# TEAM Winter Invitational 



Hosted by
TEAM Eugene Aquatics
Held under the sanction of USA Swimming
Sanctioned by Oregon Swimming
Sanction \#: 22-112
December 16-18, 2022

It is understood and agreed that USA Swimming, shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

It is also understood and agreed that Oregon Swimming and TEAM Eugene Aquatics shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. In applying for this sanction TEAM Eugene Aquatics agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Oregon Swimming, State of Oregon and Lane County.

| LOCATION: | Willamalane Pool <br> 1276 G St. <br> Springfield OR 97477 |
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| FACILITY: | The competition course has not been certified in accordance with 104.2.2C(4). Indoor, 25-yard pool <br> with 8 lanes (7 feet per lane). Starting blocks at the shallow end of pool (5'6"). Deep end is $6^{\prime \prime} 0^{\prime \prime}$. |
| CONCESSIONS: | There will be a small concession stand with snacks and drinks |$|$| There will be a spectating area. We will live stream the event on our youtube page |
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| https://www.youtube.com/channel/UCOiZqstSGfySOlkTy6xL-CA |


| SWIMMERS WITH DISABILITIES: | Swimmers with disabilities are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| ENTRIES: | Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. <br> - Submit YARD TIMES ONLY for seeding. <br> - NT will not be accepted. Please estimate swimmer times. <br> - Submit entries via E-mail in a Hy-Tek formatted file. Please mail entry fees and a printout of Hy-Tek entries. <br> - With submission of entries the coach/team representative attests that all swimmers entered are registered with USA Swimming. |  |  |  |
| ENTRY DEADLINE: | Entries must be received no later than 11:59pm on November 18th 2022 |  |  |  |
| ENTRY LIMIT: | Limit of $\mathbf{3}$ individuals and $\mathbf{2}$ relays per day on Saturday and Sunday. Friday there is a limit of 1 individual event and 1 relay per day. The Meet Director and Meet Referee may limit entries in any event or eliminate events in order to stay within a reasonable time limit. |  |  |  |
| ENTRY FEES: | - \$3 per swimmer OSI surcharge <br> - $\$ 21$ per swimmer facility fee <br> - $\$ 4.50$ per individual event <br> - $\$ 12.00$ per relay event <br> Checks should be sent to: TEAM Eugene Aquatics, PO Box 50404, Eugene, OR 97405 |  |  |  |
| NO COACH PRESENT: | For unattached swimmers or swimmers whose coach is not attending the meet, it is the swimmer's responsibility to arrange for a certified coach to be responsible for the swimmer. This must be done BEFORE the swimmer may enter the water for warm-ups or competition. Please see the Meet Director or the Meet Referee if assistance is needed upon arrival at the meet. |  |  |  |
| WARM-UP: | USA Swimming and Oregon Swimming safety procedures will be enforced throughout the meet. Warm-ups are subject to the following procedures: <br> - For warm-ups before the meet, each team will have an assigned lane to warm up their swimmers. There is a second small pool available for general warm-up as well. The small pool will also be available through the meet for warm-up and cool down. <br> Note: Swimmers violating safety procedures will be removed from the warm-up for the remainder of the warm-up session. Subsequent violations may cause the swimmer to be removed from the remainder of the meet. |  |  |  |
| START TIMES: | Session | Age/Description | Warm-ups | Start |
|  | Friday afternoon | All ages | 3:00 PM | 4:30 PM |
|  | Saturday morning | 11\&O Prelims | 7:00 AM | 8:30 AM |
|  | Saturday afternoon | 10\&U Session | TBD | TBD |
|  | Saturday evening | 11\&O Finals | TBD | TBD |
|  | Sunday morning | 11\&O Prelims | 7:00 AM | 8:30 AM |
|  | Sunday afternoon | 10\&U Session | TBD | TBD |
|  | Sunday evening | 11\&O Finals | TBD | TBD |
| TIMELINE: | Warm-up times may change at discretion of the Meet Director and Meet Referee. All coaches will be informed of any changes to warm-up and competition times. The Meet Referee reserves the right to remove or lengthen breaks written in the sanction as deemed appropriate for the success of the athletes. |  |  |  |

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|  | Entries will be limited to adhere to the 4 hour rule. Breaks may be added at the discretion of the <br> meet referee. <br> Due to the unknown number of athletes attending this meet, session timelines are tentative and <br> subject to change. We will notify teams of session start times on November 23rd. Once athletes <br> are confirmed, a revised session timeline will be shared with all coaches prior to the meet and <br> posted on TEAM Website. |
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| FORMAT | Friday: The 400IM, 200IM, 200 Free, and 500 Free will be swum fast to slow and mixed gender. The <br> 500 Free will be deck seeded with positive check in due 15 minutes after the start of session. <br> 10\&U Sessions: Timed finals events, separated by age group and gender. |
| HEAT SHEETS: | Saturday and Sunday: Prelims will be swum mixed age and gender. Finals will be split into 1 heat of <br> girls and 1 heat of boys by age group 11-12, 13-14, 15\&O. |
| Relays: Timed finals events, separated by gender. |  | | Heat sheets and Psych Sheets with timelines will be available on the TEAM website in the 'Events' |
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| section prior to the meet. |\(\left|\begin{array}{l}Officials meetings will be held 45 minutes prior to the start of each session. <br>


Coaches meetings will be held 10 min prior to the start of each session.\end{array}\right|\)| The meet will be run with two manual watches and buttons per lane in addition to a fully |
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| automated timing system. |


| RESTRICTIONS: | No Technical Suit may be worn by any 12 \& Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet. Tobacco, non-tobacco, vapor products of any kind, alcoholic beverages, and glass containers are not allowed in the swimming venue. No shaving permitted in the venue. Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. Deck changing is prohibited. Please change in designated changing areas or locker rooms only. Photography is not allowed behind the blocks at any time during the meet. Operations of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. |
| :---: | :---: |
| SAFETY: | Oregon Swimming Safety Rules and Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet. <br> All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. |
| COVID-19 PROTOCOLS AND RESTRICTIONS: | We have taken enhanced health and safety measures - for all swimmers, families, and coaches. You must follow all posted instructions while visiting TEAM Eugene Aquatics Pools. We will be following all applicable Oregon State, Lane County, and Willamalane Parks and Recreation District required COVID-19 health protocols in addition to what is listed in the rest of the safety section for the entirety of the meet. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting this swim meet, you voluntarily assume all risks related to exposure to COVID-19. <br> USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. <br> BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND OREGON SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION. |

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## ORDER OF EVENTS:

## SESSION \# 1 (TIMED FINALS)

| Event | Event Description |  |
| :--- | :--- | :--- |
| 1 | $11 \&$ O MIXED 400 INDIVIDUAL MEDLEY |  |
| 2 | $10 \&$ UNDER MIXED 200 INDIVIDUAL MEDLEY |  |
| 3 | 10 \& UNDER MIXED 200 FREESTYLE |  |
| 4 | $11 \&$ O 500 MIXED FREESTYLE |  |
| 5 | OPEN GIRLS 800 FREE RELAY |  |
| 6 | OPEN BOYS 800 FREE RELAY |  |


| SESSION \#2 (PRELIMS) SESSION \#4 (FINALS) |  |  |
| :--- | :--- | :--- |
| Event | Event Description |  |
| 7 | 11\&O GIRLS 400 MEDLEY RELAY (SWUM IN <br> PRELIMS ONLY) |  |
| 8 | 11\&O BOYS 400 MEDLEY RELAY (SWUM IN <br> PRELIMS ONLY) |  |
| 9 | $11 \& 0$ MIXED 200 BREASTSTROKE |  |
| 10 | $11 \& 0$ MIXED 100 BUTTERFLY |  |
| 11 | $11-12$ MIXED 50 BREASTSTROKE |  |
| 12 | $11 \& 0$ MIXED 200 BACKSTROKE |  |
| 13 | $11 \& 0$ MIXED 100 FREESTYLE |  |
| 14 | $11-12$ MIXED 50 BACKSTROKE |  |
| 15 | $11 \& O$ MIXED 200 INDIVIDUAL MEDLEY |  |
| 16 | $11 \& O$ GIRLS 200 FREESTYLE RELAY (SWUM IN <br> FINALS ONLY) |  |
| 17 | 11\&O BOYS 200 FREESTYLE RELAY (SWUM IN <br> FINALS ONLY) |  |


| SESSION \#3 (10\&U TIMED FINALS) |  |  |
| :--- | :--- | :--- |
| Girls | Event Description | Boys |
| 18 | 10 \& UNDER 200 FREESTYLE RELAY | 19 |
| 20 | 10 \& UNDER 100 BACKSTROKE | 21 |
| 22 | 8 \& UNDER 25 BACKSTROKE | 23 |
| 24 | 10 \& UNDER 50 FREESTYLE | 25 |
| 26 | $8 \&$ Under 25 FREESTYLE | 27 |
| 28 | 10 \& UNDER 50 BREASTSTROKE | 29 |
| 30 | 10 \& Under 100 BUTTERFLY | 31 |

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## SESSION \# 5 (PRELIMS) SESSION \#7 (FINALS)

| Events | Event Description |  |
| :--- | :--- | :--- |
| 32 | 11 \& OVER GIRLS 400 FREESTYLE RELAY (SWUM <br> IN PRELIMS ONLY) |  |
| 33 | 11 \& OVER BOYS 400 FREESTYLE RELAY (SWUM IN <br> PRELIMS ONLY) |  |
| 34 | 11-12 MIXED 100 INDIVIDUAL MEDLEY |  |
| 35 | $11 \& 0$ MIXED 100 BACKSTROKE |  |
| 36 | 11\&O MIXED 50 FREESTYLE |  |
| 37 | 11\&O MIXED 200 BUTTERFLY |  |
| 38 | 11\&0 MIXED 100 BREASTSTROKE |  |
| 39 | 11-12 MIXED 50 BUTTERFLY |  |
| 40 | 11\&O MIXED 200 FREESTYLE <br> 11\&O GIRLS 200 MEDLEY RELAY (SWUM IN FINALS <br> ONLY |  |
| 41 | 11\&O BOYS 200 MEDLEY RELAY (SWUM IN FINALS <br> ONLY |  |
| 42 |  |  |

## SESSION \# 6 (10\&U TIMED FINALS)

| Girls | Event Description | Boys |
| :--- | :--- | :--- |
| 43 | 10 \& UNDER 200 MEDLEY RELAY | 44 |
| 45 | 10 \& UNDER 100 INDIVIDUAL MEDLEY | 46 |
| 47 | 8 \& UNDER 25 BUTTERFLY | 48 |
| 49 | 10 \& UNDER 50 BUTTERFLY | 50 |
| 51 | 10 \& UNDER 50 BACKSTROKE | 52 |
| 53 | $8 \&$ UNDER 25 BREASTSTROKE | 54 |
| 55 | 10 \& UNDER 100 BREASTSTROKE | 56 |
| 57 | 10 \& UNDER 100 FREESTYLE | 58 |

