



2023 THSC SUMMER CLASSIC

July 13 - 16, 2023

HELD UNDER THE SANCTION OF U.S.A. SWIMMING, INC. Article 202.4

HELD UNDER THE SANCTION OF OREGON SWIMMING, INC.

Sanction No:	Meet # 23-072A_____ NTS section # 23-073A_____ and Time Trials # 23-074A_____ In granting these sanctions, it is understood and agreed that USA Swimming and Oregon Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
Meet Referee:	Johan Van De Groenendaal Johanv.referee@gmail.com
Admin Official:	Jim Hu
Meet Director:	Calvin Lin meetdirectors@thunderboltswimming.org
Location:	Mt. Hood Community College Aquatic Center 26000 SE Stark Street Gresham, OR 97030
Sponsor:	Tualatin Hills Swim Club (THSC) PMB 152, 16055 SW Walker RD Beaverton, OR USA 97006 (503) 629-5568 fax (503) 439-9328 website: www.thunderboltswimming.org
Facility:	The outdoor competition pool is 50 meters by 25 yards, 8 lanes, 2.5 meters per lane; the start end of the competition course is 16.0 feet deep; the turn end of the pool is 6.0 feet deep. Electronic timing and matrix scoreboard systems will be used. Facilities are accessible for swimmers with disabilities and they are encouraged to participate. The competition course has been certified in accordance with 104.2.2c(4) and is on file with USA Swimming.
Spectators:	A one-time \$5.00 entry fee will be charged for all spectators. This fee is good for the duration of the meet. This fee will be waived for all meet volunteers. To volunteer, please go to the volunteer check-in desk. All spectators and volunteers will receive a temporary wristband upon entry. Spectators will be allowed in the spectator seating area and outside courtyard area. Only athletes, officials, coaches and meet staff will be allowed on the pool deck.
Restrictions:	Tobacco products, alcoholic beverages, and glass containers are prohibited in the swimming venue. Shaving is prohibited in the facility. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changing is prohibited. Photography is not allowed behind the blocks at any time. Flash photography is prohibited during competition, except by express permission from the Meet Referee. Operations of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and or spectators are present. Use of video recording devices under or over the water surface of the pool is prohibited. Only coaches, swimmers and working volunteers will be permitted on the pool deck. IMPORTANT: <ol style="list-style-type: none">1. Alcohol is not allowed anywhere in the swimming venue.2. Food may not be consumed on deck.3. Locker rooms are for registered athletes only.4. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.



Rules and Safety:	<p>Current USA Swimming rules will govern this meet. Current Oregon Swimming Safety Guidelines and Warm-up Procedures will be in effect and strictly enforced.</p> <p>USA Swimming Minor Athlete Abuse Prevention Policy: All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</p> <p>Locker Rooms: The facility locker rooms are for registered athletes only.</p> <p>Medical Supervision: Medical facilities available include lifeguards, AED, and community 911 EMS.</p> <p>Safe Sport Compliance: Locker room access is for athletes only. Spectator restrooms are separate/outside of the pool facility.</p>																				
Warm up Procedures:	<p>Meet warmups will be managed by the coaches. The coaches will preassign teams to specific lanes for warmups.</p> <p>Indoor pool available, after the start of the meet each day, for continuous warm-up and cool-down.</p> <p>NOTE: Swimmers violating safety procedures may be removed from warm ups for the remainder of the session. Additional violations may cause the swimmer to be removed from the meet.</p>																				
Swimwear:	<p>No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.</p>																				
Eligibility:	<p>Swimmers must be currently registered with U.S.A. Swimming or registered in a foreign swimming federation; NO ON DECK USA REGISTRATION SHALL BE PERMITTED. Swimmers must be within the listed age brackets as of July 13, 2023. <i>With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming.</i></p>																				
Qualifying Standards:	<p>Out of LSC/OSI: Time Standards = SR Zones Bonus Time Standards.</p> <p>In LSC/OSI: Time Standards = OSI B Time Standards.</p> <p>Time Trials: Swimmers must meet the qualifying meet time standards for the events they enter.</p> <p>THSC reserves the right to enter swimmers who do not meet the qualifying entry time standards.</p>																				
Times:	<p>Swimmers should arrive at the pool no earlier than 15 min before their warmup.</p> <table border="1" data-bbox="321 1245 1320 1717"> <thead> <tr> <th></th> <th></th> <th></th> <th></th> </tr> </thead> <tbody> <tr> <td>Thursday July 13</td> <td>800 Free / 200 Free Relay Finals</td> <td>3:00 pm</td> <td>4:00 pm</td> </tr> <tr> <td>Friday July 14</td> <td>Prelims NTS Session Finals Time Trials</td> <td>7:00 am 1:30 pm 4:00 pm ---</td> <td>8:30 am 2:00 pm 5:00 pm 8:30 pm</td> </tr> <tr> <td>Saturday July 15</td> <td>Prelims NTS Session Finals Time Trials</td> <td>7:00 am 1:30 pm 4:00 pm ---</td> <td>8:30 am 2:00 pm 5:00 pm 8:30 pm</td> </tr> <tr> <td>Sunday July 16</td> <td>Prelims 1500 Free Finals Finals Time Trials</td> <td>7:00 am 1:30 pm 4:00 pm ---</td> <td>8:30 am 2:00 pm 5:00 pm 8:30 pm</td> </tr> </tbody> </table> <p><i>Warmup & meet start times are tentative and may be adjusted. Any changes will be communicated.</i></p>					Thursday July 13	800 Free / 200 Free Relay Finals	3:00 pm	4:00 pm	Friday July 14	Prelims NTS Session Finals Time Trials	7:00 am 1:30 pm 4:00 pm ---	8:30 am 2:00 pm 5:00 pm 8:30 pm	Saturday July 15	Prelims NTS Session Finals Time Trials	7:00 am 1:30 pm 4:00 pm ---	8:30 am 2:00 pm 5:00 pm 8:30 pm	Sunday July 16	Prelims 1500 Free Finals Finals Time Trials	7:00 am 1:30 pm 4:00 pm ---	8:30 am 2:00 pm 5:00 pm 8:30 pm
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Entry Limit:	<p>Regular session: 3 events max per day, including Time Trials. 7 events max for the meet, excluding relays NTS session: 2 events max per day, 4 events max for the meet Evening Time Trials: 1 per evening max Sunday sessions: Swimmers with events in both Prelims and the 1500 free sessions may only swim a maximum of 3 events across both sessions. 12&U entries for the 1500m session: 12&U swimmers who qualify and register for the 1500m session, may not swim in the Prelim/Finals session for that day. (Events for the same 12&U swimmers shall be limited to one session per day, except for prelims/finals where events for 12&U swimmers may be offered in both prelims and finals).</p>
Meet Format:	<p>This is an Open meet with multiple teams attending from inside and outside the LSC/OSI region.</p> <p>Championship style Prelims/Finals meet.</p> <p>LCM 8-lane configuration.</p> <p>Chase Starts for prelims. Regular starts for all other sessions.</p> <p>Entries will be accepted in the order that they are received.</p> <p>NTS sessions and Finals will be swum slowest to fastest. All other sessions will be swum fastest to slowest, except where footnoted at the bottom of the events list.</p> <p>Swimmers may swim in either the Prelims session or the NTS session, not both.</p> <p>Finals format: 50 Free, all 100's: 5 heats of finals per gender, top 40 per event 200's and 400's: 4 heats of finals per gender, top 32 per event 50's: 3 heats of finals per gender, top 24 per event Finals swum in the order of slowest to fastest heats</p>
Entries:	<p>Submit LCM times only. No converted times accepted.</p> <p>USA Swimming registration numbers must be included.</p> <p>Entries will be filled in the order they are received. We will confirm entries by July 9, 2023, 5:00 pm. Entries Open: Wednesday, June 21, 2023, 12:00pm Entries Deadline: Friday, July 7, 2023, 5:00pm</p> <p>With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming.</p> <p>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p> <ol style="list-style-type: none"> HY-TEK Meet Manager Software will be used. Please submit entries via Hy-Tek in LCM only and email in HY-TEK format to MeetDirectors@thunderboltswimming.org When emailing entries, please zip files and include a Team Meet Entry Report in a Word format. Please review entries for each session of the meet prior to warm-ups for that session, and report any potential corrections to the Meet Director at least 30 minutes prior to the beginning of the session's competition. Corrections will be made on a case-by-case basis, with the benefit of the doubt going to the swimmer(s) involved.



Entry Fees:	<p>\$3.00 OSI swimmer surcharge \$50.00 facility fee \$5.00 per event fee \$15.00 relay fee</p> <p>Payments should be sent via PayPal to AR@Thunderboltswimming.org and be accompanied at the time of entry submission. Entries will only be placed into the system upon validation of payment. THSC does not accept check payments for meet entries.</p>
Awards:	<p>Top 3: Medals 4th – 10th place: Ribbons</p> <p>NTS session: Heat award winners NTS session 10&U: Ribbons for 1st – 10th place</p>
Seeding:	Deck seeding for the 800m and 1500m
Check-in:	Positive check-in required for 800m and 1500m
Evening Time Trials:	Time trials may be offered, time permitting, at the conclusion of Finals on Friday, Saturday, and Sunday, at the discretion of the Meet Referee. Priority will be given to the events of that day. Entry cut-off will be announced at the start of Finals. Swimmers requesting a time trial must have a verifiable time for the event that is, in the judgment of the Meet Referee, credibly close to a cut for Futures or Junior Nationals. Each swimmer is limited to one Time Trial entry per evening session. Time trials for the 800m and 1500m events are not likely. Different Time Trial events may be combined into a heat in order to minimize the timeline.
Meetings:	A coaches meeting may be held 15 minutes prior to start of each session. An officials meeting will be held 45 minutes prior to start of each session.
Officials:	There will be an Online Sign up to officiate at the 2023 THSC Summer Classic. Officials may apply for assigned positions starting June 7th . Link to be provided. Signup deadline: July 7, 2023, 12:00pm
Uniforms:	Oregon Swimming Officials' uniform: white shirt, black pants or skirt, and black shoes and socks.
Trainees:	Trainees will be welcome in all positions (Starter, Stroke & Turn, or Electronic Timer).
Timers:	Visiting teams will be given lane assignments based on the number of swimmers entered per session. Lane timers should visit the Volunteer Check-In desk to sign up for lane timing. Spectators can waive the \$5.00 entrance fee by volunteering. Swimmers must provide their own timers and lap counters for the 800 Free and 1500 Free.
Notice:	This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.





EVENTS

Thursday, July 13

Warm-ups 3:00pm Timed Finals 4:00pm

Women's Event #	Event Description	Men's Event #
1	800 Free* ^B	2
3	200 Free Relay ^A	4

*Swimmers must provide their own timers and lap counters for 800 and 1500 Free

Friday, July 14 - PRELIMS

Warm-ups 7:00am Prelims 8:30am

Women's Event #	Event Description	Men's Event #
5	100 Free	6
7	200 Breast	8
9	50 Back	10
11	100 Fly	12
13	400 Free	14

Friday, July 14 – NTS

Warm-ups 1:30pm Timed Finals: 2:00pm

Mixed Event #	Event Description
101	100 Free
102	200 Breast
103	50 Breast
104	50 Back
105	200 Back
106	100 Fly

Friday, July 14 - FINALS

Warm-ups 4:00pm Finals 5:00pm

Women's Event #	Event Description	Men's Event #
5	100 Free	6
7	200 Breast	8
9	50 Back	10
11	100 Fly	12
13	400 Free	14
15	400 Free Relay ^C	16



Friday, July 14 – TIME TRIALS
Finals 8:30pm (or at conclusion of Finals session)

Event #	Event Description
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Saturday, July 15 – PRELIMS
Warm-ups 7:00am Prelims 8:00pm

Women's Event #	Event Description	Men's Event #
17	200 Free	18
19	100 Back	20
21	50 Fly	22
23	100 Breast	24
25	400 IM	26

Saturday, July 15 – NTS
Warm-ups 1:30pm Timed Finals: 2:00pm

Mixed Event #	Event Description
107	200 Free
108	100 Back
109	50 Free
110	50 Fly
111	200 Fly
112	100 Breast
113	200 IM

Saturday, July 15 - FINALS
Warm-ups 4:00pm Finals 5:00pm

Women's Event #	Event Description	Men's Event #
17	200 Free	18
19	100 Back	20
21	50 Fly	22
23	100 Breast	24
25	400 IM	26
27	200 Medley Relay ^A	28



Sunday, July 16 - PRELIMS Warm-ups 7:00am Prelims 8:30am

Women's Event #	Event Description	Men's Event #
29	200 IM	30
31	50 Free	32
33	200 Fly	34
35	50 Breast	36
37	200 Back	38

**Sunday, July 16 – TIMED FINALS
Warm-ups 1:30pm Finals 2:00pm**

Women's Event #	Event Description	Men's Event #
39	1500 Free* ^D	40

*Swimmers must provide their own timers and lap counters for 800 and 1500 Free

**Sunday, July 16 - FINALS
Warm-ups 4:00pm Finals 5:00pm**

Women's Event #	Event Description	Men's Event #
29	200 IM	30
31	50 Free	32
33	200 Fly	34
35	50 Breast	36
37	200 Back	38
41	400 Medley Relay ^C	42

**Sunday, July 16 – TIME TRIALS
Finals 8:30pm (or at conclusion of Finals session)**

Event #	Event Description

A. The 200 Free Relay and the **200 Medley Relay** will be conducted as timed finals, swum fastest to slowest, ALL heats in event order at the conclusion of individual events. There may be a 10-min break prior to the start of the relays.

B. The 800 Free will be conducted as timed finals, with the two fastest seeded heat of women and the two fastest seeded heat of men swimming first in Finals Alternating women and men fastest to slowest for the remaining heats. Athletes may qualify for these events using any of the 800M/1000Y or 1500M/1650Y time standards.

C. The 400 Free Relays and **400 Medley Relays** will be conducted as timed finals with ALL heats in at the end of Finals. There may be a 10-min break following the conclusion of Finals prior to the start of Relays. The order for the relays shall be the Women's 2nd Fastest Heat, Women's Fastest Heat, Men's 2nd Fastest Heat, Men's Fastest Heat, Women's 3rd Fastest Heat, Men's 3rd Fastest Heat, Women's 4th Fastest Heat, Men's 4th Fastest Heat, etc.

D: The 1500 Free will be conducted as timed finals, following the National Championship format, with the fastest heat of women and the fastest heat of men swimming in Finals in event order. All other heats will be swum slowest to fastest, alternating women and men, beginning at a predetermined time, so the second fastest heat of the men's event is concluded 90 minutes before the evening Finals session is scheduled to begin. Athletes may qualify for these events using any of the 800M/1000Y or 1500M/1650Y time standards.



TIME STANDARDS

2023 THSC Summer Classic – SR Zone Bonus Time Standards				
Women			Men	
SCY	LCM	Event	LCM	SCY
26.59	30.39	50 Free	27.29	23.79
57.59	1:05.99	100 Free	1:00.19	52.19
2:04.69	2:22.09	200 Free	2:11.29	1:54.09
5:31.69	4:59.99	400/500 Free	4:40.69	5:07.39
11:50.79	10:31.19	800/1000 Free	9:43.39	10:40.99
19:47.29	20:20.69	1500/1650 Free	18:54.49	17:53.09
1:02.39	1:12.79	100 Back	1:06.89	0:56.99
2:15.89	2:36.79	200 Back	2:24.69	2:03.59
1:11.49	1:22.69	100 Breast	1:14.79	1:03.89
2:34.79	2:59.39	200 Breast	2:42.49	2:20.19
1:02.39	1:11.09	100 Fly	1:04.59	0:56.49
2:17.79	2:35.89	200 Fly	2:23.49	2:06.29
2:18.99	2:39.59	200 IM	2:27.09	2:06.69
5:03.69	5:46.59	400 IM	5:12.29	4:34.59

