2023 Mike Morris Memorial Invitational (A/B/C Senior/Age Group) June 9-10-11, 2023 Held under the sanction of USA Swimming 12 & Under,13 & Over Sanction **# 23-053**

In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

HOST TEAMS:	Cottage Grove Aqua Lions, Emerald Aquatics, Eugene City Swim Club, in cooperation with Eugene Parks & Recreation Dept.				
LOCATION:	Amazon Pool 2600 Hilyard Street Eugene, Oregon 97405 (541) 682-5350 (pool phone during meet only)				
MEET REFEREE:	Fran Hart hartfran@hotmail.com				
MEET DIRECTOR:	Allee Reed mostmeetdirector@gmail.com				
ADMIN. OFFICIAL:	Mike Reed reed854fin@gmail.com				
ELIGIBILTY:	Swimmers must be currently registered with USA Swimming. NO ON DECK REGISTRATION SHALL BE PERMITTED. Swimmers must be within the listed age brackets as of June 9, 2023. Only swimmers of invited teams are eligible.				
ENTRY ADDRESS:	Rhonda & Allee Reed PO Box 51022 Eugene, OR 97405 Email: mostmeetdirector@gmail.com ***PLEASE DO <u>NOT</u> TAKE ENTRIES TO THE POOL***				
ENTRY DEADLINE:	Entries open on Wednesday May 10 and MUST BE RECEIVED by Midnight on Tuesday May 30, 2023.				
ENTRY LIMITS:	 Swimmers may enter a maximum of three individual events Friday and three individual events and one relay Saturday and Sunday. We will adhere to the Four-Hour Rule for 12 & Under Events. The following events will be deck seeded: ALL events 200 meters and longer will be deck seeded and MAY be limited to the fastest 32 times, except the 800 and 1500, which MAY be limited to the fastest 24 times. All 800 & 1500-meter events will be swum fastest to slowest. The 1500's MAY be swum 2 per lane. Swimmers will need to provide their own counters and two timers. All swimmers in deck-seeded events (or swimmer representative) must check in with the clerk of the course 30 minutes prior to the start of each session. 				
ENTRY FEES:	\$17.00 Facility Surcharge per swimmer \$3.00 Oregon Swimming, Inc. surcharge per swimmer \$5.50 per Individual event \$14.00 per Relay entry <u>Entry fees MUST accompany master entry form.</u> Make checks payable to Eugene City Swim Club				

ENTRIES:	 Submit LONG COURSE METER TIMES only for seeding. NT's are acceptable Submit entries by email using HYTEK meet management software. <u>Please include a</u> <u>PRINTOUT of your entries, listed by Athlete. Be sure the printout matches the entry file.</u> With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. 		
TIMES:	Friday:Warm-Ups: 3:45pmFinals 5:00pm.Saturday:12&U Warm-Ups 8:30amFinals 9:45am13&O Warm-Ups TBAFinals TBASunday:12&U Warm-Ups 8:00amFinals 9:15am		
	13&O Warm-Ups TBA Finals TBA IOTE: Unless otherwise announced, warm-ups for the afternoon session will be no ter than 1 hour after the end of the morning session.		
CHECK-IN:	Coaches' packets will be available in the Meet Office. Current credentials will be required.		
MEETINGS:	OFFICIALS: Held 45 minutes before the start of each session. COACHES: Held 15 minutes before the start of each session.		
OFFICIALS:	We always appreciate the help of certified officials from other clubs. If you will be attending this meet, please notify the meet referee. An official's hospitality room will be provided.		
OFFICIALS CLINIC:	TBA.		
TIMERS:	Each team will be given lane-timing assignments. Sign-up sheets will be emailed to each team to fill lanes BEFORE the first day of the meet.		
AWARDS:	12 &under: Individual: 1st - 8th place ribbons within the age groups of (8&U), (9-10), (11-12). Relays: 1st - 8th place ribbons per event (not age groups). 13 & Over: Individual: NO AWARDS Relays: NO AWARDS High Point Awards: Will be given to girl and boy in each age group (8&U), (9-10), (11-12), (13-14), (15-16) & (17&O). Marta Hogard Award: Most Inspirational Swimmer. Nominations and voting done by Coaches and officials. *Note: Relays will not be scored for High Points		
Scoring:	Individual: 20-17-16-15-14-13-12-11		
BULLPEN:	NONE – All swimmers report directly to their lanes.		
RULES:	Current USA Swimming and Oregon Swimming Inc., rules will govern this meet.		
MAAPP:	All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.		
SAFETY:	Current Oregon Swimming Safety Guidelines and Warm-up procedures will be in effect and strictly enforced.		

FACILITY: 50-meter outdoor pool, 8-lane, with 9 feet wide lanes. 25-yard outdoor 2 lane warm-up and cool down pool. Depth 3.6-13.2 ft. Starting blocks at the deep end. Touchpads at both ends. Colorado timing system. Facility has accessibility for adaptive swimmers. The competition course has been certified in accordance with 104.2.2C(4). A copy of this certification is on file with USA Swimming.

VENDORS: Concession stand is open throughout the meet. T-shirt vendor (Hot Tee's) will be on site.

- **CAMPING:** NO Overnight RV camping in the pool parking lots or parking lots adjacent to the pool. No parking or overnight camping will be allowed at Roosevelt Middle School. Tent camping is NOT allowed at or near the venue. There are several campgrounds in the Eugene area available for larger RVs or tents. Please contact one of the following for additional camping information: Travel Lane County 1-800-547-5445 or online at <u>http://www.eugenecascadescoast.org</u>; Lane County Parks 541-682-2000; Eugene Camping World and RV Park 541-343-4832.
- **RESTRICTIONS:** NO ANIMALS ALLOWED INSIDE THE VENUE. TOBACCO PRODUCTS OF ANY KIND, ALCOHOLIC BEVERAGES, AND GLASS CONTAINERS ARE NOT ALLOWED IN THE SWIMMING VENUE. SHAVING IS NOT ALLOWED IN THE VENUE. USE OF AUDIO/VIDEO RECORDING DEVICES, INCLUDING CELL PHONES, IS NOT PERMITTED IN CHANGING AREAS, RESTROOMS, OR LOCKER ROOMS. EXCEPT WHERE VENUE FACILITIES REQUIRE OTHERWISE, CHANGING INTO OR OUT OF SWIMSUITS OTHER THAN IN THE LOCKER ROOM OR OTHER DESIGNATED AREAS IS PROHIBITED. PHOTOGRAPHY IS NOT PERMITTED BEHIND THE BLOCKS DURING STARTS AND RELAY EXCHANGES. OPERATIONS OF A DRONE OR ANY OTHER FLYING APPARATUS IS PROHIBITED OVER THE VENUE (POOL, ATHLETE/COACHES AREAS, SPECTATOR AREAS AND OPEN-CEILING LOCKER ROOMS) ANY TIME ATHLETES, COACHES, OFFICIALS AND/OR SPECTATORS ARE PRESENT.
- **MEDICAL:** The Facility will provide medical supervision to athletes in the form of lifeguards, Oxygen and an AED.
- An inherent risk of exposure to COVID-19 exists in any public place where people are COVID-19: present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, OREGON SWIMMING INC, CITY OF EUGENE PARKS AND RECREATION DISTRICT, AMAZON POOL, MID-OREGON SWIMMING AND TIMING (MOST), COTTAGE GROVE AQUA LIONS, EMERALD AQUATICS, EUGENE CITY SWIM CLUB, RIVER ROAD SWIM CLUB AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES. WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN. IN CONNECTION WITH EXPOSURE. INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION. Local Covid Protocols: Currently there are no requirements related to covid 19 for this facility. We ask that individual's distance and mask at their own comfort level and that those decisions are respected by all in attendance.

2023 Mike Morris Memorial Invitational June 9, 10 & 11, 2023 A/B/C Age Group Meet

ORDER OF EVENTS

FRIDAY, June 9th

Warm Ups 3:45pm Timed Finals 5:00pm

Mixed	Girl's	Boy's	Event
Event #			
1			13&O 100m BR
2			Open 200m FR
3			13&O 100m FL

SATURDAY, June 10th

12 & U Session

13 & Over Session

Warm Ups @ 8:30 am Timed Finals @ 9:15 am

Warm Ups @ TBA Time Finals @ TBA

Mixed	Girl's	Boy's	Event		Mixed	Girl's	Boy's	Event	<u>t</u>
Event #	Event #	Event #			Event #	Event #	Event #		-
4			12&U	50m FR	11			13&O	50m FR
5			12&U	50m BA			Break	15-min	utes
6			12&U	50m BR	12			13&O	100m BA
7			12&U	50m FL	13			13&O	400m IM
		Break	-15 min	utes		14	15	13&O	200m M- R
	8	9	12&U	200m FR-R	16			13&O	200m BR
10			12&U	200 IM	17			13&O	400m FR

SUNDAY, June 11th

12 & U Session

Warm Ups @ 8:00 am Timed Finals @ 9:15 am

Mixed	Girl's	Boy's	<u>Event</u>
Event #	Event #	Event #	
18			12&U 100m BR
19			12&U 100m BA
20			12&U 100m FR
21			12&U 100m FL
	22	23	12&U 200m M-R
24			12 &U 400 FR

13 & Over Session

Warm Ups @ TBA Timed Finals @ TBA

Mixed	Girl '	s Boy's	<u>Event</u>
Event #	# Even	it # Event #	
25			13&O 100 FR
26			13&O 200 IM
	27	28	13&O 200m FR-R
29			13&O 200m BA
30			13&O 200m FL
31			13&O 800m FR