



2022 OR HEAT Winter Invitational December 17-18, 2022

Hosted by Hillsboro Swim Team
SCY - Timed Finals - A/B/C
14 & Under

SANCTION # 22-114

Held under the sanction of USA Swimming, Inc. In granting this sanction, it is understood and agreed that USA Swimming, Oregon Swimming and Hillsboro Swim Team shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

MEET REFEREE
Glen Champlin
gdchamp@gmail.com

ADMIN OFFICIAL
Chad Vassallo
chad.vassallo@frontier.com

MEET DIRECTOR
Elaine Heasley
meetdirector@hillsboroheat.org

Schedule	Sessions	Warm-ups	Timed Finals
Saturday, December 17	1) 14 & Under	*TBD	*TBD
Sunday, December 18	2) 14 & Under	*TBD	*TBD

NOTE: Warm-ups/Timed Finals start times will be confirmed the week prior to the meet. Warm-ups may be held in the outdoor pool, depending on overall meet timeline, and taking into account the schedule of the Jubilee meet. Warm-ups usually begin between 11:00 am and 12:00 pm, with the session starting 1 hour later.

LOCATION

Shute Park Aquatic and Recreation Center (SHARC)
953 SE Maple St
Hillsboro, OR 97123
503.681.6127

PARKING

A drop-off zone is available at the facility entrance off Maple St. Street parking is available surrounding the recreational complex on Maple St, 9th Ave and Cedar St. There are two additional parking lots: across the street from the facility off 9th Ave, and at the south end of Shute Park off SE 10th Ave/TV Hwy. NO parking in the library parking lot, Carl's Jr parking lot or in marked spots for meet officials/volunteers.

ONSITE AMENITIES

- T-shirt Vendor: in SHARC lobby - custom meet t-shirts by Events by Idea.
- Arena Vendor: outdoor pool deck.
- Concessions: in room behind the starting blocks.
- Hospitality Room: for Coaches/Officials in room off indoor pool deck.
- Heat sheets: printed for Coaches/Officials, posted in venue for viewing, Meet Mobile (free).
- Bull Pen: for 8 & Under athletes in 8 & Under events: #1/2, 7/8, 17/18, 25/26.
- Results: posted in venue, Meet Mobile.
- Locker rooms for athletes. Lobby restrooms and family changing rooms for spectators and non-athletes.
- Water-bottle filling stations outside locker rooms.

FACILITY

Indoor, heated, 25-yard, 6-lane pool and Colorado automatic timing system. Starting-block end from 5 feet to 5 ½ feet deep. Shallow end 3 ½ feet deep. The competition course has not been certified in accordance with 104.2.2C(4). Access areas are available for adaptive swimmers. Also available is a 25-yard outdoor pool for warm-up and warm-down.

Bleacher seating around the pool deck is available for spectators as well as limited space for setting up chairs. Belongings may NOT be left on deck after sessions or overnight. Anything left on deck will be placed in the meet's lost and found. Neither the SHARC nor the HEAT is responsible for anything moved, lost, stolen, etc. Locker rooms are available for athletes. Lobby restrooms and family changing rooms are available for non-athletes. A deck restroom is also reserved for coaches and officials.

LOST AND FOUND

Located on the table in the hallway between the Concessions and Hospitality Rooms. Please also inquire at the SHARC front desk for items left in the locker rooms.

RULES & SAFETY

Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (MAAPP), will govern this meet. All adult participants associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming MAAPP, and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

In order to be on deck and serve in their official capacity, all coaches, officials and any other person, required by sanction to be members of USA Swimming, shall have their current membership available to show, on the Deck Pass app or by hard copy, if requested.

Current Oregon Swimming Safety Guidelines and Warm-up Procedures will be in effect and strictly enforced.

Swimwear: USA Swimming Rule 102.8.1F - No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.

COVID-19

Health and safety measures are in effect for the protection of all visitors to the SHARC. All posted, written and other instructions must be followed while visiting the facility.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND OREGON SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

RESTRICTIONS

Tobacco products of any kind, alcoholic beverages and glass containers are not allowed in the swimming venue. The following areas are off-limits to swimmers and spectators: deep end adjacent to competition pool, warm-water pool, hot tub, sauna, or any other area posted as restricted. No shaving permitted on the premises. Deck changes are prohibited.

RECORDING DEVICES & MEDIA NOTICE

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or lockers rooms. Photography/video is prohibited behind the starting blocks. No flash photography allowed except by the express permission of the Meet Referee. No video or other photography in or over the water, such as with a GoPro-type device. Operations of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

This meet may be live streamed and/or covered by the media, including photographs, video, social media and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

OFFICIALS

Entry into this meet implies your team will provide officials, unless arranged otherwise. Trainees are welcome. If you plan to officiate at this meet, please notify the Meet Director and Referee with which sessions you're available.

Uniform: white polo-style shirt, black pants/shorts/skirt, black socks, black closed-toe shoes, black belt.

MEETINGS

Officials' meetings are held 45 minutes prior to the start of each session.

Coaches' meetings are held 15 minutes prior to the start of each session.

HEAT SHEETS

Heat sheets will be provided in the following formats:

- Emailed to the coaches for team distribution, the week prior to the meet.
- Printed copies in the Hospitality room for Coaches/Officials.
- Posted in the venue for viewing.
- Meet Mobile for free.
- Printed copies at the Clerk of Course for free (upon request only).

TIMERS

Sign-ups for lane timing will be available on the wall behind the starting blocks.

AWARDS

1st – 12th place ribbons by gender and age group: 8&U, 9-10, 11-12, 13-14.

Heat-winner prizes will be provided.

FORMAT

This meet is SCY, timed finals, A/B/C for 14 & Unders. All events are pre-seeded.

MEET LIMIT

Approximately 250 swimmers per session. Entries are on a first come, first entered basis.

ELIGIBILITY

Swimmers must be currently registered with USA Swimming. No on-deck registrations are permitted. Only swimmers of invited teams are eligible.

All swimmers must be supervised by a USA Swimming certified coach at the meet. If they do not have one, they must report to the Clerk of Course or Meet Director prior to warm-ups to be assigned one.



Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

The age-up date is the first day of the meet. Only 14 & Unders are eligible.

ENTRIES

Please submit YARD times only for seeding. "NT" entries will not be accepted. If time is unknown, a best estimate is required. All entries must be submitted electronically via email. Swimmers' ages and USA Swimming registration numbers must be included.

Please email: Hy-Tek compatible Entry File (zipped)

Please mail: Meet Entry Summary Form (see last page) and Full Payment, by the payment deadline.

ENTRY LIMIT

Swimmers may enter a maximum of three (3) events per day on Saturday and Sunday, for a total of six (6). The USA Swimming four-hour rule will be planned for as much as possible. Events may be canceled by the referee to comply with the time limit, though all options to avoid this will be considered.

ENTRY FEES (no refunds for entries not swum)

Fees	Individual Events	Athlete Surcharges
OSI Splash fees paid to Oregon Swimming.	\$0.50	\$3.00
HEAT Event fees for meet expenses.	\$4.00	N/A
Facility Paid to the SHARC for rental expenses.	N/A	\$2.00
TOTAL	\$4.50	\$5.00

ENTRY DEADLINE

Entries will be accepted beginning on **Monday, November 21, at noon**, on a first come, first entered basis.

Entry deadline is **Monday, November 28, at midnight**.

On-deck additions or changes are not allowed unless approved by the meet referee.

PAYMENT DEADLINE

Friday, December 9, 2022. Please submit a Meet Entry Summary Form and payment by this date.

SUBMIT ENTRIES & PAYMENT TO

Hillsboro Swim Team

c/o Meet Director

PO Box 893

Hillsboro, OR 97123

meetdirector@hillsboroheat.org

Please make checks payable to Hillsboro Swim Team or HST.

No credits or refunds will be given for entries not swum.



Order of Events

Saturday December 17, 2022

Session 1		
Girls	Events	Boys
1	8 & Under 25 BR	2
3	14 & Under 100 FL	4
5	12 & Under 50 BR	6
7	8 & Under 25 BK	8
9	14 & Under 100 FR	10
11	12 & Under 50 BK	12
13	12 & Under 200 IM	14
15	13-14 200 IM	16

Sunday December 18, 2022

Session 2		
Girls	Events	Boys
17	8 & Under 25 FR	18
19	12 & Under 100 IM	20
21	14 & Under 100 BK	22
23	14 & Under 50 FR	24
25	8 & Under 25 FL	26
27	14 & Under 100 BR	28
29	12 & Under 50 FL	30
31	12 & Under 200 FR	32
33	13-14 200 FR	34



Meet Entry Summary Form

HEAT Winter Invitational: December 17-18, 2022

Entries: Open – November 21; Close – November 28

Payment Deadline: December 9

Team Information			
Team Name			
Club Code			
Mailing Address			
Contact Name			
Phone			
Email			
Coach(es) Attending Meet			
Name	Cell		
Entry Summary			
# of Swimmers entered		X \$5.00 surcharges =	
# of Individual Events entered		X \$4.50 event fee =	
# of Relays entered (if applicable)	N/A	X \$12.00 relay fee =	
TOTAL			

I have read the meet information and attest that all swimmers entered hereon are registered with USA Swimming.

Required Signature of Coach/Team Representative

Date

Please make checks payable to Hillsboro Swim Team and mail with this form to:

Hillsboro Swim Team
c/o Meet Director
PO Box 893
Hillsboro, OR 97123

