Legacy Aquatics Spring Kick-Off Invitational
April 29-30, 2023
HELD UNDER THE SANCTION OF USA SWIMMING

Sanction #:   23-049
> In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Eligibility: Swimmers must be currently registered with USA Swimming. NO ON DECK REGISTRATION SHALL BE PERMITTED. Swimmers must be the listed age as of April 29, 2023.

Location: Parkrose Swim Pool   12003 NE Shaver Street, Portland, OR 97220.

Meet Referee: Audrey Lungershausen   fourteentalltrees@mac.com

Admin Official: Anne Stansell   annestansell@aol.com

Meet Director: Bobby DeRoest   bobby_deroest@ddsd40.org

Times: Saturday & Sunday: Warm-ups 9:00am. Meet Starts 10:00am

Entries: Submit YARD times for seeding in Hy-tek format.
Email entries to Bobby DeRoest at coachbobbyddac@gmail.com
With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming.

Entries Due: Thursday April 20th

Meet Fees: Surcharge = $15.00 per swimmer ($3.00 OSI charge, $12.00 Facility Charge)

Events = $3.00/event ($.50 OSI fee, $2.50 Host Fee)

Checks to paid to: BCAC

Event limit: 6 events per swimmer / 3 events per day

Facility: Competition Pool – eight lanes, 7-ft lanes, 25 Yard pool. Depth: The starting block end is 7 feet, the turn end is 3.5 feet. The competition course has not been certified in accordance with 104.2.2 C(4). Daktronics Timing System. 2 timers/lane.

Awards: No Awards will be given for this meet

Rules: Current USA Swimming and Oregon Swimming Inc., rules will govern this meet.

Safety: Current Oregon Swimming Safety Guidelines and Warm-up Procedures will be in effect and strictly enforced. All swimmers must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement." (Section 202.4.9D)

Restrictions: Tobacco products of any kind, alcoholic beverages and glass containers are not allowed in the swimming venue. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Photography is not allowed behind the blocks during the start of a race or relay exchange. Deck changing is prohibited. Operations of a drone, or any other flying apparatus, are prohibited over the venue (pool, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time

athletes, coaches, officials and/or spectators are present." (Sections 103.11-13, 202.4.9H-J)

Medical: Medical facilities available at facility, lifeguards will be on duty throughout the event in case of emergency

MAAPP: All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Tech Suits: No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.

Meetings: An officials meeting will be held 45 minutes prior to the start of the session. A coaches meeting will be held 15 minutes prior to the start of the session.

ORDER OF EVENTS – ALL EVENTS ARE MIXED GENDER

	SATURDAY 4/29		**SUNDAY 4/30**
#1	13&Over 400 I.M.	#11	13&Over 500 Freestyle
#2	Open 200 Backstroke	#12	Open 200 Breaststroke
#3	25 Freestyle (8u)	#13	25 Backstroke (8u)
#4	Open 50 Freestyle	#14	50 Backstroke (12u)
#5	25 Breaststroke (8u)	#15	Open 100 Backstroke
#6	50 Breaststroke (12u)	#16	25 Butterfly (8u)
#7	Open 100 Breaststroke	#17	50 Butterfly (12u)
#8	Open 200 Butterfly	#18	Open 100 Butterfly
#9	100 I.M. (12u)	#19	Open 100 Freestyle
#10	Open 200 Freestyle	#20	Open 200 IM