

OREGON SWIMMING
CODE OF CONDUCT FOR TEAM ACTIVITIES 2023

OSI Swimming team activities are a privilege and should be treated as such. OSI participants (swimmers, coaches, and any staff) are expected to represent themselves and OSI Swimming to the best of their ability. It is the responsibility of the parent and the home coach to understand and abide by this code. It is the responsibility of the Trip Staff to enforce the code.

OSI participants are representing OSI Swimming, and must conduct themselves in a manner that reflects positively on OSI Swimming at all times. OSI participants are expected to uphold OSI Swimming's positive image at all times, including, but not limited to, traveling to and from the meet, on-deck at the meet, in hotels, restaurants, and during all extracurricular activities.

All staff (includes chaperones, managers, coaches, and any staff) must be non-athlete members in good standing of USA Swimming and must have successfully passed a USA Swimming-administered criminal background check. Additionally, chaperones must be current in CPR/AED/First-Aid.

GENERAL INFORMATION:

OSI Swimming travel policies must be signed and agreed to by all athletes, parents, and coaches traveling with the LSC. A copy of this LSC Code of Conduct must be signed by the athlete and his/her parent or legal guardian.

Team Managers or Coaches must carry a signed Medical Release Form for each athlete.

COACHES' CODE OF CONDUCT:

Coaches shall conduct themselves in a professional manner (i.e., being a good example of a coach in appearance, language and sportsmanship).

Regardless of gender, a coach shall not share a hotel room or other sleeping arrangement with an athlete (unless the coach is the parent, guardian, sibling, or spouse of that particular athlete). For the purposes of the USA Swimming Code of Conduct, where an adult is registered both as a coach and an athlete member of USA Swimming, and is functioning primarily as a coach, he/she may share sleeping arrangements with another registered coach.

Coaches shall not possess or consume any alcohol while on any OSI Swimming LSC trips.

Coaches shall not smoke or use any other tobacco/nicotine products while on any OSI Swimming LSC trips.

Coaches shall not possess or use any illegal drugs while on any OSI Swimming LSC trips.

Coaches shall represent OSI Swimming in a positive manner at all times.

Coaches shall call meetings and communicate all known time schedules, daily meeting places, and expectations.

Coaches shall check on athletes at all times, including but not limited to room checks, to make sure that all athletes are where they are supposed to be.

When making rooming assignments, coaches shall attempt to assign athletes of similar ages to the same room.

COACHES' RESPONSIBILITIES

Coaches shall discipline athletes when and where appropriate as outlined below.

Coaches shall avoid any unsupervised or isolated "one-on-one" contact between an athlete and a coach, or an athlete and another "non-related adult". During team travel, when doing room checks, attending team meetings and/or other activities, two-deep leadership and open and observable environments must be maintained.

When only one athlete and one coach travel to or from a competition, the athlete must have his/her parents' (or legal guardian's) written permission in advance to travel alone with the coach. Athletes shall not ride in a coach's vehicle without another adult present who is the same gender as the athlete, unless prior parental permission is obtained.

When only one athlete and one coach travel to a competition, at the competition the coach and athlete should attempt to establish a "buddy" club to associate with during the competition and when away from the venue.

The Head Coach or his/her designee shall make a written report of Travel Policy or Code of Conduct violations to the General Chair of OSI Swimming and the parent or legal guardian of any affected minor athlete.

FAILURE OF THE COACHES TO ABIDE BY SUCH RULES ON OSI SWIMMING TRIPS WILL RESULT IN THE FOLLOWING:

Coach may have the behavior addressed by the Head Coach or other coaches on the trip (minor infraction).

Board of Review hearing (severe infraction).

CHAPERONE'S CODE OF CONDUCT:

Chaperones shall conduct themselves in a professional manner (i.e., being a good example of a Chaperones in appearance, language and sportsmanship).

Regardless of gender, a Chaperones shall not share a hotel room or other sleeping arrangement with an athlete (unless the Chaperones is the parent, guardian, sibling, or spouse of that particular athlete). For the purposes of the USA Swimming Code of Conduct, where an adult is registered both as a non-member and an athlete member of USA Swimming, and is functioning primarily as a Chaperone, he/she may share sleeping arrangements with another registered Chaperone/coach).

Chaperones shall not possess or consume any alcohol while on any OSI Swimming LSC trips.

Chaperones shall not smoke or use any other tobacco/nicotine products while on any OSI Swimming LSC trips.

Chaperones shall not possess or use any illegal drugs while on any OSI Swimming LSC trips.

Chaperones shall represent OSI Swimming in a positive manner at all times.

Chaperones shall coordinate with Coaching Staff on all times, meetings, travel, etc.

Chaperones shall coordinate with Coaching Staff to check on athletes at all times, including but not limited to room checks, to make sure that all athletes are where they are supposed to be.

When making rooming assignments, Chaperones shall attempt to assign athletes of similar ages to the same room.

RESPONSIBILITIES

Chaperones shall discipline athletes when and where appropriate as outlined below.

Chaperones shall avoid any unsupervised or isolated "one-on-one" contact between an athlete and a coach, or an athlete and another "non-related adult". During team travel, when doing room checks, attending team meetings and/or other activities, two-deep leadership and open and observable environments must be maintained.

When only one athlete and one Chaperone travel to or from a competition, the athlete must have his/her parents' (or legal guardian's) written permission in advance to travel alone with the coach. Athletes shall not ride in a coach's vehicle without another adult present who is the same gender as the athlete, unless prior parental permission is obtained.

When only one athlete and one Chaperone travel to a competition, at the competition the Chaperone and athlete should attempt to establish a "buddy" club to associate with during the competition and when away from the venue.

FAILURE OF THE CHAPERONE TO ABIDE BY SUCH RULES ON OSI SWIMMING TRIPS WILL RESULT IN THE FOLLOWING:

Chaperone may have the behavior addressed by the Head Coach or other coaches on the trip (minor infraction).

Board of Review (consisting of General Chair, Admin Chair, Senior Chair, Safe Sport Chair, and Age Group Chair) hearing (severe infraction).

SWIMMERS' CODE OF CONDUCT:

1. Swimmers shall attend all team functions including meetings, practices, meals, meet sessions, etc., unless otherwise excused or instructed by the Head Coach or his/her designee.
2. Swimmers shall follow rules and guidelines set up by this contract with OSI Swimming.
3. Swimmers are expected to remain with the team at all times during the trip. Swimmers are not to leave the competition venue, the hotel, a restaurant, or any other place at which the team has gathered without the permission/knowledge of the coach or chaperone.
4. When visiting public places such as shopping malls, movie theatres, etc., swimmers shall stay in groups of no less than three persons. 12 & Under athletes shall be accompanied by a coach chaperone.
5. OSI Swimming recognizes that relationships are a natural development in a young person's life. But, OSI Swimming expects mature and responsible behavior at all times. Inappropriate physical expression and contact WILL NOT be allowed and will be subject to reprimand and discipline. There shall be no male athletes in female athletes' rooms and no female athletes in male athletes' rooms. They may meet in the lobby and other places approved by the coaching staff.
6. Curfews shall be established by the team or LSC staff each day of the trip. Room checks will occur and athletes are expected to be in the rooms, lights out after curfew.
7. There will be no running or playing in the hallways of the hotel.
8. Rooms will be cleaned and picked up in an orderly manner and no charges will be incurred on the room.
9. All athletes shall follow appropriate cell phone guidelines, prescribed by the coaches, and follow appropriate use of social media.
10. There shall be no loud talking or loud music to disrupt anyone else's stay at the hotel.
11. At the meet, swimmers shall do all prescribed warm ups and events as directed by the coaches.
12. All coaches are in charge. Swimmers are expected to follow the directions of all coaches. The directions and decisions of coaches and team managers are final.
13. The safety of each individual is paramount. Swimmers shall behave in a manner, which ensures the safety of themselves and others at all times.
14. The use of alcohol, tobacco, or illegal drugs is strictly prohibited.
15. The use of abusive language is prohibited.
16. Swimmer is responsible for any and all damages to property caused by said swimmer.
17. Swimmers shall not incur any charges to hotel rooms (this includes room service, long distance phone calls, and entertainment).

FAILURE OF THE SWIMMERS TO ABIDE BY SUCH RULES ON OSI SWIMMING TRIPS WILL RESULT IN THE FOLLOWING:

1. Swimmer may have the behavior addressed by the Head Coach or other coaches on the staff (minor infraction).
2. Swimmer may be scratched from the remaining meet or not be allowed to participate in the remainder of the activities (minor infraction).
3. Swimmer may be sent home at the swimmer's expense (severe infraction).
4. Board of Review hearing (severe infraction).

It is anticipated that all involved will have a positive experience. For the safety of the swimmers, rule violations will be dealt with in a very direct manner. The very best is expected from all OSI Swimming personnel associated with the meet.

I understand that I represent OSI Swimming and that any inappropriate behavior from the beginning to the end of the trip, will not be tolerated. I have read and do hereby agree to and will abide by this OSI Swimming Code of Conduct as stated above.

_____ Swimmer's Name (print name)
_____ Parent/Guardian's Name (print name)
_____ Coach's Name (print name)
_____ Swimmer's Signature Date
_____ Parent/Guardian's Signature Date