

2024 OSI Senior/Region XII ARENA SC Championships

February 29-March 3, 2024

Held Under the Sanction of USA Swimming, Inc.

It is understood and agreed that USA Swimming and Tualatin Hills Recreation Complex shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Sanction Number: 24-005

Referee : Ray Jentges ray941@hotmail.com

Admin: Judi Creech

Meet Host: Tualatin Hills Swim Club

Sponsor: Oregon Swimming, Inc.

Location: Tualatin Hills Rec. Swim Center, 15707 SW Walker Rd, Beaverton Or. (503)645-7454

Facility: Indoor, 50 meters x 25 yards, 7½ foot lanes. Pool depth goes from 13.5 ft. to 5 ft. at start-end and at the turn in SCY configuration. The competition course has not been certified in accordance with 104.2.2(c)4. Colorado Timing System. Open pool deck areas are available for swimmers, coaches, and officials only. Wi-Fi throughout the facility.

SPECIAL NOTE: No personal folding chairs are allowed on deck.

In the interest of public safety, inclement weather may necessitate the closure of THPRD facilities. To communicate quickly and efficiently, THPRD posts new information about inclement weather closures and other interruptions on a 24-hour hotline:

Facility Closure / Inclement Weather Hotline: 503-614-4018

**RV parking is available for day use only at the north parking lot above the soccer/baseball fields. For more information, please call THPRD Swim Center at (503) 629-6130.*

Concessions: Concessions and/or food trucks may be available.

Spectators: Indoor seating for spectators is limited. The meet referee may elect to close the seating area if needed. Parents should not stand/sit in areas marked "For Athletes Only." Parents/guardians should plan on bringing chairs to sit in the breezeway and grassy areas while their swimmers are between events.

Restrictions: Tobacco products, alcoholic beverages, and glass containers are prohibited on THPRD district property. Shaving is prohibited in the facility. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changing is prohibited. Photography is not allowed behind the blocks at any time. Flash photography is prohibited during competition, except by express permission from the Meet Referee. Operations of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas and open-ceiling locker rooms) any

time athletes, coaches, officials and or spectators are present. Use of video recording devices under or over the water surface of the pool is prohibited. **Only coaches, swimmers and working volunteers will be permitted on the pool deck.**

IMPORTANT:

1. Alcohol is not allowed anywhere on the THPRD grounds.
2. Food may not be consumed on deck.
3. Locker rooms are for registered athletes only. Restrooms for parents and spectators are located across the hall from the main entrance to the THPRD pool.
4. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

- Tech Suits:** No technical suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.
- Deck Access:** Coaches and officials must display their current USA Swimming membership status at all times while on deck. All requirements, including Concussion Training, must be valid. Spectators and parents are restricted to designated areas.
- Rules:** Current USA Swimming and Oregon Swimming Rules will govern **except that the scratch deadline for Thursday’s timed finals and Friday and Saturday’s preliminary events shall be fifteen (15) minutes after the start of warm-ups and the scratch deadline for Sunday preliminary events shall be 1 hour after the start of Saturday final events.** OSI Safety Guidelines and Warm-up Procedures will be strictly enforced.
- Format:** Except as noted on the schedule of events, all events are deck seeded prelims/finals format. There will be one Consolation C heat (10 lanes), one Consolation B heat (10 lanes) and one Championship Final A heat (10 lanes)
- MAAPP:** All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- Medical:** CPR and first aid certified lifeguards are on duty during warm-ups, competition and cool-down for the entirety of the event. AED devices are available at the maindesk of the pool. Lifeguards will call EMTs should a situation require additional medical assistance.
- Schedule:** **Thursday** Timed Finals: Warm-ups:4:00PM Competition: 5:00PM
Friday-Sunday Prelims: Warm-ups 8:00AM – 9:15AM Competition: 9:30AM
Finals session to begin no sooner than 2 hours after the conclusion of prelims.
- NOTE:** Starting times for finals are subject to change, depending on the time of completion of prelims. An announcement will be made prior to the end of prelims as to the starting time for finals. Breaks will be added at the discretion of the meet referee.
- Eligibility:** Swimmers must be currently registered with USA Swimming LSCs within Region XII as of the date meet entries close (Alaska, Hawaii, Inland Empire, Montana, Oregon, Pacific Northwest, Snake River and Wyoming). Swimmer's age on the first day of the meet applies for the entire meet. Qualifying times are OSI 14 year old A times and must have been

achieved from February 1, 2023 thru the entry deadline for this meet. If the qualifying time is not achieved by the swimmer during the event swum at the meet and proof of a qualifying time is not in the OSI database appropriate proof of the qualifying time swum must be forwarded to the OSI office within 10 days after notification from the office is received. Failure to prove a qualifying time will result in a \$100 non-qualifying fine from OSI. No on-deck registration will be available. For the 200 Medley and 200 Freestyle relays, entry times shall be accepted for teams achieving either the applicable 200 or 400 relay standard. Priority for seeding the 200 relays shall be given to those teams entered with a corresponding 200 relay time followed by those teams entered with a corresponding 400 relay entry time. Aggregate times may be used for relay entries.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. Unaccompanied swimmers must be assigned a coach, contact the meet director for assistance

Event Limit: Swimmers may enter a maximum of six (6) individual events, and may not exceed three (3) events per day including time trials, but excluding relays. The combination of individual meet events and time trials may not exceed nine (9) for the meet.

Entry Deadline: **Entries must be received by 12:00 PM on Wednesday, February 21, 2024.** New qualifying times achieved between February 21, 2024 and February 25, 2024 must be received by noon on February 26, 2024.

Entries: Teams with Hy-Tek or Team Unify should email an entry file and a PDF of the meet entry report to SCSeniorEntries@oregonswimming.org. OSI will confirm receipt of entries by replying with two documents: a team entry report and a team fee report. Please verify the amount owed on the team fee report returned to you by the office. Please do not send a check payment, your team will be invoiced through your team account with OSI. **No payments will be accepted at the pool.** Enter personal best times achieved in the qualifying period. Seeding shall be Short Course Yards (SCY), Short Course Meters (SCM), and then Long Course Meters (LCM). Do not convert times. Non-qualifying times will not be accepted, late entries may be submitted. Late entries for athletes who had qualifying time/s prior to the entry deadline will ONLY be accepted if space is available, as determined by meet management on a case-by-case basis. Requests for late entries may be submitted until the new qualifying times entry deadline. Late entry fees will be two times the current published Oregon Swimming Championship meet fees; to include surcharge fee, individual event fee, and relay fee (facility fee will remain the published rate).

Swimmers with disabilities are encouraged to enter the meet. If accommodations are required, it is the coach's responsibility to notify the Meet Director and/or Meet Referee prior to the entry deadline. Swimmers with a disability shall be permitted to enter any event offered at the meet regardless of the age bracket of the event if they have a time in the SWIMS database for that event during the qualifying time period for this meet.

All Team or individual members, entering OSI Championship meets must be in good standing with no outstanding money owed to Oregon Swimming. All payments must be made prior to the meet entry deadline. **Any Team or member who is not in good standing may be denied entry into Championship meets.**

Relays: "Relay only" swimmers must be entered in the meet and must pay the swimmer surcharge. Names for relays can be submitted on relay forms provided at the meet. Relay entry forms

are due 30 minutes after the start of warm-ups. Mixed relays must consist of two female and two male athletes, qualifying times will be the 14yr female relay times on OSI website. Each team may enter a max of (2) mixed relays per event.

Check-In: All events will be deck seeded. The scratch deadline for Thursday's timed finals and Friday and Saturday's preliminary events shall be fifteen (15) minutes after the start of warm-ups. For Sunday's preliminary events, the scratch deadline is one (1) hour after the beginning of the Saturday's Final session. Positive Check-in is required for seeding purposes of relays and the 1000 and 1650 Freestyle events. Deadline for the 1000 and 1650 free shall be 30 minutes after the start of warm-ups on their respective days. Deadline for all relays is the scratch deadline on their respective days. Any relay team seeded that fails to compete in or report for that event shall not be penalized. Swimmers will be allowed to withdraw from preliminary events with a declared false start, without additional penalty, after the scratch deadline. A swimmer qualifying for a C, B or A finals (both consolation heats or championship heat) based upon the results of the preliminaries, shall notify the Administrative Referee within thirty (30) minutes after the announcement of the qualifiers for that race that they may not intend to compete and further declare their final intentions within thirty (30) minutes following their last individual preliminary event.

Finals No Shows: If a swimmer is seeded into finals for a prelim/final event and is a No Show they will be barred from the remainder of competition. Sunday Finals - if a swimmer does not scratch and is a no show, OSI will levy a \$100.00 fine per event to be paid by the swimmer's club.

Entry Fees: \$15 Surcharge per swimmer, \$20 Facility Fee \$8 Individual event fee, \$16 Relay fee

Meet Director: Calvin Lin

Awards: Individual events: 1st-3rd Place Medal
4th-10th Place Ribbons
Relay events: 1st-3rd Place Medals
Team: 1st-3rd Place Plaques
High point: Awarded to the highest scoring male and female in each individual age group.

Scoring: Individual: 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1
Relay: double of the individual points.
Relays not achieving a qualifying time will receive awards, but will not score team points.

Meetings: Coaches Meetings: 30 minutes prior to warm-ups on Thursday and Friday. If additional coaches meetings are necessary, they will be announced.
Officials Meetings: 60 minutes prior to prelims competition and 45 minutes prior to finals competition.

Time Trials: **Sanction 24-006 Time Trials Referee:**
Time permitting immediately following Prelims each day. The schedule will follow National Championships procedures, i.e. that day's events followed by the next day's events, then returning to the first day's events. Each time trial counts toward the maximum of three events per day. Entries must be turned in to the clerk of course with fee (\$10/individual and \$20/relay) one hour before the projected end of Preliminaries. Time trials are available only to those swimmers entered in the meet. Athletes must provide their own timers.

Timers: Swimmers/clubs are responsible for providing their own timers (2) for the 1000 Freestyle, 800 Free Relay and for the 1650 Freestyle swims in the preliminary session.
Swimmers/clubs are responsible for providing their own timers for any time trial event.

- Meet Results:** A Hy-Tek file and an HTML file will be posted on the Oregon Swimming website in the results section.
- Officials:** This meet is designated as a National Qualifying Meet for Officials (OQM). Officials wishing to apply for N2/N3 evaluation are required to submit an application, preferably before the meet start. Early applications are given preference; please complete the [Application to Officiate](#) indicating your request for evaluation/mentorship. For additional information contact Judi Creech, Oregon Officials Chair at jjjicreech@comcast.net. Officials uniform will be white shirt, black pants, shorts or skirt (pants or skirt for finals), and black socks and shoes.
- Hospitality:** Officials and coaches are invited to enjoy the hospitality provided by Tualatin Hills Swim Club. Please bring a reusable water bottle.

2024 OREGON/REGION XII SENIOR CHAMPIONSHIPS

*****MEET SCHEDULE*****

Oregon Swimming Time Standards

2023-2024 OSI Short course A

Swimmers must attain an Oregon Swimming 14 y/o A time between 2/1/2023 and 2/25/2024.

Entry deadline 12:00 PM 2/21/2024

****THURSDAY Prelims FEBRUARY 29, 2024****

Event#	EVENT	Event#
1	1000 Free (a)	2
3	800 Free Relay (a)	4

FRIDAY Prelims MARCH 1, 2024

Event#	EVENT	Event#
5	200 Medley Relay (a)	6
7	200 Breast	8
9	100 Fly	10
11	500 Free	12
13a	50 Free Shoot-out Prelims	14a
15	200 IM	16

FRIDAY, Finals MARCH 1, 2024

Event#	EVENT	Event#
7	200 Breast	8
9	100 Fly	10
11	500 Free	12
13b	50 Free Shoot-out Semi Finals (top 30)	14b
15	200 IM	16
17	200 Mixed Free Relay (c)	18

SATURDAY, Prelims MARCH 2, 2024

Event#	EVENT	Event#
19	400 Free Relay (a)	20
21	400 IM	22
23	100 Breast	24
25	100 Back	26
27	200 Free	28

SATURDAY, Finals MARCH 2, 2024

Event#	EVENT	Event#
21	400 IM	22
13c	50 Free Shoot-out Quarter Final (top 20)	14c
23	100 Breast	24
25	100 Back	26
27	200 Free	28
29	200 Mixed Medley Relay (c)	30

SUNDAY Prelims, MARCH 3, 2024

Event#	EVENT	Event#
31	400 Medley Relay (a)	32
33	200 Back	34
35	1650 Free (b)	36
37	100 Free	38
39	200 Fly	40
41	200 Free Relay (a)	42

SUNDAY Finals, MARCH 3, 2024

Event#	EVENT	Event#
13d	50 Free Shoot-out Final (top 10)	14d
33	200 Back	34
35	1650 Free (b)	36
37	100 Free	38
39	200 Fly	40

(a) Timed final events, all heats in Prelims. 1000y Freestyle alternating women and men's heats, fastest to slowest.

(b) Timed final events. Fastest heat of women and men will be swum in finals in event order. All other heats will be swum at the end of prelims, alternating women's and men's heats, fastest to slowest.

(c) Timed final events all heats in finals. Only 2 relays per team allowed. Two female athletes and two male athletes per relay required.