

# 2023 Comfort Suites Corvallis – CAT Open SC

Friday-Sunday, January 6-8, 2023

Held under the sanction of USA Swimming, Inc.

**Sanction No:** 23-002

**Sanction:** In applying for this sanction, the Corvallis Aquatic Team agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Oregon Swimming, the State of Oregon, and the City of Corvallis.

In granting this sanction, it is understood and agreed that USA Swimming, Oregon Swimming, and the Corvallis Aquatic Team shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

**Host:** Corvallis Aquatic Team

**Location:** Osborn Aquatic Center; 1940 NW Highland Dr. Corvallis, Oregon 97330  
(541) 766-7946

**Eligibility:** Swimmers must be currently registered with USA Swimming or applicable FINA registration. No on-deck registration shall be permitted. Swimmers must be within the listed age brackets as of January 6, 2023.

**Entry Deadlines:** Entry acceptance period begins at noon on Monday, November 28, 2022. NO EARLIER PLEASE- early entries will not be accepted! **Teams will be entered in the order entries are received.** Final entry deadline is noon, Thursday, December 29, 2022. Please be sure swimmers registrations are current.

**Event Limit:** 1 event Friday; 3 individual events per day and 1 relay event per day Saturday and Sunday.

**Meet Limit:** 4-hour limit for 12-Under sessions. Meet referee and meet director discretion used for 13-Over sessions. **Teams are accepted on a first-come basis.**

**Entry Fees:** \$17.00 per swimmer (\$3 OSI surcharge; \$14 facility use fee)  
\$4.50 per individual event, \$12.00 per relay  
Make checks payable to: **CORVALLIS AQUATIC TEAM**

**Payment Address:** CAT SC Open Meet Entries; c/o Jenny Graham, 1310 NW 10th St., Corvallis, OR 97330

**Entries:** Submit **YARD TIMES** only for seeding. Converted times accepted. Swimmers must meet time standards for 13&O events – no-times or substandard times will not be accepted. Send entries via email to [meetdirector@corvallisquaticteam.org](mailto:meetdirector@corvallisquaticteam.org) using Hy-Tek Format.

With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming, Inc. **Please include with the entry file email a list of all anticipated non-athlete, non-coach event participant names (officials)**

**Awards:** Individual: 1<sup>st</sup> - 16<sup>th</sup> ribbons for 12 & under session; \$5 gift cards to top 5 point scores for boys and girls 13-14 and 15 & over

Relay: 1<sup>st</sup> - 8<sup>th</sup> ribbons for 12 & under session only



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High Point: Embroidered towel for top point score for boys and girls 8 & under, 9-10 and 11-12. \$25 Swim Outlet gift certificate for top point score for boys and girls 13-14, and 15 & over.

The age groups of any events that the referee combines will be scored separately. 11-14 events will not be scored for 11-12. Awards must be picked up at the end of the Sunday PM session; they will not be mailed after meet.

**Scoring:** Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1  
Relay: 40-34-32-30-28-26-24-22

### Check-in and Scratch Rules:

All events swum during the Saturday AM and Sunday AM sessions, with the exceptions of events #29 and #30 (Girls and Boys 10-12 500 freestyle), will be pre-seeded. Event #29 #30, and all events swum during the Friday, Saturday PM, and Sunday PM sessions will be deck-seeded.

#### A. Deck-Seeded Events

1. **Coaches are responsible for providing a positive check-in** 45 minutes prior to start of the meet on Friday, Saturday, and Sunday PM; and by 10 AM on Sunday for events #57 & #58.
2. After the heats have been seeded, any swimmer who fails to compete in an individual event in which such swimmer had previously provided a positive check-in, will be barred from his or her next individual event, either that day or the next day. S/he will be permitted to participate in relay events of that day.
3. There is no penalty for missing a pre-seeded event or relay.
4. Heat sheets will be published following the positive check-in deadline.

B. *Exceptions for failure to compete* - No penalty shall apply for failure to withdraw or compete in an individual event if:

1. The swimmer declares a false start with the referee prior to the start of the heat in which they do not compete.

**Meetings:** Officials' meeting will be held approximately 60 minutes prior to the start of the meet. Coaches' meeting will be held 15 minutes prior to the start of the meet.

**Facility:** Competition Pool – Eight lanes, 7-ft, 25-yd lanes, 30-in. tilted blocks. Depth: 6 to 13 ft. The competition course has not been certified in accordance with 104.2.2 C(4).

**Warm-up Pool:** Shallow end east of bulkhead, 3 1/2 ft. to 6 ft., open for continuous warm-up/cool-down.

**Seating:** Air-conditioned, sound-insulated, balcony seating for 270. **ONLY SWIMMERS, COACHES, OFFICIALS, AND MEET VOLUNTEERS ARE ALLOWED IN THE COMPETITION AREA OF THE POOL.** Balcony, deck, and locker rooms should be accessed through the facility lobby, with meet participants and spectators entering and exiting through the facility main doors.



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- Bull Pen:** A bullpen will be provided for all 8 & under swimmers. All other swimmers shall report directly to their assigned lanes.
- Timing:** Daktronics timing system, horn start, and finish touch pads. Results via electronic scoreboard. Names will appear as received in meet entries.
- Pool Hours:** Pool will be open on Friday from 2:30 PM until 30 minutes after the conclusion of the meet, and on Saturday and Sunday from 7:00 AM until 30 minutes after the conclusion of the meet.
- Meet Referee:** Jacki Allender email: [jacki.allender@gmail.com](mailto:jacki.allender@gmail.com)  
**Admin Official:** Pat Allender email: [patrick.allender@gmail.com](mailto:patrick.allender@gmail.com)  
**Meet Director:** Jenny Graham email: [meetdirector@corvallisquaticteam.org](mailto:meetdirector@corvallisquaticteam.org)
- Officials:** Oregon Swimming requires teams to notify the meet director/referee of the officials from your team that will be attending the meet. Teams please send one confirming email listing officials names with available sessions to [jacki.allender@gmail.com](mailto:jacki.allender@gmail.com). Hospitality will be provided for coaches and officials. Attire for officials will be white over black with black shoes.
- Rules:** Current USA Swimming and Oregon Swimming Inc. rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”) will govern this meet.
- MAAPP:** All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- Safety:** Current Oregon Swimming Safety Guidelines and warm-up procedures will be in effect. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. Over swimmer (flyover) starts will be used. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. No parents or non-competing children are allowed in the competition area (swimmers, timers, officials and coaches only). It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
- Medical:** Medical facilities available include lifeguards, an AED, and community 911 EMS.
- Restrictions:** Tobacco products of any kind, alcohol beverages and glass containers are not allowed in the swimming venue. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changing is prohibited. Photography is not allowed behind the blocks during the start of a race or relay exchange. Operations of a drone, or any other flying apparatus, are prohibited over the venue (pool, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Timers:** Each team will be given lane-timing assignments. Sign-ups will be at Clerk of Course.



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**Concessions:**

Snacks and drinks will be available throughout the meet.

**Camping:**

NO OVERNIGHT CAMPING. Multiple parking lots, shared with adjacent school, are available for RVs for day use only. There are no outside toilet facilities. Camping is available at Benton County Fairgrounds, (541) 757-1521, and KOA Campground off Hwy. 34, (541) 967-8521.



# 2023 Comfort Suites Corvallis – CAT Open SC

## Warm Up, Finals, and Check-In Times

Day	Group	Warm Up Time	Finals Begin	Check in by
Friday	12 & Over	3:00 PM - 3:45 PM	4:00 PM	3:15 PM
Saturday	12 & Under	7:30 AM - 8:15 AM	8:30 AM	N/A
Saturday	13 & Over	TBA – no earlier than 12:00 PM	TBA – no earlier than 1:15 PM	45 minutes prior to start of meet
Sunday	12 & Under	7:30 AM - 8:15 AM	8:30 AM	10:00 AM*
Sunday	13 & Over	TBA – no earlier than 12:00 PM	TBA – no earlier than 1:15 PM	45 minutes prior to start of meet

\*Check in required only for events 57 & 58 (11-12 500 Free).

## Order of Events

### FRIDAY SESSION JANUARY 6, 2023

Warm Up: 3:00 PM      Timed Finals: 4:00 PM

Event	Qualifying Time	Event	Qualifying Time	Event
1	11-13 – 23:02.59 14 – 22:17.19	11-14 1650 Free *	11-13 – 22:48.99 14 – 21:34.32	2
1	21:06.39	15-O 1650 Free *	19:37.39	2

\*Note: The 1650 will be deck-seeded swum fast to slow alternating girls and boys heats. It may also be limited to 8 total heats with entries accepted in the order they were submitted. Swimmers in the 1650 must provide their own timers (2) and a counter. Coaches are responsible to educate team members on deck-seeding protocol.



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## SATURDAY AM - 12 & UNDER SESSION JANUARY 7, 2023

Warm Up: 7:30 AM      Timed Finals: 8:30 AM

Event #	Event
3	Mixed 9 -12 200 Free
4	Girls 8 - U 100 Medley Relay
5	Boys 8 - U 100 Medley Relay
6	Girls 12 - U 200 Medley Relay
7	Boys 12 - U 200 Medley Relay
8	Mixed 12 - U 100 IM
9	Mixed 12 - U 50 Back
10	Mixed 11-12 200 Fly
11	Mixed 8 - U 25 Free
12	Mixed 12 - U 100 Free
13	Mixed 12 - U 50 Fly
14	Mixed 11-12 200 Back
15	Mixed 8 - U 25 Breast
16	Mixed 9-12 100 Breast



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## SUNDAY AM - 12 & UNDER SESSION JANUARY 8, 2023

Warm Up: 7:30 AM

Timed Finals: 8:30 AM

Event #	Event
17	Mixed 9-12 200 IM
18	Girls 8-U 100 Free Relay
19	Boys 8-U 100 Free Relay
20	Girls 9-12 200 Free Relay
21	Boys 9-12 200 Free Relay
22	Mixed 8-U 25 Back
23	Mixed 9-12 100 Back
24	Mixed 12 - U 50 Free
25	Mixed 11-12 200 Breast
26	Mixed 8-U 25 Fly
27	Mixed 9-12 100 Fly
28	Mixed 12 - U 50 Breast
29	* Girls 10-12 500 Free
30	* Boys 10-12 500 Free

\* Check in required for events 29 and 30 (10-12 500 Free).



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**Note: PM events are all deck seeded with positive check-in required NO LATER THAN 45 minutes prior to start of meet. Coaches are responsible to educate team members on deck seeding protocol.**

### SATURDAY PM - 13 AND OVER SESSION JANUARY 7, 2023

Warm Up: TBA – no earlier than 12:00 pm    Timed Finals: TBA – no earlier than 1:15 pm

Girls	Qualifying Time	Event	Qualifying Time	Boys
31	11-13 - 5:51.79 14 - 5:46.29	11-14 400 IM	11-13 – 5:49.49 14 - 5:22.79	32
31	5:35.29	15-O 400 IM	5:04.49	32
33	N/A	13-O 400 Medley Relay	N/A	34
35	13 – 1:05.59 14 - 1:04.39	13-14 100 Free	13 – 1:03.49 14 - 1:00.29	36
35	1:03.49	15-O 100 Free	57.39	36
37	13 – 3:04.29 14 - 3:03.79	13-14 200 Breast	13 – 3:03.79 14 - 2:51.69	48
37	2:56.69	15-O 200 Breast	2:47.29	38
39	13 – 1:15.69 14 - 1:12.99	13-14 100 Fly	13 – 1:13.89 14 - 1:08.39	40
39	1:10.09	15-O 100 Fly	1:03.39	40
41	13 – 2:23.49 14 - 2:20.59	13-14 200 Free	13 – 2:18.59 14 - 2:11.59	42
41	2:16.89	15-O 200 Free	2:05.49	42
43	13 – 1:14.69 14 - 1:12.49	13-14 100 Back	13 – 1:14.09 14 - 1:09.99	44
43	1:10.19	15-O 100 Back	1:05.29	44





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### SUNDAY PM - 13 AND OVER SESSION JANUARY 8, 2023

Warm Up: TBA – no earlier than 12:00 pm    Timed Finals: TBA – no earlier than 1:15 pm

Girls	Qualifying Time	Event	Qualifying Time	Boys
45	13 – 2:40.19 14 – 2:37.19	13-14 200 Back	13 – 2:40.69 14 - 2:33.89	46
45	2:36.59	15-O 200 Back	2:24.79	46
47	N/A	13-O 400 Free Relay	N/A	48
49	13 – 2:43.39 14 - 2:39.59	13-14 200 IM	13 – 2:41.09 14 - 2:31.79	50
49	2:33.29	15-O 200 IM	2:20.09	50
51	13 – 30.29 14 - 29.49	13-14 50 Free	13 – 29.09 14 - 27.69	52
51	29.29	15-O 50 Free	26.29	52
53	13 – 2:55.19 14 - 2:49.09	13-14 200 Fly	13 – 3:04.89 14 - 2:44.19	54
53	2:50.19	15-O 200 Fly	2:29.09	54
55	13 – 1:25.79 14 - 1:23.49	13-14 100 Breast	13 – 1:23.19 14 - 1:18.09	56
55	1:22.59	15-O 100 Breast	1:14.09	56
57	13 – 6:28.59 14 - 6:26.09	13-14 500 Free	13 – 6:25.39 14 - 6:09.19	58
57	6:04.89	15-O 500 Free	5:39.79	58

