

**LINCOLN CITY SWIM CLUB - PUMPKIN SPRINT MEET**  
**SHORT COURSE METERS NOVEMBER 12 & 13, 2022 SR/AG ABC**  
Held under the sanction of USA Swimming Sanction #: 22-097



**LOCATION:** Lincoln City Community Center / 2150 NE Oar Place / Lincoln City, Oregon 9

**ELIGIBILITY:** Swimmers must be currently registered with USA Swimming. No on deck registration will be permitted. Swimmers must be within the listed age brackets the first day of the meet.

**ENTRY DEADLINE: Friday October 28, 2022.** No late entries please. Entry errors will be corrected after the deadline if they are the fault of the Lincoln City Swim Club. It is the responsibility of the person submitting the entries to make sure the information is complete & correct.

**ENTRY LIMIT:** Swimmers may enter a maximum of **3 individual events and one relay per day**. Meet entries are limited to the first 285 swimmers registered. Priority for entries may be given to those teams that commit to provide officials based on the OSI suggested standards:

- a. 1-5 athletes entered in a session- no need to provide officials
- b. 6-20 athletes entered in a session- 1 certified official per session
- c. 21 or more athletes entered in a session- 2 certified officials per session

**ENTRY FEES:** Make checks payable to the Lincoln City Swim Club and mail with master entry paperwork.

1. OSI Surcharge of \$3.00 per swimmer;
2. Entry fee of \$4.00 per event;
3. Entry fee of \$12.00 per relay event.
4. Facility surcharge fee of \$10.00 per swimmer.

**ENTRY ADDRESS:**

- 1) Email **Zipped Hytek** file first to: [lippyb@hotmail.com](mailto:lippyb@hotmail.com)
- 2) Include a Word copy of your entries when sending a Commlink file.
- 3) Send check, entry & meet fees listed to: **Lissa Parker PO Box 7, Neotsu, OR 97364**. Include a signed statement that "I HAVE READ THE MEET INFORMATION AND ATTEST THAT ALL SWIMMERS ENTERED HEREON ARE REGISTERED WITH USA SWIMMING, INC."

**ENTRIES:** Submit **SCM** times. No time (NT) will be allowed. Email a Hytek zip TM file with a **Word document with entries listed & meet fees report**. For any add on swimmers send a new, updated zip Hytek file with new Word files attached.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**FACILITY:** Indoor 25 Meter pool with six 7 - foot non- turbulent racing lanes, & 30 inch tilted starting blocks. Pool depth ranges from 13.0 feet at primary starting end to 3.5 feet at the shallow end. The competition course has not been certified in accordance with 104.2.2(c) 4. An overhead balcony provides seating for 300 spectators. We will have electronic timing.

**RESTRICTIONS:** There will be NO TOBACCO PRODUCTS OF ANY KIND, NO ALCOHOL, & NO GLASS CONTAINERS allowed in the facility. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. Photography is not allowed behind the blocks during the start of a race or relay exchange. Operation of a drone, or any other flying apparatus, are prohibited over the venue any time athletes, coaches, officials and/or spectators are present.

**MAAPP:** Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (the USA Swimming Minor Athlete Abuse Prevention Policy) will be enforced for this meet. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the MAAPP Policy, and that they understand that compliance with the policy is a condition of participation in the conduct of this competition. Spectators will be allowed to use the hallway bathrooms while the locker rooms will be designated for swimmers only. Lockable family changing rooms off the deck can also be used for spectators,

officials, and coaches.

**START OF MEET: Warmup's at 8:00 AM Saturday and Sunday. Meet starts at 9:30 AM both days.**

**RULES:** Current USA Swimming and Oregon Swimming Inc. rules will govern this meet. The conduct of this event shall conform in every aspect to all technical and administrative rules of USA Swimming. All swimmers must be members as provided in Article 302. All meet directors, referees, starters, and stroke and turn judges, serving in an official capacity in a sanctioned event, must be members of USA Swimming, and all persons acting in any coaching capacity in a sanctioned event must be coach members of USA Swimming.

**SAFETY:** Current Oregon Swimming Safety Guidelines & Warm– Up procedures will be in effect & strictly enforced.

1. Jumping into the pool is not allowed
2. Diving is allowed in only designated lanes
3. Marshals assigned to supervise warm up will have the authority to remove swimmers not following safety rules from warm up or the meet.
4. Coaches are responsible for supervision during warm up and during the meet.
5. Swimmers who participate without USA Swimming certified coach present must notify the meet referee in advance; a certified coach will be assigned.

**WARM UP PROCEDURES: Warm up's on Saturday & Sunday will be divided up by teams; the host team will warm up separately ahead of time to provide more room.** Lane assignments will be posted ahead and given to coaches; coaches will supervise their own lane and its safety and determine their start / diving schedule.

NO DIVING OVER SWIMMERS IN WATER, BACKSTROKERS ENTER IN ROTATION

**BULLPEN:** A bullpen will be provided for 8 & U swimmers. All others report to assigned lanes.

**AWARDS:** Individual: Ribbons 1<sup>st</sup> through 12<sup>th</sup> place / Relays: 1<sup>st</sup> through 3<sup>rd</sup> ribbons

**SCORING:** Individual: 16, 13, 12, 11, 10, 9, 7, 5, 4, 3, 2, and 1, for places 1–12<sup>th</sup>  
Relays: 14, 10, 8, 6, 4, 2, for places 1–6<sup>th</sup>

**MEETINGS:** Coaches meeting will be held 15 minutes prior to start of meet each day. Officials meeting will be held at 8:15 AM each day.

**MEET DIRECTOR:** Charlie Lunstedt 541-921-2273 Email: [riverknute@yahoo.com](mailto:riverknute@yahoo.com)

**REFEREE:** Fran Hart, 541-746-2953 / 541-753-5681 Email: [hartfran@hotmail.com](mailto:hartfran@hotmail.com)

**ADMINISTRATIVE OFFICIAL:** Norm Hart, 541-746-2953 Email: [normhart@juno.com](mailto:normhart@juno.com)

**ENTRY CHAIR:** Lissa Parker (541) 992-2941 (cell) Email: [lippyb@hotmail.com](mailto:lippyb@hotmail.com)

**OFFICIALS:** We always appreciate & need the help of certified officials from other clubs; if you plan on attending **please notify the meet referee - Fran Hart- at least two weeks before the meet, email is preferable.**

**HOSPITALITY:** An official's & coaches' hospitality room will be provided.

**TIMERS:** Each team will be assigned lanes. A parent representative will be asked to report to the head timer 30 minutes prior to the start of the meet.

**CONCESSIONS:** Food will be available at the concessions stand.

**WEBSITE:** Information and updates for the meet will be posted on the LCSC team web site. Hotel information will also be posted there. This can be accessed via the Oregon Swimming web site or at this address:

**NON- SANCTIONED PUMPKIN RELAYS WILL BE HELD PRIOR TO THE 200 FREE EVENTS ON SATURDAY**  
**Parents and coaches are welcome to participate!**

<b>SATURDAY NOVEMBER 12, 2022</b>			
<b>GIRLS</b>	<b>AGE</b>	<b>DESCRIPTION</b>	<b>BOYS</b>
1	12 & UNDER	200 FREE RELAY	2
3	OPEN	200 FREE RELAY	4
<b>MIXED SWIMS- AWARDS WILL BE SEPARATED</b>			
5	8 & U	25 FREE	
6	10 & Under	50 FREE	
7	11-12	50 FREE	
8	13 & Over	50 FREE	
9	8 & U	25 FLY	
10	10 & Under	50 FLY	
11	11-12	50 FLY	
12	OPEN	100 FLY	
13	8 & U	25 BACK	
14	10 & Under	50 BACK	
15	11-12	50 BACK	
16	OPEN	100 BACK	
<i>15 minute break for the Pumpkin Relays!!</i>			
17	OPEN	<b>200 FREE ** deck seed</b>	

<b>SUNDAY NOVEMBER 13, 2022</b>			
<b>GIRLS</b>	<b>AGE</b>	<b>DESCRIPTION</b>	<b>BOYS</b>
18	12 & Under	200 MEDLEY RELAY	19
20	OPEN	200 MEDLEY RELAY	21
<b>MIXED SWIMS- AWARDS WILL BE SEPARATED</b>			
22	12 & Under	100 IM	
23	OPEN	200 IM	
24	8 & Under	25 BREAST	
25	10 & Under	50 BREAST	
26	11-12	50 BREAST	
27	OPEN	100 BREAST	
28	8 & Under	50 FREE	
29	10 & Under	100 FREE	
30	11-12	100 FREE	
31	13 & Over	100 FREE	