

AAA 11 & Over LC Last Chance Open

A/B/C

July 8-9, 2023

SANCTION NO: 23-079

In granting this approval, it is understood and agreed that USA Swimming, Oregon Swimming, and Albany Aquatic Association shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

MEET REFEREE: Jack Burnett - jhacjack@comcast.net

Entry into this meet implies your team will provide officials. Please send their names and the sessions they will be attending to the Meet Referee.

ADMIN OFFICIAL: Matthew Beasley

MEET DIRECTOR: Jennifer Milburn
541-231-7247
meetchief@albanyaquaticassoc.com

SPONSORED BY: Albany Aquatics Association

LOCATION: Please DO NOT mail entries or fees to this address
2150 36th Ave SE, Albany, OR 97322
Contact: 541-231-7247 (meet director)

Directions: North or South Bound I-5 to exit 233 onto Hwy 20 (Santiam Hwy). Travel west on Hwy 20 to Waverly Drive. Turn left on Waverly Drive to 36th Ave. Turn right on 36th Ave. Pool is on the left, just past the stadium.

FACILITY: Indoor 3 ½ - 12- foot depth with blocks at the deep end, six 7- foot lanes, 50- meter pool with non-turbulent lane lines. There is a Daktronics electronic timing system, with strobe/horn start and scoreboard. Meet Manager Software with IBM computer will be utilized. Parking is adjacent. Concession stand will serve snacks. Facility is accessible to adaptive swimmers. The competition course has not been certified in accordance with 104.2.2C(4).

SCHEDULE

DATE	WARM-UPS	TIMED FINALS
Saturday, July 8	Approx 30 minutes after last 10&U event – timeline will be emailed	Approx 90 minutes after last 10&U event – timeline will be emailed
Sunday, July 9	Approx 30 minutes after last 10&U event – timeline will be emailed	Approx 90 minutes after last 10&U event – timeline will be emailed

RULES: Current USA Swimming, Inc. and Oregon Swimming, Inc. rules will govern this meet. Current USA Swimming and Oregon Swimming Safety Guidelines and Warm-up Procedures will be in effect and strictly enforced.

ELIGIBILITY: This meet is an open event; all swimmers must have a certified coach on deck. All swimmers must be currently registered with USA Swimming. The swimmers' age group is determined by their age the first day of the meet. NO DECK REGISTRATION will be permitted.

ENTRIES:

*Entries will be accepted beginning Monday, June 26, 2023 at 9:00 a.m.

Early entry files **WILL NOT** be accepted.

ENTRY DEADLINE: 5:00 P.M. Saturday, July 1, 2023 (or when the 4 hour limit is reached).

*Swimmer must be age 11 or over by July 8, 2023 and may enter up to 3 individual events per day on Saturday and Sunday.

Submit **LONG COURSE METER** times for seeding. This is a computerized meet.

* Boys & Girls events will be raced together, but placed separately.

*Please submit entries on Hytek software via email or disk. (Hytek offers a free download for meet entries.)

*Any swimmer entered in the meet must be certified by a USA swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

***Teams please note – Both sessions are subject to the 4 hour rule. Entries will be accepted on a first come, first served basis. When our timeline is four hours long, we will no longer accept entries. Please send entries promptly to assure participation in our meet.**

ENTRY FEES:

◆ Entry fees must be paid prior to meet participation

◆ One check per team please

◆ Make checks payable to Albany Aquatics Association

◆ \$3.00 OSI per swimmer surcharge

◆ \$16.00 per swimmer facility surcharge

◆ \$4.50 individual event charge

ENTRY ADDRESS:

meetdirector@albanyaquaticassoc.com

Phone: (541) 231-7247

Mailing address (please use this address to mail entry fees)

1645 9th Ave SE #199

Albany OR 97322

AWARDS:

No Awards will be offered for this meet, races are for times only

MEETINGS:

COACHES: Meeting 15 minutes prior to start of meet.

OFFICIALS: Meeting 45 minutes prior to start of meet.

◆◆ Meetings will be held in the pool office or at hospitality outside the west (deep) end of the pool at the Referee's discretion.

BULL PEN:

We will not offer a Bull Pen for this event.

TECH SUITS:

No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved, or Observed meet.

HOSPITALITY:

Snacks will be provided for the deck officials and coaches.

MAAPP STATEMENT:

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

- RESTRICTIONS:** NO TOBACCO PRODUCTS OF ANY KIND OR ALCOHOLIC BEVERAGES ARE ALLOWED ON SCHOOL PROPERTY.
- NO GLASS CONTAINERS are allowed on deck, bleachers, or in locker rooms. No shaving allowed at the pool venue.
 - Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
 - **Deck changing is prohibited. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.**
 - Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
 - **Photography is not allowed behind the blocks during the start of a race or relay exchange.**

DECK SEEDS: The 800 Free and 1500 Free will be seeded fastest to slowest. Events 1,9,10, and 17 will be DECK SEEDED with positive check-in required. The deadline for check-in will be 15 minutes after warm-ups have started for all sessions, all days. **Failure to show for a deck seeded event will result in a penalty. The swimmer will be disqualified from their next individual event, no matter which day.**

RELAYS: No relays will be offered at this event

TIMERS: Each team will be expected to supply timers for the duration of the meet. The timing assignments will be determined according to the number of swimmers teams bring to the meet.

MEDICAL SUPERVISION/

EMERGENCY PLAN: One certified lifeguard per 40 swimmers (in the pool) will staff this meet (there will be a minimum of two guards at all times). The Meet Director will also serve as the safety coordinator. If an athlete has a health occurrence, a lifeguard will be asked to attend and assess the athlete and contact 911 if emergency medical treatment and transport is deemed necessary. The meet director and Meet Referee will be kept informed as to the identity of the athlete and the details of the occurrence.

COVID – 19

We have taken enhanced health and safety measures for the protection of all visitors to the Albany Community Pool. All posted, written, and other instructions must be followed while visiting the facility. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death.

According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., Oregon Swimming, Inc., and Albany Aquatic Association in conjunction with Albany Community Pool cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING

AND OREGON SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

Swimmers in the 800, & 1500 Free must provide two timers and a lap counter.

Saturday Afternoon

	Mixed (unless otherwise noted)	Event
1	11&O	400 IM
2	11&O	50 Breast
3	11&O	200 Back
4	11&O	50 Back
5	11&O	200 Free
6	11&O	100 Fly
7	11&O	200 Breast
8	11&O	100 Free
9	11&O	800 Free

Sunday Afternoon

	Mixed (unless otherwise noted)	Event
10	11&O	400 Free
11	11&O	200IM
12	11&O	50 Free
13	11&O	100 Back
14	11&O	100 Breast
15	11&O	50 Fly
16	11&O	200 Fly
17	11&O	1500 Free