

2024 OSI Senior Region XII Arena SC Champs - 2/29/2024 to 3/3/2024**2023 OSI Senior/Region XII Arena SC Championships****Session Report**

Session: 1 Thursday Timed Finals

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women 1000 Freestyle	27	3 u	05:00 PM	_____
Finals	2 Men 1000 Freestyle	26	3 u	05:37 PM	_____
	Break: 5 Minutes:				
Finals	3 Women 800 Freestyle Relay	17	2 u	06:18 PM	_____
Finals	4 Men 800 Freestyle Relay	22	3 u	06:36 PM	_____
	Swimmers Counts for Warm-ups: 140	=====	=====		
	Entry / Heat Totals:	92	11		
	Finish Time			07:02 PM	_____

2024 OSI Senior Region XII Arena SC Champs - 2/29/2024 to 3/3/2024**2023 OSI Senior/Region XII Arena SC Championships****Session Report**

Session: 2 Friday Preliminaries

Day of Meet: 2 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	5 Women 200 Medley Relay	35	4 u	09:30 AM	_____
Finals	6 Men 200 Medley Relay	44	5 u	09:42 AM	_____
	Break: 5 Minutes:				
Prelims	7 Women 200 Breaststroke	54	6 u	10:00 AM	_____
Prelims	8 Men 200 Breaststroke	60	6 u	10:19 AM	_____
Prelims	9 Women 100 Butterfly	72	8 u	10:36 AM	_____
Prelims	10 Men 100 Butterfly	133	14 u	10:49 AM	_____
Prelims	11 Women 500 Freestyle	55	6 u	11:10 AM	_____
Prelims	12 Men 500 Freestyle	69	7 u	11:46 AM	_____
Prelims	13 Women 50 Freestyle	111	12 u	12:26 PM	_____
Prelims	14 Men 50 Freestyle	152	16 u	12:38 PM	_____
Prelims	15 Women 200 IM	70	7 u	12:52 PM	_____
Prelims	16 Men 200 IM	122	13 u	01:12 PM	_____
	Swimmers Counts for Warm-ups: 501	=====	=====		
	Entry / Heat Totals:	977	104		
	Finish Time			01:47 PM	_____

2024 OSI Senior Region XII Arena SC Champs - 2/29/2024 to 3/3/2024**2023 OSI Senior/Region XII Arena SC Championships****Session Report**

Session: 4 Friday Finals

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	7 Women 200 Breaststroke	30	3 u	05:00 PM	_____
Finals	8 Men 200 Breaststroke	30	3 u	05:11 PM	_____
Finals	9 Women 100 Butterfly	30	3 u	05:21 PM	_____
Finals	10 Men 100 Butterfly	30	3 u	05:27 PM	_____
Finals	11 Women 500 Freestyle	30	3 u	05:32 PM	_____
Finals	12 Men 500 Freestyle	30	3 u	05:51 PM	_____
Semis	13 Women 50 Freestyle	30	3 u	06:09 PM	_____
Semis	14 Men 50 Freestyle	30	3 u	06:13 PM	_____
Finals	15 Women 200 IM	30	3 u	06:17 PM	_____
Finals	16 Men 200 IM	30	3 u	06:27 PM	_____
	Break: 5 Minutes:				
Finals	17 Mixed 200 Freestyle Relay	32	4 u	06:40 PM	_____
	Swimmers Counts for Warm-ups: 268	=====	=====		
	Entry / Heat Totals:	332	34		
	Finish Time			06:51 PM	_____

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Session: 5 Saturday Preliminaries

Day of Meet: 3 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	19 Women 400 Freestyle Relay	36	4 u	09:30 AM	_____
Finals	20 Men 400 Freestyle Relay	45	5 u	09:48 AM	_____
	Break: 5 Minutes:				
Prelims	21 Women 400 IM	43	5 u	10:13 AM	_____
Prelims	22 Men 400 IM	54	6 u	10:41 AM	_____
Prelims	23 Women 100 Breaststroke	76	8 u	11:12 AM	_____
Prelims	24 Men 100 Breaststroke	109	11 u	11:25 AM	_____
Prelims	25 Women 100 Backstroke	85	9 u	11:43 AM	_____
Prelims	26 Men 100 Backstroke	136	14 u	11:59 AM	_____
Prelims	27 Women 200 Freestyle	103	11 u	12:24 PM	_____
Prelims	28 Men 200 Freestyle	142	15 u	12:52 PM	_____
	Swimmers Counts for Warm-ups: 486	=====	=====		
	Entry / Heat Totals:	829	88		
	Finish Time			01:29 PM	_____

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Session: 7 Saturday Finals

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	21 Women 400 IM	30	3 u	05:00 PM	_____
Finals	22 Men 400 IM	30	3 u	05:18 PM	_____
Finals	13 Women 50 Freestyle	20	2 u	05:34 PM	_____
Finals	14 Men 50 Freestyle	20	2 u	05:36 PM	_____
Finals	23 Women 100 Breaststroke	30	3 u	05:39 PM	_____
Finals	24 Men 100 Breaststroke	30	3 u	05:45 PM	_____
Finals	25 Women 100 Backstroke	30	3 u	05:51 PM	_____
Finals	26 Men 100 Backstroke	30	3 u	05:58 PM	_____
Finals	27 Women 200 Freestyle	30	3 u	06:05 PM	_____
Finals	28 Men 200 Freestyle	30	3 u	06:13 PM	_____
	Break: 5 Minutes:				
Finals	29 Mixed 200 Medley Relay	31	4 u	06:27 PM	_____
	Swimmers Counts for Warm-ups: 245	=====	=====		
	Entry / Heat Totals:	311	32		
	Finish Time			06:40 PM	_____

2024 OSI Senior Region XII Arena SC Champs - 2/29/2024 to 3/3/2024**2023 OSI Senior/Region XII Arena SC Championships****Session Report**

Session: 8 Sunday Preliminaries

Day of Meet: 4 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	31 Women 400 Medley Relay	31	4 u	09:30 AM	_____
Finals	32 Men 400 Medley Relay	47	5 u	09:51 AM	_____
	Break: 5 Minutes:				
Prelims	33 Women 200 Backstroke	79	8 u	10:19 AM	_____
Prelims	34 Men 200 Backstroke	105	11 u	10:44 AM	_____
Prelims	37 Women 100 Freestyle	114	12 u	11:16 AM	_____
Prelims	38 Men 100 Freestyle	183	19 u	11:33 AM	_____
Prelims	39 Women 200 Butterfly	50	5 u	12:00 PM	_____
Prelims	40 Men 200 Butterfly	73	8 u	12:14 PM	_____
	Break: 5 Minutes:				
Finals	41 Women 200 Freestyle Relay	38	4 u	12:41 PM	_____
Finals	42 Men 200 Freestyle Relay	47	5 u	12:50 PM	_____
Finals-S	35 Women 1650 Freestyle	19	2 u	01:01 PM	_____
Finals-S	36 Men 1650 Freestyle	23	3 u	01:41 PM	_____
	Swimmers Counts for Warm-ups: 491	=====	=====		
	Entry / Heat Totals:	809	86		
	Finish Time			02:39 PM	_____

2024 OSI Senior Region XII Arena SC Champs - 2/29/2024 to 3/3/2024**2023 OSI Senior/Region XII Arena SC Championships****Session Report**

Session: 10 Sunday Finals

Day of Meet: 4 Starts at 04:30 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	13D Women 50 Freestyle	4	1 u	04:30 PM	_____
Finals	14D Men 50 Freestyle	8	1 u	04:32 PM	_____
Finals	33 Women 200 Backstroke	30	3 u	04:33 PM	_____
Finals	34 Men 200 Backstroke	30	3 u	04:44 PM	_____
Finals-1	35 Women 1650 Freestyle	10	1 u	04:53 PM	_____
Finals-1	36 Men 1650 Freestyle	10	1 u	05:14 PM	_____
Finals	37 Women 100 Freestyle	30	3 u	05:33 PM	_____
Finals	38 Men 100 Freestyle	30	3 u	05:39 PM	_____
Finals	39 Women 200 Butterfly	30	3 u	05:45 PM	_____
Finals	40 Men 200 Butterfly	30	3 u	05:54 PM	_____
	Swimmers Counts for Warm-ups: 217	=====	=====		
	Entry / Heat Totals:	212	22		
	Finish Time			06:03 PM	_____