc. In granting this sanction, it is understood and agreed that USA Swimming, Oregon Swimming and Hillsboro Swim Team shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

MEET REFEREEADMIN OFFICIALMEET DIRECTORChad VassalloAnne StansellElaine Heasleychad.vassallo@frontier.comannestansell@aol.commeetdirector@hillsboroheat.org

Schedule	Sessions	Warm-ups	Positive Check-in	Session Start
Friday, December 16	1) Timed Finals	4:00 pm	4:15 pm	5:00 pm
Saturday, December 17	2) Prelims	7:00 am	7:15 am	8:00 am
	3) Finals	*TBD	N/A	*TBD
Condey December 10	4) Prelims	7:00 am	7:15 am	8:00 am
Sunday, December 18	5) Finals	*TBD	N/A	*TBD

^{*}Warm-ups/Finals start times for Saturday and Sunday will be confirmed the week prior to the meet. Warm-ups for finals may be held in the outdoor pool, depending on overall meet timeline.

LOCATION

Shute Park Aquatic and Recreation Center (SHARC) 953 SE Maple St Hillsboro, OR 97123 503.681.6127

PARKING

A drop-off zone is available at the facility entrance off Maple St. Street parking is available surrounding the recreational complex on Maple St, 9th Ave and Cedar St. There are two additional parking lots: across the street from the facility off 9th Ave, and at the south end of Shute Park off SE 10th Ave/TV Hwy. NO parking in the library parking lot, Carl's Jr parking lot or in marked spots for meet officials/volunteers.

ONSITE AMENITIES

- T-shirt Vendor: in SHARC lobby custom meet t-shirts by Events by Idea.
- Arena Vendor: outdoor pool deck.
- Concessions: in room behind the starting blocks.
- Hospitality Room: for Coaches/Officials in room off indoor pool deck.
- Heat sheets: printed for Coaches/Officials, posted in venue for viewing, Meet Mobile (free).
- Results: posted in venue, Meet Mobile.
- Locker rooms for athletes. Lobby restrooms and family changing rooms for spectators and non-athletes.
- Water-bottle filling stations outside locker rooms.



FACILITY

Indoor, heated, 25-yard, 6-lane pool and Colorado automatic timing system. Starting-block end from 5 feet to 5 % feet deep. Shallow end 3 % feet deep. The competition course has not been certified in accordance with 104.2.2C(4). Access areas are available for adaptive swimmers. Also available is a 25-yard outdoor pool for warm-up and warm-down.

Bleacher seating around the pool deck is available for spectators as well as limited space for setting up chairs. Belongings may NOT be left on deck after the morning prelim sessions in order to save a spot for finals. Space is needed for the Winter Invite sessions which take place between the Jubilee's prelims and finals. The SHARC does not allow chairs or other items to remain overnight. Anything left on deck will be placed in the meet's lost and found. Neither the SHARC nor the HEAT is responsible for anything moved, lost, stolen, etc.

Locker rooms are available for athletes. Lobby restrooms and family changing rooms are available for non-athletes. A deck restroom is also reserved for coaches and officials.

LOST AND FOUND

Located on the table in the hallway between the Concessions and Hospitality Rooms. Please also inquire at the SHARC front desk for items left in the locker rooms.

RULES & SAFETY

Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (MAAPP), will govern this meet. All adult participants associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming MAAPP, and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

In order to be on deck and serve in their official capacity, all coaches, officials and any other person, required by sanction to be members of USA Swimming, shall have their current membership available to show, on the Deck Pass app or by hard copy, if requested.

Current Oregon Swimming Safety Guidelines and Warm-up Procedures will be in effect and strictly enforced. **Swimwear:** USA Swimming Rule 102.8.1F - No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.

COVID-19

Health and safety measures are in effect for the protection of all visitors to the SHARC. All posted, written and other instructions must be followed while visiting the facility.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND OREGON SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.



RESTRICTIONS

Tobacco products of any kind, alcoholic beverages and glass containers are not allowed in the swimming venue. The following areas are off-limits to swimmers and spectators: deep end adjacent to competition pool, warmwater pool, hot tub, sauna, or any other area posted as restricted. No shaving permitted on the premises. Deck changes are prohibited.

RECORDING DEVICES & MEDIA NOTICE

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or lockers rooms. Photography/video is prohibited behind the starting blocks. No flash photography allowed except by the express permission of the Meet Referee. No video or other photography in or over the water, such as with a GoPro-type device. Operations of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

This meet may be live streamed and/or covered by the media, including photographs, video, social media and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

OFFICIALS

Entry into this meet implies your team will provide officials, unless arranged otherwise. Trainees are welcome during timed finals and prelims. Officials, please notify the Meet Director and Referee with which sessions you're available.

Uniform: white polo-style shirt, black pants/shorts/skirt, black socks, black closed-toe shoes, black belt. For finals: long black pants/long skirt.

MEETINGS

Officials' meetings are held 45 minutes prior to the start of each session. Coaches' meetings are held 15 minutes prior to the start of each session.

HEAT SHEETS

Once positive check-ins and deck-seeding are completed, heat sheets will be available in these formats:

- Printed copies in the Hospitality room for Coaches/Officials.
- Posted in the venue for viewing.
- Meet Mobile for free.
- Printed copies at the Clerk of Course for free (upon request only).

TIMERS

Sign-ups for lane timing will be available on the wall behind the starting blocks.

SCORING

Individual timed finals/finals scored by age groups: 10-12 or 11-12, 13-14.

A Final: $1^{st} - 6^{th}$ place: 16 - 13 - 12 - 11 - 10 - 9B Final: $7^{th} - 12^{th}$ place: 7 - 5 - 4 - 3 - 2 - 1Relays: $1^{st} - 6^{th}$ place: 32 - 26 - 24 - 22 - 20 - 18

AWARDS

Individual awards per age group and gender for timed finals/finals: 10-12 or 11-12, 13-14.

1st – 3rd place individual medals. 4th- 12th place individual ribbons.

High Point Award for top scoring girl and boy from each age group: 10-12, 13-14.

Relay awards per age group and gender: 10-12, 13-14.

 $1^{st} - 3^{rd}$ place relay medals. $4^{th} - 6^{th}$ place relay ribbons.

 $1^{st} - 3^{rd}$ place team trophies.

Heat-winner prizes will be provided.



FORMAT

This meet is SCY, deck-seeded, prelim/final for 10-14-year-olds who meet the qualifying time standards. Friday night's events are timed finals. The top 12 fastest swimmers in each event prelim, by age group, advance to the final. Two alternates are named for each event final. Alternates who want the potential chance to swim in finals should be ready and wait near the Meet Referee for further instructions. Alternates who do not attend finals are not penalized. Finals are swum in event order and broken out by age group. A-finalists report to the Ready Room. Following each B final, A-finalists are led out to the blocks as a group and are announced before racing.

POSITIVE CHECK-IN

All events are deck-seeded. Positive check-in is required for all swimmers in all events for timed finals (Friday) and prelims. Coaches may pick up check-in sheets at the Clerk of Course and must return them to the Clerk of Course or ET desk, 45 minutes before the start of the session. Swimmers not positively checked in by the required time will not be seeded and will not swim. If an athlete fails to compete in an individual prelims event for which they were positively checked in, the athlete will be removed from their next event, be it individual prelim, final or relay. The penalty may be avoided by providing a Declared False Start.

SCRATCHES

Swimmers have 30 minutes to declare their intent to scratch from finals, with the Clerk of Course, after the prelim results are announced. Declaring intent to scratch gives swimmers until 30 minutes after their last event's results are announced to turn in a final decision. If a finalist does not scratch from finals and misses their event, they are removed from their next prelim. Swimmers who intend to swim in finals do not need to report to the Clerk of Course. Once the scratch window has closed for an event, the finalists are posted.

MEET LIMIT

Approximately 220 swimmers per prelim session. Entries are on a first come, first entered basis.

ELIGIBILITY

Swimmers must be currently registered with USA Swimming. No on-deck registrations are permitted. Only swimmers of invited teams are eligible.

All swimmers must be supervised by a USA Swimming certified coach at the meet. If they do not have one, they must report to the Clerk of Course or Meet Director prior to warm-ups to be assigned one.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

The age-up date is the first day of the meet. Only 10-14-year-olds who meet the qualifying standards are eligible.

ENTRIES

Please submit YARD times only for seeding. "NT" entries will not be accepted. If time is unknown, a best estimate is required.

Swimmers must be entered in the meet as individuals in order to participate on a relay. With the exception of individual bonus swims, clearly identified as such, entries must meet the qualifying times in the meet info. Swimmers must have met the qualifying times in a USA Swimming sanctioned, approved or observed competition between September 1, 2021, and the entry deadline. Entries which do not meet these standards will be scratched without notification and entry fees will not be refunded.

All entries must be submitted electronically via email. Swimmers' ages and USA Swimming registration numbers must be included.

Please email: Hy-Tek compatible Entry File (zipped)

Please mail: Meet Entry Summary Form (see last page) and Full Payment, by the payment deadline.

ENTRY LIMIT

Swimmers may enter one (1) event on Friday, and a maximum of three (3) individual events plus one (1) relay per day, on Saturday and Sunday, for a total of nine (9) events, including qualified events and bonus events. All



entries will be strictly limited to meet the USA Swimming four-hour rule. Events may be canceled by the referee to comply with the time limit, though all options to avoid this will be used.

BONUS EVENTS

A swimmer qualified and entered in one or more individual events may also enter a maximum of two (2) bonus events, subject to the entry limit. A bonus event must be entered with the swimmer's best-achieved time or best estimate. "NT" will not be accepted. Bonus events must be clearly identified in submitted entries.

ENTRY FEES (no refunds for entries not swum)

Fees	Individual	Relay	Athlete
	Events	Events	Surcharges
OSI	\$0.50	\$2.00	\$3.00
Splash fees paid to Oregon Swimming.	70.00	7-100	70.00
HEAT	\$4.00	\$10.00	N/A
Event fees for meet expenses.	Ç4.00	\$10.00	N/A
Facility	N/A	N/A	\$6.00
Paid to the SHARC for rental expenses.	IV/A	IN/A	\$0.00
TOTAL	\$4.50	\$12.00	\$9.00

ENTRY DEADLINE

Entries will be accepted beginning on **Monday**, **November 21**, **at noon**, on a first come, first entered basis. Entry deadline is **Monday**, **November 28**, **at midnight**.

On-deck additions or changes are not allowed unless approved by the meet referee.

PAYMENT DEADLINE

Friday, December 9, 2022. Please submit a Meet Entry Summary Form and payment by this date.

SUBMIT ENTRIES & PAYMENT TO

Hillsboro Swim Team c/o Meet Director PO Box 893 Hillsboro, OR 97123 meetdirector@hillsboroheat.org

Please make checks payable to Hillsboro Swim Team or HST. No credits of refunds will be given for entries not swum.





Friday, December 16, 2022

	(Timed Finals)		500 FR/400 IM: 500 FR is swum as fastest two heats of 10-14 girls, then fastest two heats of 10-14 boys; followed by alternating heats girls and boys, fastest to slowest. 400 IM is swum as fastest two heats of 11-14 girls, then fastest	
	Positive Check-in: by 4:15 pm			
Warm	Warm-ups: 4:00 pm - Timed Finals: 5:00 pm			
Girls	Events	Boys	two heats of 11-14 boys; followed by alternating heats girls	
1	10-14 500 FR	2	and boys, fastest to slowest.	
3	11-14 400 IM	4	Results are by age groups: 10-12 or 11-12 and 13-14.	

Sunday, December 18, 2022

Saturday, December 17, 2022				
Session 2				
	(Prelims)			
	Positive Check-in: by 7:15 am			
W	arm-ups: 7:00 am - Prelims: 8:00	am		
	Session 3			
	(Finals)			
	Warm-ups: TBD - Finals: TBD			
Girls	Events	Boys		
5	11-14 200 BR*	6		
7	10-14 100 FL**	8		
9	10-12 50 BR	10		
11	11-14 200 BK*	12		
13	10-14 100 FR**	14		
15	10-12 50 BK	16		
17	10-14 200 IM**	18		
19	10-12 200 FR Relay***	20		
21	13-14 200 FR Relay***	22		

Saturday December 17 2022

	Session 4 (Prelims)				
	Positive Check-in: by 7:15 am				
Wa	rm-ups: 7:00 am - Prelims: 8:00	am			
	Session 5 (Finals)				
	Warm-ups: TBD - Finals: TBD				
Girls	Events	Boys			
23	10-12 100 IM	24			
25	10-14 100 BK**	26			
27	10-14 50 FR**	28			
29	11-14 200 FL*	30			
31	10-14 100 BR**	32			
33	10-12 50 FL	34			
35	10-14 200 FR**	36			
37	10-12 200 Med Relay***	38			
39	13-14 200 Med Relay***	40			

^{*}Although swum together in prelims, these events are separated out in finals with an A final and B final for both the 11-12 and 13-14 age groups.



^{**}Although swum together in prelims, these events are separated out in finals with an A final and B final for both the 10-12 and 13-14 age groups.

^{***}Relays are timed finals and swum at the end of finals.



Qualifying Time Standards

2022 Jubilee

10-12 Girls

_				
50 FR	33.09			
100 FR	1:13.19			
200 FR	2:40.69			
500 FR	7:10.79			
50 BK	38.29			
100 BK	1:24.09			
50 BR	43.79			
100 BR	1:36.39			
50 FL	37.49			
100 FL	1:28.89			
100 IM	1:23.49			
200 IM	3:02.89			

11-12 Girls

200 BK	2:56.59	
200 BR	3:23.09	
200 FL	3:00.89	
400 IM	6:24.19	

13-14 Girls

20 2 1 01110				
50 FR	30.29			
100 FR	1:05.59			
200 FR	2:23.49			
500 FR	6:28.59			
100 BK	1:14.69			
200 BK	2:40.19			
100 BR	1:25.79			
200 BR	3:04.29			
100 FL	1:15.69			
200 FL	2:55.19			
200 IM	2:43.39			
400 IM	5:51.79			

10-12 Boys

,-		
50 FR	33.99	
100 FR	1:13.39	
200 FR	2:47.69	
500 FR	7:13.09	
50 BK	40.49	
100 BK	1:27.29	
50 BR	45.59	
100 BR	1:41.79	
50 FL	38.99	
100 FL	1:32.39	
100 IM	1:26.99	
200 IM	3:11.29	

11-12 Boys

200 BK	2:52.69	
200 BR	3:14.89	
200 FL	3:09.89	
400 IM	6:13.09	

13-14 Bovs

13 14 00 93				
50 FR	29.09			
100 FR	1:03.49			
200 FR	2:18.59			
500 FR	6:25.39			
100 BK	1:14.09			
200 BK	2:40.69			
100 BR	1:23.19			
200 BR	3:03.79			
100 FL	1:13.89			
200 FL	3:04.89			
200 IM	2:41.09			
400 IM	5:49.49			





Meet Entry Summary Form

Age Group Jubilee: December 16-18, 2022

Entries: Open – November 21; Close – November 28

Payment Deadline: December 9

Team Information					
Team Name					
Club Code					
Mailing Address					
Contact Name					
Phone					
Email					
	Coac	h(es) Atter	ding N	Meet	
Name				Cell	
Entry Summary					
# 0	of Swimmers entered		Х	\$9.00 surcharges =	
# of Individual Events entered		Х	\$4.50 event fee =		
# of Relays e	ntered (if applicable)		Х	\$12.00 relay fee =	
				TOTAL	

I have read the meet information and attest that all swimmers entered hereon are registered with USA Swimming.

Required Signature of Coach/Team Representative

Date

Please make checks payable to Hillsboro Swim Team and mail with this form to:

Hillsboro Swim Team c/o Meet Director PO Box 893 Hillsboro, OR 97123

