

2023 Jay Rowan Memorial Swim Meet

Redmond Aquatic Club

Saturday, June 17, 2023

Held under the sanction of USA Swimming through Oregon Swimming, Inc.

- Sanction:** 23-064
In granting this sanction, it is understood and agreed that USA Swimming and Oregon Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- Host:** Redmond Aquatic Club Eels
- Location:** Cascade Swim Center
465 SW Rimrock Way
Redmond, OR 97756
- Meet Referee:** Lynnette Konop Email: lynnettekonop@gmail.com
- Admin Officials:** Matthew Beasley Email: matthew.d.beasley@gmail.com
Cali-Linn Beasley E-mail: cali3674@gmail.com
- Meet Director:** Shane Bennett E-mail: shane.bennett@raprd.org
- Eligibility:** Swimmers must be currently registered with USA Swimming/Oregon Swimming. Swimmers age on the first day of meet applies. No on-deck registration shall be permitted. Clubs entering swimmers who are not registered are subject to a fine per USA Swimming Rules and Regulations.
- Entry Deadline:** Entries must be received by 12 p.m., on June 10, 2023.
- Entry Limits:** Maximum of three individual events per athlete.
- Entry Fees:** \$10 surcharge per athlete (\$3 OSI fee; \$7 facility fee)
\$4 individual per event
- Entry Address:** lynnettekonop@gmail.com
- Entries:** Please submit Hy-Tek or Team Unify entries. Previously entered times cannot be updated. Hy-Tek Meet Manager Software will be used. With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

- No Coach Present:** For unattached swimmers, or swimmers whose coach is not attending the meet, it is the swimmers responsibility to arrange for a certified coach to be responsible for the swimmer. This must be done BEFORE the swimmer may enter the water for warm-ups or competition. Please see the meet referee, if assistance is needed, upon arrival at the meet.
- Awards:** Ribbons for 1st through 6th place in each of the following age group for boys and girls: 8 & under; 9-10; 11-12
- Facility:** Indoor, 6-lane 25-meter competition pool. All events will have a starting depth of 12 feet and a turn-end depth of 3.5 feet. A Colorado timing system, with pads at the block end of the pool and horn starter, is used for the primary timing system, with dual manual buttons for the secondary and watches for the tertiary. Adaptive access is by ladders near both ends of the pool. The competition course has not been certified in accordance with 104.2.2C(4).
- Restrictions:** **TOBACCO PRODUCTS OF ANY KIND, ALCOHOLIC BEVERAGES AND GLASS CONTAINERS ARE NOT ALLOWED IN THE SWIMMING VENUE. NO SHAVING PERMITTED IN THE SWIMMING VENUE.** Use of audio or visual recording devices, including a cell phone, is not allowed behind the blocks or in the changing areas, restrooms or locker rooms. Operations of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. **DECK CHANGING PROHIBITED.**
- Rules:** Current USA Swimming Rules and Regulations will govern. Safety Guidelines and warm-up procedures will apply.
- Format:** This is a timed finals meet. Events will be swum as mixed gender. Unless otherwise noted, heats will be swum slowest to fastest.
- Schedule:** Warm-ups: **9 a.m.**
Timed finals: **10 a.m.**; session will adhere to USA Swimming's 4-hour rule.
- MAAPP:** All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- Tech Suits:** No technical suit may be worn by any 12 & under USA Swimming athlete member in competition at any sanctioned, approved or observed meet.
- Medical:** Lifeguards are trained in first aid and CPR and are posted on deck during the meet. The facility is equipped with AEDs. The 911 system will be utilized in the event of an emergency.

- Officials:** We always appreciate the help of certified officials and trainees from other clubs. Uniform will be white over black with black shoes. If you will be attending this meet and are available to officiate, please complete [this form](#). If you are a trainee, please also e-mail a copy of your training log to lynnettekonop@gmail.com. An officials meeting will be held at 10: 15 a.m..
- Meet Results:** A Hy-Tek Com-link file and a HTML file will be posted on the Oregon Swimming website in the results section and sent to coaches within two days of conclusion of the meet.
- Breaks:** Breaks will be scheduled to provide adequate rest for the athletes. Additional breaks may be added at the discretion of the meet referee.
- Timers:** Each club will be responsible for providing timers. Timing lanes will be assigned based on the number of swimmers entered per team..
- Spectator Seating:** Limited spectator seating will be available in the pool lobby and in designated areas on deck. Outdoor seating space available (bring your own chair). Only officials, volunteers, coaches, and athletes will be allowed on deck behind the blocks.
- Upon Arrival:** All volunteers must attest that they have read and agreed to the MAAPP policy. Officials and coaches must show current USA Swimming membership cards when checking in with the meet referee or meet director.
- Parking** Limited parking in the pool parking lot. Parking available in the high school parking lot adjacent to the facility.
- Park area** Families are allowed to set up chairs and/or pop-up tents in the grassy park area at the facility.
- Bathrooms:** Public restrooms/family changing rooms are located in the pool lobby. On-deck bathrooms/locker rooms are for athlete use ONLY and will be monitored according to SafeSport regulations. Speakers, officials and coaches must use the restrooms located in the main lobby of the facility.

Event Order	
1	Open 200 IM
2	12 & Under 100 IM
3	Open 200 fly
4	Open 100 free <i>heats swum fastest to slowest</i>
5-minute break	
5	Open 100 back
6	Open 200 free
7	12 & under 50 breast
8	Open 100 fly
9	Open 200 back
10	12 & under 50 fly
11	12 & under 50 back
12	Open 100 breast
5-minute break	
13	Open 50 free
14	Open 200 breast