2023 MSC vs CST Dual Meet February 5th, 2023 HELD UNDER THE SANCTION OF USA SWIMMING, INC.

SANCTION #: 23-024 (Open)

In granting this sanction, it is understood and agreed that USA Swimming, OSI, and MSC shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. In applying for this sanctioned event, the Host, MSC agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, OSI, the State of OREGON and Yamhill County.

MSC has implemented enhanced health and safety measures – for participants and attendees. At all times you must follow the local government protocols and facility requirements; these will also be posted on premises. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating and/or attending, you voluntarily assume all risks related to exposure to COVID-19. *Anyone not adhering to the guidelines set forth will be asked to leave, no exceptions*

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY

CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

SPONSOR: McMinnville Swim Club (MSC) / McMinnville Aquatic Center

LOCATION: McMinnville Aquatic Center 138 Park Dr. McMinnville, OR 97128 (503) 434 3709

ELIGIBILITY: Swimmers must be currently registered with USA Swimming or applicable FINA registration. NO ON DECK REGISTRATION SHALL BE PERMITTED. Swimmers must be within the listed age brackets as of February 5th, 2023.

ENTRY DEADLINE: Friday, February 3rd, 2023, 10:00pm

ENTRY LIMIT: Swimmers may enter up to four events per day, exclusive of relays; excess will be scratched without notification.

Meet Limit: Athlete number will be limited by the 12 & UNDER 4-hour timeline rule.

ENTRY ADDRESS: judus.floratos@gmail.com

ENTRY FEES: No fee

ENTRIES:

- 1. Submit yard times only for seeding. This is an A/B/C meet. No time standards are applicable.
- 2. Meet Manager/Hy-Tek software will be used. Please submit entries on a Hy/-Tek software formatted disk and entry summary.
- 3. With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming.
- 4. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts must start each race from within the water. When unaccompanied by a member/coach, it is the responsibility of the swimmer or swimmer's legal guardian to ensure compliance with the requirement.

No Coach Present: Only swimmers on MSC and CST are permitted to enter this meet

FACILITY: Indoor 25 yard pool, 8 lanes. Starting blocks at the deep end of the pool only (13 ft.). Shallow end is 3'6". Daktronics Timing System with 8 lane reader board. The competition course has not been certified in accordance with 104.2.2C(4). Parking available. Seating for 380 spectators. Concessions will be open in the lobby throughout the meet. Swim venue includes: Men's and Women's locker rooms with access onto the pool deck. Open pool deck areas available for swimmers, coaches and officials only. Facility is accessible to adaptive swimmers.

RESTRICTIONS: TOBACCO PRODUCTS OF ANY KIND, ALCOHOLIC BEVERAGES AND GLASS CONTAINERS ARE NOT ALLOWED IN THE SWIMMING VENUE. NO SHAVING. USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING A CELL PHONE, IS NOT PERMITTED IN CHANGING AREAS, RESTROOMS OR LOCKERROOMS. Deck changing is prohibited. Photography is not allowed behind the blocks during the start of a race or relay exchange. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Deck changing is prohibited.

Warm up and meet start times:

SUNDAY - Warm up 9:00-9:45 am, Meet begins at 10:00 am

RULES: Current USA Swimming and Oregon Swimming, Inc. rules will govern this meet.

MAAPP: All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

MEDICAL: Lifeguards are trained in first aid and CPR and are posted on deck during the meet. The facility is equipped with two AEDs. The 911 system will be utilized in the event of an emergency.

Tech Suits: No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet. Safety: Current Oregon Swimming Safety Guidelines and Warm-up Procedures will be in effect and strictly enforced. Warm up times will be announced when all entries are confirmed.

SWIMMERS WITH DISABILITIES: MSC welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to compete at the meet. Disabled swimmers or their coaches are required to provide advance notice in writing to the meet referee and meet director to arrange for any needed accommodations including personal assistants required and/or registered service animals by the meet entry date. It is at the discretion of the meet referee to determine whether the needed accommodations can be met by the meet resources. Failure to provide advance notice may limit the McMinnville Swim Club's ability to accommodate all requests.

BULLPEN: No bullpen.

MEETINGS: Held at the discretion of the meet referee as needed

MEET REFEREE: Ray Jentges - RAY941@hotmail.com

MEET DIRECTOR: Murilo Martins (503) 858 8772 - coachmartins@gmail.com

ADMINISTRATIVE OFFICIAL: Judus Floratos - judus.floratos@gmail.com

OFFICIALS: We always appreciate the help of certified officials from other clubs. If you are an official and will be attending this meet, please notify the meet referee (Ray Jentges)

TIMERS: Each club will be assigned lanes for timing.

500&1000 freestyle: Timers will be provided. Positive check in is due at 9:30 am. Counters are required to be provided by the athletes.

All events will be mixed gender unless otherwise specified:

Open - 1000 Free

Open - 500 free

8 & U - 25 breast

Open - 50 back

Open - 100 breast

Open - 200 back

8 & U - 25 fly

Open - 50 free

Open - 100 fly

Open - 400 IM

Open - 200 IM

8 & U - 25 back

Open - 50 breast

Open - 100 back

Open - 200 breast

8 & U - 25 free

Open - 50 fly

Open - 100 free

Open - 200 fly

Open Girls - 200 medley relay

Open Boys - 200 medley relay