

RYST Summer Open
ABC Sr/AG Meet
SCY July 15-16, 2023

HELD UNDER THE SANCTION OF USA SWIMMING

It is understood and agreed that USA Swimming and Oregon Swimming , shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

- Sanction Number: 23-068
- Host: Roseburg Y Swim Team
- Location: Umpqua Community College
1140 Umpqua College Rd.
Roseburg, OR 97470
- Directions: Take I-5 to exit #129 (5 miles north of Roseburg) Follow signs to UCC
- Meet Referee: Mike Shaw mshaw@grantspassymca.net
- AO: Cali Beasley
- Meet Director: Bob Colvin colvinrd@gmail.com
- Eligibility: Swimmers must be currently registered with USA Swimming. NO ON-DECK REGISTRATION SHALL BE PERMITTED. Swimmers must be within the listed age brackets as of the first day of the meet. Seasonal and adaptive swimmers are welcome.
- Entry Deadline: Entry acceptance period begins Monday, June 12th, 2023 at NOON. **No early entries please – they will not be accepted.** Final entry deadline is Thursday, July 6th, 2023. For additional information, please contact Bob Colvin, Entry Chairperson, at 541-654-9480
With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming.
- Entry Limit: Each swimmer is limited to 4 events on Saturday and Sunday and 1 relay per day.
- Entry Fees: \$5.00 per individual event
\$12.00 per relay event
\$15.00 Facility use fee
\$3.00 Oregon Swimming surcharge per swimmer
No fee refund for scratched events
Make checks payable to YMCA of Douglas County. Memo: Summer Open.
- Entry Address: Roseburg Y Swim Team

% Bob Colvin
1151 NW Stewart Pkwy
Roseburg, OR 97471
colvinrd@gmail.com

Entry Forms: Submit yard times only for seeding. Enter "NT" for no times. Teams are strongly encouraged to submit entries on disk using Hy-Tek format. Entry fees must accompany master entry form. Events: All events are timed finals.

Events: All events are timed finals. Swimmers must provide their own timers and lap counters for the 500Free and longer races.

Facility: 25 yard OUTDOOR pool; six 7-foot lanes; non-turbulent lane lines; 4½ foot entry depth; diving pool for warm-up and cool-down. The depth for the starting on 2nd and 4th relay swimmers will be 3'3", requiring in-the-pool starts for 100 yard relays.

THE COMPETITION COURSE HAS NOT BEEN CERTIFIED IN ACCORDANCE WITH 104.2.2C(4).

Rules: Current USA Swimming and Oregon Swimming, Inc. rules will govern this meet. Current Oregon Swimming Safety Guidelines and Warm-up Procedures will be in effect and strictly enforced.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

The Roseburg Y Swim Team is held responsible for the UCC facility. Please keep your swimmers in the pool area. All other buildings are off limits. **UCC policy requires that all pets be restricted to the parking lot and the walking trails to the river (west of the pool). No camping allowed on the UCC grounds.** No playing of radios will be allowed in the upper deck or pool area. No alcohol, glass containers, or tobacco products will be allowed. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Photography is not allowed behind the blocks during starts and relay exchanges. Deck changing is prohibited. Operations of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Time Schedules: **Saturday and Sunday Sessions**

Warm-ups: 10:00-11:45 AM

Timed Finals: 12:00 PM

Breaks will be inserted at discretion of referee as time permits.

Bullpen: There will be a bullpen for all 8&U individual events. There will be NO bullpen for relays.

Awards: Ribbons for 1st through 12th place in each individual event; all event places determined separately (6&U, 7-8, 9-10, 11-12, 13-14, 15&O)
Relay events: Ribbons for 1st through 3rd place.
Heat winners will be awarded.

- Meetings:** Coaches' meeting will be held 15 minutes prior to the start of timed finals. Officials' meeting will be held at 11:15 Saturday and Sunday
- Officials:** We always appreciate the help of certified officials from other clubs. If you will be attending the meet, please notify the meet referee.
- Timers:** Each team will be given timing assignments. Please designate a team representative to report to the Head Timer 30 minutes prior to the start of the meet.
- Hospitality:** Hot and cold drinks and snacks will be provided to deck officials, timers, and coaches. Snacks, as well as breakfast and lunch, will be provided to deck officials and coaches in the hospitality room.
- Concessions:** A concession stand will be operating during the entire meet. Please eat and drink in the upper level only.
- Lodging:** Both motels and camping facilities are located within a 6-mile radius of the pool.
- Safety:** Oregon swimming Safety Rules and Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAP"), will govern this meet.
- All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- Medical:** The Facility will provide medical supervision to athletes in the form of lifeguards.
- Restrictions:** No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.
- Covid Protocols & Restrictions::** We have taken enhanced health and safety measures for the protection of all visitors to Umpqua Community College pool. All posted, written, and other instructions must be followed while visiting the facility. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.
- USA Swimming, Inc., Oregon Swimming, Inc., and Roseburg Y Swim team in conjunction with Umpqua Community College cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND OREGON SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

Saturday Session

- 1 Mixed 8 & Under 100 IM**
- 2 Mixed 9-12 200 IM**
- 3 Mixed 13 & Over 200 IM**
- 4 Mixed 8 & Under 25 Freestyle**
- 5 Mixed 9-12 100 Freestyle**
- 6 Mixed 13 & Over 100 Freestyle**
- 7 Mixed 8 & Under 25 Butterfly**
- 8 Mixed 9-12 50 Butterfly**
- 9 Mixed 11 & Over 200 Butterfly**
- 10 Mixed 8 & Under 50 Backstroke**
- 11 Mixed 9-12 100 Backstroke**
- 12 Mixed 13 & Over 100 Backstroke**
- 13 Mixed 8 & Under 50 Breaststroke**
- 14 Mixed 9-12 50 Breaststroke**
- 15 Mixed 11 & Over 200 Breaststroke**
- 16 Mixed 8 & Under 100 Medley Relay**
- 17 Mixed 12 & Under 200 Medley Relay**
- 18 Mixed 13 & Over 200 Medley Relay**
- 19 Mixed 11 & Over 1650 Freestyle**

Sunday Session

- 20 Mixed 11 & Over 400 IM**
- 21 Mixed 9-12 100 IM**
- 22 Mixed 8 & Under 50 Freestyle**
- 23 Mixed 9-12 50 Freestyle**
- 24 Mixed 13 & Over 50 Freestyle**
- 25 Mixed 8 & Under 25 Backstroke**
- 26 Mixed 9-12 50 Backstroke**
- 27 Mixed 11 & Over 200 Backstroke**
- 28 Mixed 9-12 100 Breaststroke**
- 29 Mixed 13 & Over 100 Breaststroke**
- 30 Mixed 8 & Under 100 Freestyle**
- 31 Mixed 9-12 200 Freestyle**
- 32 Mixed 13 & Over 200 Freestyle**
- 33 Mixed 8 & Under 50 Butterfly**
- 34 Mixed 9-12 100 Butterfly**
- 35 Mixed 13 & Over 100 Butterfly**
- 36 Mixed 8 & Under 100 Freestyle Relay**
- 37 Mixed 9-12 200 Freestyle Relay**
- 38 Mixed 13 & Open 200 Freestyle Relay**
- 39 Mixed 11 & Over 500 Freestyle**

UNATTACHED SWIMMERS FORM

PLEASE COMPLETE THIS FORM FOR ALL UNATTACHED SWIMMERS PARTICIPATING

MEET _____ DATE: _____

	NAME	AGE	SWIMMING WITH (CLUB)
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13.			

SUMMARY SHEET AND ENTRY FORM FOR RELAY EVENTS

Full Name of Team: _____ Abbreviated Team Name: _____ Page _____ of _____

Name of Contact Person: _____ Daytime Phone: _____

Address: _____ Home Phone: _____

- Instructions:**
- 1. Entries will be accepted only on the enclosed entry forms.
 - 2. Make as many copies of these three forms as required.
 - 3. Enter relay teams on the form below. You will provide names of relay swimmers at the meet. Swimmers participating only in relay events must be added to the individual entry form with the notation "Relay Only".
 - 4. Number each sheet. PRINT clearly and neatly.
 - 5. Final results will be mailed to the address listed above.
 - 6. Enter swimmers in individual events on the entry forms labeled "Girls/Women" or "Boys/Men", depending on the swimmer's gender.
 - 7. Calculate the total entry fee at the bottom of this form.

Team	Sex	Age	Name	Time	Team	Sex	Age	Name	Time	Team	Sex	Age	Name	Time

Swimmer Surcharge: Total Number of Swimmers Entered in Meet _____ x \$ _____ = \$ _____

Individual Events Charge: Total Number of Individual Events _____ x \$ _____ = \$ _____

Relay Events Charge: Total Number of Relay Entries _____ x \$ _____ = \$ _____

I have read the meet information and attest that all swimmers entered are members of USA Swimming. NOTE: Entries will not be accepted without a signature.

SIGNATURE _____ TITLE _____ DATE _____ PHONE _____

SWIM TEAM MASTER ENTRY FORM FOR BOYS/MEN INDIVIDUAL EVENTS

Full Name of Team: _____ Club Code: _____ Page ____ of ____

Name/ USS Number	Sex/ Age	Event/ Time	Event/ Time	Event/ Time	Event/ Time	Event/ Time	Event/ Time	Event/ Time	TOTAL ENTRIES
	M								
	M								
	M								
	M								
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Total number of swimmers entered on this sheet: _____. Total number of individual events entered on this sheet: _____. I have read the meet information and attest that all swimmers entered are members of USA Swimming. NOTE: Entries will not be accepted without a signature.

