

# OREGON SWIMMING, INC.

## 2023 OSI ARENA SUMMER LC 10&U CHAMPIONSHIPS

JULY 8-9, 2023

Held under the sanction of USA Swimming, Inc.

- Sanction Number:** 23-067
- Meet Referee:** Chad Vassallo chad.vassallo@frontier.com
- Admin referee:** Matthew Beasley
- Location:** Albany Community Pool, 2150 SE 36th Ave, Albany, OR97321
- Directions:** North or Southbound: I-5 to Exit 233 onto Hwy 20 (Santiam hwy). Travel west on Hwy 20 to Waverly Dr. Turn left on Waverly Dr. to 36th ave. Turn right on 36th. Pool is on the left just past the stadium.
- Facility:** Indoor 3 ½ - 12- foot depth with blocks at the deep end, six 7- foot lanes, 50- meter pool with non-turbulent lane lines. There is a Daktronics electronic timing system, with strobe/horn start and scoreboard. Meet Manager Software with IBM computer will be utilized. Parking is adjacent. Concession stand will serve lunch & snacks on Saturday, breakfast, lunch, and snacks on Sunday. Contact the Meet Director for camping information. To accommodate campers, showers at the pool will be open 30 minutes prior to warm up time and will close 30 minutes following the last event of the meet. Facility is accessible to adaptive swimmers. The competition course has not been certified in accordance with 104.2.2C(4).
- Medical Supervision:** Facility staff and lifeguards on duty, access to first responders via 911.
- MAAPP:** *All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.*
- Restrictions:** Alcoholic beverages, tobacco products of any kind, and glass containers are not allowed in the swimming venue. The venue is described as the school property and includes the parking lot, pool areas, decks, locker rooms, swimmer rest areas, and spectator areas. There is no body shaving allowed in the swimming venue. Use of audio or visual recording devices including cell phones is not permitted in changing areas, restrooms, and locker rooms. Photography is not allowed behind the blocks. Flash photography is not allowed except by express permission of the Meet Referee. Operation of a drone, or any other flying apparatus, is prohibited over the pool and surrounding venue areas any time coaches, officials and/or spectators are present. Use of video recording devices in or directly over the competition pool is prohibited. Deck changing is prohibited.
- Deck Access:** In order to serve in their official capacity, all coaches, officials, and any other person required by sanction to be members of USA Swimming shall visibly display their membership credentials at all times. All certifications, including Concussion Training, must be valid. Coaches should access and print membership cards by using Deck Pass. Only swimmers, credentialed coaches, officials, authorized volunteers, and facility employees are allowed on the south side of the pool deck or behind the blocks. All others must remain in the designated spectator area or in public lobbies.
- Rules:** Current USA Swimming and OSI Rules will govern. OSI Safety Guidelines and Warm-up Procedures will be strictly enforced.
- Format:** This is a timed finals meet.
- Eligibility:** Swimmers must be currently registered with USA Swimming/Oregon Swimming. Age on the first day of competition applies to the entire meet. Qualifying times must have been achieved from July 1, 2022 through the entry deadline for this meet. Oregon Swimming B times will be used as the entry standard for the 2023 LC OSI Championship meet. All entries must be in the SWIMS database

prior to entry deadline. Times not posted in the SWIMS database by the entry deadline will not be accepted. There is no on-deck registration.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. Unaccompanied swimmers must be assigned a certified coach. If a swimmer attends the meet without his/her coach, the swimmer must notify the meet referee immediately upon arrival to the meet.

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- Time Schedule:** Saturday: Warm-ups at 10:00 with meet starting at 11:15 am. Sunday: Warm ups at 8:00 am with meet starting at 9:15am. There will be 2 lanes designated for 8&U ONLY warm up each day.
- Entry Limits:** Maximum of five individual events per day, and no more than 6 individual events plus 2 relays for the entire meet.
- Entry Deadline:** Entries must be received by Noon on Wednesday, June 28th, 2023. NEW QUALIFYING TIMES achieved over the weekend will be accepted until noon on Monday July 3<sup>rd</sup>. Please send an email to [LC10UEntries@oregonswimming.org](mailto:LC10UEntries@oregonswimming.org) and include Swimmer's name, ID number, event number, and time. Previously entered times cannot be updated.
- Entries:** Email an entry file from Hy-Tek or Team Unify and a PDF of the meet entry report to [LC10UEntries@oregonswimming.org](mailto:LC10UEntries@oregonswimming.org). The office will confirm receipt of entries by replying with two documents: a team entry report and a team fee report. The total shown on the team fee report will be charged to the team account. **NO PAYMENTS WILL BE ACCEPTED AT THE POOL.** Enter personal best times achieved in the qualifying period. Entry times can be Long Course Meters (LCM), Short Course Meters (SCM), and Short Course Yards (SCY). Do not convert times. Non-qualifying times and late entries will not be accepted. Oregon Swimming B time standards will be used as the entry standard for 10 and under athletes for the 2023 LC OSI Championship meet.
- Swimmers with disabilities are encouraged to enter the meet. If accommodations are required, it is the coach's responsibility to notify the Meet Director and/or Meet Referee prior to entry deadline.
- All club or individual members entering OSI Championship meets must be in good standing with no outstanding money owed to Oregon Swimming. All payments must be made prior to the meet entry deadline. **Any team or member who is not in good standing shall be denied entry into OSI Championship meets.**
- Relays:** "Relay only" swimmers must be entered in the meet and must pay the swimmer surcharge. Names for relays must be submitted on the Hy-Tek entry file for "relay only" swimmers. Relay Times must be proven in the SWIMS database. **8&U Relay entries must include a minimum of one team member who is competing in an individual event.**
- Swimwear:** No technical suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.
- Meet Results:** A Hy-Tek CommLink file and an HTML file will be posted on OSI's website.
- Entry Fees:** \$15.00 surcharge per swimmer.  
\$4.00 per individual event.  
\$10.00 per relay event  
\$3.00 Heat sheet Fee
- Meet Director:** Jennifer Milburn: [meetdirector@albanyaquaticassoc.com](mailto:meetdirector@albanyaquaticassoc.com)

**Awards:** Individual events: 1<sup>st</sup> thru 6<sup>th</sup> place, Medals and 7<sup>th</sup> thru 12<sup>th</sup> place, Ribbons  
Relay events: 1<sup>st</sup> thru 3<sup>rd</sup> place, Medals, 4<sup>th</sup> thru 6<sup>th</sup> place, Ribbons

**Please assign a team representative to pick up all awards at the completion of this meet. Efforts will be made to return unclaimed awards, but there will be no guarantee that swimmers will receive them once the meet has concluded.**

**Breaks:** At the discretion of the Meet Referee, and dependent on the number of entries, breaks will be scheduled to provide adequate rest for the athletes.

**Meetings:** **Officials' Meetings:** Saturday: 10:15am  
Sunday: 8:15-am  
**Coaches' Meetings:** Saturday: 11:00am  
Sunday: 9:00am

**Timers:** Each club will be assigned timing responsibilities based on the number of swimmers entered from their club. Notifications of lane assignments for timing will be provided to each club and posted at the venue.

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**Hospitality:** Hospitality will be provided by AAA.

**Officials:** The help of certified officials is needed. If you will be attending this meet, please complete an application for assigned position and notify the meet Referee. To be considered for an assigned position, please complete the attached application and forward it to the meet referee prior to June 14<sup>th</sup>, 2023. The uniform for officials will be a white polo shirt, black shoes and socks, and black shorts, slacks, or skirt.

**SCHEDULE OF EVENTS - SATURDAY July 8th, 2023**

EV	GIRLS				EVENT	BOYS				EV
	SCY	SCM	LCM			SCY	SCM	LCM		
1	2:39.09	2:54.99	3:14.09	10&U	200	Medley Relay	2:48.29	3:05.19	3:19.69	2
3	1:55.19	2:06.69	2:18.49	8&U	100	Free	1:49.39	2:00.29	2:07.29	4
5	3:53.89	4:17.29	4:48.39	9	200	IM	3:44.49	4:06.99	4:25.29	6
7	3:18.59	3:38.39	3:52.59	10	200	IM	3:24.39	3:44.89	3:58.09	8
9	1:07.39	1:14.09	1:15.89	8&U	50	Fly	1:08.99	1:15.89	1:16.89	10
11	50.39	55.49	1:02.39	9	50	Fly	49.59	54.59	1:00.39	12
13	41.59	45.79	48.79	10	50	Fly	43.79	48.19	51.49	14
15	1:07.99	1:14.79	1:19.69	8&U	50	Breast	1:09.09	1:15.99	1:17.79	16
17	2:03.59	2:15.89	2:29.29	9	100	Breast	1:59.99	2:11.99	2:22.09	18
19	1:44.29	1:54.69	2:05.09	10	100	Breast	1:49.59	2:00.59	2:07.99	20
21	1:48.29	1:59.09	2:12.89	9	100	Back	1:47.49	1:58.29	2:04.59	22
23	1:33.19	1:42.49	1:48.29	10	100	Back	1:36.19	1:45.79	1:52.79	24
25	2:20.49	2:34.59	2:49.59	10&U	200	Free Relay	2:28.09	2:42.89	2:54.39	26

**SCHEDULE OF EVENTS - SUNDAY July 9th, 2023**

EV	GIRLS			EVENT	BOYS			EV		
	SCY	SCM	LCM		SCY	SCM	LCM			
27	3:27.89	3:48.69	4:07.79	9	200	Free	3:24.39	3:44.89	3:54.29	28
29	2:58.49	3:16.29	3:24.89	10	200	Free	3:00.29	3:18.39	3:30.69	30
31				8&U	200	Medley Relay				32
33	1:35.09	1:44.59	1:55.99	9	100	Free	1:32.69	1:41.89	1:45.29	34
35	1:20.59	1:28.59	1:33.79	10	100	Free	1:23.09	1:31.39	1:35.99	36
37	55.69	1:01.29	1:08.19	9	50	Breast	55.59	1:01.09	1:06.39	38
39	48.39	53.29	56.49	10	50	Breast	50.49	55.59	57.19	40
41	1:00.39	1:06.49	1:10.59	8&U	50	Back	57.89	1:03.69	1:07.59	42
43	49.09	53.99	58.79	9	50	Back	48.89	53.79	56.79	44
45	42.29	46.49	49.39	10	50	Back	44.29	48.69	53.09	46
47	50.59	55.69	59.69	8&U	50	Free	48.29	53.19	56.39	48
49	41.59	45.79	50.79	9	50	Free	40.09	44.09	47.19	50
51	36.19	39.79	41.79	10	50	Free	36.99	40.69	42.89	52
53	2:04.79	2:17.29	2:31.29	9	100	Fly	2:02.19	2:14.49	2:17.79	54
55	1:38.39	1:48.19	1:59.39	10	100	Fly	1:45.59	1:56.19	2:06.89	56

**Break**

**\*8&U Relay entries must include a minimum of one team member who is competing in an individual event.**

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.