



## 2023 Newport Swim Team-Seahorse Invitational

Friday-Sunday, August 11-13, 2023

*Held under the sanction of USA Swimming, Inc.*

**Sanction:** #23-070A (ABC Age group/Senior)

In applying for this sanction, the Newport Swim Team agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Oregon Swimming, the State of Oregon, and the City of Newport. It is understood and agreed that USA Swimming, Oregon Swimming, and the Newport Swim Team shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

**MAAPP:** All applicable adults, participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

**Host:** Newport Swim Team

**Location:** Newport Aquatic Center, 225 SE Avery St., Newport, Oregon 97365; 541-265-7770

**Eligibility:** Swimmers must currently be registered with USA Swimming. Swimmers must be within entered age brackets as of August 11th, 2023. Only swimmers from invited teams are eligible.

**Entry deadline:** Entry acceptance period begins July 8 at midnight. Entries must be received by July 25th at 5 pm. We expect the meet to fill quickly. Early entries will not be accepted. No on-deck registration/entries will be permitted.

**Event limit:** Teams are accepted on a first-come basis. 4-hour limit for 12-Under morning session; meet director and meet referee discretion on length of afternoon session. Afternoon session warmup and meet start times may be earlier depending on the size of the morning session. Actual times for afternoon sessions will be announced on August 1. Swimmers may enter a maximum of 3 individual events and 1 relay event per day, and 7 individual events and 2 relays for the meet.

**Meet format:** All events will be timed finals and swum by mixed gender and mixed age. All individual events 200 yards and shorter will be pre-seeded; all relays and all individual events 400 yards and longer will be deck seeded. All relays and all individual events 200 yards and shorter will be swum slow to fast; all individual events 400 yards and longer will be swum fast to slow. Breaks may be added at the discretion of the meet referee. 500 and 1650 swimmers must provide their own timers and lap counters. Over the head starts may be used.

**Entry fees:** \$3/swimmer OSI surcharge, \$14/swimmer facility use fee, \$4/individual event, and \$10/relay  
Please send payments to NST, PO Box 451, Newport, OR 97365

**Entries:** Submit YARD TIMES only for seeding. Invited teams will be emailed a Team Manager event file for entries. Submit TM entry file via email to [newportmeetfiles@gmail.com](mailto:newportmeetfiles@gmail.com) by the entry deadline. Please also attach an entry report in PDF format.  
With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA swimming.

- Facility:** Indoor, 25 yards, 8 lanes, 7 feet per lane. Starting blocks at the deep end of the pool only (10 feet deep). Shallow end is 3 ½ feet deep. The competition course has not been certified in accordance with 104.2.2.
- Seating:** Spectators will use the spectator seating area. Swimmers and coaches ONLY on deck. Only Timers and Officials will be allowed behind the blocks.
- Timing:** Automatic timing system with touch pads and backup buttons.
- Bullpen:** A bullpen will be provided for all 8 & under swimmers, except relays. No bullpen for relays. All other swimmers shall report directly to their assigned lanes.
- Check-in:** Positive check in for Friday's deck seeded individual events will be due at Clerk of Course by 4:30 pm on Friday. Positive check-in and name changes for relays will be due by 8:30 am on Saturday and Sunday for that day's relay events. Individuals and relay teams that do not check-in by the deadline will not be allowed to compete.
- Meetings:** Officials Meeting each day: Friday-4 p.m., Saturday and Sunday-8:00 a.m.  
Coaches Meeting each day: Friday-4:45 p.m. Saturday and Sunday-8:15 a.m.
- Hospitality:** Food will be provided for the coaches and deck officials.
- Awards:** Individual ribbons 1st-8th. Relay ribbons 1st-3rd. 8 & under, 9-10, 11-12 will receive ribbons. 13 and over will not. All individual events will be awarded by age groups and gender. There will be no team scores.
- Concessions:** There will be no concessions. Local businesses within walking distance of the pool. Food allowed in spectator seating only.
- Heat sheets:** Heat sheets will also be posted in the facility and on Meet Mobile.
- Rules:** Current USA Swimming and Oregon Swimming Inc., rules, including the Minor Athlete Abuse Prevention Policy("MAAPP"), will govern this meet. Medical services available. Facility staff and lifeguards on duty, access to first responders via 911.
- Tech suits:** As of September 1, 2020, no technical suit may be worn by any 12 & Under USA Swimming athlete member in competition at any sanctioned, approved or observed meet.
- Safety:** Current Oregon Swimming Safety Guidelines and Warm-up Procedures will be in effect and strictly enforced. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Restrictions:** No glass containers, tobacco products, or alcoholic beverages are allowed in the pool facility. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Photography and video are not allowed behind the blocks. Deck changing is prohibited. Operations of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Meet referee:** Sheila Lovell-Otterstrom, [swimflygo@gmail.com](mailto:swimflygo@gmail.com), 503-400-2179

**Admin official:** Rhonda Soule, [rhondasoule@gmail.com](mailto:rhondasoule@gmail.com)

**Meet director:** Kasey Postlewait, [kaseyreneep@gmail.com](mailto:kaseyreneep@gmail.com), 541-272-3112

**Officials:** Teams shall notify the Meet Referee of the availability of officials from their team to work the meet. The uniform for officials will be white over black, with black shoes and socks. Officials and coaches shall display USA Swimming credentials with current certification when on deck.

**Timers:** Each team will be given lane timing assignments.

**Camping:** NO OVERNIGHT CAMPING

**Warmups:**

Day	Group	Pool opens	Warmup time	Competition begins
Friday-Aug 11	All groups	3:30 p.m.	4-4:45 p.m.	5:00 p.m.
Saturday-Aug 12	12 & under	7:00 a.m.	7:30-8:15 a.m.	8:30 a.m.
Saturday-Aug 12	13 & over		12:30-1:30 p.m.*	1:45 p.m.
Sunday-Aug 13	12 & under	7:00 a.m.	7:30-8:15 a.m.	8:30 a.m.
Sunday-Aug 13	13 & over		12:30-1:30 p.m.*	1:45 p.m.

\*Note: The afternoon warmup and start times are an estimate-actual times will be announced on Aug 1. Competition will begin 75 minutes after warmup begins

#### ORDER OF EVENTS

Friday-Aug 11		Saturday-Aug 12: 12 & Under Session		Sunday-Aug 13: 12 & Under Session	
1	Mixed Open 400 IM	4	Mixed 9-12 200 Free	29	Mixed 9-12 200 IM
2	Mixed Open 500 Free	5	Mixed 12-U 100 IM	30	Mixed 8-U 25 Back
3	Mixed Open 1650 Free	6	Mixed 12-U 50 Back	31	Mixed 9-12 100 Back
		7	Mixed 11-12 200 Fly	32	Mixed 12-U 50 Free
		8	Mixed 8-U 25 Free	33	Mixed 11-12 200 Breast
		9	Mixed 12-U 100 Free	34	Mixed 8-U 25 Fly
		10	Mixed 12-U 50 Fly	35	Mixed 9-12 100 Fly
		11	Mixed 11-12 200 Back	36	Mixed 12-U 50 Breast
		12	Mixed 8-U 25 Breast	37	Girls 8-U 100 Medley Relay
		13	Mixed 9-12 100 Breast	38	Boys 8-U 100 Medley Relay
		14	Girls 8-U 100 Free Relay	39	Girls 10-U 200 Medley Relay
		15	Boys 8-U 100 Free Relay	40	Boys 10-U 200 Medley Relay
		16	Girls 10-U 200 Free Relay	41	Girls 12-U 200 Medley Relay
		17	Boys 10-U 200 Free Relay	42	Boys 12-U 200 Medley Relay
		18	Girls 12-U 200 Free Relay		
		19	Boys 12-U 200 Free Relay		
		Saturday-Aug 12: 13 & Over Session		Sunday-Aug 13: 13 & Over Session	
		20	Mixed 13-O 100 Free	43	Mixed 13-O 200 Back
		21	Mixed 13-O 200 Breast	44	Mixed 13-O 200 IM
		22	Mixed 13-O 100 Fly	45	Mixed 13-O 50 Free
		23	Mixed 13-O 200 Free	46	Mixed 13-O 200 Fly
		24	Mixed 13-O 100 Back	47	Mixed 13-O 100 Breast
		25	Girls 14-U 200 Free Relay	48	Girls 14-U 200 Medley Relay
		26	Boys 14-U 200 Free Relay	49	Boys 14-U 200 Medley Relay
		27	Girls Open 200 Free Relay	50	Girls Open 200 Medley Relay
		28	Boys Open 200 Free Relay	51	Boys Open 200 Medley Relay

Friday events, and all relays will be fastest to slowest, and deck seeded.