

2022 Tri Meet RYST/ECSC/GCST

November 19, 2022

Held under the sanction of USA Swimming, Inc. through Oregon Swimming, Inc.

Sanction #20-111

Sanction: In applying for this sanction, the Roseburg YMCA swim team agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Oregon Swimming, the State of Oregon, and the City of Roseburg.

In granting this sanction, it is understood and agreed that USA Swimming, Oregon Swimming, and the Roseburg swim team shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Host: Roseburg YMCA Swim Team

Host Facility: Roseburg YMCA, 1151 NW Stewart Pkwy, Roseburg, OR 97471

Invited Teams: Roseburg Swim Team, Eugene City Swim Club, Gold Coast Swim Team

Eligibility: Swimmers must currently be registered with USA Swimming. Swimmers must be within entered age brackets as of November 19, 2022. Only swimmers from invited teams are eligible.

Entry Deadline: Entries must be received no later than noon on Wednesday, November 11, 2022. No on-deck registration will be permitted.

Entry Limit: Swimmers may enter a maximum of three events and 2 relays

Meet Format: All events will be pre-seeded and swum mixed gender, slow to fast, as timed specifics: finals. No deck entries will be allowed.

Entry Fees: Athlete surcharge \$3; Event fee \$1; Relay fee \$2 and \$10 per club Sanctioning fee

Entries: Please email entries to momof5todds@yahoo.com

Tech Suit: No Technical Suit may be worn by any 12&U USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.

Facility: 25-yard INDOOR pool; six 6 1/2-foot lanes; non-turbulent lane lines; 6-foot entry depth and 3 ½ foot turn depth.

Seating: Seating is very limited inside the facility. Every attempt will be made to post results to Meet Mobile.

Timing: Timing pads, button, watch. Two timer per lane

Lane timing is the responsibility of all teams, and we rely on volunteer lane timers to keep the meet running smoothly without delay and to ensure all swimmer times are recorded. Timers timing at this meet understand and acknowledge the current USA Swimming Rules including the Minor Athlete Abuse Prevention Policy (MAAPP) Please share this link with your Families. https://www.teamunify.com/wzorlsc/__doc__/usaswimmingmaapp.pdf

Warm-ups:

RYST 12:15-12:45

ECSC/GCST 12:45-1:15

Meet Start at 1:20

Rules: Current USA Swimming and Oregon Swimming Inc., rules, will govern this meet.

MAAPP: All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Safety: Current Oregon Swimming Safety Guidelines and Warm-up Procedures will be in effect and strictly enforced.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water.

Restrictions: No glass containers, tobacco products, or alcoholic beverages are allowed in the pool facility. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Photography is not allowed behind the blocks during the start of a race or relay exchange. Deck changing is prohibited.

Meet Referee: Fran Hart: hartfran@hotmail.com

Admin Official: Norm Hart

Meet Director: Christy Todd: momof5todds@yahoo.com

2020 Tri Meet November 19, 2022

Order of Events:

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| Event 1 13& over 500 Free | Event 13 13&over 100 Back |
| Event 2 Mixed 200 free relay | Event 14 13&over 200 Breaststroke |
| Event 3 8&under 25 Fly | Event 15 8&under 25 Free |
| Event 4 12&under 50 Fly | Event 16 10&over 50 Free |
| Event 5 13&over 100 Free | Event 17 13&over 100 Fly |
| Event 6 13&over 200 Fly | Event 18 10&under 100 IM |
| Event 7 8&under 25 Back | Event 19 12&over 200 IM |
| Event 8 12&under 50 Breaststroke | Event 20 Mixed 200 Med Relay |
| Event 9 13&over 100 Breaststroke | Event 21 11&over 200 Free |
| Event 10 13&over 200 back | |
| Event 11 8&under 25 Breaststroke | |
| Event 12 12&under 50 Back | |