



2023 THSC ROUND ROBIN DUAL MEET INVITATIONAL
January 14 - 16, 2023

HELD UNDER THE SANCTION OF U.S.A. SWIMMING, INC. Article 202.4
HELD UNDER THE SANCTION OF OREGON SWIMMING, INC.

- Sanction No:** Meet # 23-016
In granting these sanctions, it is understood and agreed that USA Swimming and Oregon Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
- Meet Referee:** Liam McMahon mcmahonliam2@gmail.com
Johan Van De Groenendaal Johanv.referee@gmail.com
- Admin:** Jim Hu
- Meet Director:** Calvin Lin meetdirectors@thunderboltswimming.org
- Location:** **Tualatin Hills Aquatic Center**
15707 SW Walker Road Beaverton, OR 97006
(503) 645-7454
- Sponsor:** **Tualatin Hills Swim Club (THSC)**
PMB 152, 16055 SW Walker RD
Beaverton, OR USA 97006
(503) 629-5568 fax (503) 439-9328 website: www.thunderboltswimming.org
- Facility:** Indoor, 50 meters x 25 yards, 7½ foot lanes. Pool depth goes from 13.5 ft. to 5 ft. at start end and at the turn in SCY configuration. The competition course has not been certified in accordance with 104.2.2(c)4. Colorado Timing System. Open pool deck areas available for swimmers, coaches, and officials only. Wi-Fi throughout the facility.

SPECIAL NOTE: No personal folding chairs allowed on deck.

In the interest of public safety, inclement weather may necessitate the closure of THPRD facilities. To communicate quickly and efficiently, THPRD posts new information about inclement weather closures and other interruptions on a 24-hour hotline:

Facility Closure / Inclement Weather Hotline: 503-614-4018

**RV parking available for day use only at the north parking lot above soccer/baseball fields. For more information, please call THPRD Swim Center at (503) 629-6130.*

- Restrictions:** Tobacco products, alcoholic beverages, and glass containers are prohibited on THPRD district property. Shaving is prohibited in the facility. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changing is prohibited. Photography is not allowed behind the blocks at any time. Flash photography is prohibited during competition, except by express permission from the Meet Referee. Operations of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Use of video recording devices under or over the water surface of the pool is prohibited. **Only coaches, swimmers and working volunteers will be permitted on the pool deck.**

IMPORTANT:

1. Alcohol is not allowed anywhere on the THPRD grounds.
2. Food may not be consumed on deck.
3. Locker rooms are for registered athletes only. Restrooms for parents and spectators are located across the hall from the main entrance to the THPRD pool.
4. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.



Rules and Safety:

Current USA Swimming rules will govern this meet. Current Oregon Swimming Safety Guidelines and Warm-up Procedures will be in effect and strictly enforced.

USA Swimming Minor Athlete Abuse Prevention Policy: All applicable adults, participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Locker Rooms: The facility locker rooms are for registered athletes only. Restrooms for coaches, officials, parents and spectators are located in the lobby of the pool building and across the breezeway from the main entrance to the THPRD pool.

Medical Supervision: CPR and first aid certified lifeguards are on duty during warm-ups, competition and cool-down for the entirety of the meet. AED devices are available at the main desk of the pool. Lifeguards will call EMTs should a situation require additional medical assistance.

COVID-19:

We have taken enhanced health and safety measures - for all attending the swim meet. You must follow all posted instructions while visiting Tualatin Hills Aquatic Center. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. By visiting Tualatin Hills Aquatic Center, you voluntarily assume all risks related to exposure to COVID-19.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND OSI AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

COVID-related procedures may be adjusted based on facility resources and rapidly evolving state and local public health guidance.

Spectator Info:

Indoor seating for spectators is limited. A transitional seating section shall be available for spectators to view their swimmer's events. The available space will be determined as follows:

- A) Current OHA COVID guidelines at the time of the meet
- B) The number of athletes in a given session

Spectators must follow OHA COVID protocol guidelines. Anyone not complying will be subject to removal by THPRD campus security. The meet referee may also elect to close the seating area if needed. Parents/guardians should plan on bringing chairs to sit in the breezeway and grassy areas while their swimmers are between events.

Warm-Up Procedures:

Meet warm-ups will be managed by the coaches. The coaches will preassign teams to specific lanes for warm-ups.

Swimwear:

No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.

Eligibility:

Swimmers must be currently registered with U.S.A. Swimming or registered in a foreign swimming federation; **NO ON DECK USA REGISTRATION SHALL BE PERMITTED.** Swimmers must be within the listed age brackets as of January 14, 2023. *With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming.*

Bull Pen:

There will be a bullpen for 10&U swimmers during the preliminary sessions.

Times:

Swimmers should arrive at the pool no earlier than 15 min before their warm-up. Pool deck will open for swimmers at 6:45 am each day for 7:00 am warm-ups.



Times (Con't.):

Date	Description	Warm-Ups	Timed Finals
Saturday January 14	Round 1 A vs D B vs C Round 1 E vs H F vs I G vs J Round 2 A vs C B vs D	7:00 am 10:15 am 2:30 pm	8:00 am 11:15 am 3:30 pm
Sunday January 15	Round 2 E vs G F vs J H vs I Round 3 A vs B C vs D Round 3 E vs F G vs H I vs J	7:00 am 11:15 am 2:30 pm	8:00 am 12:15 pm 3:30 pm
Monday January 16	Finals - Distance Finals	7:30 am 10:00 am	8:30 am 11:00 am

Warm-up & meet start times are tentative and may be adjusted. Any changes will be communicated.

Entry Limit:**Rounds 1 – 3, Individual Entry Limit:**

Swimmers are limited to three (3) individual events and (1) relay event per round of dual competition. A total of nine (9) individual events are permitted in Rounds 1 – 3.

Finals, Individual Entry Limit:

The fastest 10 swimmers in each event will qualify for competition in the Finals, with a limit of two (2) individual events per swimmer and two (2) relays (not counting the 1000 Free or 400 IM).

Meet Limit:**Rounds 1 – 3, Team Limit:**

Each team is limited to five (5) swimmers per event with only three (3) eligible to score.

Finals, Team Limit:

No team limits. Exceptions include the 1000 Free and 400 IM.

1000 Free & 400 IM Limit: each team is limited to three (3) female and three (3) male.

No swimmer may repeat an event in the dual meets (Rounds 1 – 3).**Please be careful as some events are offered in 2 sessions.**

Try to ensure at least 2 swimmers in each event have a competitive environment for the Dual meets.

Relays:

Teams may have up to 3 relays in Dual meets, and up to 1 relay in Finals. Relay seeding will be determined from times in the Dual meets.

****Relay entries for Round 2 must be submitted to the Meet Director prior to completion of the team's Round 1 swims. Relay entries for Round 3 must be submitted to the Meet Director prior to completion of the team's Round 2 swims.**

Format:**Prelims/Finals Meet.**

This is an Invitational with multiple teams attending.

Short Course Yards, 10-lane configuration.

Single-bracket, round-robin dual meets.

Teams will be assigned a seeding 1st – 10th (or A – J) based on entries.

Dual meet events seeding for Rounds 1 – 3.

Timed finals seeding in the final session.

Distance Events:

Will be swum as combined 11 – 14 events. Heats will be seeded and swum fastest to slowest, alternating women and men.

The 1000 Free and 400 IM are considered bonus events, swum in addition to the swimmer's individual events. Positive check-in is required by Sunday night at the Scratch-Down meeting.

Coaches must positively check in swimmers for Finals and submit Monday relays at the Scratch-Down meeting on Sunday, January 15th, 7:00 pm. Location TBA.

No Time Trials will be offered.

Exhibition entries: (those that exceed a team's limit of 5 swimmers per event) will be allowed for open lanes only. Meet Director will assign lanes where available and give preference to teams traveling from furthest away. Meet Director will do their best to accommodate as many exhibition entries as possible.

Entries:

Submit SCY times only.



USA Swimming registration numbers must be included.

Entries Open: Friday, December 23, 2023, 8:00 am

Entries Deadline: Friday, January 6, 2023, 5:00 pm

With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

1. **HY-TEK Meet Manager Software will be used. Please submit entries via HY-TEK in SCY only and email in HY-TEK format to MeetDirectors@thunderboltswimming.org**
When emailing entries, please zip files and include a Team Meet Entry Report in a Word format.
2. Please review entries for each session of the meet prior to warm-ups for that session, and report any potential corrections to the Meet Director at least 30 minutes prior to the beginning of the session's competition. Corrections will be made on a case-by-case basis, with the benefit of the doubt going to the swimmer(s) involved.

Entry Fees:
\$3.00 OSI swimmer surcharge
\$25.00 facility fee
\$3.00 per event fee
\$10.00 relay fee

Payments should be sent via PayPal to AR@Thunderboltswimming.org and accompany the entry submission.

Entries will only be placed into the system upon validation of payment.

THSC does not accept check payments for meet entries.

Awards:
Team Awards: 1st – 3rd place trophies
Relay Awards: 1st – 3rd place medals
Finals Session Awards: Individual event awards:
Medals for 1st – 3rd, Ribbons for 4th – 10th

Scoring:
Dual Meets:
5-3-1 for Individual Events
7-0 for Relays
Distance Events:
11-9-8-7-6-5-4-3-2-1 for Individual Distance Events
Finals:
11-9-8-7-6-5-4-3-2-1 for Individual Events
22-18-16-14-12-10-8-6-4-2 for Relays
Teams:
Each Dual Meet win will add 37 points to the final total.
Final total will determine the team winner.
Tie-breaker will be the team with the most 1st place finishes in all events.

Officials: **There will be an online sign-up to officiate at the 2023 THSC Round Robin Invitational.**
Link to be provided.
Sign-up deadline: January 12, 2023, 12:00 pm

Uniforms: Oregon Swimming Officials' uniform: white shirt, black pants or skirt, and black shoes and socks.

Trainees: Trainees will be welcome in all positions (Starter, Stroke & Turn, or Electronic Timer), subject to building capacity limits and compliance with latest COVID-19 protocols.

Timers: Visiting teams will be given lane assignments based on the number of swimmers entered per session. Lane timers should visit the Volunteer Check-In desk to sign up for lane timing.

Swimmers must provide their own timers for the 1000 Free and 400 IM.

Notice: This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.



DUAL MEETS - EVENT LIST

Round 1	Round 2	Round 3
10&U 100 IM	10&U 200 Free Relay	10&U 50 Free
11-12 200 IM	11-12 200 Free Relay	11-12 50 Free
13-14 200 IM	13-14 200 Free Relay	13-14 50 Free
10&U 50 Back	10&U 100 Breast	10&U 50 Breast
11-12 50 Back	11-12 100 Breast	11-12 100 Breast
13-14 100 Back	13-14 100 Breast	11-14 200 Breast
10&U 50 Breast	10&U 100 Back	10&U 100 Fly
11-12 50 Breast	11-12 100 Back	11-12 100 Fly
13-14 100 Breast	11-14 200 Back	13-14 100 Fly
10&U 50 Fly	10&U 50 Fly	10&U 50 Back
11-12 100 Fly	11-12 50 Fly	11-12 100 Back
11-14 200 Fly	13-14 100 Fly	13-14 100 Back
10&U 200 Free	10&U 100 Free	10&U 200 Medley Relay
11-12 100 Free	11-12 200 Free	11-12 400 Medley Relay
13-14 100 Free	13-14 200 Free	13-14 400 Medley Relay

Relays: **Round 2** and **Round 3** entries for relays must be delivered to the Meet Director before the completion of the team's previous round.

Distance Events: 1000 Free and 400 IM

Each team is allowed 3 female and 3 male swimmers for each distance event.



FINALS - EVENTS
MONDAY, JANUARY 16, 2023

DISTANCE EVENTS

Monday, Jan. 16

Warm-Ups: 7:30 AM Meet Start: 8:30 AM

11-14 1000 Free

11-14 400 IM

FINALS EVENTS

Monday, Jan. 16

Warm-Ups: 10:00 AM Meet Start: 11:00 AM

13-14 200 Medley Relay

11-12 200 Medley Relay

10&U 200 Medley Relay

11-14 200 Fly

10&U 100 Back

11-12 100 Back

13-14 100 Back

10&U 50 Breast

11-12 50 Breast

10&U 200 Free

11-12 200 Free

13-14 200 Free

10&U 100 Fly

11-12 100 Fly

13-14 100 Fly

10&U 50 Back

11-12 50 Back

11-14 200 Breast

10&U 100 Free

11-12 100 Free

13-14 100 Free

10&U 50 Fly

11-12 50 Fly

11-14 200 Back

10&U 100 Breast

11-12 100 Breast

13-14 100 Breast

10&U 50 Free

11-12 50 Free

13-14 50 Free

10&U 100 IM

11-12 200 IM

13-14 200 IM

10&U 200 Free Relay

11-12 400 Free Relay

13-14 400 Free Relay



Local Protocols & Requirements:

Mask Policy:

OHA mask guidelines at the time of the meet shall be enforced. If no mask mandate is in effect, we continue to encourage masking for all over 2 years old (athletes, coaches, officials, volunteers, spectators and staff) regardless of vaccination status.

IMPORTANT: Policy requirements may change if new advisement is issued by either OHA or THPRD either before or during the meet. Plan to be prepared in case a change in policy is issued.

Athlete Seating Ingress & Egress:

Athlete seating and the pool deck ingress and egress are through the doors in the lobby. There is no direct access between seating areas and the pool deck.

Spectator Seating Ingress & Egress:

A small transitional seating section may be available to view swimmer's events. Spectators must leave this area once their swimmer has finished their event. Transitional Seating ingress and egress is through separate doors via the breezeway.

Aquatic Center Capacity

The maximum capacity of the THPRD Aquatic Center facility (including Aquatic Center indoor spaces, Dryland room and Hospitality room) under COVID-19 restrictions is 400 people. This includes all facility staff, athletes, coaches, meet personnel and volunteers. Coaches and THPRD staff will be monitoring and controlling headcount.

Safe Sport Compliance:

Parents may be able to view their child via live-stream video. Locker room access is for athletes only. Spectator restrooms are separate/outside of the pool facility.

