

# 2023 John Haring Memorial B/C Showdown

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## 2023 John Haring Memorial B/C Showdown

March 11 & 12, 2023

Age Group Competition

**HELD UNDER THE SANCTION OF USA SWIMMING**

**Sanction No.**

**23-026**

In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

**Eligibility:**

Swimmers must be currently registered with USA Swimming. NO ON-DECK REGISTRATION SHALL BE PERMITTED. Open to swimmers 18 and under. Swimmers must be within the listed age brackets as of the first day of the meet.

**Host:**

CANBY GATORS SWIM CLUB

**Location:**

Chehalem Aquatic Center  
1802 Haworth Ave  
Newberg, OR 97132  
Pool Phone: (503) 538-7454

**Facility:**

Indoor, 8 lane 25 yard competition stretch pool with a movable bulkhead, non-turbulent lane lines, and level gutters. All events will have a starting depth of 6'7" and a turn end depth of 6'7"ft. 25 yard events will start from the bulkhead and finish at the block end (6'7" ft. depth). A Daktronics timing system, with pads at the block end of the pool and horn starter, is used for the primary timing system, with dual manual buttons for the secondary and watches for the tertiary. Adaptive access is by ladders at both ends of the pool. The competition course has not been certified in accordance with 104.2.2C(4). Warm up area behind the bulkhead will be available to swimmers at the discretion of the meet referee. There is to be no diving or starts in the warm up pool.

Participants are only to park in the North side parking lot and Haworth Street. Please no parking in the residential neighborhood. No car traffic is permitted in the SE cul-de-sac. Families are allowed to set up chairs/blankets in the grassy park area on the East side of the facility.

**COVID:**

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

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BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

**Medical:** Lifeguards are trained in first aid and CPR, and are posted on deck during the meet. The facility is equipped with two AEDs. The 911 system will be utilized in the event of an emergency.

**Referee:** Ken Chard: [hank45.gm@gmail.com](mailto:hank45.gm@gmail.com) (971) 219-6262

**Meet Director:** Tara Steward: [thestewardteam5@gmail.com](mailto:thestewardteam5@gmail.com)

**AO:** Teresa Steinbock: [teresasteinbock@gmail.com](mailto:teresasteinbock@gmail.com) (503) 267-6319

**Entries:** Please submit a Hytek entry file to [teresasteinbock@gmail.com](mailto:teresasteinbock@gmail.com). Submit YARD TIMES ONLY. All entries require official or estimated times. **Entries with No Times (NT) will NOT be accepted.** Entries will be accepted until the meet is deemed full. With the submission of entries, the coaches/team representative attests that all swimmers entered are registered with USA Swimming.

**Entry Events:** Each competitor may enter a maximum of 4 individual events and 2 relays for the meet, with no more than 3 individual events and 1 relay on any one day.

Entries will be limited to comply with USA Swimming's 4 Hour Rule for 12 & Under athletes.

**SWIMMERS MAY NOT COMPETE IN ANY INDIVIDUAL EVENT IN WHICH THEY HAVE A STATE 'A' TIME OR FASTER, nor can they swim a leg in a relay in which they have an 'A' time.** If a swimmer achieves a State A time after entries have been submitted, please update that swimmer's races prior to the start of the meet.

**Relays:** Each team may enter up to four (4) relays but **only the top 2 relays will score.** All relays will be swum as Timed Finals.  
**Relay slips are due 1 hour prior to the start of competition on the day of the relay.**

**Meet Format:** 10 & Under individual events and **all** relay events will swim as timed finals. During the morning sessions, awards will be handed out to 10 and under swimmers during scheduled breaks (see event schedule for details).

11 & Over individual events are preliminary/finals format with the top 16 swimmers advancing to finals. Finals will swim in the afternoon session following preliminaries. The finals sessions consist of two heats: a consolation final (B), and the championship

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final (A). Consolation finals swim in heat 1 and championship finals in heat 2. Alternates only fill open spots in the B final.

**Scratch Procedure:** 11 & Over swimmers will have 30 minutes to declare their intention to scratch after the announcement of qualifiers for a finals event. Any swimmer who fails to compete in a finals event in which they are entered, and has not been scratched, will incur a penalty. **The swimmer will be withdrawn from their next individual finals event on the same day. During prelims, there is no penalty for a no-show.**

10 & Under swimmers will **NOT** incur a penalty for a no-show

**Entry Fees:** \$3 Oregon Swimmer surcharge per swimmer  
\$13.00 Facilities fee per swimmer  
\$4.50 Individual Event Fee  
\$15.00 Relay Event Fee

Entry fees must be paid before the start of the meet. Please make checks payable to Canby Swim Club (CSC) and send to:

*Canby Swim Club  
B/C Championships  
PO Box 21  
CANBY, OR 97013*

**Entry Deadline:** Entries must be received no later than 6pm on **Friday, February 24, 2023**. E-mail entries are accepted but not finalized until payment is received.

**Tech Suits:** Technical Suit may not be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.

**Time Schedule:** Warm-up times and competition for AM Session are the same for both Saturday and Sunday

AM Session 8:00 – 8:30 am for 11 & O  
8:30 – 9:00 am for 10 & U  
Starts open to all ages from 9:00 to 9:15  
Competition begins at 9:30

PM Session (Finals for 11 & O): Warm-ups will begin 1 hour after completion of morning session. Competitors will have a 45 minute warm-up. Competition will begin 2 hours after completion of the AM session.

**Awards:** Individual Events: 1<sup>st</sup> – 16<sup>th</sup> place ribbons  
Relay Events: 1<sup>st</sup> – 8<sup>th</sup> place ribbons

**Scoring:** Individuals: (A Final): 20-17-16-15-14-13-12-11  
(B Final): 9-7-6-5-4-3-2-1

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Relays: (Individual points are doubled): 40-34-32-30-28-26-24-22

**Bull Pen:** A bullpen will be provided for 8 & Under swimmers

**Rules:** Current USA Swimming and Oregon Swimming Inc., rules will govern this meet. Note: The no recall rule will be in effect. Swimmers will receive whistle commands to stand behind the blocks, and to step on the blocks or to step in the pool at which time the referee will signal to the starter to tell the swimmers to take their mark. Heats may be doubled or combined to ensure timely completion of the meet. All events will be seeded slowest to fastest and swim in that order.

**Safe Sport Information:** All persons expecting to receive access to the pool deck must be prepared to show a current USA Swimming membership card. Information regarding the APT course and the background check is available online at [usaswimming.org](http://usaswimming.org). Coaches must provide proof of CPR, First Aid and Safety Training for Swimming Coaches or USA Swimming approved equivalents and must have successfully passed the required background check and APT Course. Coaches must display their coach membership card while on deck.

No swimmer will be permitted to compete unless he/she is a member as provided in Article 302. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with these requirements.

No swimmer will be allowed on deck without a coach member present. If a swimmer's coach is not planning to attend the event, the swimmer must be assigned a supervising coach. If a swimmer arrives without a coach, he/she must find a willing coach at the facility to sign a supervision form before a credential can be issued.

The Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to reducing the risk of sexual, emotional and physical abuse to athletes. Components of the program include, but are not limited to, providing education and training, enforcing policies, rules and best practice guidelines, promoting healthy boundaries and mandated reporting of violations.

The Minor Athlete Abuse Prevention Policy ("MAAPP") prohibits applicable adults from having one-on-one interaction with minor athletes that is not within an observable and interruptible distance from another adult. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming MAAPP, and that they understand that compliance with the MAAPP Policy is a condition of participation in the conduct of this competition.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S.

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Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at [www.uscenterforsafesport.org/report-a-concern](http://www.uscenterforsafesport.org/report-a-concern). Various state laws may also require reporting to law enforcement or to a designated child protection agency.

All athletes age 18 and older must complete Athlete Protection Training (“APT”) in order to be considered a USA Swimming registered member in good standing. **Any athlete who turns 18 on or after February 10, who has not completed APT by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed..**

The requirement to complete Athlete Protection Training is an annual requirement. USA Swimming membership will be affected if a non-athlete member or adult athlete member does not renew Athlete Protection Training annually.

Each club is responsible for the conduct of its swimmers. Any person who, in the opinion of the Meet Director or Meet Referee, is harmful to others or to other’s property may be required to leave the competition.

The changing of base layer clothing while on the deck (i.e. Deck Changing) is prohibited.

Tobacco Products of any kind, alcoholic beverages and glass containers are not allowed in the swimming venue.

Photography is not allowed behind the blocks during the start of a race or relay exchange.

The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Bathrooms are located off deck in the main lobby of the facility near the NE entrance doors. On deck bathrooms/locker rooms are for athlete use ONLY and will be monitored according to SafeSport regulations. Spectators, officials and coaches must use the bathrooms located in the main lobby of the facility.

### **Officials:**

We always need and appreciate the help of certified officials and trainees from participating teams. If you are going to be attending this meet please use the signup form <https://forms.gle/uiybs9C5HUDPX5JCA> to convey your intentions. The Meet Director will not be handling official’s commitments. Please check in with the meet referee upon arrival.

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- Meeting:** Officials meeting will be held at 1 hour prior to the start of the meet. Coaches meeting will be held 15 minutes prior to the start of the meet.
- Timers:** Each team will have lane timing assignments and **MUST SUPPLY TIMERS**. Please have your team parents sign up on the timing sign-up sheets located behind the starting blocks. A lack of lane timers will cause meet delay at the very least.
- Hospitality:** A hospitality area will be provided for Officials and Coaches. An ample supply of Breakfast, Lunch, and Snack selections will be available throughout the meet.
- Concessions:** An ample assortment of refreshments will be available for purchase throughout the meet. Foods will include nutritious hot items as well as breads, fruits, snacks, water, and sports drinks

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### Order of Events – Saturday Preliminaries/Timed Finals

Girls	Event	Boys
1	8 & U 100 IM Timed Finals	2
3	9-10 100 IM Timed Finals	4
5	11-12 100 IM Prelims	6
7	13-14 200 IM Prelims	8
9	15-18 200 IM Prelims	10
	Break - IM Awards 10 & Under	
11	8 & U 100 Free Relay Finals	12
13	10 & U 200 Free Relay Finals	14
15	12 & Under 200 Free Relay Finals	16
17	14 & Under 200 Free Relay Finals	18
19	Open 200 Free Relay Finals	20
	Break – Relay Awards	
21	8 & U 50 Free Timed Finals	22
23	9-10 50 Free Timed Finals	24
25	11-12 50 Free Prelims	26
27	13-14 100 Free Prelims	28
29	15-18 100 Free Prelims	30
	Break – 50 Free Awards 10 & Under	
31	8 & U 25 Breast Timed Finals	32
33	9-10 50 Breast Timed Finals	34
35	11-12 50 Breast Prelims	36
37	13-14 100 Breast Prelims	38
39	15-18 100 Breast Prelims	40
	Break – Breast Stroke Awards 10 & U	
	Saturday Championship Finals	
5	11-12 IM Finals	6
7	13-14 IM Finals	8
9	15-18 IM Finals	10
	Break – IM Awards	
25	11-12 50 Free Finals	26
27	13-14 100 Free Finals	28
29	15-18 100 Free Finals	30
	Break – Freestyle Awards	
35	11-12 50 Breast Finals	36
37	13-14 100 Breast Finals	38
39	15-18 100 Breast Finals	40
	Breaststroke Awards	

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### Order of Events – Sunday Preliminaries/Timed Finals

Girls	Event	Boys
41	8 & U 25 Free Timed Finals	42
43	9-10 100 Free Timed Finals	44
45	11-12 100 Free Prelims	46
47	13-14 200 Free Prelims	48
49	15-18 200 Free Prelims	50
	Break - Free Awards 10 & Under	
51	8 & U 100 Medley Relay Finals	52
53	10 & U 200 Medley Relay Finals	54
55	12 & Under 200 Medley Relay Finals	56
57	14 & Under 200 Medley Relay Finals	58
59	Open 200 Medley Relay Finals	60
	Break – Relay Awards	
61	8 & U 25 Back Timed Finals	62
63	9-10 50 Back Timed Finals	64
65	11-12 50 Back Prelims	66
67	13-14 100 Back Prelims	68
69	15-18 100 Back Prelims	70
	Break – Backstroke Awards 10 & Under	
71	8 & U 25 Fly Timed Finals	72
73	9-10 50 Fly Timed Finals	74
75	11-12 50 Fly Prelims	76
77	13-14 100 Fly Prelims	78
79	15-18 100 Fly Prelims	80
	Break – Butterfly Awards 10 & U	
	Sunday Championship Finals	
45	11-12 100 Free Finals	46
47	13-14 200 Free Finals	48
49	15-18 200 Free Finals	50
	Break – Freestyle Awards	
65	11-12 50 Back Finals	66
67	13-14 100 Back Finals	68
69	15-18 100 Back Finals	70
	Break – Backstroke Awards	
75	11-12 50 Fly Finals	76
77	13-14 100 Fly Finals	78
79	15-18 100 Fly Finals	80
	Breaststroke Awards	