

2023 Bend Swim Club August Invitational
Aug, 11-13, 2023
Held under the sanction of USA Swimming
Approval# 23-086

In granting this observation, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

- HOST TEAM:** Bend Swim Club
- LOCATION:** Juniper Swim & Fitness Center
800 NE 6th St
Bend, OR 97701
- MEET REFEREE:** Bill Shreeve bill.shreeve1@gmail.com
- ADMIN. OFFICIAL:** Lynnette Konop lynnettekonop@gmail.com
- MEET DIRECTOR:** Heather Thomas heather.thomas@bendswimclub.com
- ELIGIBILITY:** Swimmers must be currently registered with USA Swimming or affiliated with a collegiate level program. NO ON-DECK USA SWIMMING REGISTRATION SHALL BE PERMITTED. Swimmers must be within the listed age brackets as of August 11, 2023. Only swimmers of invited teams are eligible.
- ENTRY ADDRESS:** Heather Thomas
c/o Bend Swim Club
800 NE 6th St.
Bend, OR 97701
*****PLEASE mail checks to pool address*****
- ENTRY DEADLINE:** Entries will be accepted beginning at noon Thursday, July 20, 2023, and MUST BE RECEIVED no later than midnight on Wednesday, August 2, 2023.
- ENTRY LIMITS:** Swimmers may enter a maximum of 2 individual events Friday and 3 individual events each day on Saturday and Sunday. We will adhere to the 4-hour rule for 12 & under events.
- ENTRY FEES:** \$15.00 facility surcharge per swimmer
\$3.00 Oregon Swimming, Inc., surcharge per swimmer
\$6.50 per individual event
Make checks payable to Bend Swim Club
Hand deliver at meet or mail to:
Bend Swim Club
% Juniper Swim & Fitness Center
800 NE 6th St.
Bend, OR 97701

ENTRIES: 1) Submit **Short Course Yard TIMES** only for seeding. NTs are acceptable.
2) Submit entries by email using HYTEK meet management software. Please include a PRINTOUT of your entries, listed by athlete. Be sure the printout matches the entry file.
3) Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. With submission of entries the team attests that all swimmers entered are registered with USA Swimming.

TIMES:

Friday:	Warm-ups: 4 p.m.	Timed finals: 5 p.m.
Saturday	Warm-ups: 7 a.m.	Timed finals: 8 a.m.
Sunday	Warm-ups: 7 a.m.	Timed finals: 8 a.m.

45 minutes of general warmup. During general warmup procedures, teams may open their own lane for diving at their own discretion. Coach must be present at all times during diving practice.

CHECK-IN: Current credentials will be required. Please show coaching credentials to AO prior to the start of the meet.

SCRATCHES: There is no penalty for a swimmer's no-show. Any scratched athletes given to the meet director prior to entry deadline will not be charged, but after the entry deadline are at the discretion of the meet director. Scratches at the meet will be accepted at the admin table up to 30 minutes prior to the start of competition each day.

MEETINGS: OFFICIALS: Held 45 minutes before the start of each session.
COACHES: Held 10 minutes before the start of each session.

OFFICIALS: We always appreciate the help of certified officials from other clubs. If you will be attending this meet, please notify the meet referee. An official's hospitality area will be provided.

TIMERS: Each team will be given lane timing assignments. Sign-up sheets will be emailed to each team to fill lanes BEFORE the first day of the meet.

AWARDS: 1st to 8th place in 10 & under, 11-12, 13-14 and 15 & over categories.

BULLPEN: **NONE** – All swimmers report directly to their lanes.

RULES: Current USA Swimming and Oregon Swimming Inc., rules will govern this meet.
“All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.”

SAFETY: Current Oregon Swimming safety guidelines and warm-up procedures will be in effect and strictly enforced. No swimmer will be permitted to compete unless the swimmer is a member as provided in article 302.

FACILITY: The competition course has not been certified in accordance with 104.2.2C(4). Outdoor 25-yard pool with eight (8) competition lanes with non-turbulent lane lines. Eight warm-up lanes available throughout the meet. Automatic timing system with touch pads and backup buttons. Facility includes men's and women's locker rooms with access onto the pool deck. Facility is accessible to adaptive swimmers. The competition end of the pool is 7 feet deep.

MEDICAL SERVICE: Lifeguards with access to AED, first aid and medical supplies will be available for any injury or medical emergency. Any athlete or spectators with a medical need will have access to all medical personnel on hand.

VENDORS: Food trucks *may* be available during swim meet hours.

CAMPING: NO overnight RV camping in the pool parking lots or parking lots adjacent to the pool. No parking or overnight camping will be allowed at Juniper Swim & Fitness Center. Tent camping is NOT allowed at or near the venue. There is space for pop-up tents/quick shades on site that must be removed daily. Pop-ups are not allowed to remain outside the pool facilities after the conclusion of the meet daily.

RESTRICTIONS: NO ANIMALS ALLOWED INSIDE THE VENUE. TOBACCO PRODUCTS OF ANY KIND, ALCOHOLIC BEVERAGES AND GLASS CONTAINERS ARE NOT ALLOWED IN THE SWIMMING VENUE. SHAVING IS NOT ALLOWED IN THE VENUE. USE OF AUDIO/VIDEO RECORDING DEVICES, INCLUDING CELL PHONES, IS NOT PERMITTED IN CHANGING AREAS, RESTROOMS OR LOCKER ROOMS. EXCEPT WHERE VENUE FACILITIES REQUIRE OTHERWISE, CHANGING INTO OR OUT OF SWIMSUITS OTHER THAN IN THE LOCKER ROOM OR OTHER DESIGNATED AREAS IS PROHIBITED. PHOTOGRAPHY IS NOT PERMITTED BEHIND THE BLOCKS DURING STARTS AND RELAY EXCHANGES. OPERATIONS OF A DRONE OR ANY OTHER FLYING APPARATUS IS PROHIBITED OVER THE VENUE (POOL, ATHLETE/COACHES AREAS, SPECTATOR AREAS AND OPEN-CEILING LOCKER ROOMS) ANY TIME ATHLETES, COACHES, OFFICIALS AND/OR SPECTATORS ARE PRESENT.

Tech Suits: No technical suit may be worn by any 12&U USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.

COVID-19: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your

risk of contracting or spreading COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, OREGON SWIMMING INC, CITY OF BEND PARKS AND RECREATION DISTRICT, JUNIPER POOL, BEND SWIM CLUB, AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION. Regarding local Covid protocols, currently there are no requirements related to Covid-19 for this facility. We ask that individual's distance and mask at their own comfort level and that those decisions are respected by all in attendance.

EVENTS:

<u>Friday, Aug. 11</u>	
<i>Warm-ups 4 p.m., timed finals 5 p.m.</i>	
1	Mixed Open 100 IM
2	Mixed 13 & Over 200 IM
3	Mixed 12 & Under 100 Free
4	Mixed 13 & Over 200 Free
<u>Saturday, Aug. 12</u>	
<i>Warm-ups 7 a.m., timed finals 8 a.m.</i>	
5	Mixed 11-12 200 Free
6	Mixed 10 & Under 25 Free
7	Mixed Open 50 Back
8	Mixed 11 & Over 100 Back
9	Mixed 13 & Over 200 Breast
10	Mixed 10 & Under 25 Breast
11	Mixed 11 & Over 100 Fly
12	Mixed Open 50 Fly

Sunday, Aug. 13

Warm-ups 7 a.m., timed finals 8 a.m.

13	Mixed 13 & Over 100 Free
14	Mixed 10 & Under 25 Fly
15	Mixed Open 50 Breast
16	Mixed 13 & Over 200 Back
17	Mixed 10 & Under 25 Back
18	Mixed 11 & Over 100 Breast
19	Mixed Open 50 Free
20	Mixed 13 & Over 200 Fly

Breaks may be added at the discretion of the meet referee.

A watermelon relay may be held at the conclusion of timed finals on Sunday, Aug. 13, if time permits.